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# Exploring the interplay between molecular and ionized gas in H II regions

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Received 11 November 2025 / Accepted 18 December 2025

## ABSTRACT

**Context.** Massive stars strongly impact their natal environments and influence subsequent star formation through feedback mechanisms such as shocks, outflows, and radiation. H II regions are key laboratories for studying this impact. To understand such feedback, it is crucial to characterize the physical conditions of the dense molecular gas in which these regions are embedded.

**Aims.** We aim to constrain the kinetic temperature and H<sub>2</sub> volume density of massive star-forming clumps associated with H II regions using multiple *p*-H<sub>2</sub>CO transitions. In addition, we investigate the interplay between ionized gas, molecular gas, and dust to probe how massive stars influence their parental clumps.

**Methods.** We observed the  $J_{K_a,K_c}$  transitions of *p*-H<sub>2</sub>CO (within its  $J = 3-2$  and  $4-3$  states) with the Atacama Pathfinder EXperiment (APEX) 12 m submillimeter telescope, using the nFLASH230 and SEPIA345 receivers toward a sample of 61 H II regions. We derived spectral line parameters via multicomponent Gaussian fitting, which was then used to constrain the physical conditions determined using PyRADEX, a non-local thermodynamic equilibrium (LTE) radiative transfer code in combination with Markov chain Monte Carlo analysis.

**Results.** The non-LTE analysis yielded kinetic temperatures ( $T_{\text{kin}}$ ) ranging from 33.7 K to 265 K and H<sub>2</sub> densities ( $n(\text{H}_2)$ ) between  $0.8 \times 10^4$  and  $1.05 \times 10^7 \text{ cm}^{-3}$ , providing a detailed characterization of the dense molecular gas contained in these clumps. In addition to the *p*-H<sub>2</sub>CO emission arising from the targeted clump, a large fraction (57%) of the sources exhibited multiple *p*-H<sub>2</sub>CO components, with the secondary components being characterized by a higher  $T_{\text{kin}}$  and broader line widths. Investigation of the nature of the secondary component revealed its association with supersonic nonthermal motions and turbulent gas. When comparing the physical properties of the molecular gas and dust components with those of the ionized gas, we found that parameters directly linked to the central high-mass star, such as bolometric luminosity ( $L_{\text{bol}}$ ) and Lyman continuum photon rate ( $N_{\text{Lyc}}$ ), show stronger and more systematic correlations. These findings emphasize the role of the central star in governing the interplay between the molecular and ionized gas. In our sample of H II regions, the pressure of the neutral gas systematically exceeds that of the ionized gas. This suggests that the surrounding neutral molecular medium can hinder or slow down the expansion of H II regions due to its higher pressure. However, given the limited spatial resolution, a definitive conclusion on the role of molecular gas in confining H II regions cannot be made until high resolution observations are obtained.

**Key words.** stars: formation – stars: massive – ISM: clouds – HII regions – ISM: molecules

## 1. Introduction

High-mass stars ( $>8 M_{\odot}$ ) are fundamental drivers of galactic evolution and dynamics through their strong interaction with the surrounding interstellar medium (ISM). These stars play a crucial role in regulating the Galaxy's energy balance through feedback mechanisms such as strong stellar winds, the intense ionizing ultraviolet (UV) radiation throughout their lifetimes, and the powerful supernova explosions at the end of their life

cycles. The UV photons emitted by high-mass stars have enough energy to ionize the surrounding neutral hydrogen, resulting in the formation of H II regions. Because these stars have short lifetimes – only a few million years (see Motte et al. 2018, and reference therein) – and are deeply embedded in their natal molecular clouds, H II regions observed via their radio free-free emission or radio recombination lines (RRLs) serve as strong indicators of recent high-mass star formation (HMSF) activity in the Galaxy.

As H II regions evolve, they expand under the combined influence of internal pressure, stellar radiation, and winds from central OB stars. This expansion can compress the surrounding molecular gas, potentially triggering secondary star formation along the ionization fronts (Deharveng et al. 2010; Elmegreen 2011; Thompson et al. 2012). Young embedded H II regions

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profoundly affect their environments through feedback mechanisms such as shocks, outflows, and radiation, thereby shaping the conditions for subsequent star formation (Elmegreen & Lada 1977; Deharveng et al. 2003; Elmegreen 2011). However, the extent to which these regions modify the initial conditions or trigger new episodes of HMSF within their parental molecular clouds remains uncertain. A comprehensive understanding of these processes requires accurate measurements of the molecular gas temperature and density near expanding H II regions, along with the physical characteristics of the associated ionized gas and the relationships between them.

Previous extensive radio continuum and recombination-line surveys have unveiled a large number of Galactic H II regions (e.g., Reifenstein et al. 1970; Altenhoff et al. 1979; Lockman 1989; Kuchar & Clark 1997; Urquhart et al. 2007, 2009, 2013; Anderson et al. 2011, 2014; Kalcheva et al. 2018; Gao et al. 2019). Recently, the GLOBal view on STAR Formation in the Milky Way survey (GLOSTAR<sup>1</sup>; Medina et al. 2019; Brunthaler et al. 2021) cataloged a large population of new and known H II regions using highly sensitive Karl G. Jansky Very Large Array (VLA) continuum data in the D (Medina et al. 2019, 2024) and B configuration (Dzib et al. 2023; Yang et al. 2023) at spatial resolutions of 18'' and 1'', respectively. Khan et al. (2024, hereafter Paper I), compiled a catalog of Galactic H II regions detected with GLOSTAR RRLs data observed with the VLA in the D configuration and analyzed their ionized gas properties. This study revealed that approximately 50% of these H II regions are associated with sources identified in the Atacama Pathfinder EXperiment (APEX) Telescope Large Area Survey of the GALaxy (ATLASGAL; Schuller et al. 2009), which provided a comprehensive view of HMSF at 870  $\mu\text{m}$  – a wavelength particularly sensitive to cold dust emission tracing dense star-forming clumps. While the ATLASGAL survey determined properties of the dust, the gas density and temperature of the clump play a crucial role in regulating their chemistry and star formation activity as well as in influencing the stellar initial mass function. A precise measurement of the dense gas density and temperature in the vicinity of the H II region are essential to deepening our understanding of how H II regions impact their parental molecular clouds and surrounding environments.

H<sub>2</sub>CO, which has been ubiquitously detected in the ISM, is primarily formed via the hydrogenation of CO on dust grain surfaces (Simons et al. 2020) and is subsequently released into the gas phase through processes such as UV irradiation or shocks. As a result, it is commonly associated with star-forming and H II regions (Downes et al. 1980; Henkel et al. 1983; Du et al. 2011; Ginsburg et al. 2011; Gong et al. 2023), where its abundance remains relatively stable throughout different stages of the star formation cycle (Mangum et al. 1990; Tang et al. 2018b). Due to its large dipole moment (2.33 Debye; Fabricant et al. 1977), H<sub>2</sub>CO exhibits rotational transitions across the centimeter and submillimeter wavelength range (Mangum & Wootten 1993). Spectroscopically, the rotational states of this asymmetric and prolate molecule are described by the total angular momentum and its projection quantum numbers,  $J_{K_a K_c}$ . Furthermore, due to the nuclear spin of the hydrogen nuclei, H<sub>2</sub>CO exists in two spin isomers: ortho ( $K_a = \text{odd}$ ) and para ( $K_a = \text{even}$ ). However, one of the most valuable properties of H<sub>2</sub>CO for astrophysical studies is its characteristic “K-doublet” splitting, which arises from the coupling between vibrational and rotational angular momentum states. In its rotational spectrum, this results in closely spaced

pairs of spectral lines (or “K-doublets”) with opposite parity, rather than a single transition.

With advancements in receiver technology and increased access to submillimeter windows, astronomers have expanded the utility of H<sub>2</sub>CO as a diagnostic tool for characterizing the physical conditions in molecular gas, even using its higher lying submillimeter transitions (Tang et al. 2018a,b, 2021, and references therein). These properties make H<sub>2</sub>CO one of the very few molecular species that act as both a thermometer and densitometer for dense gas, particularly in environments where other tracers such as NH<sub>3</sub> or CH<sub>3</sub>CN may be less accessible. For these reasons observations of the “K-doublet” transitions of H<sub>2</sub>CO serve as a great tool to study the physical properties of the molecular medium and allow observations with a variety of radio telescopes.

To summarize, detailed study of a large sample of embedded H II regions and surrounding molecular clouds is required to probe the underlying physical processes, the physical properties of the ambient dense molecular cloud into which they are expanding, and the effect of HMSF on the parent molecular clouds. To measure the kinetic temperature and gas density of massive star-forming clumps identified in the GLOSTAR H II region and ATLASGAL surveys, here we analyze the rotational transitions of  $p$ -H<sub>2</sub>CO ( $J = 3-2$  and  $4-3$ ). Using these results, we aim to (a) explore possible correlations between the characteristics of molecular gas, ionized gas, and dust in these regions; (b) examine the temperature and density structure of molecular gas surrounding H II regions; and (c) investigate whether the pressure of the surrounding medium is sufficient to confine H II regions. This paper is structured as follows: In Sect. 2, we describe the source sample studied, the selection criteria we used, the H<sub>2</sub>CO observations, and data reduction process. In Sect. 3, we outline the methods used to analyze and model the observed spectral line profiles of the  $p$ -H<sub>2</sub>CO transitions studied. Section 4 presents the results, and this is followed by a discussion in Sect. 5. Finally the main conclusions are summarized in Sect. 6.

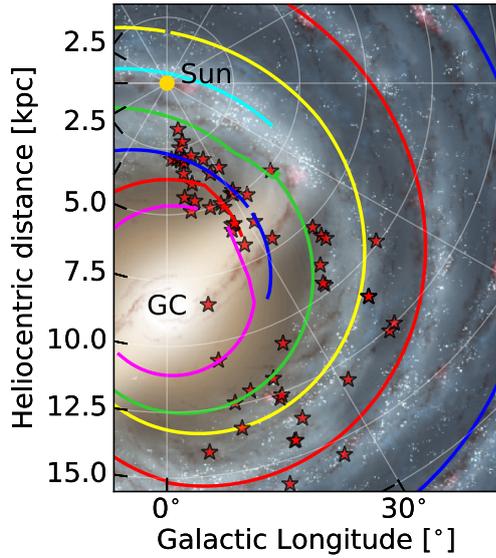
## 2. Sample, observations, and data reduction

### 2.1. Source selection

We identified 244 Galactic H II regions in Paper I using detected stacked RRLs (H98 $\alpha$ -H114 $\alpha$ ) within the GLOSTAR survey coverage ( $-2^\circ \leq \ell \leq 60^\circ$  &  $|b| \leq 1^\circ$  and  $76^\circ \leq \ell \leq 83^\circ$  &  $-1^\circ \leq b \leq 2^\circ$ ). These authors derived physical properties of identified H II regions such as the electron temperature, electron density, and emission measure to characterize the associated ionized gas. By comparing the H II region catalog with dust continuum data, it was found that nearly half of the identified H II regions are spatially associated with dust clumps from the ATLASGAL survey. Urquhart et al. (2018, 2022) previously classified these clumps as H II regions and provided key dust properties such as the bolometric luminosities ( $L_{\text{bol}}$ ), the clump masses ( $M_{\text{clump}}$ ), and the dust temperatures ( $T_{\text{dust}}$ ). Such a combined dataset offers insights into both the ionized gas and dust components associated with H II regions. This study extends the analysis in Paper I by investigating in addition to the ionized gas and dust, the properties of the molecular gas surrounding H II regions and exploring their interplay.

The targets for this study were selected based on the following criteria: (1) the ionized gas properties of the H II regions have already been derived (as cataloged in Paper I); (2) the target has an association with 870  $\mu\text{m}$  continuum emission taken from

<sup>1</sup> <https://glostar.mpifr-bonn.mpg.de/glostar/>



**Fig. 1.** Galactic distribution of the source sample. The locations of the targets are denoted by red stars on an artistic rendering of the Milky Way. The distances to the observed H II regions and their associated clumps are taken from Paper I (and references therein). The spiral arms are marked following the description presented in Reid et al. (2019), and the individual spiral arms are colored as follows: the 3 kpc in magenta, the Norma-Outer Arm in red, the Scutum-Centaurus Arm in blue, the Sagittarius-Carina Arm in green, the Local Arm in cyan, and the Perseus Arm is in yellow.

ATLASGAL catalog, with dust properties derived in Urquhart et al. (2018, 2022); (3) the deconvolved full width half maximum (FWHM) of the H II region (from Paper I) is comparable to or smaller than that of the corresponding ATLASGAL clump; and (4) the target has well-characterized kinematics. We excluded H II regions located toward the Galactic center ( $-2^\circ \leq \ell \leq 2^\circ$ ) and the Cygnus X complex due to significant uncertainties in their kinematic distances.

These criteria ensure that the targeted H II regions are likely to remain embedded within their natal molecular clouds, enabling an investigation of the physical link between the ionized and molecular components during massive star formation. Based on these criteria, we selected 61 H II regions from Paper I for the  $p$ -H<sub>2</sub>CO spectral line observations. Figure A.1 presents three-color mid-infrared composite images (8, 24, and 70  $\mu$ m) with contours marking the GLOSTAR 5 GHz radio continuum emission, highlighting the selected H II regions in this study.

Among them, only G30.720-0.082 is unresolved in the GLOSTAR RRL data at 25'' resolution (see Fig. A.2). Six sources (G7.177+0.088, G10.440+0.011, G24.470+0.490, G25.159+0.060, G43.169+0.008, and G43.149+0.013) exhibit extended radio emission surrounding compact bright cores, resulting in sizes larger than their associated ATLASGAL clumps (see Fig. A.2). We retained these sources in the sample to preserve diversity in the population. The selected regions span Galactic longitudes from  $3^\circ \leq \ell \leq 53^\circ$ , encompassing several prominent high-mass star-forming complexes, including W31, W33, W43, and W51.

Figure 1 presents the Galactic distribution of the sources in this study, overlaid on an artist's impression of the Milky Way<sup>2</sup>. The sources span distances from 1.8 to 20.4 kpc, with values

<sup>2</sup> <https://science.nasa.gov/photojournal/tracing-the-arms-of-our-milky-way-galaxy/>

for each H II region and its associated clump taken from Paper I (and references therein). The distribution reveals two distinct populations: one clustered near 4 kpc and another around 12 kpc. Figure A.3 shows the distributions of the angular and physical sizes of the selected H II regions. The angular sizes are concentrated, with a median of 15.6'', reflecting our selection criterion based on source angular size. The physical size distribution, with a median of 0.52 pc, is more scattered, due to scatter in distance. This scatter in distance introduces no significant bias in the H II region properties but rather ensures a diverse and representative sample in terms of size and spectral type of central OB stars of H II region as discussed in Appendix B.

## 2.2. APEX 12 m observations of H<sub>2</sub>CO

The single pointing observations were carried out from March to April 2023 using the Atacama Pathfinder EXperiment (APEX; Güsten et al. 2006)<sup>3</sup> 12 m submillimeter telescope located in the Chajnantor plateau, Chile. Table 1 summarizes the key spectroscopic parameters of the observed  $p$ -H<sub>2</sub>CO transitions alongside the receiver setups used and the detection rates within the sample. All three transitions of  $p$ -H<sub>2</sub>CO within the  $J=3-2$  states near 218 GHz were observed using the dual sideband nFLASH230 receiver. At this frequency, the observations were carried out with a half-power beam width of  $\sim 27''$ . In addition to these  $p$ -H<sub>2</sub>CO transitions, the receiver was tuned such that it also covered the H30 $\alpha$  line at 231 GHz in its upper sideband. Total integration times between 7 min and 16 min were spent in this setup. The nFLASH230 receiver was connected to a MPIfR-built high-capacity fast Fourier transform spectrometer (FFTS; Klein et al. 2012) backend with two sidebands. Each sideband has two spectral windows with 4 GHz bandwidth, providing both orthogonal polarizations and resulting in a total bandwidth of 8 GHz. This provided a spectral resolution of 61 kHz, resulting in a velocity resolution of 0.08 km s<sup>-1</sup> at 218 GHz.

The three transitions of  $p$ -H<sub>2</sub>CO within the  $J=4-3$  levels were observed with the SEPIA345 receiver (Meledin et al. 2022) with a beam size of  $\sim 20''$  and integration times between 8 min to 20 mins. Similar to the nFLASH230 receiver, the SEPIA345 receiver is a dual polarization, dual sideband receiver which covers a total frequency range from 272 GHz to 376 GHz. Each sideband (and polarization) of the SEPIA345 receiver output is recorded using two FFTS spectrometer units, each of them sampling 4 GHz, with a spectral resolution of up to 64k channels per sideband, this results in velocity resolutions of 0.04 km s<sup>-1</sup>. Both sets of observations were performed in position-switching mode with off positions offset from the on position of the sources by ( $\pm 600''$ ,  $\pm 600''$ ) in ( $\ell$ ,  $b$ ).

The data reduction was performed using the CLASS software from the GILDAS package<sup>4</sup>. The spectra were converted from antenna temperature ( $T_A$ ) scales to main-beam brightness temperature ( $T_{MB}$ ) scales using a factor of  $\eta_F/\eta_{MB}$ , where  $\eta_F$  is the forward efficiency and  $\eta_{MB}$ <sup>5</sup> is the telescope main beam efficiency. In our observations,  $\eta_F$  was set to 0.95 and  $\eta_{MB} = 0.79 \pm 0.07$  for the data collected using both nFLASH230 and SEPIA354 (based on observations of Mars). To enhance the signal-to-noise ratios (S/N) in individual channels for both sets

<sup>3</sup> This publication is based on data acquired with the APEX telescope (<https://www.apex-telescope.org/ns>). APEX telescope is operated and maintained by the Max-Planck-Institut für Radioastronomie, Bonn, Germany.

<sup>4</sup> <https://www.iram.fr/IRAMFR/GILDAS>

<sup>5</sup> <https://www.apex-telescope.org/telescope/efficiency/?yearBy=2022>

**Table 1.** Summary of the  $p$ -H<sub>2</sub>CO transitions observed in this study.

Transition $p$ -H <sub>2</sub> CO	Frequency (GHz)	$E_u$ (K)	Receiver	HPBW ( $''$ )	Detection rate (%)
3 <sub>0,3</sub> -2 <sub>0,2</sub>	218.222	20.96	nFLASH230	27.63	100 (61/61)
3 <sub>2,2</sub> -2 <sub>2,1</sub>	218.476	68.09	nFLASH230	27.60	85 (51/61)
3 <sub>2,1</sub> -2 <sub>2,0</sub>	218.760	68.11	nFLASH230	27.56	86 (52/61)
4 <sub>0,4</sub> -3 <sub>0,3</sub>	290.623	34.90	SEPIA345	20.75	98 (60/61)
4 <sub>2,3</sub> -3 <sub>2,2</sub>	291.237	82.07	SEPIA345	20.70	83 (51/61)
4 <sub>2,2</sub> -3 <sub>2,1</sub>	291.948	82.12	SEPIA345	20.65	85 (52/61)

**Notes.** The columns are from left to right: The spectral line transitions studied, their rest frequencies, upper level energies,  $E_u$ , the receiver used, its Half Power Beam-width (HPBW) and the detection rate (i.e., above  $3\sigma$  of rms noise of 15–20 mK). The frequencies and spectral line parameters are taken from the Cologne Database for Molecular Spectroscopy (CDMS; Müller et al. 2001, 2005; Endres et al. 2016).

of observations, the data were smoothed to a uniform channel spacing of  $0.6 \text{ km s}^{-1}$ . The typical line width of H<sub>2</sub>CO transitions toward H II regions tends to be on the order of a few kilometer per second, so the channel smoothing has no adverse impact on our results.

### 3. Analysis

In this section, we describe the multicomponent Gaussian fitting of the  $p$ -H<sub>2</sub>CO spectral lines observed in this study. We then use the resulting line-fitting parameters to constrain the non-local thermodynamic equilibrium (non-LTE) analysis and derive the kinetic temperature ( $T_{\text{kin}}$ ), gas density  $n(\text{H}_2)$ , and the  $p$ -H<sub>2</sub>CO column density  $N(p\text{-H}_2\text{CO})$ .

#### 3.1. Spectral line fitting

We modeled the observed spectral line features using Gaussian profiles that were fit using the MODEL function within the LMFIT<sup>6</sup> package in Python. As output, it provided the velocity-integrated line intensity ( $I = \int T_{\text{mb}} dv$ ), the local standard of rest (LSR) velocity ( $v_{\text{LSR}}$ ), the FWHM of the Gaussian line, and the peak brightness temperature on main-beam temperature scales ( $T_{\text{peak}}$ ).

We began our analysis by fitting single-component Gaussian to the  $p$ -H<sub>2</sub>CO spectra. However, this approach yields well constrained physical parameters for only 25 out of 61 targets (40%). To improve the modeling, we performed multicomponent Gaussian fits to better model the observed  $p$ -H<sub>2</sub>CO line profiles. As the brightest transition,  $p$ -H<sub>2</sub>CO (3<sub>0,3</sub>-2<sub>0,2</sub>) was detected toward all sources and served as the reference for identifying the number of velocity components and their centroid velocities. These centroid velocities were then fixed for all other  $p$ -H<sub>2</sub>CO transitions to ensure consistency across lines. Each  $p$ -H<sub>2</sub>CO (3<sub>0,3</sub>-2<sub>0,2</sub>) spectrum was initially fit with one Gaussian component, if the residuals are larger than  $3\sigma$ , a second or even a third component was added, until the standard deviation in the residual is minimized. We verified all fits interactively using the LINE/MINIMIZE task in CLASS/GILDAS. To verify that the H<sub>2</sub>CO lines exhibit multiple components and are not affected by optical depth effects such as self-absorption, we compared their spectra with those of the optically thin C<sup>18</sup>O line. We did not find any evidence of self-absorption in our sample. We found no preferential occurrence of multiple components in sources located at either near or far distances.

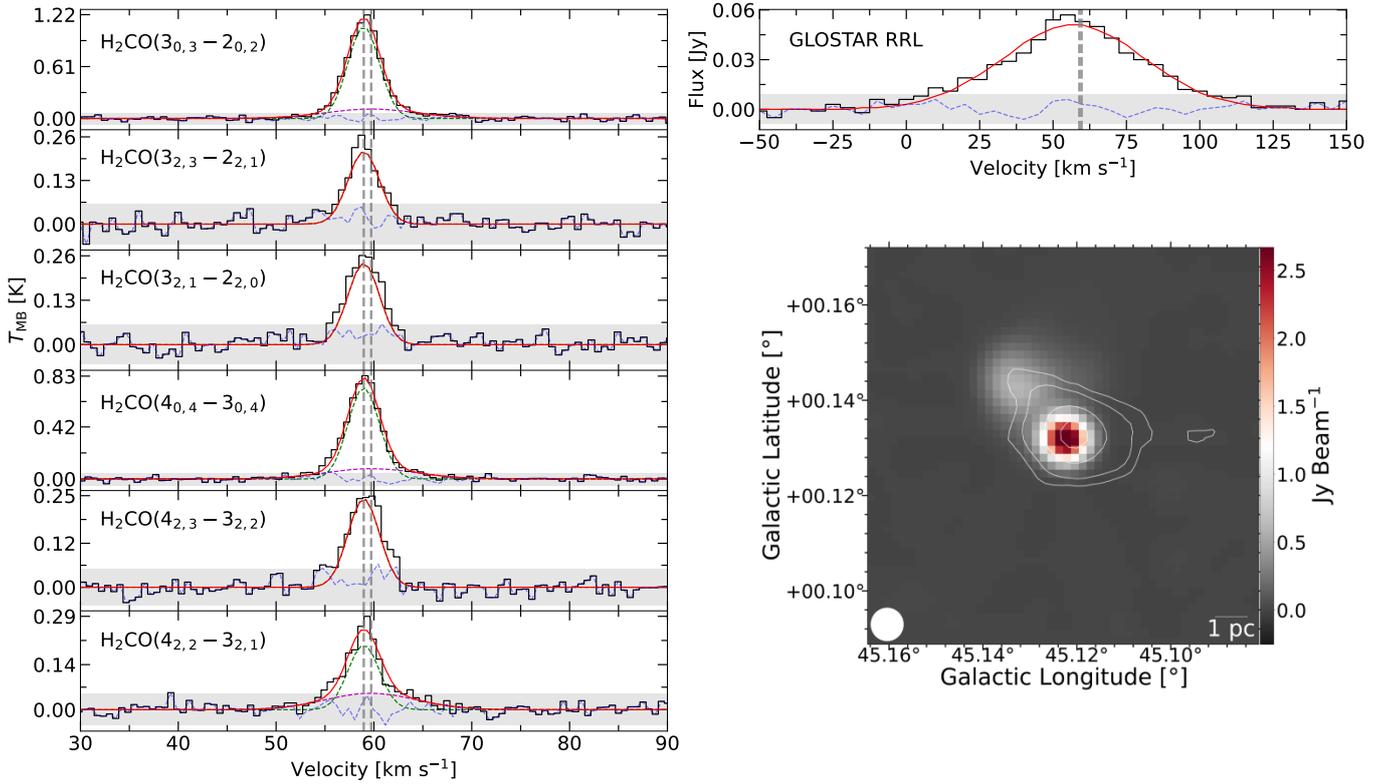
<sup>6</sup> <https://lmfit.github.io/lmfit-py/>

Among the 61 observed sources, the  $p$ -H<sub>2</sub>CO spectra toward 34 of them displayed multiple Gaussian components, resulting in a total of 105 identified components in the entire sample. Since all six transitions are expected to trace gas with similar kinetic temperature and dynamic motion, we expect them to have similar line widths. However, this need not always be true especially when fitting additional components arising from surrounding envelopes or outflows. Therefore, the line widths were allowed to vary within  $1\sigma$  of the value constrained by the line width of the 3<sub>0,3</sub>-2<sub>0,2</sub> line of  $p$ -H<sub>2</sub>CO, whereas the velocity centroids of the components were fixed. Any component with peak brightness temperatures below  $3\sigma$  level of the rms noise at  $0.6 \text{ km s}^{-1}$  or line width less than  $3 \times \Delta v$  ( $1.8 \text{ km s}^{-1}$ ), is flagged before further analysis. An example of the  $p$ -H<sub>2</sub>CO multicomponent Gaussian fitting is shown in Fig. 2 (left panel) toward one of the targets in our study, AGAL045.121+00.131 (also listed as G045.122+0.131 in the GLOSTAR H II region catalog).

If a source exhibits multiple velocity components, then the component associated with the source at a  $p$ -H<sub>2</sub>CO velocity close to the systemic velocity of the corresponding ATLASGAL clump – determined from multiple molecular line surveys and reported by Urquhart et al. (2018, see their Table 1) – is considered the main component and is hereafter referred to as “H<sub>2</sub>CO Main.” All secondary components are then considered as sub-components and is hereafter referred to as “H<sub>2</sub>CO Sub.” These secondary components may either be associated with the source itself via outflows/inflows, envelopes, or may arise from distinct molecular clumps covered in our beam. However, owing to the limited spatial resolution, the exact origin of the “H<sub>2</sub>CO Sub” components remains uncertain.

The derived line parameters for  $p$ -H<sub>2</sub>CO are then used as input to constrain the column densities and the gas densities. However, as we observed two different sets of transitions ( $J = 3-2$  and  $J = 4-3$ ) at different frequencies (218 GHz and 291 GHz) using two different receivers (nFLASH230 and SEPIA345), with varying HPBWs 27.6 $''$  and 20.7 $''$ , the observations resulted in slightly different spatial coverages. Therefore, to ensure uniformity, we further correct for beam filling effects. Previous studies of H<sub>2</sub>CO (Immer et al. 2014; Tang et al. 2018a,b) have demonstrated a tight correlation between the integrated intensities of the  $p$ -H<sub>2</sub>CO transitions and flux density of the dust emission at 870  $\mu\text{m}$ . This suggests that the dense gas traced by H<sub>2</sub>CO is associated with dust emission at 870  $\mu\text{m}$ . Based on these findings, we assume that the size of the H<sub>2</sub>CO emitting area toward the targets of this study are equivalent to the FWHM source sizes of 870  $\mu\text{m}$  dust emission, as derived by Csengeri et al. (2014). Following Tang et al. (2018b), we corrected for beam dilution as

## AGAL045.121+00.131



**Fig. 2.** Spectra of the different  $p$ -H<sub>2</sub>CO and RRL transitions studied in this work toward AGAL045.121+00.131. *Left panels:* spectra of all six of the observed  $p$ -H<sub>2</sub>CO transitions (black) along with the multicomponent Gaussian fitting (green and magenta) and residual of the fitting (dashed blue). The total fit is displayed in red and the gray shaded region demarcates the  $3\sigma$  level of the rms noise. The vertical dashed gray lines mark the centroid velocities of each fit Gaussian component. *Right panel:* spectra of the stacked GLOSTAR  $\langle H\alpha \rangle$  RRL in black alongside the Gaussian fit in red. Also displayed is the 5.3 GHz radio continuum emission map obtained with the GLOSTAR VLA D configuration toward this source and overlaid with white contours is the ATLASGAL 870  $\mu\text{m}$ . The white filled circle shows the 25'' GLOSTAR beam.

follows,  $T_{\text{MB}}/\eta_{\text{bf}}$  where  $\eta_{\text{bf}}$  is the beam filling factor, given by,  $\eta_{\text{bf}} = \theta_{\text{S}}^2/(\theta_{\text{S}}^2 + \theta_{\text{beam}}^2)$ . Here,  $\theta_{\text{S}}$  and  $\theta_{\text{beam}}$  denote the source and beam size, respectively. The corrected  $p$ -H<sub>2</sub>CO line intensities with the respective beam filling factors used and other line fitting parameters are summarized in Tables C.1 and C.2.

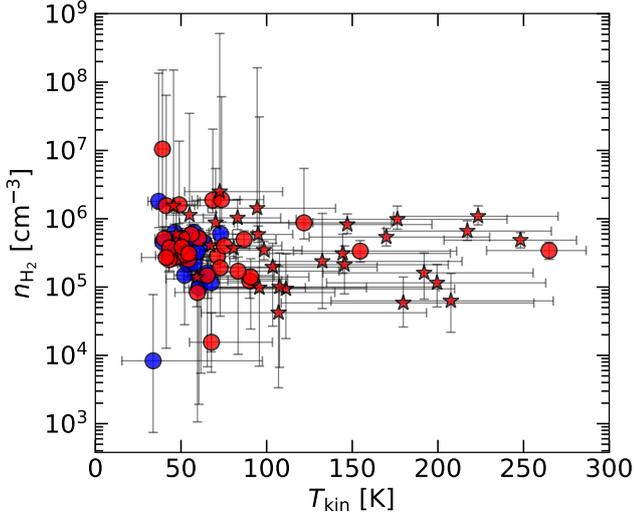
### 3.2. Non-LTE modeling with Pyradex

We carried out non-LTE radiative transfer calculations to derive the physical properties of the clumps, including the gas kinetic temperature,  $T_{\text{kin}}$ , spatial density,  $n(\text{H}_2)$ , and column density of  $p$ -H<sub>2</sub>CO,  $N(p\text{-H}_2\text{CO})$ . We employed the Python wrapper, PyRADEX, to interface with the non-LTE radiative transfer code RADEX (van der Tak et al. 2007), in combination with the emcee<sup>7</sup> (Foreman-Mackey et al. 2019) package in Python, which implements a Markov chain Monte Carlo (MCMC) algorithm as shown in Yang et al. (2017) and Christensen et al. (in prep.). To reproduce the observed integrated line intensities of the varied  $p$ -H<sub>2</sub>CO transitions (as determined in the previous Sect. 3.1), the PyRADEX models were run with constraints from the observed line widths using collisional rate coefficients computed for collisions between  $p$ -H<sub>2</sub>CO and *ortho*-, and *para*-H<sub>2</sub> (Wiesenfeld & Faure 2013) and assuming the *ortho*-to-*para* ratio (OPR) of 3. For each velocity component toward a given source, the line width

was fixed to the average value across the different  $p$ -H<sub>2</sub>CO transitions probed. This approach minimizes variations and allows us to simultaneously reproduce the physical conditions traced by all six transitions – a valid constraint, since all transitions are expected to originate from the same gas. We further assumed a background temperature,  $T_{\text{bkg}}$ , of 2.73 K. We initialized the MCMC process using the `curve_fit` function from the SciPy<sup>8</sup> package in Python, then explored the parameter space within  $n(\text{H}_2) = 10\text{--}10^{10} \text{ cm}^{-3}$ ,  $T_{\text{kin}} = 10\text{--}300 \text{ K}$  and  $N(p\text{-H}_2\text{CO}) = 10^{10}\text{--}10^{17} \text{ cm}^{-2}$ . For each component, we used 400 walkers, discarding the first 100 steps as burn-in and allowing the final 1000 steps to converge on the best-fit integrated line intensity (see also Christensen et al., in prep.). Using this method, we were able to successfully constrain the physical parameters toward 83 of the 105 targets studied in this work. Figure A.4 illustrates the results of the PyRADEX and MCMC computation, displaying the results in the form of a corner plot with 1D histograms of the posterior distributions across the explored parameter space. Table C.3 lists the derived gas kinetic temperatures, volume densities, and column densities of  $p$ -H<sub>2</sub>CO. Figure 3 displays the distribution of the sources in the  $n(\text{H}_2)$ – $T_{\text{kin}}$  parameter space. The “H<sub>2</sub>CO Main” components of sources with single and multiple Gaussian profiles show a similar distribution, while the

<sup>7</sup> <https://emcee.readthedocs.io/en/stable/>

<sup>8</sup> <https://scipy.org/>



**Fig. 3.** Distribution of the sources in the  $n(\text{H}_2)$ – $T_{\text{kin}}$  plane. The blue and red colors respectively represent sources with single and multiple component Gaussian profiles. Filled circles denote components classified as “H<sub>2</sub>CO Main,” while stars indicate those identified as “H<sub>2</sub>CO Sub.”

extreme values are associated with the “H<sub>2</sub>CO Sub” components. The only exceptions are G31.412+0.308, which exhibits the highest  $T_{\text{kin}}$ , and G10.462+0.033, which shows the highest  $n(\text{H}_2)$ .

## 4. Results

In the following section, we present the results obtained from the joint PyRADEX and MCMC analyses described in Sect. 3.2. These results include the derived kinetic temperature, gas density,  $p$ –H<sub>2</sub>CO column density, and the fractional abundance of  $p$ –H<sub>2</sub>CO,  $X(p$ –H<sub>2</sub>CO), which we compare with values from previous studies. We also examine the optical depth of  $p$ –H<sub>2</sub>CO and assess its impact on our analysis (Appendix D).

Figure 4 shows the distributions of gas kinetic temperatures, gas densities, and  $p$ –H<sub>2</sub>CO column densities, jointly constrained from the PyRADEX and MCMC analyses discussed above while the results toward each source are listed in Table C.3. In the following sections, we discuss these results in detail.

### 4.1. Gas densities

As shown by the distributions in Fig. 4 for our sample, the derived  $n(\text{H}_2)$  values range between  $8.32 \times 10^3 \text{ cm}^{-3}$  and  $1.05 \times 10^7 \text{ cm}^{-3}$  with a median<sup>9</sup> value of  $(3.7 \pm 0.35) \times 10^5 \text{ cm}^{-3}$ . Our results are consistent with previous studies of star-forming regions (Mangum & Wootten 1993; McCauley et al. 2011; Mangum et al. 2013), including the brightest ATLASGAL clumps associated with H II regions, where densities of  $6.4 \times 10^5 - 8.1 \times 10^6 \text{ cm}^{-3}$  were reported, with a median value of  $1.25 \times 10^5 \text{ cm}^{-3}$  (Tang et al. 2018b). Furthermore, a comparison of our results with  $n(\text{H}_2)$  values determined from 870  $\mu\text{m}$  dust emission (Urquhart et al. 2022) reveals systematically higher densities within our sample (Fig. 5), indicating that these  $p$ –H<sub>2</sub>CO transitions trace denser gas than the dust

<sup>9</sup> We report median values toward our sample throughout the paper, as the mean would be misleading given results at extremities that skew the distributions. This is most clearly seen in the distributions of the RADEX derived  $T_{\text{kin}}$  values as displayed in Fig. 4b.

continuum. This holds true for both the systemic velocity components and additional components arising from the envelopes or other expanding shells of these H II regions. Figure 4a shows that the median gas density of the “H<sub>2</sub>CO Sub” component similar to that of the “H<sub>2</sub>CO Main.”

### 4.2. Kinetic temperature

As with  $n(\text{H}_2)$  and  $N(p$ –H<sub>2</sub>CO), the PyRADEX+MCMC models yielded a range of gas temperatures across the sources in our sample, from 33.7 K to  $>265 \text{ K}$ <sup>10</sup>, with a median value of  $66 \pm 3 \text{ K}$ . In contrast, the study by Tang et al. (2018b), which examined ATLASGAL dust clumps at various evolutionary stages, reports a median kinetic temperature of 67 K across their entire sample, increasing to 104 K for sources associated with only H II regions. To assess whether the difference in kinetic temperature derived for the H II region sample by Tang et al. (2018b) and this work are statistically significant, we applied the Anderson-Darling (AD) test to the two distributions. The resulting  $p$ -value of approximately 0.001 indicates a statistical difference between the kinetic temperature distributions, providing evidence that  $T_{\text{kin}}$  do not arise from the same parent population. This discrepancy in kinetic temperatures may be due to the fact that we decompose the observed spectral features into multiple components likely originating from different environments, while Tang et al. (2018b) carry out their analysis by considering only the integrated line intensities across the entire observed features. The latter may lead to higher line intensity ratios in the analysis conducted by Tang et al. (2018b), resulting in higher overall gas temperatures. Furthermore, we find the values of  $T_{\text{kin}}$  derived for the “H<sub>2</sub>CO Sub” components (98.4 K) to be higher than that for the “H<sub>2</sub>CO Main” components (57.8 K). This suggests that the “H<sub>2</sub>CO Sub” components may originate from inflowing/outflowing gas surrounding the star, or from shock-heated molecular gas. Moreover, the lack of correlation between the kinetic temperature of the “H<sub>2</sub>CO Sub” component and its velocity difference with both the “H<sub>2</sub>CO Main” component and the RRL emission further supports a shock-heated origin for the “H<sub>2</sub>CO Sub” components.

The  $T_{\text{kin}}$  values derived from the PyRADEX+MCMC analysis can be verified using the integrated intensity ratios between specific  $p$ –H<sub>2</sub>CO transitions, namely,  $R_1 = I(3_{21-2_{20}})/I(3_{03-2_{02}})$ , and  $R_2 = I(4_{22-3_{21}})/I(4_{04-3_{03}})$  – which provide an estimate of the  $T_{\text{kin}}$  assuming conditions of LTE. This method is applicable if the observed lines are optically thin (discussed further in Appendix D) and originate from high-density regions. Following the approach outlined in Appendix A of Mangum & Wootten (1993), we computed the  $T_{\text{kin}}$  using these line ratios:

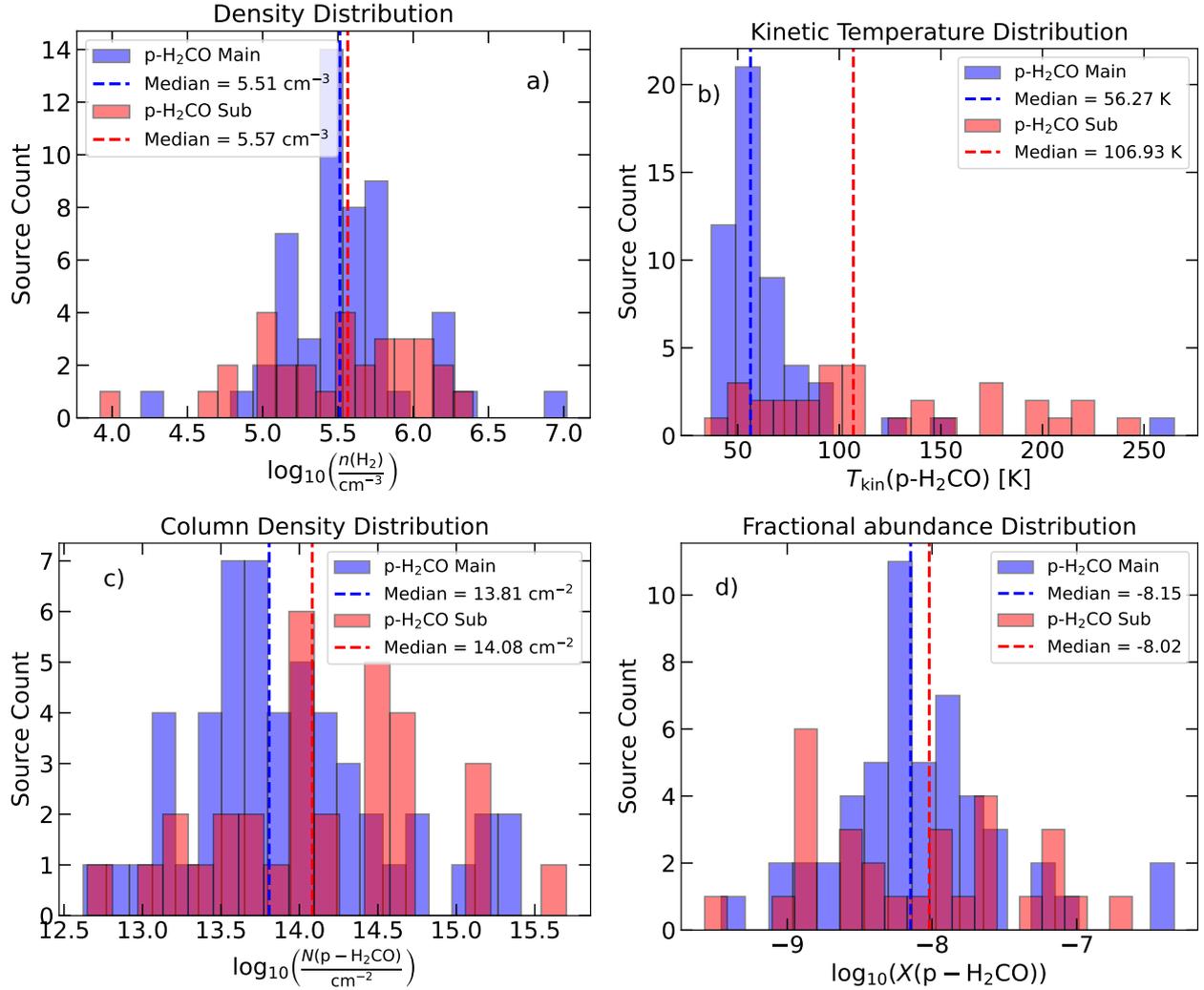
$$T_{\text{LTE}}(R_1) = \frac{47.1}{\ln\left(0.556 \frac{I(3_{03-2_{02}})}{I(3_{21-2_{20}})}\right)} \text{ K}, \quad (1)$$

and

$$T_{\text{LTE}}(R_2) = \frac{47.2}{\ln\left(0.750 \frac{I(4_{04-3_{03}})}{I(4_{22-3_{21}})}\right)} \text{ K}. \quad (2)$$

In Fig. 6, we refer the temperatures derived using Eq. (1) and Eq. (2) as LTE temperatures, and find the results from both line

<sup>10</sup> For the components of AGAL031.412+00.307, the PyRADEX+MCMC did not converge to gas temperatures within the explored temperature range, resulting in lower limits set by the maximum gas temperature at which the collisional rate coefficients are computed.



**Fig. 4.** Distributions of the pyRADEX+MCMC derived (a)  $n(\text{H}_2)$ , (b)  $T_{\text{kin}}$ , (c)  $N(p\text{-H}_2\text{CO})$ , and (d)  $p\text{-H}_2\text{CO}$  fractional abundance,  $X(p\text{-H}_2\text{CO})$  toward the different velocity components identified in our sample, as traced by the  $p\text{-H}_2\text{CO}$ . The blue and red histograms represent the distributions for the “H<sub>2</sub>CO Main” and “H<sub>2</sub>CO Sub” components, respectively, while the corresponding dashed lines indicate the median values of each distribution.

ratios to be consistent with one another. If our assumption that the  $p\text{-H}_2\text{CO}$  emission is optically thin is valid, then the kinetic temperatures obtained by this method have an uncertainty of  $\lesssim 30\%$  (Mangum & Wootten 1993). Comparisons between  $T_{\text{kin}}$  values derived from LTE and PyRADEX+MCMC non-LTE calculations show overall consistency, although some deviations appear at higher temperatures (Fig. 6). More interestingly, the derived values of the kinematic temperature are significantly less scattered for the “H<sub>2</sub>CO Main” velocity components than the “H<sub>2</sub>CO Sub” component. Overall, these findings reaffirm the diagnostic power of H<sub>2</sub>CO an excellent molecular thermometer.

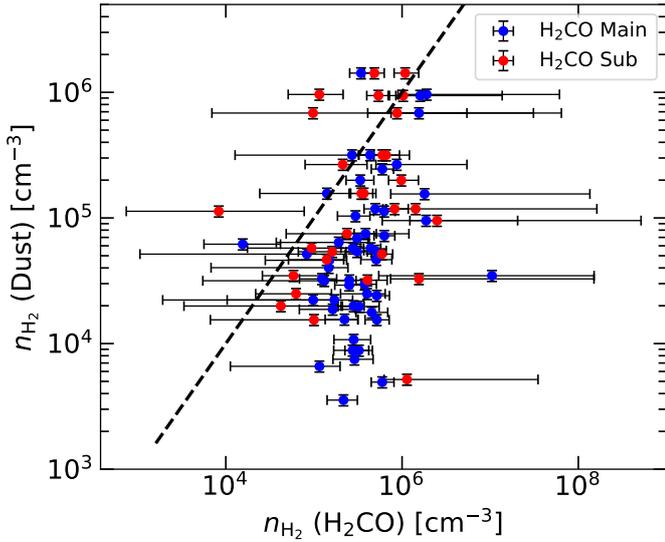
#### 4.3. Fractional abundance of $p\text{-H}_2\text{CO}$

In this section, we compute the fractional abundance of  $p\text{-H}_2\text{CO}$  with respect to H<sub>2</sub> ( $X(p\text{-H}_2\text{CO}) = N(p\text{-H}_2\text{CO})/N(\text{H}_2)$ ), where  $N(\text{H}_2)$  refers to the H<sub>2</sub> column density derived from the 870  $\mu\text{m}$  continuum emission by Urquhart et al. (2018). The PyRADEX derived  $N(p\text{-H}_2\text{CO})$  values lie between  $4 \times 10^{12} \text{ cm}^{-2}$  and  $5 \times 10^{15} \text{ cm}^{-2}$  with a median value of  $1.0 \pm 0.1 \times 10^{14} \text{ cm}^{-2}$ , while  $N(\text{H}_2)$  was estimated from the peak flux densities of the

clumps using

$$N(\text{H}_2) = \frac{D^2 F_{870} R}{B_{870}(T_d) \theta_{\text{beam}} \kappa_{870} \mu_{\text{H}_2} m_{\text{H}}}, \quad (3)$$

where  $D$  is the distance to the source;  $F_{870}$  is the peak flux density taken from Csengeri et al. (2014),  $\theta_{\text{beam}}$  the beam size of ATLASGAL survey ( $= 19''.2$ ; Csengeri et al. 2014),  $\mu_{\text{H}_2}$  is the mean molecular weight per hydrogen molecule assumed as 2.8, and  $m_{\text{H}}$  the mass of the hydrogen atom. Further,  $R$  is the gas-to-dust ratio assumed to be 100;  $B_{870}(T_d)$  is the intensity of the blackbody at 870  $\mu\text{m}$  at the dust temperature,  $T_d$ , values for which are taken from Urquhart et al. (2018); and  $\kappa_{870}$  is the dust opacity at 870  $\mu\text{m}$  taken to be  $1.85 \text{ cm}^2 \text{ g}^{-1}$ , an average of all dust models presented in Ossenkopf & Henning (1994). This yields  $N(\text{H}_2)$  values ranging from  $6 \times 10^{20} \text{ cm}^{-2}$  to  $8 \times 10^{22} \text{ cm}^{-2}$  and  $X(p\text{-H}_2\text{CO})$  values from  $2.7 \times 10^{-10}$  to  $4.7 \times 10^{-7}$  (see Fig. 4d), with a median value of  $7.2 \times 10^{-9}$ . These results are consistent with values reported for other star-forming regions (Ao et al. 2013; Gerner et al. 2014; Tang et al. 2018a,b). Figure 4c shows that the median  $N(p\text{-H}_2\text{CO})$  of the “H<sub>2</sub>CO Sub” component is higher than that of the “H<sub>2</sub>CO Main”, whereas the median



**Fig. 5.** Comparison between  $n(\text{H}_2)$  probed by  $870\ \mu\text{m}$  emission from dust and  $p\text{-H}_2\text{CO}$  as derived from our pyRADEX+MCMC models. The dashed black line displays a slope of unit value.

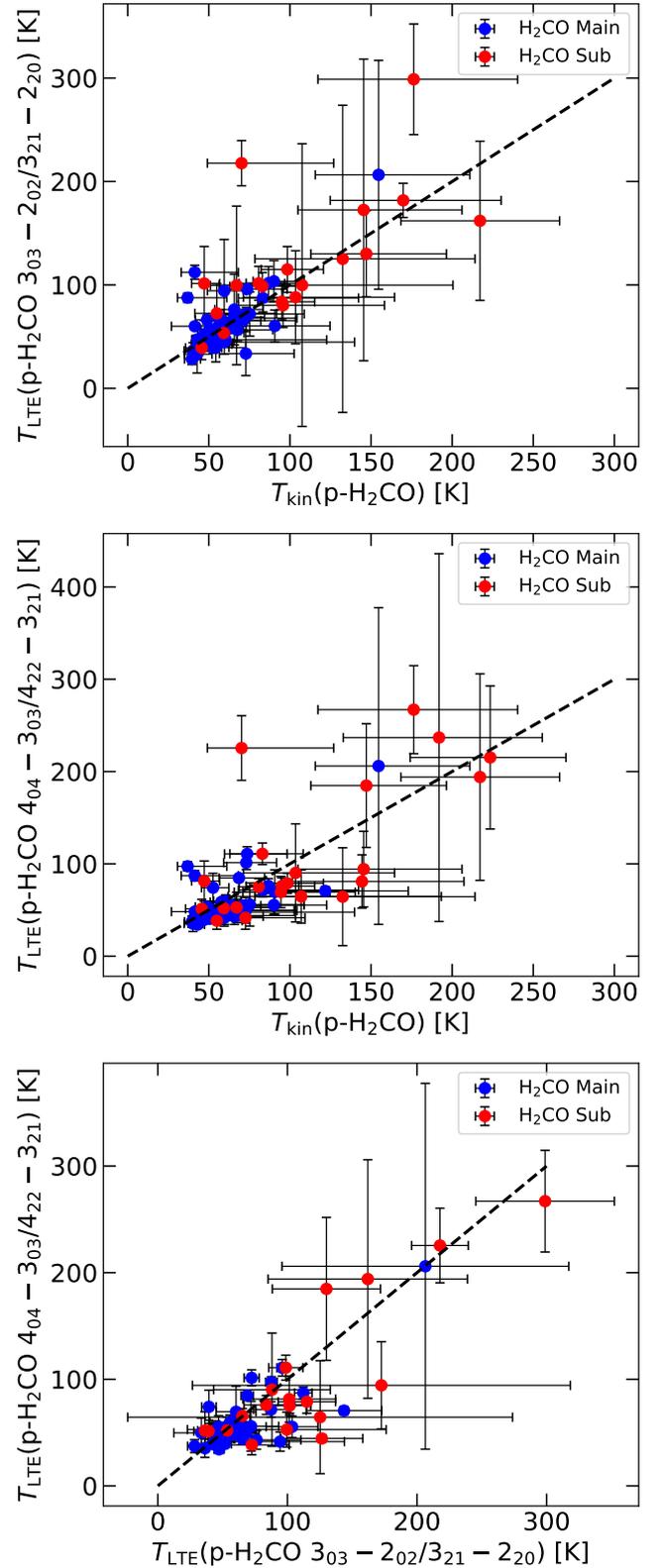
$X(p\text{-H}_2\text{CO})$  is similar for both components (see Fig. 4d). This suggests that  $\text{H}_2\text{CO}$  can be at least as abundant – if not more so – in the envelope/outflow components, underscoring its presence across diverse environments. However, the “ $\text{H}_2\text{CO}$  Sub” components may actually represent unresolved condensates, since their densities match those of the “ $\text{H}_2\text{CO}$  Main” components, suggesting that the secondary features likely comprise of multiple dense clouds at closely spaced velocities unresolved in our single dish observations.

## 5. Discussion

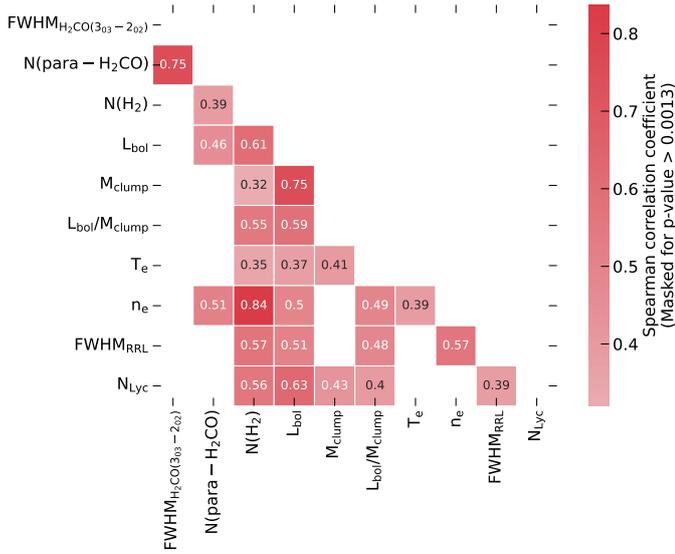
### 5.1. Correlation between physical properties of ionized gas, molecular gas, and dust

Variations in the physical properties of clumps and H II regions associated with star formation offer valuable insights into the evolutionary stages and conditions of HMSF and its impact on the surrounding medium. For instance, over the years, the ratio of bolometric luminosity to clump mass has proven to be a reliable tracer of HMSF stages and has been widely used in numerous studies (Molinari et al. 2008, 2016; Giannetti et al. 2017; Urquhart et al. 2022). Similarly,  $n_e$  and RRL line widths have been extensively employed to characterize the evolutionary stages of H II regions (e.g., Sewilo et al. 2004; Kurtz 2005). In order to investigate the relationship between the ionized, molecular gas, and dust in H II regions, we compared the Spearman’s correlation between the different physical properties of molecular gas traced by  $p\text{-H}_2\text{CO}$  derived in the previous sections with those of dust, and ionized gas from Paper I. The resulting correlations are presented in Fig. 7. Note that we have flagged the cross correlation for which the  $p$ -value is  $>0.0013$ .

No strong correlation was found between  $n(\text{H}_2)$  and the other ionized, molecular gas and dust properties (masked in Fig. 7). This suggests that, regardless of the specific characteristics of the HMSF clump, their molecular hydrogen densities typically remain around  $10^{5-6}\ \text{cm}^{-3}$ , in alignment with the findings of Tang et al. (2018b).



**Fig. 6.** Comparison between the kinetic temperatures derived from pyRADEX+MCMC modeling and using the  $p\text{-H}_2\text{CO}$  integrated line intensities ratios  $R_1$  (top panel) and  $R_2$  (middle panel). Bottom panel: comparison of the kinetic temperatures derived from  $R_1$  and  $R_2$ . The LTE temperature uncertainties are from uncertainties in the integrated intensities of the observed  $p\text{-H}_2\text{CO}$  lines. The dashed black lines indicate a slope of unity.



**Fig. 7.** Correlation matrix showing the relationships between various physical properties of molecular gas, ionized gas, and dust clumps. The color bar and annotations indicate the Spearman’s correlation coefficients. We flagged and excluded correlations with  $p$ -values  $> 0.0013$  ( $3\sigma$ ), thereby removing statistically insignificant relationships.

Observations of massive clumps using other molecular line tracers such as CO, NH<sub>3</sub>, CH<sub>3</sub>CN, CH<sub>3</sub>CCH, and CH<sub>3</sub>OH, H<sub>2</sub>CO (Wiener et al. 2012; Giannetti et al. 2017; Tang et al. 2018b) suggest that these clumps are heated by radiation from embedded massive stars. This implies that the  $T_{\text{kin}}$  values derived from these molecules should correlate with the  $L_{\text{bol}}$  of the clumps. Giannetti et al. (2017) reported such correlations using kinetic temperatures derived from CH<sub>3</sub>CCH, and CH<sub>3</sub>OH, with correlation coefficients of 0.68 and 0.54, respectively. Similarly, Tang et al. (2018b) investigated the same relationship using H<sub>2</sub>CO and found a somewhat weaker correlation, with a coefficient of  $\sim 0.5$ . However, in this study, we find an even weaker correlation between  $T_{\text{kin}}$  and  $L_{\text{bol}}$ , with a correlation coefficient of 0.32 (masked in Fig. 7 due to  $p$ -value  $> 0.0013$ ).

Although the velocities of RRLs and  $p$ -H<sub>2</sub>CO lines are generally consistent, there is still a velocity offset between the two, with a standard deviation in the velocity offset of  $\sim 4 \text{ km s}^{-1}$  and mean of  $-0.5 \text{ km s}^{-1}$ . For an H II region of roughly 0.52 pc in size, the inferred dynamical age is  $t_{\text{dy}} \sim 1.3 \times 10^5 \text{ yr}$ , which is comparable to the typical expansion timescales of H II regions. Hence, a clump with a velocity difference of  $4 \text{ km s}^{-1}$  is consistent with a molecular layer being located near the ionization front of the expanding H II region. Assuming that this velocity difference serves as a proxy for the physical separation between the H II region and the molecular clump, the correlation between the physical parameters is recomputed for sources where this velocity difference is less than  $4 \text{ km s}^{-1}$ . For these closely associated sources, we find a stronger correlation between  $T_{\text{kin}}$  and  $L_{\text{bol}}$ , with a coefficient of 0.49 ( $p$ -value  $< 0.0013$ ). This result suggests that  $T_{\text{kin}}$  is more strongly influenced by bolometric luminosity when the molecular clump lies closer to the H II region.

The  $p$ -H<sub>2</sub>CO column density correlates strongly with the  $p$ -H<sub>2</sub>CO FWHM and more weakly with the clump bolometric luminosity. Similar but stronger trends were reported in massive star-forming regions by Immer et al. (2014) and Tang et al. (2018b). These correlations suggest that the  $p$ -H<sub>2</sub>CO abundance increases with the radiation field. This would indicate that

motions such as turbulence and shocks can contribute to the increase of H<sub>2</sub>CO in the gas phase. A natural guess is that such motions help the desorption of H<sub>2</sub>CO from dust grains.

We also find that  $N(p\text{-H}_2\text{CO})$  correlates with the electron density of H II regions. The electron density depends on the ionizing photon flux from the central massive star(s), as higher UV photon output generates more free electrons. In addition, the electron density shows a strong correlation with the clump hydrogen column density,  $N(\text{H}_2)$ . This indicates that young H II regions with higher electron densities tend to be formed in clumps with higher H<sub>2</sub> column densities. The electron temperature,  $T_e$ , shows only a weak correlation with  $n_e$ , with a Spearman’s correlation coefficient of 0.39.

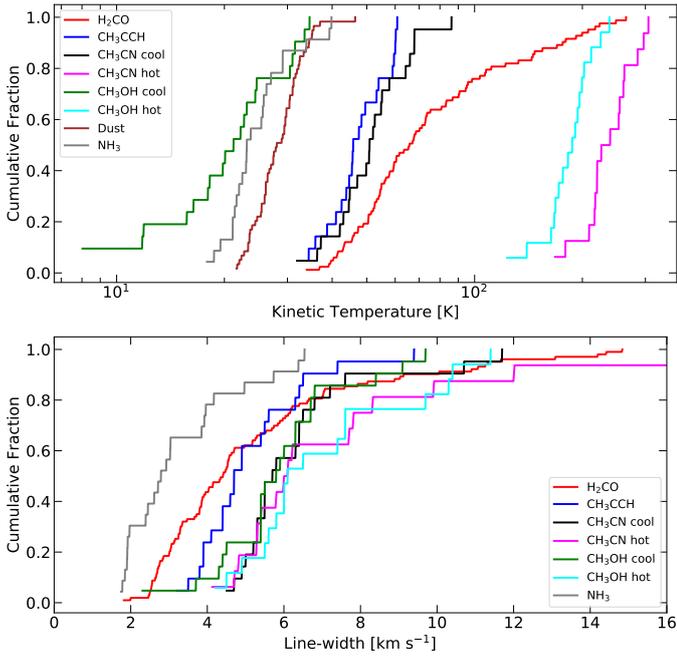
Bolometric luminosity,  $L_{\text{bol}}$ , exhibits relatively strong correlations with dust, molecular gas, and ionized gas properties (Fig. 7). These results indicate that the central high-mass star significantly shapes the dynamics, chemistry, and physical conditions of its surrounding molecular and dusty environments. Furthermore,  $N_{\text{Lyc}}$ , which directly traces the ionizing capability of the central star, also correlates with  $L_{\text{bol}}$ .

## 5.2. Benchmarking the H<sub>2</sub>CO thermometer in H II regions

### 5.2.1. Comparing gas kinetic temperature and line width

The values of  $T_{\text{kin}}$ , derived using the non-LTE radiative transfer analysis presented in Sect. 4.2 are found to be consistently warmer than those derived from the dust emission. Additionally, 17 sources display blue- or red-skewed  $p$ -H<sub>2</sub>CO line profiles, indicating the presence of outflow or infall motions and associated shocked gas. The observed line profiles and derived gas temperatures of H<sub>2</sub>CO suggest that its formation is likely driven by shock heating or outflows and is located close to the H II regions within the parent molecular cloud (Ginsburg et al. 2011; Tang et al. 2017, 2018b).

In Fig. 8, we compare the gas kinetic temperature and line width obtained from the different gas tracers toward the H II regions by Giannetti et al. (2017). This shows that  $p$ -H<sub>2</sub>CO traces a wide range of the gas temperature and the traced temperature is hotter than molecules such as NH<sub>3</sub>. This is based on the findings of Wiener et al. (2012), who reported NH<sub>3</sub> rotational temperatures in the range of 10–28 K and kinetic temperatures between 12 and 35 K. However, these authors note that the low- $E_u$  (NH<sub>3</sub> (1,1) and (2,2)) transitions used in their analysis exhibited different line widths, indicating that the observed NH<sub>3</sub> transitions likely do not trace the same gas. Consequently, assuming equal beam-filling factors for these transitions represents only an approximation and may affect the radiative analysis and the subsequently derived NH<sub>3</sub>-bearing gas temperatures. This conclusion is further supported by Giannetti et al. (2017), who showed that these low-lying transitions of NH<sub>3</sub> are not an optimal tracers of warm gas. Similarly,  $p$ -H<sub>2</sub>CO traces hotter regions compared to that traced by CH<sub>3</sub>CCH. Giannetti et al. (2017) found two temperature components associated with the CH<sub>3</sub>OH and CH<sub>3</sub>CN namely, hot and cool components with an average of 21 and 184 K, and 53 and 238 K for H II regions in their sample. The kinetic temperature derived using  $p$ -H<sub>2</sub>CO lies between the cool and hot component of CH<sub>3</sub>OH and CH<sub>3</sub>CN (see Fig. 8). Figure 8 (bottom) shows cumulative distribution function (CDF) comparisons of the molecular line width of different gas tracers. Although the Anderson-Darling test reveals that the distribution of line width of  $p$ -H<sub>2</sub>CO and CH<sub>3</sub>CCH, CH<sub>3</sub>OH (cool component) shows no significant differences, that of the warm components show significant differences. The mean



**Fig. 8.** Cumulative distribution functions for temperatures (*top panel*) and line width (*bottom panel*) for different H II regions. Different colors represent various tracers and components, as indicated in the legend. The  $\text{NH}_3$  properties are from [Wiener et al. \(2012\)](#). The  $\text{CH}_3\text{CCH}$ ,  $\text{CH}_3\text{OH}$  (hot and cold), and  $\text{CH}_3\text{CN}$  (hot and cold) properties are from [Giannetti et al. \(2017\)](#), whereas dust properties are from [Urquhart et al. \(2018\)](#).

value of the line widths of  $p\text{-H}_2\text{CO}$  is greater than  $\text{CH}_3\text{CCH}$  and  $\text{NH}_3$  and is less than  $\text{CH}_3\text{OH}$  (hot component) and  $\text{CH}_3\text{CN}$  (hot component). In contrast, the line width of  $p\text{-H}_2\text{CO}$  is similar to the line width of  $\text{CH}_3\text{OH}$  (hot component) and  $\text{CH}_3\text{CN}$  (hot component). If the observed line widths of different molecular tracers were determined purely by thermal motion, they would depend directly on the gas temperature and inversely on the molecular mass. In reality, however, these line widths include both thermal and nonthermal contributions, making direct comparisons between tracers more complex.

### 5.2.2. Chemical modeling

In this section, we aim to compare the position of  $\text{H}_2\text{CO}$  relative to the different photodissociation region (PDR) tracers and dense gas tracers around H II regions. We used an updated version (v7.0) of the Meudon PDR code ([Le Petit et al. 2006](#))<sup>11</sup> to compare our observations with PDR models and investigate the chemical complexity surrounding an H II region for a typical density-temperature structure. Using the Meudon code, we ran models of constant thermal pressure (isobaric) across a 1D PDR in slab geometry, with a fixed pressure of  $4.6 \times 10^7 \text{ K cm}^{-3}$ , determined by the average  $n(\text{H}_2)$  and  $T_{\text{kin}}$  as traced by  $\text{H}_2\text{CO}$  toward our sample (see Sects. 4.1 and 4.2). Combining the given density and temperature profiles with external sources of energy: the UV radiation field ( $G_0$ ) and cosmic-ray ionization rate ( $\zeta$ ), the code determines the abundance of each species by solving the chemical reactions under steady-state conditions. In addition to the external radiation fields described above, we included an internal stellar component—representing irradiation from host star(s)—and an isotropic ambient component. The isotropic field

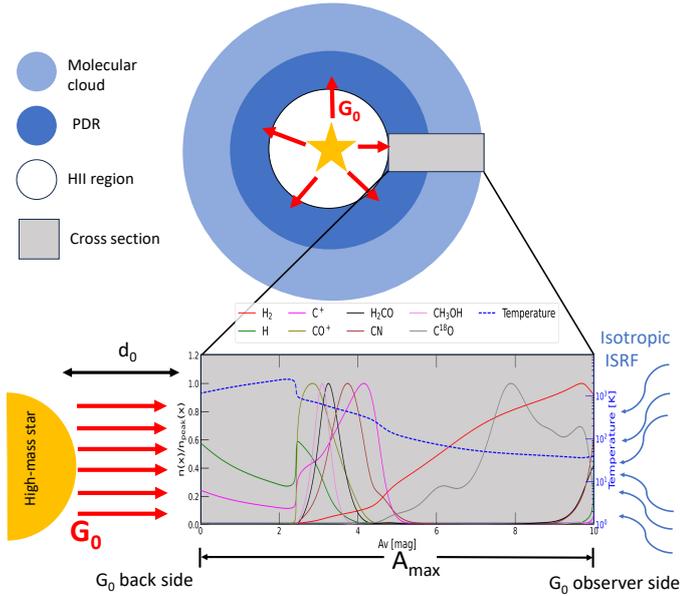
<sup>11</sup> <https://ism.obspm.fr/>

incorporates the interstellar radiation field with a value of 0.5 (in Habing units) on both the observer-facing and the backside of the cloud, as well as blackbody components that simulate dust infrared emission and the cosmic microwave background. A minimal external field is used such that illumination on the backside of the PDR is dominated by the stellar component. This isolates the cloud from external influences, focusing only on the effect of the embedded H II region on the surrounding molecular material.

We estimated the far-UV flux,  $G_0$ , assuming that a single massive star is responsible for generating the H II region, from the massive stars that dominate the ionizing photon production in the sources studied. In Paper I, we derived the Lyman continuum photon flux for our sample using integrated radio flux measurements, finding a median value of  $1.18 \times 10^{48} \text{ s}^{-1}$ . This flux corresponds to a stellar spectral type of O5.5V–O5V with an effective surface temperature of approximately 41 000 K ([Martins et al. 2005](#)). We assumed that the distance between the star and the PDR boundary ( $d_0$ ) is equal to the radius of H II region, which in our sample has a median value of 0.26 pc. This setup yields a stellar far-UV flux at the PDR surface of  $G_0 \sim 5.3 \times 10^4$  in units of the Habing field ( $1.6 \times 10^{-3} \text{ erg cm}^{-2} \text{ s}^{-1}$ ; [Habing 1968](#)). We note that this estimate of  $G_0$  likely represents a lower limit, as the Lyman continuum flux derived from interferometric radio observations may underestimate the total radio flux, thus leading to an underestimation of the ionizing photon rate. In addition, absorption of UV photons by surrounding dust can further reduce the inferred value. Additionally, the relatively low spatial resolution (25'') of the RRL data used in Paper I could have led to an overestimated H II region size. To explore this further, we also ran the PDR models using a smaller star–PDR distance of  $d_0 = 0.12 \text{ pc}$ , which is the 16<sup>th</sup> percentile of our sample H II region size, this results in  $G_0$  values of  $\sim 2.5 \times 10^5$  in units of Habing field. Both sets of models were run for a fixed value of cosmic-ray ionization rate of  $\text{H}_2$  molecules,  $\zeta = 5 \times 10^{-17} \text{ s}^{-1}$ , that lies between estimations in diffuse and dense gas ([Indriolo et al. 2015](#); [Le Petit et al. 2004](#)). We assumed a total visual extinction of  $A_{\text{max}} = 10 \text{ mag}$  for the cloud and adopted the extinction curve of HD 38087 ([Fitzpatrick & Massa 1990](#)) with  $R_V = 5.6$ . For the modeling, we used an intermediate value for the column density to reddening ratio,  $N_{\text{H}}/E(B - V) = 1.05 \times 10^{22} \text{ cm}^{-2} \text{ mag}^{-1}$  ([Joblin et al. 2018](#)) and a dust-to-gas mass ratio of 0.01.

A schematic representation of the modeled profile across the H II region associated PDR is presented in Fig. 9 while the results of the Meudon PDR code simulations for  $d_0 = 0.26 \text{ pc}$  (left panel) and  $d_0 = 0.12 \text{ pc}$  (right panel) are presented in Fig. A.5. The central and bottom panels plot normalized molecular line abundances,  $n(x)/n_{\text{peak}}(x)$ , against  $A_V$  for PDR tracers ( $c - \text{C}_3\text{H}_2$ ,  $\text{C}_2\text{H}$ ,  $\text{CO}^+$ ,  $\text{C}^+$ ; [Rizzo et al. 2005](#); [Kim et al. 2020](#)) and dense, molecular gas tracers ( $\text{CN}$ ,  $\text{CH}_3\text{OH}$ ,  $\text{C}^{18}\text{O}$ ,  $\text{H}_2\text{CO}$ ; [Kim et al. 2020](#)), respectively, alongside the corresponding gas density ( $n_{\text{H}^+}$ ,  $n_{\text{H}}$  and  $n_{\text{H}_2}$ ) and  $T_{\text{kin}}$  profiles. Consistently between the two sets of models, the PDR tracers peak at low values of  $n(\text{H}_2) \sim 8 \times 10^3$  to  $5.6 \times 10^5 \text{ cm}^{-3}$  ( $A_V = 2\text{--}5 \text{ mag}$ , yellow shaded region in Fig. A.5) and  $T_{\text{kin}} \sim 900\text{--}70 \text{ K}$  probing the dissociation front and translucent gas layers. However, as  $A_V$  and  $n(\text{H}_2)$  increase, the abundances of dense gas tracers such as  $\text{C}^{18}\text{O}$  increase, peaking at  $A_V \sim 8 \text{ mag}$ .

Notably, we observed both  $\text{H}_2\text{CO}$  and  $\text{CH}_3\text{OH}$  exhibit enhanced abundances near the PDR interface, where the gas temperature reaches a few hundred kelvin and the density is around  $10^{4\text{--}5} \text{ cm}^{-3}$ . This abundance, intermediate to that seen by typical PDR and dense gas tracers, is expected and provides insight into the chemistry of these two species. For instance,



**Fig. 9.** Schematic depicting a fully evolved H II region in which accretion onto the central star has ceased but the region remains embedded in its surrounding environment. Additionally, it outlines the various input parameters used in the Meudon PDR code and output molecular abundance as presented in Fig. A.5.

CH<sub>3</sub>OH, the simplest complex organic molecule (COM; [Herbst & van Dishoeck 2009](#)) is formed efficiently in cold environments on grain surfaces by the continuous hydrogenation of CO ([Fuchs et al. 2009](#)) and by H-abstraction reactions of icy radicals ([Álvarez-Barcia et al. 2018](#); [Simons et al. 2020](#); [Santos et al. 2022](#)). CH<sub>3</sub>OH is subsequently released into the gas phase via thermal sublimation or nonthermal desorption processes where the presence of elevated temperatures in the form of shocks, aids this release via sputtering. This explains the CH<sub>3</sub>OH abundance peak seen at moderate  $A_V$ 's and high temperatures, highlighting that the formation of CH<sub>3</sub>OH only proceeds efficiently on grain surfaces and not in the gas phase. On the other hand, although H<sub>2</sub>CO is an important precursor for the formation of CH<sub>3</sub>OH on grains, unlike CH<sub>3</sub>OH, H<sub>2</sub>CO can also form in the cold gas-phase through neutral-neutral reactions between CH<sub>2</sub> and O<sub>2</sub> or CH<sub>3</sub> and O ([Ramal-Olmedo et al. 2021](#)) or ion-neutral reactions between CH<sub>3</sub><sup>+</sup> and OH ([Woodall et al. 2007](#)). This reinforces the role of H<sub>2</sub>CO as an excellent tracer of gas kinetic temperature ([Mangum & Wootten 1993](#)). In addition with increasing UV-radiation field the PDR model produces higher abundances of H<sub>2</sub>CO consistent with observation result toward massive star forming regions ([Immer et al. 2014](#); [Tang et al. 2018b](#)).

Our Meudon PDR models (Fig. A.5) reproduce H<sub>2</sub>CO at gas densities consistent with our non-LTE PyRADEX results but at  $T_{\text{kin}}$  values of a few times 100 K. While a subset of  $p$ -H<sub>2</sub>CO velocity components shows high temperature (Fig. 3) the PDR models fail to reproduce significant amount of cooler H<sub>2</sub>CO. This could be because we carried out single-pointing observations which represent averaged spectra toward each clump, the multicomponent profiles likely arise from multiple molecular clumps within the beam, each with distinct velocities and physical conditions. Additional sources of uncertainty include the source specific  $n(\text{H}_2)$ - $T_{\text{kin}}$  profile assumed. Moreover, the broader, higher-temperature components probably trace

gas affected by outflows, inflows, or shocks. In the following section, we examine the origin and nature of these “H<sub>2</sub>CO Sub” components in detail.

### 5.3. Nature of secondary component (H<sub>2</sub>CO Sub)

The  $p$ -H<sub>2</sub>CO observations reveal multiple velocity components in a large fraction of the sources in our sample. We classify these components as “H<sub>2</sub>CO Main” and “H<sub>2</sub>CO Sub” based on their centroid velocities, as described in Sect. 3.1. In this section, we investigate the nature and origin of the “H<sub>2</sub>CO Sub” components. As discussed in Sect. 5.2, H<sub>2</sub>CO forms in regions with layered density and temperature structures, which can produce multiple velocity components in the observed line profiles. The Meudon PDR models reproduce strong H<sub>2</sub>CO emission from high-UV PDR (Fig. A.5). Because these layers lie near the surface of H II regions, they are subject to intense UV radiation, gas inflow/outflow, and turbulent motions, which broaden the observed lines.

Figure 10a shows the distribution of the  $p$ -H<sub>2</sub>CO (3<sub>0,3</sub>-2<sub>0,2</sub>) FWHM, indicating that the H<sub>2</sub>CO Sub components exhibit systematically broader lines than the Main components, consistent with turbulence-driven broadening. Using the  $T_{\text{kin}}$  derived in Sect. 4.2, we calculated the thermal and nonthermal velocity dispersions for each component as

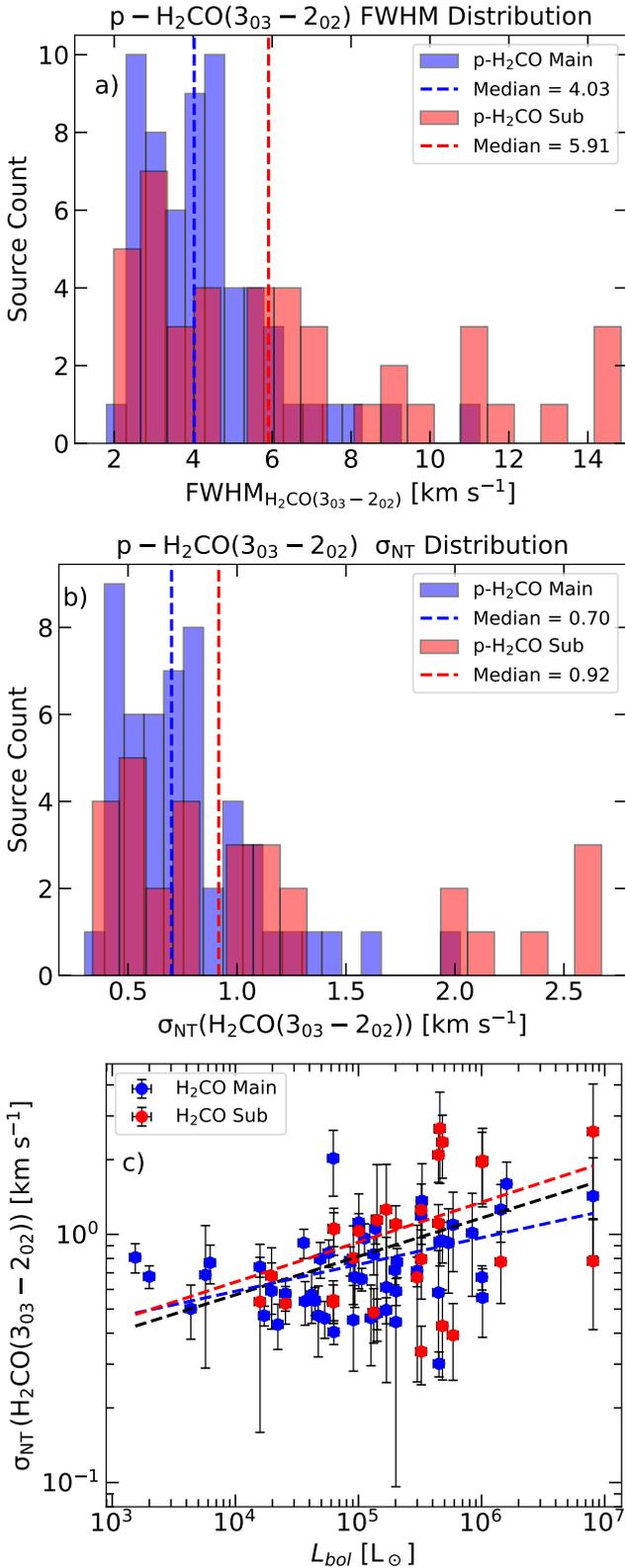
$$\sigma_T = \sqrt{\frac{kT_{\text{kin}}}{m_{\text{H}_2\text{CO}}}}, \quad \sigma_{\text{NT}} = \sqrt{\left(\frac{\Delta v}{8 \ln 2}\right)^2 - \sigma_T^2}, \quad (4)$$

where  $k$  is the Boltzmann constant,  $\Delta v$  is the  $p$ -H<sub>2</sub>CO (3<sub>0,3</sub>-2<sub>0,2</sub>) FWHM, and  $m_{\text{H}_2\text{CO}}$  is the mass of a formaldehyde molecule. The thermal line width is significantly lower than the nonthermal line width for H<sub>2</sub>CO with a median of 0.13 and 0.8 km s<sup>-1</sup>, respectively, indicating that nonthermal processes dominate the line broadening. This result is consistent with [Tang et al. \(2018b\)](#). Figure 10b further shows that the H<sub>2</sub>CO Sub components have higher nonthermal line widths (median ~0.92 km s<sup>-1</sup>) than the Main components (median ~0.70 km s<sup>-1</sup>). This enhancement is likely due to the fact the H<sub>2</sub>CO Sub components arise from turbulence and shock motions near the surfaces of H II regions.

The median sound speed ( $a_s = \sqrt{\frac{kT_{\text{kin}}}{\mu m_{\text{H}}}}$ , where  $\mu = 2.7$  is the mean molecular weight for molecular clouds and  $m_{\text{H}}$  is the mass of the hydrogen atom) is ~0.45 km s<sup>-1</sup> at a temperature of 66 K. This gives the median Mach number (given as  $M = \sigma_{\text{NT}}/a_s$ ) of 2.45 and 1.56 for the Sub and Main components, respectively, confirming that the H<sub>2</sub>CO Sub components are dominated by supersonic nonthermal motions and trace strongly turbulent gas within our sample.

We examined the relationship between the nonthermal line width of  $p$ -H<sub>2</sub>CO and the clump bolometric luminosity for the H<sub>2</sub>CO transitions. Figure 10c presents this correlation, where the nonthermal line width serves as a proxy for turbulent motion. We fit a power-law relation for three cases: all components combined, H<sub>2</sub>CO Main components, and H<sub>2</sub>CO Sub components, with the fitting results summarized in Table 2. The nonthermal line width shows a positive correlation with  $L_{\text{bol}}$ , indicating that turbulence in molecular clouds increases with luminosity. This trend suggests that more luminous sources are associated with more turbulent molecular environments ([Wang et al. 2009](#)).

The relationship between  $\sigma_{\text{NT}}$  of  $p$ -H<sub>2</sub>CO (3<sub>0,3</sub>-2<sub>0,2</sub>) and  $L_{\text{bol}}$  follows a power law of the form  $\sigma_{\text{NT}} \propto L_{\text{bol}}^{0.1-0.16}$  (see Table 2). The slope is steeper for the H<sub>2</sub>CO Sub component (0.16) than for the H<sub>2</sub>CO Main component (0.10), supporting



**Fig. 10.** Distributions of (a) FWHM and (b)  $\sigma_{\text{NT}}$  of the  $p\text{-H}_2\text{CO}$  ( $3_{0,3}\text{-}2_{0,2}$ ) transition. The blue and red histograms represent the  $\text{H}_2\text{CO}$  Main and  $\text{H}_2\text{CO}$  Sub components, respectively, with the corresponding dashed lines marking their median values. Panel c: relation between  $\sigma_{\text{NT}}$  and  $L_{\text{bol}}$ . The black, blue, and red dashed lines indicate the power-law fits for all components combined, the Main components, and the Sub components, respectively.

**Table 2.** Clump bolometric luminosity versus  $\sigma_{\text{NT}}$  ( $p\text{-H}_2\text{CO}$  ( $3_{0,3}\text{-}2_{0,2}$ )) nonthermal line width.

Sample	$L_{\text{bol}} - \sigma_{\text{NT}}(p\text{-H}_2\text{CO} (3_{0,3}\text{-}2_{0,2}))$	
	Slope	log (Intercept)
Full	0.15 (0.01)	-0.86 (0.03)
$\text{H}_2\text{CO}$ Main	0.1 (0.01)	-0.64 (0.04)
$\text{H}_2\text{CO}$ Sub	0.16 (0.004)	-0.84 (0.1)

**Notes.** The format of the fits is  $\log(\sigma_{\text{NT}}) = \text{slope} \times \log(L_{\text{bol}}) + \log(\text{Intercept})$ .

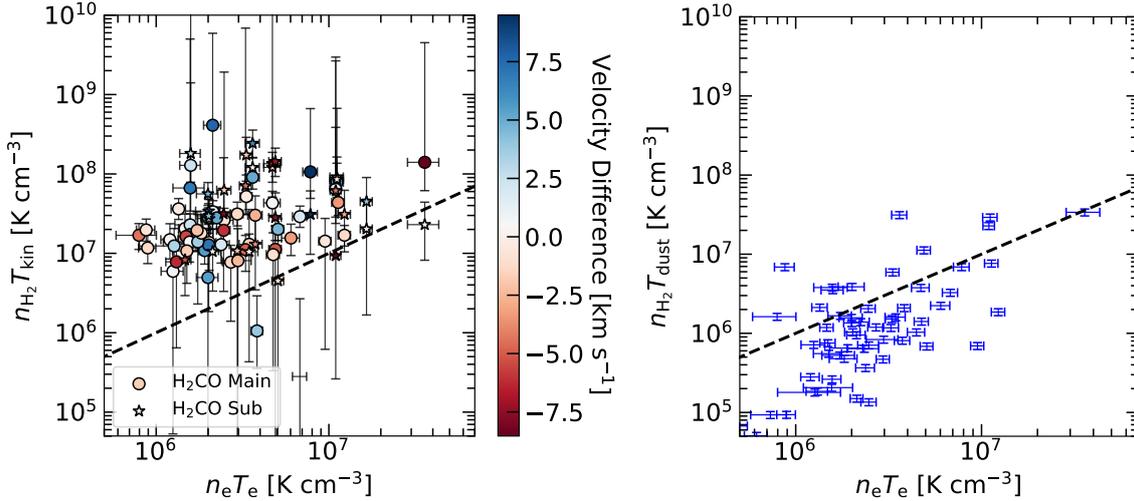
the interpretation that the  $\text{H}_2\text{CO}$  Sub emission originates from regions more influenced by massive stars, where turbulence is enhanced—likely near the ionization fronts of H II regions.

#### 5.4. Molecular pressure and confinement of H II region

H II region expand under the ionized gas pressure but are impeded by the ambient molecular gas pressure. Figure 11 (left) compares the thermal pressures of the ionized and molecular gas components. For nearly all sources in our sample, the molecular gas pressure exceeds that of the ionized gas. This implies that the molecular gas pressure can slow down the expansion of embedded H II regions. Moreover showing that high molecular gas pressure persists regardless of the velocity offset between RRLs and  $p\text{-H}_2\text{CO}$  transitions, further supporting the argument that molecular pressure can confine the expansion of embedded H II regions.

However, several caveats exist. Firstly, these H II regions must still be embedded within their natal molecular clumps; our observations though limited by spectral resolution, try to fulfill this condition through our selection of H II regions with sizes smaller than their parental ATLASGAL clump (Sect. 2.1). Secondly, the molecular pressures derived from  $\text{H}_2\text{CO}$  should trace gas closer to the ionization front, this is supported by both observations and the Meudon PDR models (Sect. 5.2). A confirmation of the same awaits higher resolution  $\text{H}_2\text{CO}$  and ionized gas mapping. Thirdly, the ionized gas parameters ( $n_e$ ,  $T_e$ ) adopted from Paper I represent spatial averages that may underestimate the true pressure at the ionization boundary. Figure 11 (right) compares the ionized gas pressures with those derived from dust emission at 870  $\mu\text{m}$  (Urquhart et al. 2018, 2022), representing the average clump conditions. In this case, the ionized gas pressure often exceeds that of the molecular component. In contrast to the molecular gas, the pressures inferred from dust emission may not be representative of conditions in the vicinity of the expanding H II regions. Resolving these apparent inconsistencies will require high-resolution observations of the ionized and molecular gas interfaces.

Recently, Faerber et al. (2025) analyzed the expansion signatures of 35 H II regions mapped in [CII] 158  $\mu\text{m}$  emission. Among these, 12 H II regions were identified as candidates for expansion, and eight of them were consistent with a spherical expansion model. They also found that thermal pressure and stellar winds are the primary drivers of H II region expansion in their sample. Previous studies, including that of Anderson et al. (2011) and Paper I, reported that roughly 50% of cataloged Galactic H II regions exhibit bubble-like morphologies at 8  $\mu\text{m}$ , based on GLIMPSE images (Benjamin et al. 2003), which



**Fig. 11.** Comparison between the thermal pressure of ionized and molecular gas. The color bar indicates the velocity difference between the RRL and  $p$ -H<sub>2</sub>CO transitions. *Left panel:*  $n(\text{H}_2)$  and  $T_{\text{kin}}$  derived from  $p$ -H<sub>2</sub>CO in this work. *Right panel:*  $n(\text{H}_2)$  and  $T_{\text{dust}}$  estimated from the 870  $\mu\text{m}$  emission (Urquhart et al. 2018, 2022), representing the average clump pressure. The dashed black lines mark the slope of equal pressure. The plots are set to the same scale for visual comparison.

trace PDRs. In our sample, 23 sources exhibit bubble morphology including irregular bubbles and of the remaining 19 sources show compact morphology. To explore these processes in more detail, maps of PDRs and dense molecular gas tracers in the vicinity of expanding H II regions are needed, along with radio continuum and RRL observations at optically thin frequencies. Such observations will allow a detailed analysis of both ionized and molecular gas, as well as high-resolution studies of the gas dynamics. This approach will provide stronger constraints on the formation, evolution, and feedback mechanisms of H II regions.

## 6. Conclusion and summary

We have investigated the physical properties traced by molecular and ionized gas in a statistically significant sample of H II regions associated with ATLASGAL dust clumps. We used observations carried out with the APEX 12 m submillimeter telescope of multiple transitions of  $p$ -H<sub>2</sub>CO associated with its  $J=3-2$  and  $4-3$  transitions toward these sources. In our earlier study (Paper I), we examined the ionized gas properties of H II regions using centimeter-RRLs from the GLOSTAR survey. In this work, we focused on the molecular gas properties of the embedded H II regions and compared them with the ionized gas characteristics. Our main findings are summarized below:

- We constrained the physical properties of massive clumps associated with H II regions by deriving the gas density and kinetic temperature for 52 clumps. We carried out non-LTE radiative transfer modeling of the six  $p$ -H<sub>2</sub>CO transitions studied, which serve as effective tracers of density and temperature in dense gas, using PyRADEX+MCMC. The resulting  $T_{\text{kin}}$  ranges from 33.7 K to 265 K, with a median value of  $\sim 66$  K and  $n(\text{H}_2) > 10^5 \text{ cm}^{-3}$  across our sample, and it aligns with findings from previous studies;
- We analyzed the relationships among the physical properties of dust, molecular gas, and ionized gas by calculating the Spearman correlation coefficients and  $p$ -values for various parameters. Properties that directly depend on the central high-mass star, such as  $L_{\text{bol}}$  and  $N_{\text{Lyc}}$ , exhibit stronger and more frequent correlations with other parameters. This

suggests that the central high-mass star largely governs and influences the physical conditions of the surrounding dust, ionized gas, and molecular gas;

- By comparing H<sub>2</sub>CO with other molecular gas tracers, we found that H<sub>2</sub>CO traces denser gas located near the interface between the H II region and the surrounding molecular cloud. The Meudon PDR models reproduced H<sub>2</sub>CO abundances peaking near the ionized region’s surface and at gas densities similar to those obtained from PyRADEX but at high values of  $T_{\text{kin}}$ . Understanding the origins of the cooler H<sub>2</sub>CO components requires further investigation with more detailed modelling;
- The nature of the “H<sub>2</sub>CO Sub” components reveals that these components are dominated by supersonic nonthermal motions and trace turbulent gas;
- We investigated whether the surrounding molecular gas confines the expansion of H II regions through excess pressure. Our analysis shows that for most of our sources, the pressure of the neutral gas exceeds that of the ionized gas, regardless of the velocity difference between the ionized and molecular components. This finding suggests that the surrounding neutral molecular gas can slow down or hinder the expansion of H II regions due to its higher pressure. However, there are several caveats, and a confirmation of this finding relies on future high resolution mapping of H II regions and their surroundings in RRL and molecular lines. Such observations will soon be achievable with the unprecedented sensitivity and spatial resolution offered by next-generation radio facilities such as the ngVLA and SKA-Mid.

The expansion and feedback of H II regions significantly shape the ISM, regulate star formation rates, and influence galactic evolution. Future studies should increase the sample size of embedded and expanding H II regions to better explore the relationship between ionized and molecular gas. This will improve our understanding of how H II regions evolve over time and impact their surrounding molecular environment. Placing tighter constraints on the connection between ionized and molecular gas across various evolutionary stages ranging from compact to classical diffuse H II regions will be essential for understanding their development and potential role in triggering star formation.

## Data availability

Tables C.1, C.2, and C.3 are available at the CDS via <https://cdsarc.cds.unistra.fr/viz-bin/cat/J/A+A/706/A280>

**Acknowledgements.** During the preparation of this article, we suffered the tragic loss of Prof. Dr Karl M. Menten, S.K.'s PhD supervisor and the principal investigator of the GLOSTAR survey. We dedicate this work to his enduring legacy. We are deeply indebted to the countless discussions with him that have inspired generations of radio astronomers. We will always miss his warmth, wisdom, boundless curiosity, generosity of spirit, kindness, and delightful sense of humor. We sincerely thank the referee for their positive, timely, and constructive feedback. We thank MPIFR and APEX staff for operating the observatory and collecting the data (<https://www.apex-telescope.org/ns/>). This research made use of information from the ATLASGAL database at ([http://atlasgal.mpifr-bonn.mpg.de/cgi-bin/ATLASGAL\\_DATABASE.cgi](http://atlasgal.mpifr-bonn.mpg.de/cgi-bin/ATLASGAL_DATABASE.cgi)) supported by the MPIFR, Bonn. A.M.J. acknowledges support by the CRC1601 (SFB 1601 subproject B2) funded by the DFG (German Research Foundation) – 500700252. S.K. and A.M.J. thanks the Max Planck Society for their support. Y.G. was supported by the Ministry of Science and Technology of China under the National Key R&D Program under grant No. 2023YFA1608200, the National Natural Science Foundation of China (NSFC) under grant No. 12427901, and the Strategic Priority Research Program of the Chinese Academy of Sciences under grant No. XDB0800301. S.N. gratefully acknowledges the Collaborative Research Center 1601 (SFB 1601 subproject B1) funded by the Deutsche Forschungsgemeinschaft (DFG, German Research Foundation) – 500700252. This research has made use of the SIMBAD database and the VizieR catalog, operated at CDS, Strasbourg, France. This research made use of Astropy (<http://www.astropy.org>), a community developed core Python package for Astronomy (Astropy Collaboration 2022). This document was prepared using the collaborative tool Overleaf available at: <https://www.overleaf.com/>.

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## Appendix A: Additional figures

### Appendix B: Effect of distance on source selection

In Sect. 2.1, we outlined the criteria used to select the sources, and Fig. 1 illustrates their distance distribution. To compare the physical conditions of the ionized and dense molecular gas, we adopted ionized gas parameters from Paper I. Because these parameters vary with distance, we examined the distance dependence within our sample. Figure B.1 shows the trends of  $N_{\text{Ly}\alpha}$ ,  $n_e$ , and  $T_e$  as a function of distance. While  $n_e$  exhibits only a weak dependence and  $T_e$  remains largely independent of distance,  $N_{\text{Ly}\alpha}$  increases systematically, reflecting its strong distance dependence. This spread in  $N_{\text{Ly}\alpha}$  indicates that our sample encompasses H II regions powered by a wide range of spectral type of central OB star. Overall, the distance variation introduces no significant bias in the derived ionized gas properties but rather ensures a diverse and representative sample.

### Appendix C: Tables

### Appendix D: Optical depth

Since much of the analysis presented above assumes optically thin conditions, we here examine the validity of this assumption. To assess the influence of optical depth on the derived quantities, we display in Fig. D.1 the PyRADEX+MCMC reproduced optical depths,  $\tau$ , for the observed  $p$ -H<sub>2</sub>CO ( $3_{0,3}$ - $2_{0,2}$ ) transitions (which has the lowest value of  $E_u$  and the brightest observed transition) across the range of gas densities and  $p$ -H<sub>2</sub>CO column densities probed but for fixed values of  $T_{\text{kin}}$ , at median  $T_{\text{kin}}$  of 66 K (Fig. D.1 left) and at a higher  $T_{\text{kin}}$  of 200 K (Fig. D.1 right).

The background color scale represents the counts visualized over hexagonally binned distributions across the derived  $n(\text{H}_2)$ - $N(p\text{-H}_2\text{CO})$  space for our sample. The solid black curves mark contours of the optical depth equal to 1 and 5 at  $T_{\text{kin}}$  of 66 and 200 K. The blue dashed curves represent the beam filling factor corrected line intensities of the  $p$ -H<sub>2</sub>CO ( $3_{0,3}$ - $2_{0,2}$ ), corresponding to the brightest ( $T_{\text{MB}} = 8.26$  K), median ( $T_{\text{MB}} = 0.94$  K), and the lowest ( $T_{\text{MB}} = 0.18$  K) detection in our sample. We find that all the observed  $p$ -H<sub>2</sub>CO transitions are optically thin ( $\tau < 1$ ) at column densities  $N(p\text{-H}_2\text{CO}) < 10^{14}$  cm<sup>-2</sup> and spatial densities  $n(\text{H}_2) = 10^{3-8}$  cm<sup>-3</sup>. We also notice that the transition becomes very optically thick ( $\tau > 5$ ), at column densities higher than  $5 \times 10^{15}$  cm<sup>-2</sup>. The spatial density and column density derived using the observed  $p$ -H<sub>2</sub>CO line intensities, shown as colored hexagonal bins in Fig. D.1, lie predominantly in or near the optically thin region ( $\tau < 1$ ). Among the observed  $p$ -H<sub>2</sub>CO transitions, the low-lying  $p$ -H<sub>2</sub>CO ( $3_{0,3}$ - $2_{0,2}$ ) line is the brightest, while the other transitions, which have higher, upper energy levels ( $E_u > 34$  K; see Table 1), are expected to have much lower optical depths ( $\tau \ll 1$ ). This indicates that optical depth effects have only a minimal impact on the derived spatial densities and kinetic temperatures from the  $p$ -H<sub>2</sub>CO transitions. Furthermore, as was found by Tang et al. (2018b), varying the kinetic temperature only weakly affects the optical depth of the  $p$ -H<sub>2</sub>CO lines as evident from Fig. D.1.

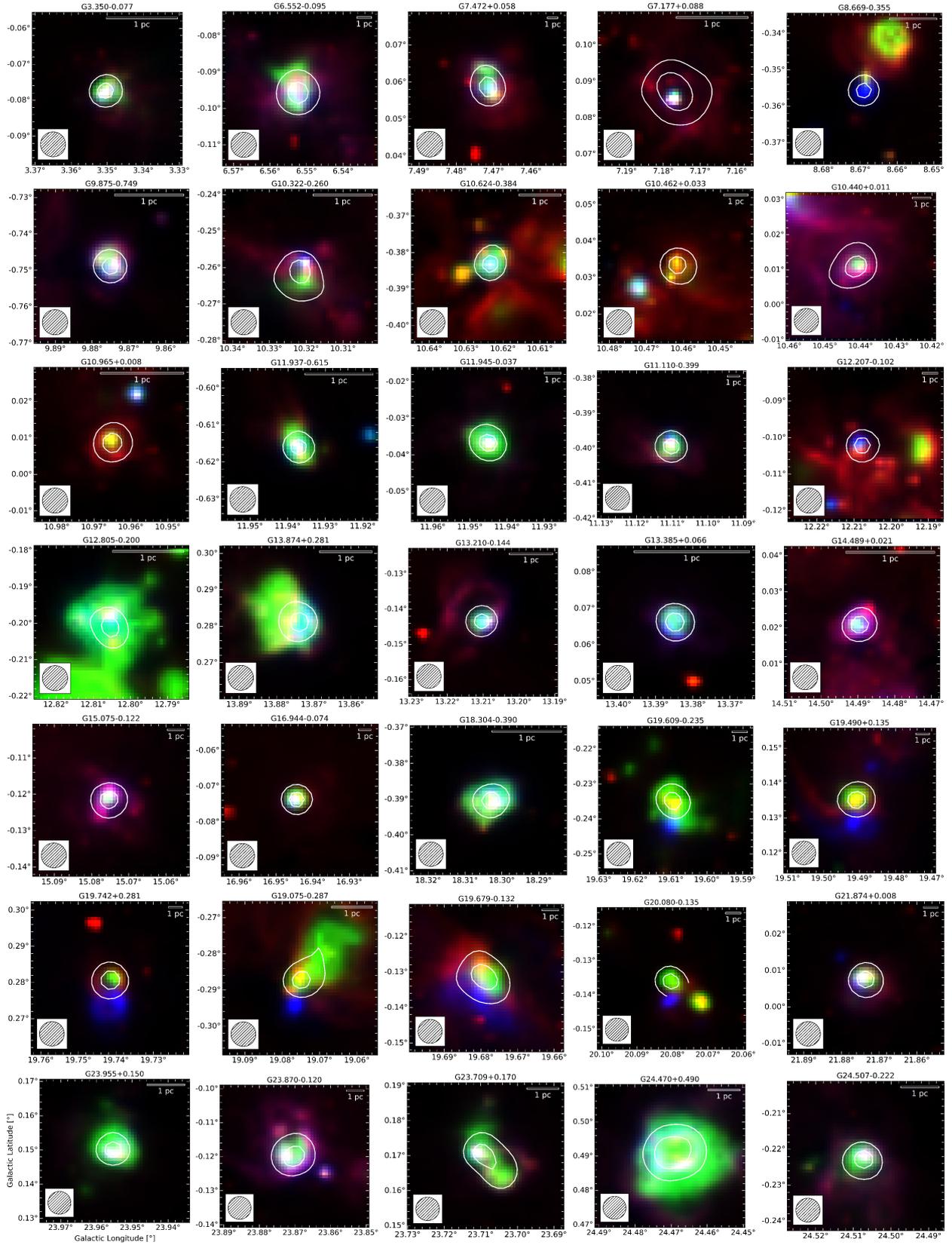


Fig. A.1: Three-color composite images of the targets of this study. The images combine mid-infrared data from Herschel 70  $\mu\text{m}$  (red), MIPS GAL 24  $\mu\text{m}$  (green), and GLIMPSE 8.0  $\mu\text{m}$  (blue), overlaid with the GLOSTAR 5 GHz radio continuum contours in white. The filled white circle in corner represents the 25'' beam of the radio continuum data from Paper I.

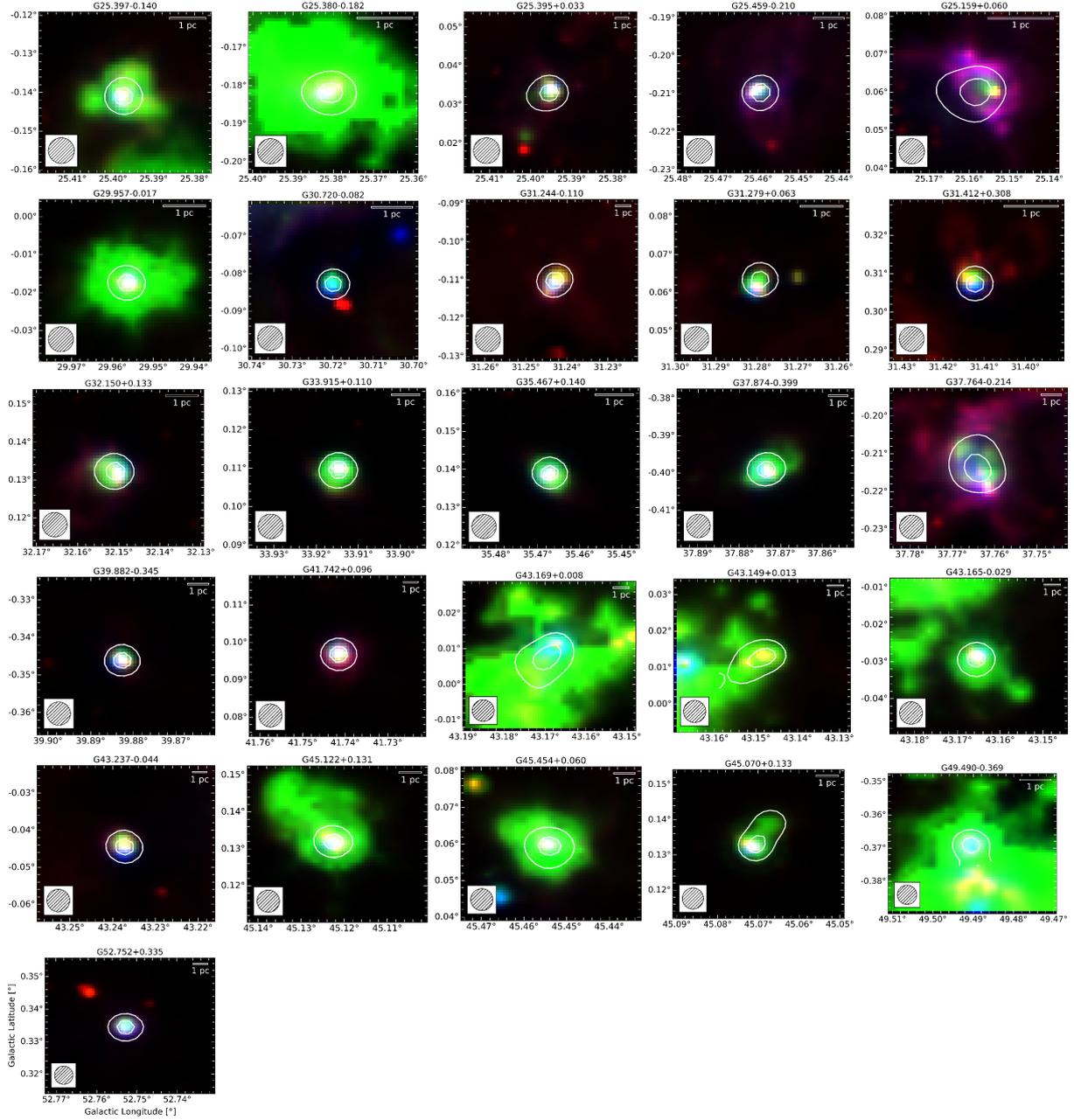


Fig. A.1: Continued.

 Table C.1: Line fitting parameters of the  $p$ -H<sub>2</sub>CO lines observed with nFLASH230.

GLOSTAR	ATLASGAL	Comp <sup>1</sup>	$\eta_{\text{nFLASH230}}$	$v_{\text{lsr}}$ [km s <sup>-1</sup> ]	$p$ -H <sub>2</sub> CO ( $3_{0,3}-2_{0,2}$ )			$p$ -H <sub>2</sub> CO ( $3_{2,2}-2_{2,1}$ )			$p$ -H <sub>2</sub> CO ( $3_{2,1}-2_{2,0}$ )		
					$T_{\text{peak}}$ [K]	$I$ [K km s <sup>-1</sup> ]	FWHM [km s <sup>-1</sup> ]	$T_{\text{peak}}$ [K]	$I$ [K km s <sup>-1</sup> ]	FWHM [km s <sup>-1</sup> ]	$T_{\text{peak}}$ [K]	$I$ [K km s <sup>-1</sup> ]	FWHM [km s <sup>-1</sup> ]
G3.350-0.077	AGAL003.351-00.077	a	0.55	7.47	0.38 ± 0.03	1.27 ± 0.16	3.12 ± 0.28						
G3.350-0.077	AGAL003.351-00.077		0.55	10.77	0.90 ± 0.02	3.99 ± 0.08	4.15 ± 0.6	0.14 ± 0.02	0.61 ± 0.07	4.15 ± 0.6	0.20 ± 0.02	0.90 ± 0.07	4.15 ± 0.6
G6.552-0.095	AGAL006.551-00.097		0.65	12.94	0.49 ± 0.01	1.69 ± 0.08	3.25 ± 0.12	0.07 ± 0.01	0.20 ± 0.06	2.69 ± 0.66	0.09 ± 0.02	0.26 ± 0.07	2.61 ± 0.54
G6.552-0.095	AGAL006.551-00.097	a	0.65	17.06	0.78 ± 0.02	2.48 ± 0.08	3.00 ± 0.07	0.13 ± 0.01	0.52 ± 0.08	3.83 ± 0.46	0.13 ± 0.01	0.57 ± 0.10	4.29 ± 0.58
G7.472+0.058	AGAL007.471+00.059		0.63	-14.41	0.72 ± 0.02	3.33 ± 0.13	4.31 ± 0.13	0.13 ± 0.01	0.62 ± 0.10	4.51 ± 0.56	0.14 ± 0.01	0.61 ± 0.10	4.03 ± 0.48
G7.177+0.088	AGAL007.178+00.086		0.46	6.26	0.55 ± 0.02	2.65 ± 0.08	4.53 ± 0.6	0.09 ± 0.02	0.45 ± 0.07	4.53 ± 0.6	0.13 ± 0.02	0.64 ± 0.07	4.53 ± 0.6
G8.669-0.355	AGAL008.671-00.356		0.49	33.92	1.61 ± 0.12	7.84 ± 0.65	4.58 ± 0.16	0.27 ± 0.61	2.45 ± 6.27	8.48 ± 10.25	0.22 ± 0.04	3.32 ± 0.72	14.14 ± 1.60
G8.669-0.355	AGAL008.671-00.356	a	0.49	34.43	3.03 ± 0.13	8.71 ± 0.43	2.70 ± 0.07	1.12 ± 0.67	3.68 ± 2.96	3.10 ± 1.66	1.37 ± 0.05	4.92 ± 0.25	3.37 ± 0.13
G8.669-0.355	AGAL008.671-00.356	b	0.49	36.13	1.67 ± 0.04	17.89 ± 0.53	10.05 ± 0.16	0.96 ± 0.34	4.47 ± 2.19	4.38 ± 1.46	1.02 ± 0.04	4.83 ± 0.27	4.47 ± 0.18
G9.875-0.749	AGAL009.879-00.751	a	0.75	28.95	0.24 ± 0.03	2.35 ± 0.31	9.13 ± 0.64				0.06 ± 0.04	0.25 ± 0.17	3.65 ± 1.46

**Notes.** <sup>1</sup>a,b,c: indicates the secondary velocity components.

The table presents the first ten sources from our sample. The entire table is accessible at the CDS.

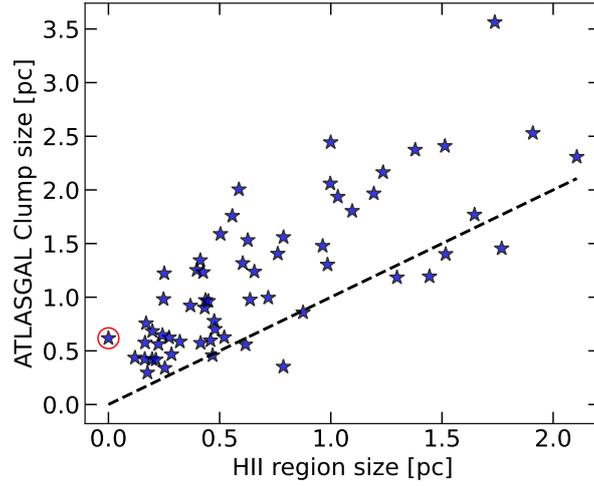


Fig. A.2: Comparison of physical size of H II regions and associated ATLASGAL clump size taken from Csengeri et al. (2014). The dashed black line shows the line of equality. The red circle represents only unresolved H II region, G030.720–0.082, in our sample.

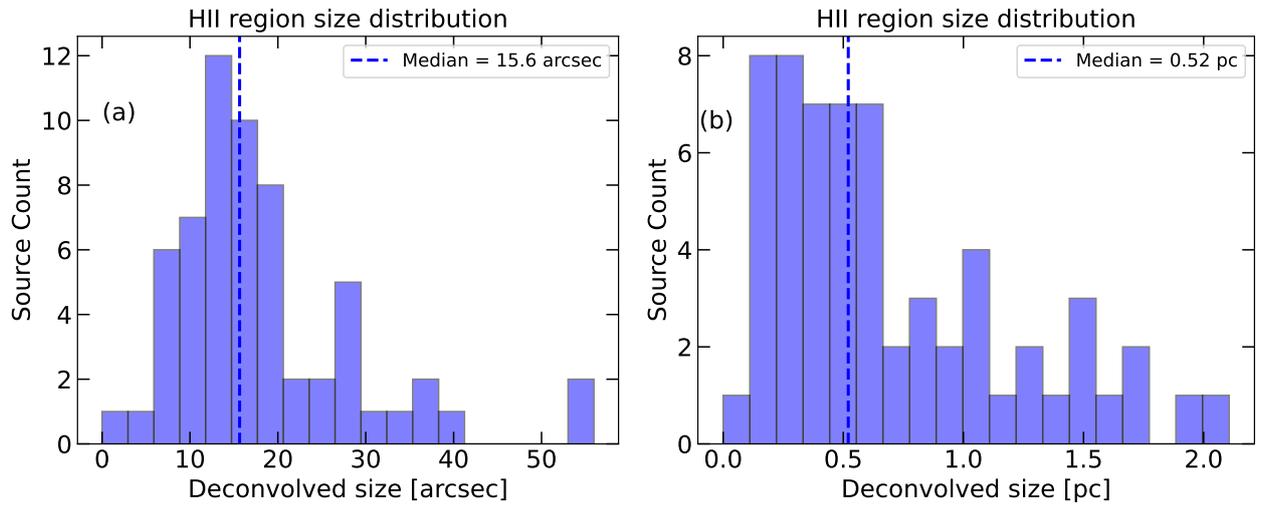


Fig. A.3: Distribution of (a) angular and (b) physical deconvolved FWHM size of H II region. The vertical dashed line shows the median value of the distribution.

Table C.2: Line fitting parameters of the  $p$ -H<sub>2</sub>CO lines observed with SEPIA345.

GLOSTAR	ATLASGAL	Comp <sup>1</sup>	$\eta_{\text{SEPIA345}}$	$v_{\text{lsr}}$ [km s <sup>-1</sup> ]	$p$ -H <sub>2</sub> CO ( $4_{0,4}-3_{0,3}$ )			$p$ -H <sub>2</sub> CO ( $4_{2,3}-3_{2,2}$ )			$p$ -H <sub>2</sub> CO ( $4_{2,2}-3_{2,1}$ )		
					$T_{\text{peak}}$ [K]	$I$ [K km s <sup>-1</sup> ]	FWHM [km s <sup>-1</sup> ]	$T_{\text{peak}}$ [K]	$I$ [K km s <sup>-1</sup> ]	FWHM [km s <sup>-1</sup> ]	$T_{\text{peak}}$ [K]	$I$ [K km s <sup>-1</sup> ]	FWHM [km s <sup>-1</sup> ]
G3.350–0.077	AGAL003.351-00.077	a	0.68	7.47	0.17 ± 0.02	0.64 ± 0.09	3.49 ± 0.34	0.06 ± 0.01	0.25 ± 0.09	3.91 ± 1.09			
G3.350–0.077	AGAL003.351-00.077		0.68	10.77	0.48 ± 0.01	2.13 ± 0.05	4.15 ± 0.6	0.11 ± 0.01	0.49 ± 0.04	4.15 ± 0.6	0.11 ± 0.01	0.48 ± 0.04	4.15 ± 0.6
G6.552–0.095	AGAL006.551-00.097		0.76	12.94	0.33 ± 0.01	1.0 ± 0.06	2.87 ± 0.13	0.06 ± 0.01	0.21 ± 0.06	3.5 ± 0.79	0.06 ± 0.01	0.2 ± 0.06	2.94 ± 0.71
G6.552–0.095	AGAL006.551-00.097	a	0.76	17.06	0.36 ± 0.01	1.14 ± 0.06	2.96 ± 0.12	0.09 ± 0.01	0.31 ± 0.06	3.11 ± 0.45	0.09 ± 0.01	0.35 ± 0.07	3.64 ± 0.59
G7.472+0.058	AGAL007.471+00.059		0.75	-14.41	0.37 ± 0.01	1.48 ± 0.07	3.74 ± 0.13	0.11 ± 0.01	0.34 ± 0.06	3.04 ± 0.39	0.09 ± 0.01	0.43 ± 0.07	4.67 ± 0.56
G7.177+0.088	AGAL007.178+00.086		0.6	6.26	0.31 ± 0.01	1.47 ± 0.06	4.53 ± 0.6	0.09 ± 0.01	0.41 ± 0.06	4.53 ± 0.6	0.09 ± 0.01	0.41 ± 0.06	4.53 ± 0.6
G8.669–0.355	AGAL008.671-00.356		0.63	33.92	0.61 ± 0.07	5.64 ± 0.72	8.7 ± 0.53	0.34 ± 0.04	3.45 ± 0.51	9.43 ± 0.68	0.22 ± 0.03	2.57 ± 0.45	11.04 ± 0.99
G8.669–0.355	AGAL008.671-00.356	a	0.63	34.43	3.73 ± 0.07	13.19 ± 0.34	3.32 ± 0.06	1.47 ± 0.05	4.88 ± 0.23	3.11 ± 0.1	1.53 ± 0.04	5.07 ± 0.18	3.1 ± 0.08
G8.669–0.355	AGAL008.671-00.356	b	0.63	36.13	1.1 ± 0.04	8.1 ± 0.36	6.94 ± 0.19	0.55 ± 0.03	2.26 ± 0.17	3.88 ± 0.21	0.63 ± 0.03	2.96 ± 0.18	4.42 ± 0.19
G9.875–0.749	AGAL009.879-00.751	a	0.84										

**Notes.** <sup>1</sup>a,b,c: indicates the secondary velocity components.

The table presents the first ten sources from our sample. The entire table is accessible at the CDS.

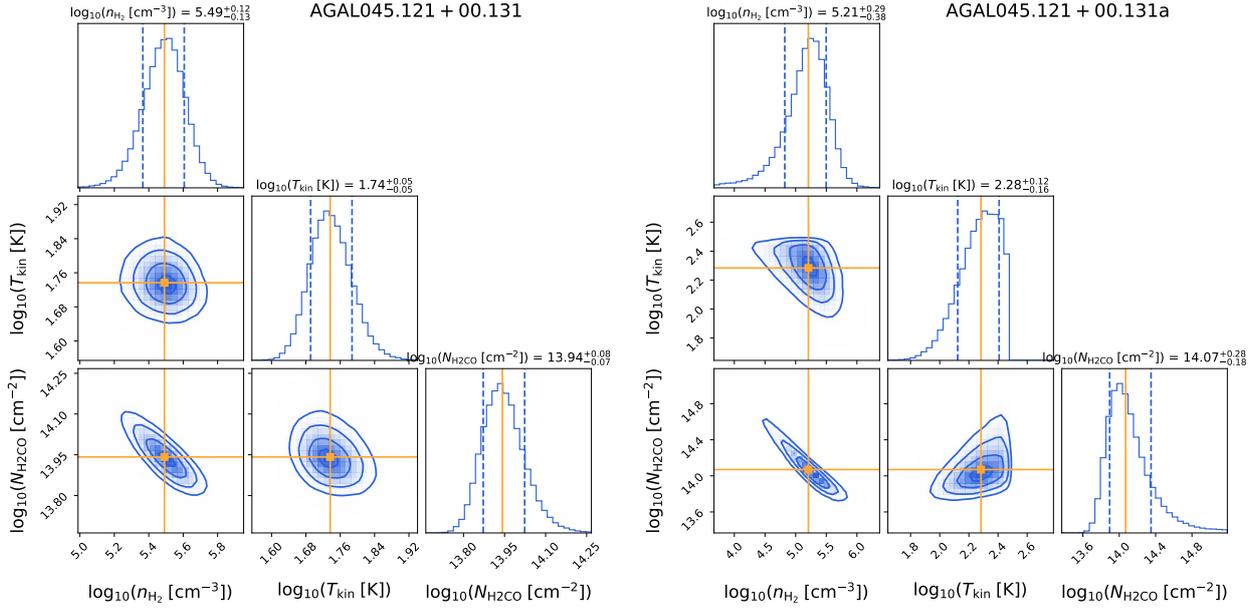


Fig. A.4: Example corner plot for AGAL045.121+00.131. To constrain physical properties of the molecular clouds we used the non-LTE RADEX modelling with MCMC algorithm, here we show the corresponding corner plot for each Gaussian component displaying the 1D histogram of the posterior distribution for each parameter (kinetic temperature,  $T_{\text{kin}}$ ,  $\text{H}_2$  density,  $n(\text{H}_2)$ , and  $p$ - $\text{H}_2\text{CO}$  column density,  $N(p\text{-H}_2\text{CO})$ ). The histograms represent the PDFs of the Monte Carlo fit parameters, while the blue curves represent the scatter plot of the joint distribution between the two parameters. The orange solid lines indicate the median of the PDFs, representing the most likely fit parameters, and the dotted blue lines correspond to the  $1\sigma$  confidence intervals. The subtitle of each corner plot shows most likely value of the parameters with upper and lower  $1\sigma$  error.

Table C.3: Derived physical properties of molecular clouds.

GLOSTAR	ATLASGAL	Comp <sup>1</sup>	$T_{\text{kin}}$ [K]	$\log_{10}(n_{\text{H}_2})$ [ $\text{cm}^{-3}$ ]	$\log_{10}(N_{\text{para-H}_2\text{CO}})$ [ $\text{cm}^{-2}$ ]	$\log_{10}(X_{\text{para-H}_2\text{CO}})$	$\log_{10}(N_{\text{H}_2})$ [ $\text{cm}^{-2}$ ]
G3.350-0.077	AGAL003.351-00.077	a	$111.25^{+1.89}_{-0.49}$	$4.97^{+0.51}_{-0.73}$	$13.43^{+0.6}_{-0.36}$	-8.59	22.02
G3.350-0.077	AGAL003.351-00.077		$47.2^{+1.1}_{-0.92}$	$5.44^{+0.12}_{-0.13}$	$13.69^{+0.09}_{-0.08}$	-8.32	22.02
G6.552-0.095	AGAL006.551-00.097		$40.24^{+1.15}_{-0.86}$	$5.71^{+0.18}_{-0.18}$	$13.05^{+0.09}_{-0.08}$	-9.12	22.17
G6.552-0.095	AGAL006.551-00.097	a	$59.25^{+1.21}_{-0.87}$	$5.14^{+0.19}_{-0.43}$	$13.57^{+0.35}_{-0.14}$	-8.61	22.17
G7.472+0.058	AGAL007.471+00.059		$52.11^{+1.23}_{-0.88}$	$5.17^{+0.2}_{-0.72}$	$13.74^{+0.61}_{-0.15}$	-8.55	22.29
G7.177+0.088	AGAL007.178+00.086		$54.77^{+1.15}_{-0.88}$	$5.49^{+0.14}_{-0.16}$	$13.52^{+0.1}_{-0.08}$	-7.25	20.77
G8.669-0.355	AGAL008.671-00.356		$145.45^{+1.42}_{-0.72}$	$5.33^{+0.27}_{-0.43}$	$14.53^{+0.28}_{-0.14}$	-7.68	22.21
G8.669-0.355	AGAL008.671-00.356	a	$121.81^{+1.42}_{-0.67}$	$5.94^{+0.8}_{-0.24}$	$14.09^{+0.07}_{-0.03}$	-8.13	22.21
G8.669-0.355	AGAL008.671-00.356	b					22.21
G9.875-0.749	AGAL009.879-00.751	a					21.63

**Notes.** <sup>1</sup>a,b,c: indicates the secondary velocity components.

The table presents the first ten sources from our sample. The entire table is accessible at the CDS.

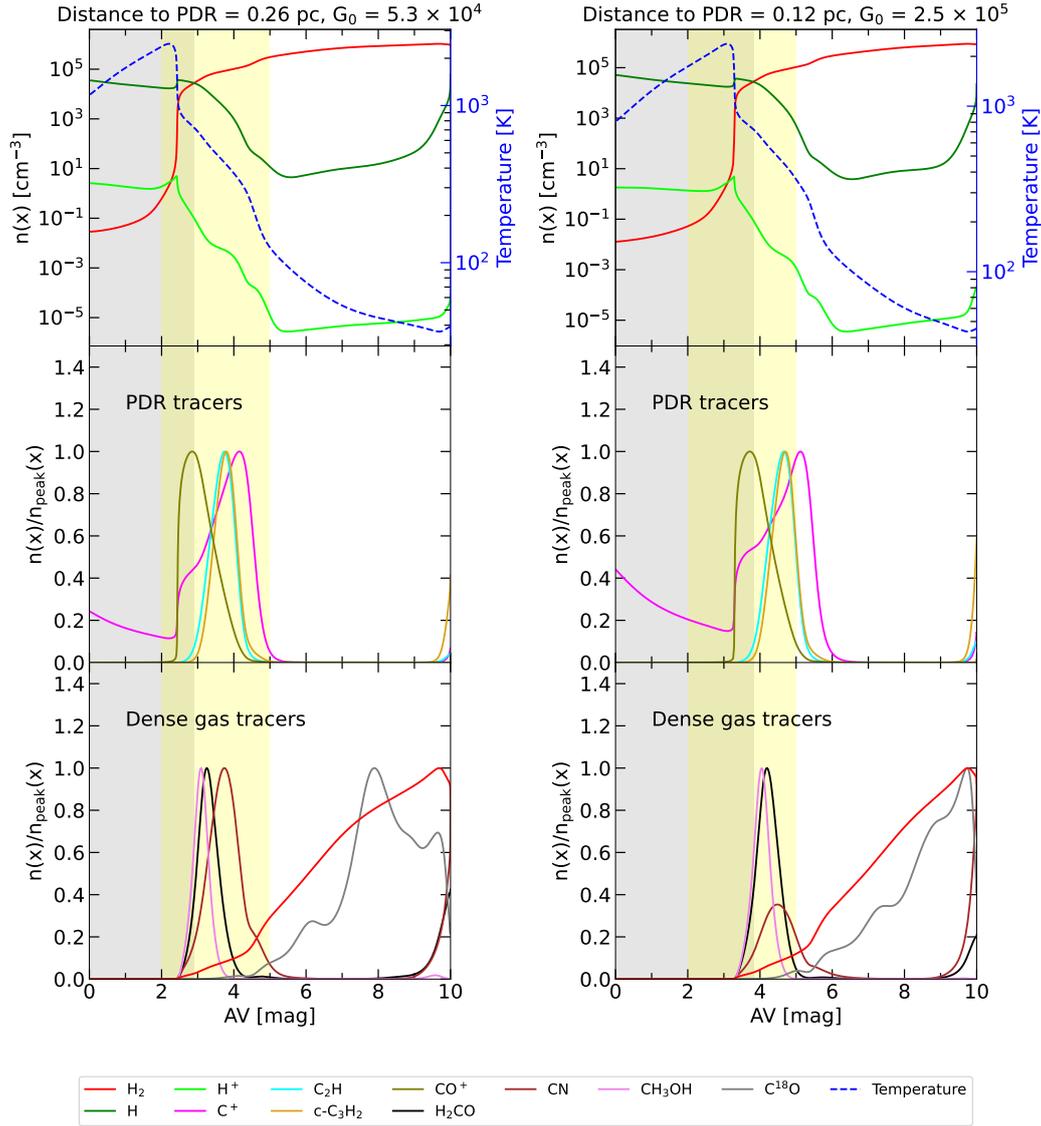


Fig. A.5: Meudon PDR model results for a constant thermal pressure of  $P_{\text{th}} \sim 4.6 \times 10^7 \text{ K cm}^{-3}$ . *Left panel:* Meudon PDR model run with input spectral type of O5V, distance to PDR of  $d_0 = 0.26 \text{ pc}$ , and far-UV flux,  $G_0 \sim 5.3 \times 10^4$  in units of Habing field. *Right panel:* Meudon PDR model run with input spectral type of O5V, distance to PDR of  $d_0 = 0.12 \text{ pc}$ , and far-UV flux,  $G_0 \sim 2.5 \times 10^5$  in units of Habing field. The top plots show the evolution of hydrogen species –  $\text{H}_2$ ,  $\text{H}$ , and  $\text{H}^+$ , as well as the gas temperature as a function of visual extinction  $A_V$ . The middle and bottom plots present the spatial density profiles of key PDR and dense gas tracer molecules (see main text), where each density has been normalized to its maximum value within the cloud.

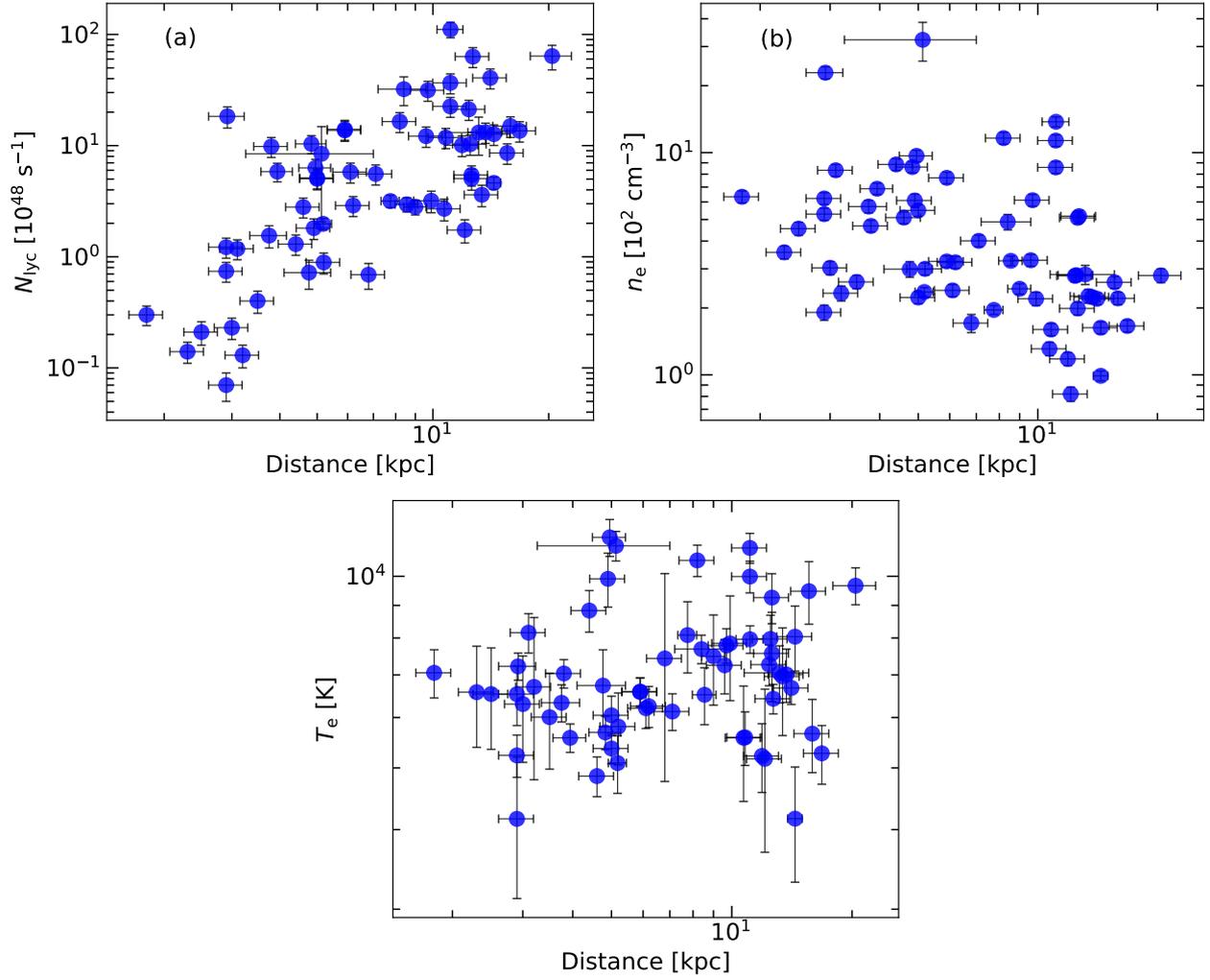


Fig. B.1: Relation between the distances and (a)  $N_{\text{Lyc}}$ , (b)  $n_e$ , and (c)  $T_e$  for our sample.

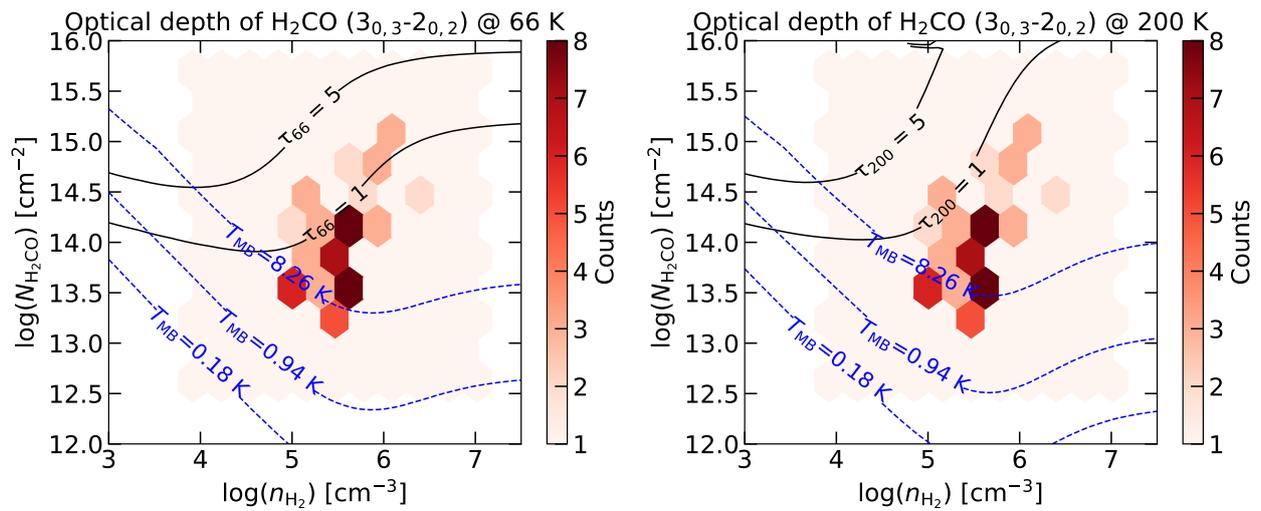


Fig. D.1: Optical depth of  $p\text{-H}_2\text{CO}$  ( $3_{0,3}-2_{0,2}$ ) as a function of  $n(\text{H}_2)$ - $N(p\text{-H}_2\text{CO})$  for a fix value of  $T_{\text{kin}}$ . The color hexagonally binned distributions display the PyRADEX+MCMC constrained  $n(\text{H}_2)$  and  $N(p\text{-H}_2\text{CO})$  of our sources. The black solid curves show the optical depth of  $\tau = 1$  and 5 for  $p\text{-H}_2\text{CO}$  ( $3_{0,3}-2_{0,2}$ ) transition on top of  $n(\text{H}_2)$  and  $N(p\text{-H}_2\text{CO})$  space, assuming fixed kinetic temperature of 66 K (the median temperature of our sample; left panel) and 200 K (higher temperature; right panel). The blue dashed curves indicate the contour corresponding to the brightest, average, and faintest observed intensities for  $p\text{-H}_2\text{CO}$  ( $3_{0,3}-2_{0,2}$ ) transition (see the text).