

# Better care moves for older people: co-production of practice guidance

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# Background & Aims

- **Context**

- Moves between care settings in later life are challenging for older people but are also sometimes unavoidable
- Social care practitioners have a significant role in supporting older people moving into and between social care settings
- However, practitioners may lack understanding of the needs of older people and their carers, and lack the guidance or resources in practice

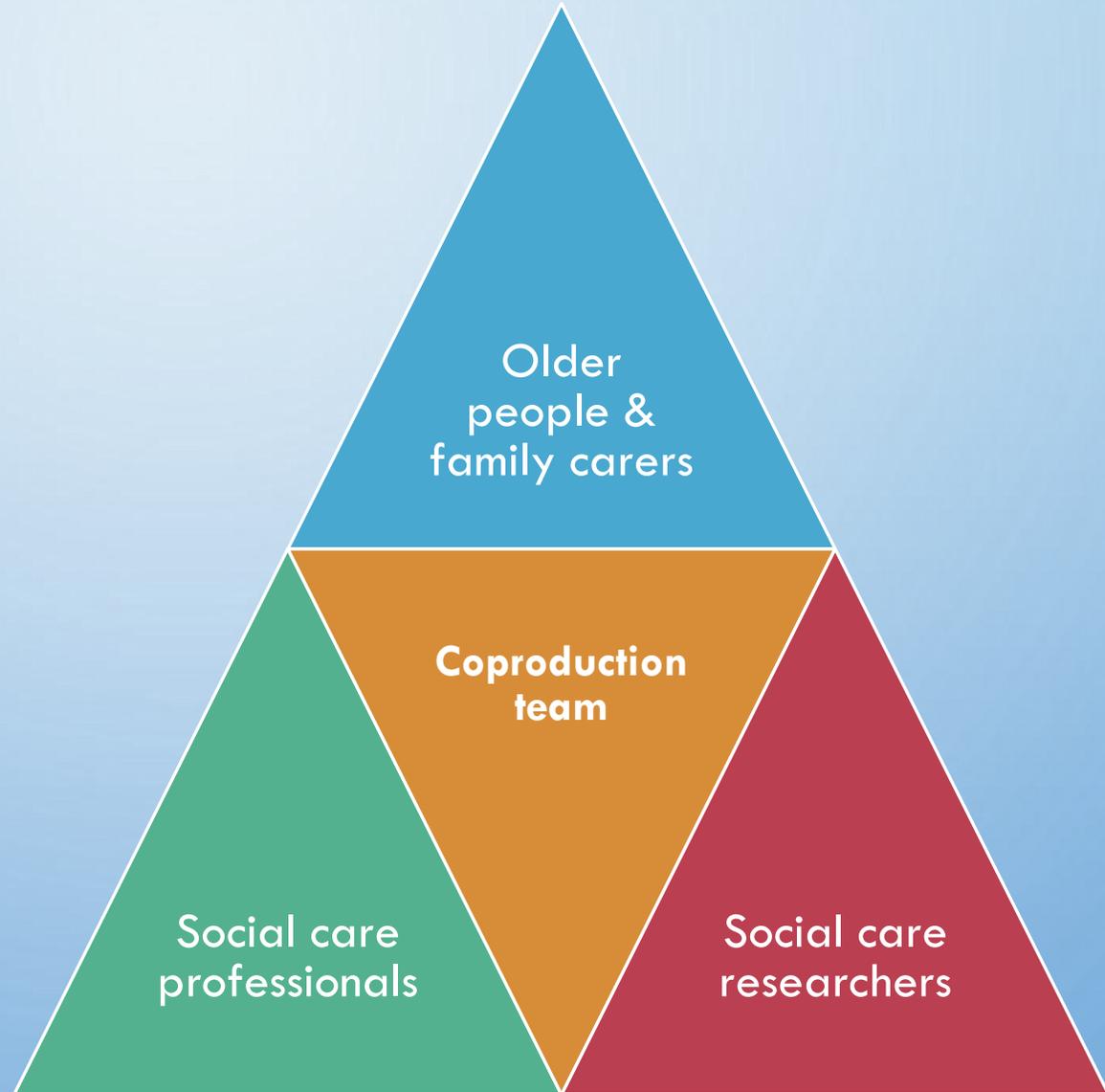
- **Research objectives**

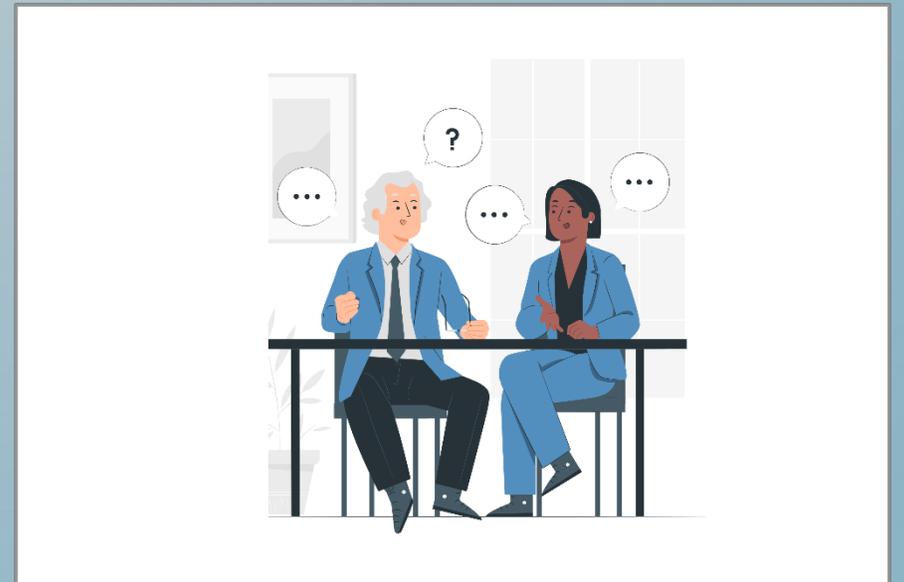
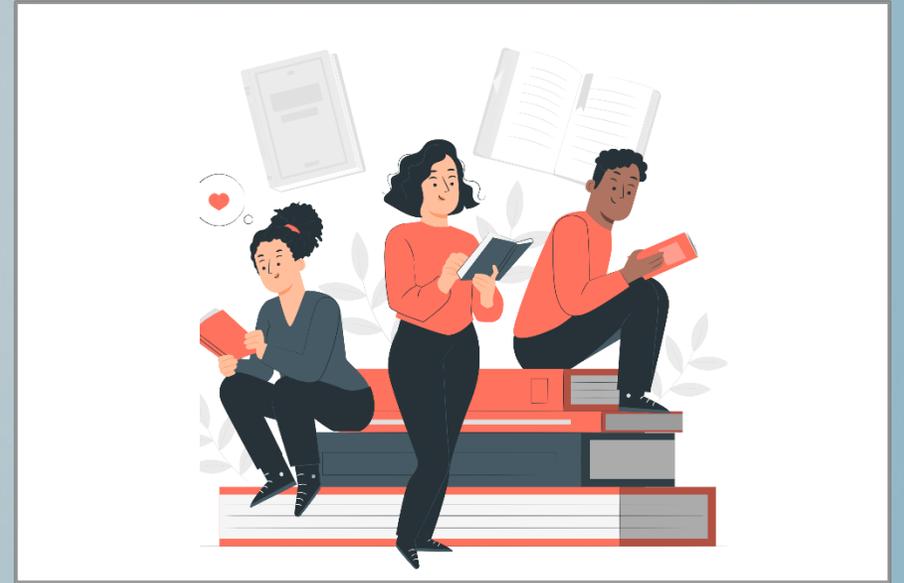
- Investigate how social care practitioners currently support and could better support older people's moves.
- Identify the move-related experience and expectations of older people and their carers.
- Co-design practice recommendations, aligned to the needs of older people, to guide practitioners during the process of supporting older people and their families during transitions.



# Co-Production Team

‘Co-producing a research project is an approach in which researchers, practitioners and the public work together, sharing power and responsibility from the start to the end of the project, including the generation of knowledge.’ (INVOLVE, 2018, p4)





# Research activities

# Findings - Key themes

- **Move-related challenges**
  - Older people
  - Unpaid carers
  - Social care practitioners
- **Move related social care practice**
  - What's needed & how to deliver in social care practice?
  - Support for social care practitioners



# Practice guidance – draft structure of online resources

## Overview & acknowledge

- Introduction
- Why important (practitioner's talk)
- **Context:** older people & carers' talk): complexity of the moves & urgency to improve



## Journey of care moves

- Animated video



## How to better support older people and their carers during care moves?

- Suggestions for practitioners



## How to better support staff working in move-related practice?

- Targeted for managers and organisations



## Move-related inclusive practice

- Gap & good practice examples (esp. for LGBT+) and recommendations



## Categorised resources

# Messages from people with lived experience



# Thank you!

If you'd like to more information, please feel free to contact Wenjing Zhang [w.j.zhang@kent.ac.uk](mailto:w.j.zhang@kent.ac.uk)

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## **Disclaimer**

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