Total eclipse of the heart: The AM CVn Gaia14aae / ASSASN-14cn

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ABSTRACT

We report the discovery and characterisation of a deeply eclipsing AM CVn-system, Gaia14aae (= ASSASN-14cn). Gaia14aae was identified independently by the All-Sky Automated Survey for Supernovae and by the Gaia Science Alerts project, during two separate outbursts. A third outburst is seen in archival Pan-STARRS-1 and ASAS-SN data. Spectroscopy reveals a hot, hydrogen-deficient spectrum with clear double-peaked emission lines, consistent with an accreting double degenerate classification. We use follow-up photometry to constrain the orbital parameters of the system. We find an orbital period of 49.71 min, which places Gaia14aae at the long period extremum of the outbursting AM CVn period distribution. Gaia14aae is dominated by the light from its accreting white dwarf. Assuming an orbital inclination of 90° for the binary system, the contact phases of the white dwarf lead to lower limits of 0.78 $M_{\odot}$ and 0.015 $M_{\odot}$ on the masses of the accretor and donor respectively and a lower limit on the mass ratio of 0.019. Gaia14aae is only the third eclipsing AM CVn star known, and the first in which the WD is totally eclipsed. Using a helium WD model, we estimate the accretor's effective temperature to be 12900 ± 200 K. The three outburst events occurred within 4 months of each other, while no other outburst activity is seen in the previous 8 years of CRTS, Pan-STARRS-1 and ASAS-SN data. This suggests that these events might be rebrightenings of the first outburst rather than individual events.

Key words: Cataclysmic Variable: general, Binaries: eclipsing

1 INTRODUCTION

AM Canum Venaticorum (AM CVn) stars are a rare class of compact hydrogen-deficient interacting binaries, comprised of white dwarfs (WDs) accreting He-rich material from low mass degenerate or semi-degenerate companions (see Nelemans 2005; Solheim 2010, for recent reviews). The orbital periods of these systems range from 5 to 65 min. This implies highly evolved components and makes them, along with their ultra-compact X-ray binary equivalents, one of the most compact classes of binary system known. The prototype system for the class of object was discovered in 1967, and has an orbital period of 17 min (Smak 1967; Paczynski 1967). Since then, 43 confirmed AM CVn systems have been discovered (Levitan et al. 2015). Not only are these systems interesting as one of the possible end points for binary WD evolution (Nelemans et al. 2001), they are also potentially strong sources of gravitational wave emission due to their compact configurations (Nelemans 2003), and they may be the progenitors of peculiar "dot Ia" supernovae (Solheim & Yungelson 2005; Bildsten et al. 2007; Inserra et al. 2015).

As binaries, AM CVn systems can yield detailed information on the masses and radii of the two components if eclipses and radial velocity variations can be observed. Eclipsing systems in particular offer the possibility of measuring full system parameters, including inclination and component masses, from time-series photometry alone. The most robust results come from systems in which the white dwarf is totally eclipsed. The extreme mass ratios of AM CVns mean that the likelihood of observing such systems is low and currently only two eclipsing AM CVn systems are known. SDSSJ0926+3624 was the first eclipsing AM CVn star to be discovered (Anderson et al. 2005; Copperwheat et al. 2011; Szypryt et al. 2014), however its WD is only partially eclipsed. A second partial eclipser (PTF1 J191905.19+481506.2, Levitan et al. 2014) was recently discovered, but it only eclipses the edge of the disc and not the WD, and so cannot be used for parameter determination.

Determining the nature of the secondary (donor) star is critical to our understanding of the past evolution of the system, since the three binary evolution channels proposed to form AM CVn stars are best distinguished by the state of the donor star at the onset of mass transfer. If the primary WD is accreting from another He-rich WD, the binary must have undergone two common envelope events in the past to reduce it to the observed compact configuration. This is known as the double degenerate channel (Paczynski 1967; Faulkner et al. 1972). Alternatively, if the donor is not fully degenerate at the time when it leaves the second common envelope, the donor will be more massive than in the case of the double-degenerate channel. Mass loss will cause it to become increasingly degenerate as the binary evolves (Savonije et al. 1986; Iben & Tutukov 1987). At the longest observed orbital periods (i.e., the oldest AM CVn systems), the two channels become indistinguishable. The donor is predicted to reach the same near-zero temperature, low entropy configuration in both cases (Deloye et al. 2007). A third possibility is that the binary may start mass transfer as a hydrogen-rich cataclysmic variable. Such a system could evolve to an AM CVn star if the donor star had already started to evolve by the time mass transfer starts, and results in a hotter, more massive donor star and traces of hydrogen may be expected in such systems (Podsiadlowski et al. 2003).

In this paper, we present follow-up observations and preliminary modelling of the AM CVn system Gaia14aae (RA = 16:11:33.97, Dec= +63:08:31.8, Rixon et al. 2014). Gaia14aae was first detected in outburst by the All-Sky Automated Survey for Supernovae (ASAS-SN, Shappee et al. 2014) at V = 13.6 on 2014 June 14, who gave it the designation ASASSN-14cn. This was before the formal start of the Gaia Science Alerts project. However, about 2 months later, Gaia14aae underwent a second outburst, which was detected by Gaia on 2014 August 11 at G = 16.04, during the science commissioning phase. As this was significantly (1.52 mag) brighter than the historic Gaia magnitude of the source at this position, it was identified and announced as a Gaia science alert[1].

Gaia14aae was discovered as part of the Gaia Science Alerts

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[1] http://gaia.ac.uk/selected-gaia-science-alerts

(GSA) project (Hodgkin et al. in prep.; Wyrzykowski et al. 2012), which aims to identify such photometric transients in the Gaia satellite data, and publicly announce their discovery on a rapid timescale. Gaia is scanning the entire sky at sub-milliarcsecond resolution with precise photometry and astrometry down to a limiting magnitude of $G\sim20$ (G is the Gaia white light bandpass; Jordi et al. 2010). Over the five year mission each position on the sky will be observed on average 70 times. These repeated observations of the entire sky mean that alongside the primary science mission of Gaia, to provide spatial, kinematic and physical parameters for a billion stars in the Milky Way, the satellite will also observe many transient and time-domain phenomena, which will be explored systematically by the GSA project.

Many of the known AM CVn systems display outbursts and super-outbursts in their long-term light curves (Levitan et al. 2015; Ramsay et al. 2012), during which they brighten by 3-4 mag over timescales of 1-2 days and last weeks to months. Currently, it appears that about 60 per cent (27/44) of the known AM CVn systems display outbursts (Levitan et al. 2015). Gaia will play an important role in the discovery of new cataclysmic variables (CVs), both in outburst, and also through their decrease in magnitude during eclipses. From pre-launch simulations, we expect that $\sim$1000 new CVs, including a number of evolved systems and AM CVn systems will be found by Gaia over its mission lifetime.

Table 1. Log of photometric observations of Gaia14aae used in this work.

Observatory	Obs. date (UT)	Filter	Exposures (s)
Gaia	2014 08 11	G	45
ASAS-SN	2012 - 2015	V	129×180
Loiano 1.5m Cassini	2014 10 24	g	3×300, 91×30
Telescope + BFOSC	2014 10 25	g	135×30
Bialkow 0.6m, Poland	2014 10 18	BV	30×120
	2014 10 19	BV	37×120
CIECEM 0.35m, Spain	2014 10 21 to	clear	40×180, 8×150
	2014 11 18		111×120, 399×90
pt5m, La Palma	2014 10 25	V	61×60
	2014 10 22	V	36×60, 21×120
0.6m ASV, Serbia	2014 10 21	$BVRI$	6×300
Belogradchik AO 0.6m, Bulgaria	2014 10 21	BVR	2× 300
Asiago 1.82m Copernico	2014 12 11	r	169×20
	2014 12 12	g	169×20
4.2m WHT+ACAM	2014 12 18	V	491×5
Mercator	2015 01 15	g r+i	232×30
Catalina *(historic)*	2005 - 2014	clear	107×30
Pan-STARRS1 *(historic)*	2010 - 2014	*grizy*	66×30

2 OBSERVATIONAL DATA

A 300s long-slit spectrum of Gaia14aae was taken on the night of 2014 October 13 (MJD 56943.88751 at the mid-point of the exposure), when the system had returned to its quiescent state (i = 18.74 $\pm$ 0.02 mag). This spectrum was obtained using the ACAM camera, with the V400 grating, on the 4.2-m William Herschel Telescope (WHT). The data were reduced within IRAF in the standard fashion. The extracted and calibrated spectrum has a resolution of $\sim$12 Å and a S/N of $\sim$20 in the continuum. The spectrum, plotted in Fig. 1, shows clear He emission lines, but no detectable H lines. The emission lines are broad (FWHM = 2415 $\pm$ 100 km/s) and display double-peaked profiles, which are typical of AM CVn stars, revealing the presence of an He-dominated accretion disc. Based on this spectrum, we classified Gaia14aae as an AM CVn system. The spectral classification and similarities to other eclipses motivated the acquisition of further photometry. The peak velocities of the two emission components are at 800 $\pm$ 50 km/s relative to rest frame, averaged over all detected emission lines. Measurements of the peak separation of the individual double peaked lines all agree within 3σ of the average value. We do not see a sharp central spike between the lines, which is observed in many AM CVn stars and thought to originate on the surface of the WD (Marsh 1999; Morales-Rueda et al. 2003; Roelofs et al. 2007, 2009). This might be due to the low resolution of the spectrum, although it could also be because of the high inclination of this system, as appears to be the case with SDSSJ0926+3624 (Copperwheat et al. 2011). On the ephemeris given in Section 3, the WHT spectrum was taken away from eclipse at phase 0.22. Thus, the absence of the emission spike is not due to the white dwarf eclipse.

The historic optical and infrared fluxes of Gaia14aae in presumed quiescence are also shown in Fig. 1. The optical fluxes are from the Sloan Digital Sky Survey (SDSS) DR 10 (Aihara et al. 2011), while the infrared fluxes are from forced photometry at the SDSS source location (Lang 2014) on Wide-Field Infrared Survey Explorer (WISE; Wright et al. 2010) images. Ultraviolet (UV) images are also available from Galaxy Evolution Explorer (*GALEX*; Martin et al. 2005) DR 6. The *GALEX* archive contains three pairs of FUV & NUV observations for Gaia14aae, one obtained on 2005 March 9, and the other two on 2007 May 24. All three observations had short exposure times, 143–195 s. One of the May 2007 observations shows the system at a significantly fainter level than the other two. While our current ephemeris is not sufficiently accurate to establish the orbital phases of the *GALEX* observations, it is most likely that the system was caught close to the eclipse of the primary. The eclipse duration, discussed in Section 3, is 111 s, shorter than but comparable to the *GALEX* observations. All fluxes have been corrected for Galactic extinction towards the source, $E(B-V)$ = 0.018 (Schlegel et al. 1998). The absolute flux calibration of the WHT+ACAM spectrum has been scaled to match the SDSS r and i band magnitudes for Gaia14aae.

The initial determination that Gaia14aae was eclipsing was made by the "Centre for Backyard Astrophysics" project (Skillman & Patterson 1993); who established a preliminary period for Gaia14aae of 49.7 min (de Miguel 2014). Following this, an intensive photometric monitoring campaign was undertaken for Gaia14aae at a number of telescopes, as detailed in Table 1. In addition to this, we searched the databases of the Catalina Real-time Transient Survey (CRTS; Drake et al. 2009), Pan-STARRS-1 (PS1; Magnier et al. 2013; Schlafly et al. 2012; Tonry et al. 2012) and ASAS-SN (Shappee et al. 2014) for pre-discovery images covering the position of Gaia14aae. The cadence of the CRTS data is relatively low, but during those observations no outbursts were observed. The average quiescent magnitude in CRTS for Gaia14aae is 18.64 $\pm$ 0.14 mag. PS1 detected an outburst of Gaia14aae on 2014 July 7, when it reached 15.38 mag in i-band, compared to 18.74 $\pm$ 0.02 mag in quiescence. Two eclipses of Gaia14aae are also visible in the PS1 data. ASAS-SN has many upper limits for the light curve and detected the decline of the outburst they discovered, as well as some data on the second outburst, but only place limits on the third outburst. The combined light curve for Gaia14aae spanning 8 years of PS1, CRTS, ASAS-SN and Gaia data is shown in Fig. 2. The first Gaia data point shown is the average of the 1.5 days of data

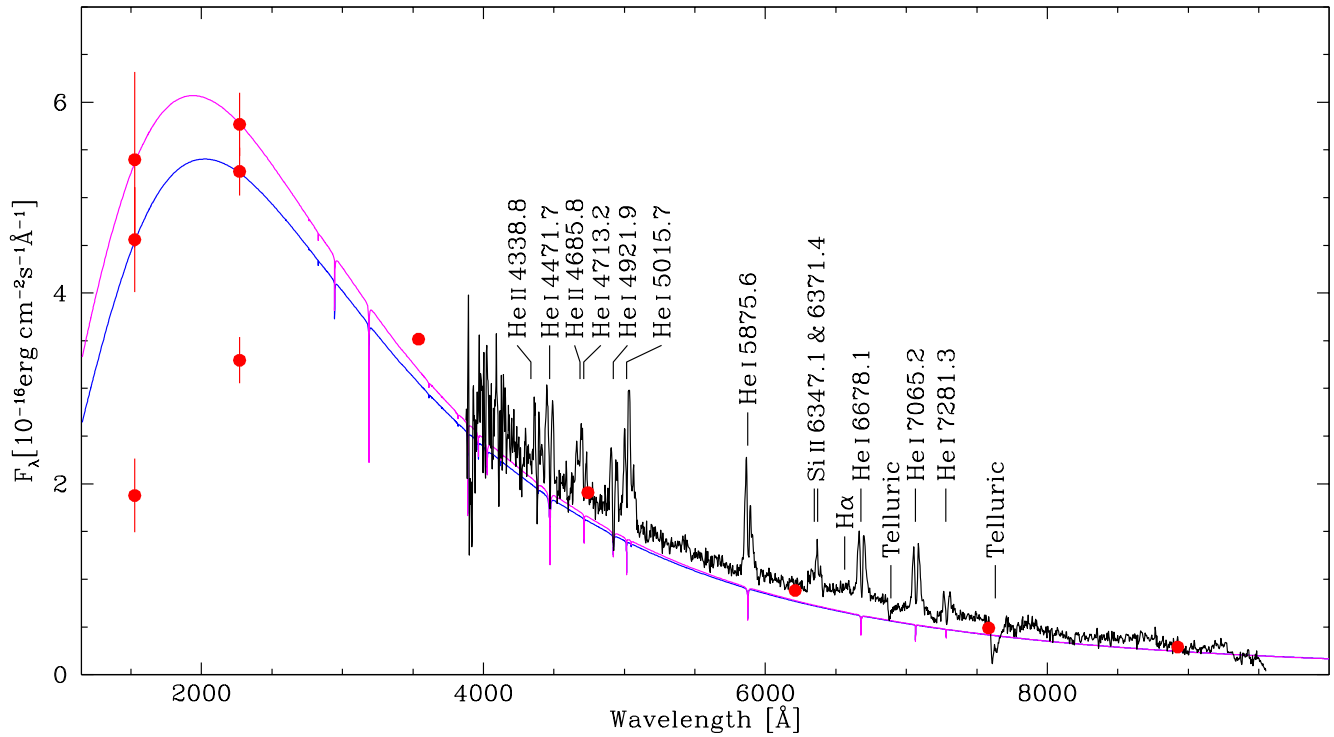

Figure 1. WHT+ACAM spectrum of Gaia14aae taken on 2014 October 13 during quiescence, showing double-peaked He emission and an absence of H lines. The historical *GALEX* and SDSS photometry are also shown as red points; the fainter *GALEX* magnitudes probably cover an eclipse. The blue and magenta lines are $T_{\rm eff}$ = 12700 K and 13100 K respectively He-atmosphere models fitted to the optical flux and two different epochs of UV flux. The top-right inset shows the spectral energy distribution (SED) fit with the WISE data included, the bottom-right inset shows a zoom in of the He I λ6678 line in velocity space.

Gaia had observed before the outburst was discovered. This may already included some of the rise of the outburst and thus be higher than the true historic magnitude.

From the combined light curve, it appears that Gaia14aae underwent at least three outbursts between 2014 June and September. The first outburst was seen by ASAS-SN on 2014 June 14. The second outburst was seen by PS1 in *i*-band on 2014 July 7 and ASAS-SN on 2014 July 8. The limits measured by ASAS-SN between 2014 June 20 (6 days after the first outburst) and June 27 (9 days before the second outburst) rule out the possibility that the first and second outburst are in fact one continuing event. The third outburst of the system was caught by Gaia on 2014 August 13, and is constrained by the Gaia historic data 1.5 days prior, the PS1 detections of the system in quiescence in *i* band 24 days prior and in *z* band 7 days after, as well as ASAS-SN limits 1 day after, suggesting this outburst had a short duration.

A number of follow-up studies were conducted. Imaging obtained with the *pt5m*, La Palma (Hardy et al. in prep.) was reduced using the ULTRACAM pipeline (Dhillon et al. 2007), while for all other instruments with the exception of WHT+ACAM, the data were debiased and flatfielded using standard techniques. The ACAM data was taken using a small CCD window and a fast readout mode; as no suitable flatfield or bias frames were available, these calibrations have not been applied. However, as we are performing differential photometry over a small area on a single night, this should not affect our results significantly. ASTROMETRY.NET (Lang et al. 2010) was run on each image, excluding the Cassini+BFOSC, Asiago 1.82m Copernico and WHT+ACAM data, to register it to a common World Coordinate System. SEXTRACTOR (Bertin & Arnouts 1996) was used to detect, deblend and measure the instrumental magnitudes of all sources in the field. Finally, the list of sources detected in each image was uploaded to the Cambridge Photometry Calibration Server (CPCS[2]; Wyrzykowski et al. 2013), which calibrates all the data from different telescopes to a common photometric system. To measure the magnitude of Gaia14aae on the BFOSC, Asiago and ACAM images, we used co-located list-driven differential photometry as described in Irwin et al. (2007), using the CASUTOOLS package, yielding a precision of 15-18 millimag for Gaia14aae while out of eclipse. The comparison stars were checked and found to be photometrically stable. To correct for light travel times, we converted the MJD (UTC) times of all data to the barycentric dynamical timescale (TDB).

3 ANALYSIS

In order to estimate the WD temperature, we assume that the contribution of the accretion disc to the *GALEX* FUV and NUV fluxes is negligible, and fit the three ultraviolet observations with helium-atmosphere models from Koester (2010), as shown in Fig. 1. We estimate the contribution of the accretion components from the r-band light curve (discusses below), which is consistent with the assumptions used in the DB model. The two sets of "bright" *GALEX* FUV and NUV fluxes are consistent with effective temperature estimates of $T_{\rm eff}$ = 12900 $\pm$200 K (from $T_{\rm eff}$ = 12700 K, magenta line and 13100 K, blue line, respectively). DB white dwarfs have very weak lines at such low temperatures, and thus are not detectable

[2] gsaweb.ast.cam.ac.uk/followup/

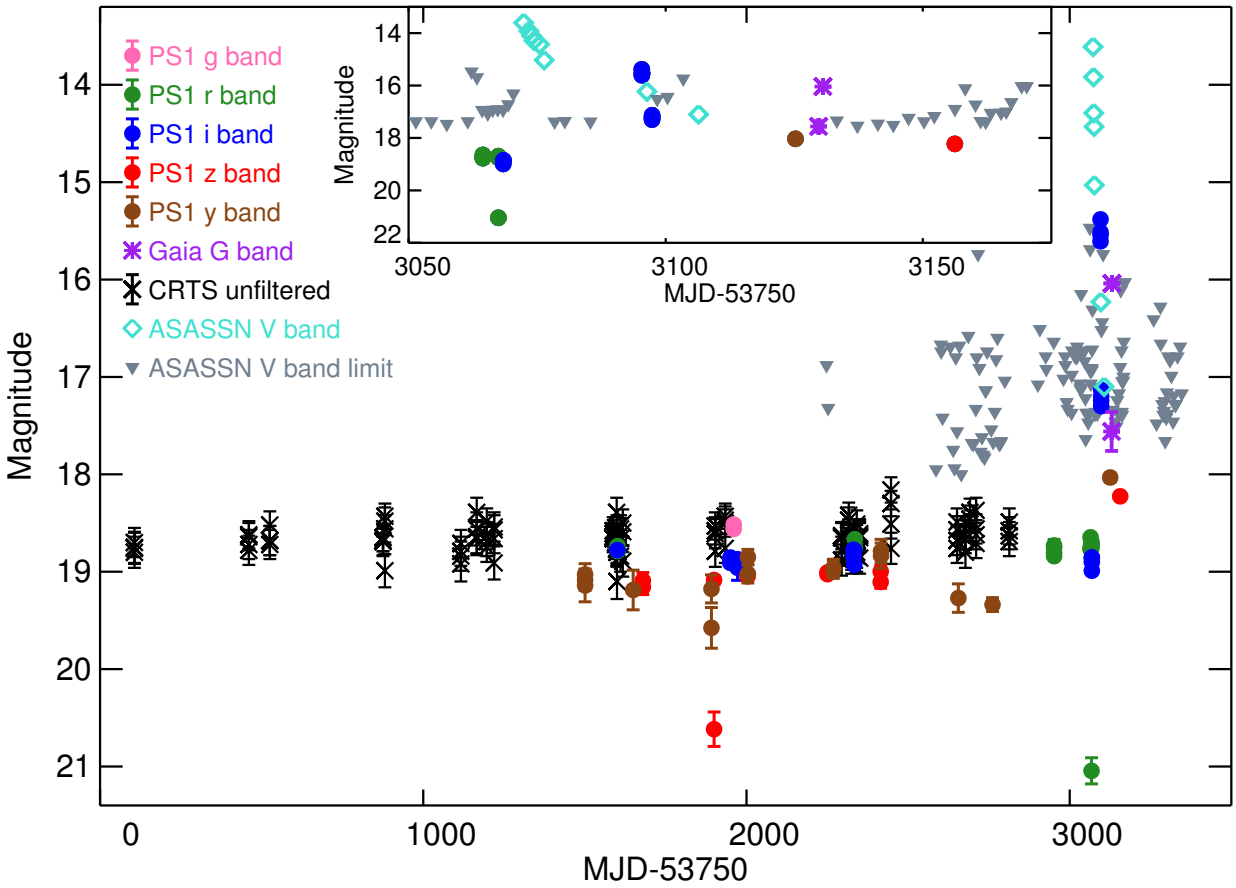

Figure 2. Historic light curve from CRTS (black crosses) and Pan-STARRS1 (filled circles) spanning eight years of observations. Pan-STARRS1 clearly detected outbursts from Gaia14aae in 2014, and appears to have seen two eclipses. The ASAS-SN and Gaia detections are shown by the turquoise diamonds (and limits as grey triangles) and a purple stars respectively. This historic light curve begins on 2006 January 5 and ends on 2015 March15.

given the much stronger emission lines at this resolution, which might explain the lack of broad WD absorption features in the spectrum. Adopting a primary mass of $M_1 = 0.78\,M_\odot$, corresponding to the lower limit from the light curve fit (see below), implies a radius of $R_1 = 7.44\times10^8$ cm (using the cooling models of Holberg & Bergeron 2006), and hence a distance of 225 $\pm$ 10 pc. There appears to be an IR excess in the WISE photometry when compared to the He-atmosphere model. The IR excess is unlikely to be due to outbursts as the WISE photometry is from observations taken over 2 weeks separated by 6 months. The first set of WISE data was taken over a period from 2010 July 17–23, while the second set was taken over 2010 December 23–29; there are 7 CRTS measurements during the first set of WISE observations which constrain the system to be in quiescence. The cause of the WISE flux excess is unclear.

The ephemeris of Gaia14aae was first determined by fitting a light curve model (Copperwheat et al. 2010) to all the photometric data divided into 16 night-long chunks. The model is composed of a WD, accretion disc and a bright-spot where the gas stream hits the disc. The model took into account the finite exposure lengths of the images, including their readout time, by computing over sub-steps in each exposure. We found the ephemeris of Gaia14aae to be

BMJD (TDB) = 56980.0557197 (13) + 0.034519487 (16) E,

where the zero phase corresponds to the mid-point of the eclipse, based on the time series data from Loiano, Asiago, and WHT. The time of zero phase was chosen to give minimal correlation between the two fitted parameters and the quoted uncertainties are the 1σ errors. At present the estimate of the ephemeris suffers from a few caveats. First, the long (30s or 20s) exposures used for the Loiano and Asiago data, and the small number of eclipse times used (3, 1 and 2 from Loiano, Asiago and WHT, respectively) are not ideal. Second, none of these instruments are built for precise timing and may suffer from systematics.

We also modelled the high cadence ACAM light curve shown in Fig. 3. The light from this system is dominated by the WD, with a small contribution from the disc and bright spot. It is estimated that the accretion components (bright spot plus accretion disk) contribute $\sim$30 per cent of the r-band flux, although of course this component is variable. The pre-eclipse "hump" which originates in the bright spot seems unusually variable, and sometimes can barely be seen, although this may be due to severe flickering. These are aperiodic brightness variations with characteristic timescales of seconds to minutes (Middleditch & Cordova 1982). The amplitude of the flickering exceeds the noise and limits the current model fit. Further observations are required to average the flickering out. The eclipses are sharp-sided and deep, and the mid eclipse depths reach

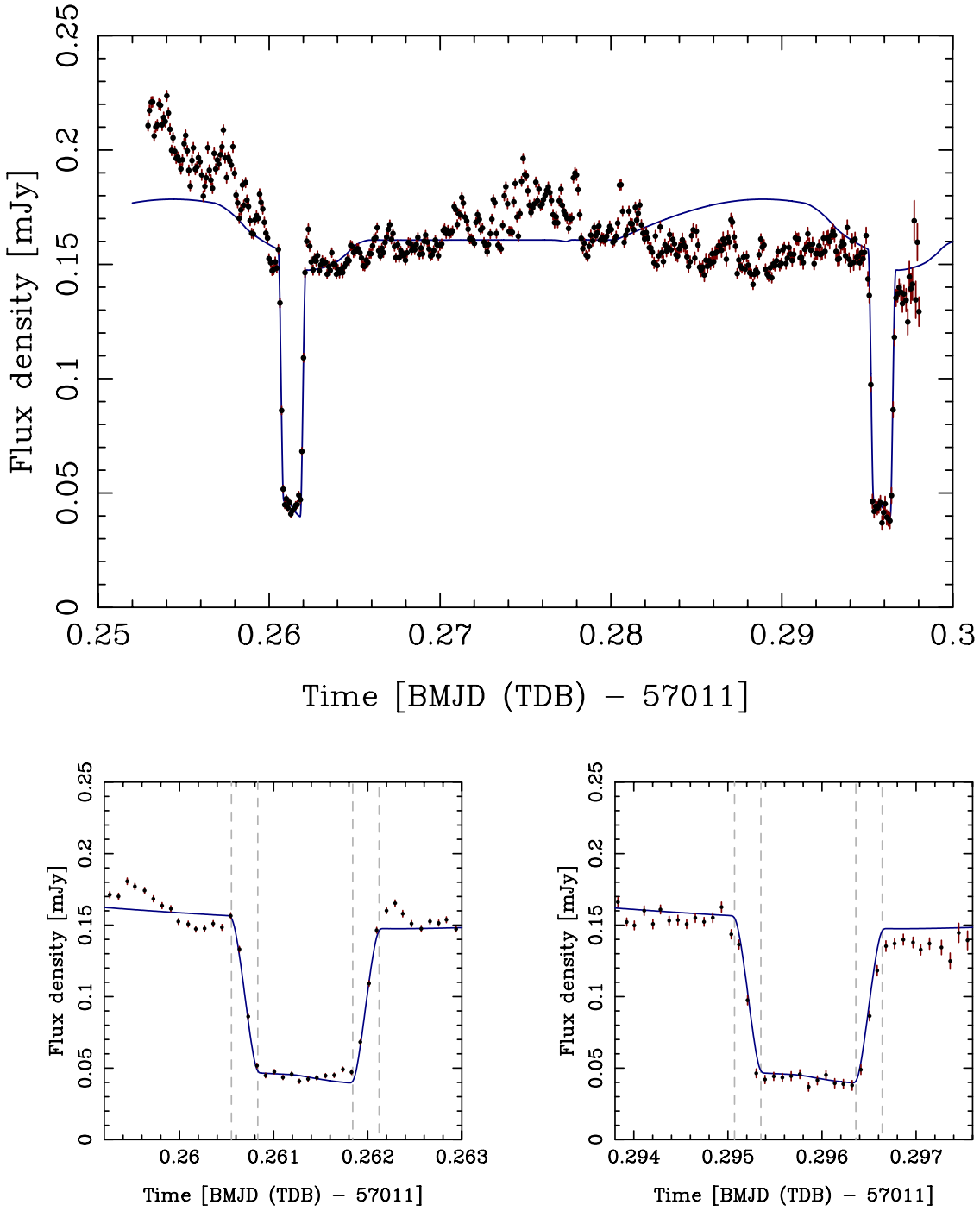

Figure 3. Top: Observed *r*-band WHT+ACAM light curve for Gaia14aae (points) with the best fitting model (lines) comprising of a WD (which is the main contributor to the light), accretion disc and bright-spot where the gas stream hits the disc. Bottom: Zoom in around the eclipses of the light curve shown above.

around 2 mag. In order to constrain the scaled white dwarf radius, $r_1 = R_1/a$ (where R_1 is radius of the primary and a is the binary separation), we determined the phase of the WD eclipse to be $\Delta\Phi = 0.0373 \pm 0.0005$ from our model fit. The ingress and egress phases were deduced from the parameterised model of the binary fitted to the WHT+ACAM light curve. This gives us r_1 as a function of the mass ratio q and the inclination i. If we then assume a WD mass – radius relation, we can solve for M_1 and M_2 using q, r_1 and the orbital period using Kepler's laws. Here, we assume the relation of P. Eggleton as quoted in Verbunt & Rappaport (1988), scaling the relation by a factor of 1.05 to account for the finite temperature of the WD.

There are a range of parameters which fit the current data with our model. The model fits shown in Fig. 3 are for $i = 88°$. The lower limits to both M_1 and M_2 correspond to $i = 90°$, $q = 0.019$, $r_1 = 0.026$ and $a = 0.413 R_\odot$. The lower limit on $M_1 \simeq 0.782\,M_\odot$ is

consistent with the average mass of WDs in cataclysmic variables (Zorotovic et al. 2011). For i = 90°, the companion star M_2 has a mass of 0.015 $M_\odot$, which is consistent with expectations for a near-zero entropy donor at a period of ∼50 min (Deloye et al. 2007). For a lower inclination model with i = 80°, q = 0.133, r_1 = 0.013, a = 0.488 $R_\odot$, M_1 and M_2, increase to 1.159 $M_\odot$ and 0.154 $M_\odot$ respectively. From our current data, we are unable to derive a secure value of the mass ratio q, due to the flickering and the weak bright-spot. Hence, we cannot select between the low mass, highly degenerate donor stars characteristic of the double WD route as found for $i \sim 90°$, and more massive hot donors that one might expect from the post-CV route ($i \sim 80°$). Future high cadence, high S/N observations over multiple orbits might allow us to measure the bright-spot features and break the degeneracy in our derived parameters.

4 DISCUSSION

The orbital periods of AM CVn stars are thought to increase as mass is transferred from donor to accretor, leading to a decrease in the rate of mass transfer as the system evolves (Tsugawa & Osaki 1997; Nelemans et al. 2001). Thermal instabilities are expected and often observed in AM CVn He accretion discs with intermediate mass-transfer rates, and these are sometimes seen as dwarf nova (DN) type outbursts (Tsugawa & Osaki 1997). Intermediate mass-transfer rates are thought to occur for systems with orbital periods of 20 min to ∼40 min (Ramsay et al. 2012; Levitan et al. 2015; Nelemans 2005). Longer period objects ($P_{\rm orb} \gtrsim$ 40 min) are thought to have low mass transfer rates and stable cool discs, so that these should not have outbursts, which is mostly confirmed by observations (Ramsay et al. 2012). However, the low mass transfer rate could also mean that the intervals between outbursts are very long, so we have simply not observed that many outbursts (Levitan et al. 2015; Kotko et al. 2012; Cannizzo & Nelemans 2015).

Interestingly, Gaia14aae has experienced three outbursts within only three months, while no outbursts were detected in ∼8 years, although we cannot rule out that some could have occurred during gaps in data coverage. Thus to see three outbursts in just a few months, suggests that they are likely to be "rebrightening" outbursts (also known as echo outbursts), rather than independent events. Multiple rebrightenings are frequently observed in outbursting AM CVn stars and evolved cataclysmic variables (e.g. Patterson et al. 1998; Shears et al. 2012; Kato et al. 2014; Meyer & Meyer-Hofmeister 2015). Echo outbursts are very similar to "normal" dwarf nova outbursts, except that they happen in quick succession in a system with otherwise few observed outbursts, and they always happen on the decline from a superoutburst. From Fig. 2 it can be seen that each outburst reaches a lower peak magnitude than the previous outburst, consistent with echo outbursts, where overall, the target is fading, but it has a few echo outbursts following the superoutburst. In between the rebrightenings it fades to near-quiescence. WZ Sge stars and the outbursting AM CVn stars, such as Gaia14aae, both have low mass transfer rates and extreme mass ratios, which are likely to impact on the duration and frequency of outbursts. Levitan et al. (2015) investigates the correlation between orbital period and outburst recurrence time, by extrapolating to rare, long outbursts for long period systems. For our system, with a period of 49.7 mins, they predict outbursts to recur every ∼10 years, although this does not consider rebrightenings.

It is somewhat surprising that Gaia14aae shows outbursts at all, because a system with such a long orbital period is expected to have a stable, cool disc (Solheim 2010). However, recent studies by Cannizzo & Nelemans (2015) and Kotko et al. (2012) used a disc instability model and the observed outburst properties of systems, as compiled by Levitan et al. (2015), to find that systems with higher mass accretors, have lower outburst thresholds and are more likely to undergo outbursts. Along with other long period AM CVn stars which experience outbursts, SDSS J090221.35+381941.9 (Kato et al. 2014) and CSSJ045019.7+093113 (Woudt et al. 2013), these authors suggest that the transition to a stable disc may happen at longer orbital periods in some cases (or perhaps not at all).

The temperature of the WD implies an accretion rate, if accretion-heated, of $7 - 8 \times 10^{-11}$ $M_\odot$ yr^{-1} for 0.75$M_\odot$ (Townsley & Gänsicke 2009). Combined with the masses we derive, this accretion rate is more consistent with a degenerate donor (Deloye et al. 2007), suggesting that the system may have descended from a merging double WD, and that it may have had a much shorter orbital period in the past (<10 min).

For comparison, we can compare the accretion rate implied from the WD temperature to the stability criteria of the disc instability model in Kotko et al. (2012). A disc will be stable in the high state if it is too hot and it will be stable in the low state if it is too cold. For the system to be unstable, the accretion rate in the disk must be between the limits for the critical accretion rate for hot ($\dot{M}^+_{cr}$) and cold ($\dot{M}^-_{cr}$) stable equilibrium accretion rates. For an inclination of 90°, with no hydrogen, 98 per cent helium and 2 per cent metals, the upper critical rate is $\dot{M}^+_{cr}$ = 5.2×10^{-9} $M_\odot$ yr^{-1} and lower critical rate is $\dot{M}^-_{cr}$ = 4.3×10^{-12} $M_\odot$ yr^{-1}. The WD temperature inferred accretion rate of $7 - 8 \times 10^{-11}$ $M_\odot$ yr^{-1} is between the these limits. In fact, for any plausible parameters of the disk instability model, the inferred accretion rate is orders of magnitude below the hot, stable state, and a factor ∼20 above the cool, stable state. Thus, Gaia14aae is consistent with the disc instability models for AM CVn stars, since the accretion rate inferred from the WD temperature lies in the unstable regime at this orbital period and mass. Our estimate of the accretion rate could be too high because the WD temperature at the long period of Gaia14aae may be set by simple WD cooling (Bildsten et al. 2006). However, it would need to be a factor of 20 lower than we estimate to have an accretion rate below the lower critical rate $\dot{M}^-_{cr}$.

In the future, there is a variety of data which will be essential for fully characterising Gaia14aae. Firstly, more precise, high cadence photometry can be used to average out flickering, which is limiting the analysis of the light curve at present. It is vital to observe the bright spot in the system, as this will precisely pin down the orientation, thus allowing the system parameters to be accurately calculated. Further spectra may allow us to detect the same narrow spikes between the double peaked emission lines that are seen in other AM CVn stars. Combined with the phase from eclipses, this could allow a definitive proof that the spike originates on the accreting WD. Spectra will also provide information on the elements present in the system, useful for understanding the evolutionary history of Gaia14aae. Gaia will also provide parallax and proper motion, and having an accurate distance to the system will allow system parameters, such as the WD temperature, to be better constrained. Finally, long term precision timing will be needed to detect the expected period change due to gravitational radiation-driven mass transfer. This effect should cause a progressive delay in the arrival time of eclipses, but it may be at least a decade before this can be detected.

5 CONCLUSIONS

Gaia14aae was found as a transient in Gaia data on 2014 August 11. We undertook spectroscopic and photometric follow-up and identify it as an AM CVn system. Gaia14aae is a deeply eclipsing system, with the accreting white dwarf being totally eclipsed on a period of 0.034519 days (49.71 min). It is the third eclipsing AM CVn known, the second in which the white dwarf is eclipsed, and the first in which the white dwarf is totally eclipsed. We detected three outbursts over $\sim$4 months. The orbital period places Gaia14aae at the long period extremum of the outbursting region of the AM CVn distribution. A helium WD model was used to estimate an effective temperature of $\sim$12900 $\pm$ 200 K for the white dwarf. We used the contact phases of the WD eclipse to place lower limits of $0.78M_{\odot}$ and $0.015M_{\odot}$ on the masses of the accretor and donor respectively, which correspond to an inclination of 90°, a mass ratio of 0.019 and an orbital separation of $0.41R_{\odot}$. The deep eclipses shown by Gaia14aae, suggest that future observation have the potential to lead to the most precise parameter determinations of any AM CVn star discovered to date.

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