



# Kent Academic Repository

**Williams-Hatala, Erin Marie, Hatala, Kevin G., Gordon, McKenzie, Key, Alastair J.M., Kasper, Margaret and Kivell, Tracy L. (2018) *The manual pressures of stone tool behaviors and their implications for the evolution of the human hand*. Journal of Human Evolution, 119 . pp. 14-26. ISSN 0047-2484.**

## Downloaded from

<https://kar.kent.ac.uk/66573/> The University of Kent's Academic Repository KAR

## The version of record is available from

<https://doi.org/10.1016/j.jhevol.2018.02.008>

## This document version

Author's Accepted Manuscript

## DOI for this version

## Licence for this version

CC BY-NC-ND (Attribution-NonCommercial-NoDerivatives)

## Additional information

## Versions of research works

### Versions of Record

If this version is the version of record, it is the same as the published version available on the publisher's web site. Cite as the published version.

### Author Accepted Manuscripts

If this document is identified as the Author Accepted Manuscript it is the version after peer review but before type setting, copy editing or publisher branding. Cite as Surname, Initial. (Year) 'Title of article'. To be published in *Title of Journal*, Volume and issue numbers [peer-reviewed accepted version]. Available at: DOI or URL (Accessed: date).

## Enquiries

If you have questions about this document contact [ResearchSupport@kent.ac.uk](mailto:ResearchSupport@kent.ac.uk). Please include the URL of the record in KAR. If you believe that your, or a third party's rights have been compromised through this document please see our [Take Down policy](https://www.kent.ac.uk/guides/kar-the-kent-academic-repository#policies) (available from <https://www.kent.ac.uk/guides/kar-the-kent-academic-repository#policies>).

1 The manual pressures of stone tool behaviors and their implications for the evolution of  
2 the human hand.

3

4 Erin Marie Williams-Hatala<sup>a,b,\*</sup>, Kevin G. Hatala<sup>a,b</sup>, McKenzie Gordon<sup>a</sup>, Alastair Key<sup>c</sup>,  
5 Margaret Kasper<sup>a</sup>, Tracy L. Kivell<sup>c,d</sup>

6

7 <sup>a</sup> *Department of Biology, Chatham University, 1 Woodland Rd., Pittsburgh, PA, 15232,*  
8 *USA*

9 <sup>b</sup> *Center for the Advanced Study of Human Paleobiology, The George Washington*  
10 *University, Washington, DC 20052, USA*

11 <sup>c</sup> *Animal Postcranial Evolution Lab, Skeletal Biology Research Centre, School of*  
12 *Anthropology and Conservation, University of Kent, Canterbury, Kent, CT2 7NZ, United*  
13 *Kingdom*

14 <sup>d</sup> *Department of Human Evolution, Max Planck Institute for Evolutionary Anthropology,*  
15 *Leipzig, Germany*

16

17 \*Corresponding author.

18 E-mail address: ewilliamshatala@chatham.edu (E.M. Williams-Hatala)

19

20 **Key words:** Hand evolution; Force; Stone tool use; Plio-Pleistocene; Lower Paleolithic.

21

22

23 **ABSTRACT**

24 It is widely agreed that biomechanical stresses imposed by stone tool behaviors  
25 influenced the evolution of the human hand. Though archaeological evidence suggests  
26 that early hominins participated in a variety of tool behaviors, it is unlikely that all  
27 behaviors equally influenced modern human hand anatomy. It is more probable that a  
28 behavior's likelihood of exerting a selective pressure was a weighted function of the  
29 magnitude of stresses associated with that behavior, the benefits received from it, and  
30 the amount of time spent performing it. Based on this premise, we focused on the first  
31 part of that equation and evaluated magnitudes of stresses associated with stone tool  
32 behaviors thought to have been commonly practiced by early hominins, to determine  
33 which placed the greatest loads on the digits. Manual pressure data were gathered from  
34 39 human subjects using a Novel Pliance<sup>®</sup> manual pressure system while they  
35 participated in multiple Plio-Pleistocene tool behaviors: nut-cracking, marrow acquisition  
36 with a hammerstone, flake production with a hammerstone, and handaxe and flake use.  
37 Manual pressure distributions varied significantly according to behavior, though there  
38 was a tendency for regions of the hand subject to the lowest pressures (e.g., proximal  
39 phalanges) to be affected less by behavior type. Hammerstone use during marrow  
40 acquisition and flake production consistently placed the greatest loads on the digits  
41 collectively, on each digit and on each phalanx. Our results suggest that, based solely  
42 on the magnitudes of stresses, hammerstone use during marrow acquisition and flake  
43 production are the most likely of the assessed behaviors to have influenced the  
44 anatomical and functional evolution of the human hand.

45

## 46 **Introduction**

47 Stone tool behaviors are widely regarded as key innovations of the genus *Homo*  
48 that arguably gave early tool-using hominins significant competitive advantages relative  
49 to other organisms. They enabled early hominins to expand into new ecological and  
50 dietary niches (e.g., Unger et al., 2006; Braun et al., 2010), made possible multiple  
51 migration events out of Africa (e.g., Lycett and von Cramon-Taubadel, 2008),  
52 contributed to the reorganization and enlargement of the brain (e.g., Stout et al., 2008;  
53 McPherron et al., 2010), and influenced the evolution of the human hand and upper limb  
54 anatomy (e.g., Napier, 1962; Rhodes and Churchill, 2009; Roach and Richmond, 2015).  
55 In particular, Darwin (1871) was the first to propose a connection between stone tool  
56 behaviors and modern human hand morphology, and the discovery of hominin hand  
57 bones in association with Oldowan stone tools at Olduvai Gorge provided evidence in  
58 support of this association (Napier, 1962).

59 Hominins are known to have participated in a variety of stone tool behaviors—for  
60 example, nut-cracking (Goren-Inbar et al., 2002; Arroyo et al., 2016), flake production  
61 (Toth, 1985; Roche et al., 1999; Sharon, 2008), animal and plant tissue processing  
62 (Bunn, 1981; Domínguez-Rodrigo et al., 2001)—and these behaviors all involve  
63 different materials, different end goals, and different patterns of force and motion for the  
64 upper limb. Therefore, it is unlikely that each behavior exerted equal influence on the  
65 evolution of the modern human hand (Key and Lycett, 2017). Instead, a behavior's  
66 likelihood of exerting a selective pressure on the hand is a function of the magnitude of  
67 stresses and hand/tool relationship associated with that behavior, the benefit received  
68 from it, and the amount of time spent performing it (Marzke, 1997; Rolian et al., 2011;

69 Key, 2016). The last of these criteria remains difficult to estimate, but experimental  
70 studies can provide some insight into the first three.

71         During manual behaviors, stone tool-related and otherwise, the internal stresses  
72 occurring at joint surfaces are many times higher than those expected given the  
73 external forces acting on the hand (Cooney and Chao, 1977; Chao et al., 1989). The  
74 stresses occurring at any one joint surface will vary depending on a variety of factors,  
75 including the joint angles, digit dimensions, internal muscle forces, and external loads  
76 (Rolian et al., 2011). For example, for any given joint angle and digit dimension, the  
77 internal forces at the first metacarpophalangeal joint are approximately five to six times  
78 greater than the associated external force experienced at the pollical distal phalanx, and  
79 those at the carpometacarpal joint are ~12 times higher (Cooney and Chao, 1977). The  
80 transition from a hand marked by small joint surfaces or longer fingers relative to the  
81 thumb length, as interpreted for many early australopiths (e.g., Green and Gordon,  
82 2008; Lovejoy et al., 2009; but see Alba et al., 2003; Kivell et al., 2011; Almécija and  
83 Alba, 2014; Kivell, 2015) to a hand with larger joint surfaces and short fingers relative to  
84 a long thumb, as seen in later *Homo* (e.g., Lorenzo et al., 1999; Niewoehner, 2001; but  
85 see Kivell et al., 2015), is thought to reflect adaptive changes to meet the biomechanical  
86 demands of the high external forces involved in stone tool behaviors (Susman, 1994;  
87 Marzke et al., 1998; Rolian et al., 2011; Williams et al., 2012; Skinner et al., 2015; but  
88 see Weiss, 2012). The implication that high force, high stress behaviors will elicit a  
89 stronger selective response rather than repetitive, low stress behaviors (such as those  
90 associated with the development of osteoarthritis) is supported by evidence that the  
91 manual osteological dimensions of modern humans offer biomechanical advantages

92 during hammer stone use (Rolian et al., 2011). From a bone functional adaptation  
93 perspective, there appears to be a minimum strain threshold to stimulate bone  
94 remodeling and modelling (Burr, 1985; Rubin and Lanyon, 1985; Frost, 1987), although  
95 there is much debate regarding the effects of variation in load magnitude, frequency and  
96 duration on bone form (for a review, see Bertram and Swartz, 1991; Kivell 2016). We  
97 recognize that selection was also influenced by the cost/benefit ratio of a particular  
98 behavior and the amount of time spent doing it (see above), and it is theoretically  
99 possible that selection was responding to low stress, repetitive behaviors. However, in  
100 the absence of known frequency of particular behaviors, we suggest that high force,  
101 high stress behaviors would elicit a strong selective response on hand morphology  
102 (Biewener, 1993; Kopperdahl and Keaveny, 1998).

103         By necessity, hypotheses citing stone tool behaviors in general as the primary  
104 selective pressure acting on hominin hands imply that all varieties of such behaviors  
105 impose similar biomechanical demands (e.g., manual loading patterns) and result in  
106 similar joint stresses. However, multiple lines of evidence suggest that loading of the  
107 hand varies substantially across different stone tool behaviors. Electromyographic  
108 studies report variable muscle recruitment patterns during stone tool use and stone tool  
109 manufacture behaviors, particularly in regard to the flexor pollicis longus (FPL) muscle  
110 (Hamrick et al., 1998; Marzke et al., 1998), the largest and most powerful thumb flexor.  
111 Furthermore, Marzke et al. (1998) found that recruitment levels of FPL varied with  
112 knapping skill level just within stone tool production itself. This observed variability in  
113 muscle recruitment patterns was indirectly supported by Key et al. (2017), who reported

114 that experienced tool-makers used a variety of hammerstone grip strategies during  
115 knapping experiments.

116 Chimpanzee (*Pan troglodytes*) and bonobo (*Pan paniscus*) tool use offers further  
117 evidence of the unique demands imposed by various tool behaviors. Wild chimpanzees  
118 are well known for their adeptness at wielding hammerstones to crack open nuts  
119 (Whiten et al., 1999; Carvalho et al., 2008). Although bonobos rarely use tools in the  
120 wild (Hohmann and Fruth, 2003), at least one group of bonobos in a sanctuary includes  
121 adept nut-crackers who use a variety of different hammerstone grips (Neufuss et al.,  
122 2017). However, captive bonobos have shown limited success in using a hammerstone  
123 to produce flakes (Toth et al., 1993; Roffman et al., 2006). Together, these lines of  
124 evidence suggest that hand postures, loading regimes, and, by extension,  
125 biomechanical demands are distinct from one stone tool behavior to the next. To better  
126 understand the potential evolutionary influences of these behaviors, it is necessary to  
127 determine which of the stone tool behaviors impose the greatest loads on the human  
128 hand and thus are perhaps most likely to have exerted selective pressures on the  
129 evolution of modern human hand anatomy.

130 Although the variety of biomechanical strategies required to perform the suite of  
131 behaviors in which early hominins engaged is not often accounted for when discussing  
132 the selective pressures they applied to the human hand or human body in general (but  
133 see Hamrick et al., 1998), some researchers have tested specific behaviors in isolation  
134 (e.g., Marzke et al., 1998; Rolian et al., 2011; Williams et al., 2012; Key, 2016).  
135 However, due to the lack of necessary and comparable data across all possible  
136 behaviors, most researchers simply discuss the adaptive influence of 'stone tool

137 behaviors' in general (e.g., Leakey et al., 1964; Susman, 1998; Kivell et al., 2011; Kivell,  
138 2015). Neither option is entirely satisfactory; the former practice may remove the  
139 behavior from the larger biomechanical context of the organism (e.g., requirements of,  
140 or influences on the organism), while the latter groups together behaviors that are  
141 biomechanically dissimilar, such as nut-cracking, butchering and flake production. Both  
142 may mask important selective differences across behaviors, possibly leading  
143 researchers to overlook or misinterpret behavioral signals implied by paleontological  
144 and/or archaeological assemblages. Although it is difficult to demonstrate cause and  
145 effect relationships between stone tool behaviors and anatomical adaptations,  
146 understanding the biomechanical relationships between stone tools and the modern  
147 human hand may allow us to make more informed hypotheses about the influence of  
148 these behaviors on bony and/or soft tissue anatomy.

149         Here we investigate the pressures acting on the digits of the dominant hand  
150 during various stone tool behaviors for which there is evidence of hominin participation  
151 during the Plio-Pleistocene: nut-cracking, flake production, tissue-processing with flakes  
152 and hand axes, and marrow acquisition with a hammerstone (e.g., Toth, 1985;  
153 Blumenschine et al., 1991; Kimbel et al., 1996; de Heinzelin et al., 1999; Goren-Inbar et  
154 al., 2002; Bello et al., 2009; Braun et al., 2010; Arroyo and de la Torre, 2016). Based on  
155 the framework outlined above (i.e., the likelihood of selective prominence for manual  
156 behaviors is a function of load magnitude, benefit, and time), we focus on the first  
157 criterion, and use pressure data to evaluate which of the assessed behaviors are most  
158 likely to have influenced the evolution of human digits. In regard to the influence of load  
159 magnitude, we pose three questions: (1) are assessed stone tool behaviors

160 characterized by a similar digital pressure distribution pattern (e.g., is pressure always  
161 highest on the third digit?); (2) which behavior(s) impose(s) the greatest overall  
162 biomechanical stress; and (3) if digital pressure distributions differ across behaviors,  
163 how are pressures distributed during the highest stress behaviors? Previous  
164 experimental research has shown much greater kinetic energy at the time of contact  
165 during human stone tool knapping (~7.37 J; Bril et al. 2010) than during nut-cracking  
166 (~0.4 J for walnuts, ~0.5 J for Brazil nuts in human adults; Bril et al., 2012) and thus we  
167 predict greater pressures on the digits during flake production. However, we have no  
168 expectations regarding how pressures might vary across the digits or compare across  
169 other behaviors tested in this study. We analyze manual pressures at three anatomical  
170 levels—the digits as a group, the digits, and the phalanges—to facilitate the  
171 development and evaluation of hypotheses regarding which regions of the digits are  
172 most likely to reflect adaptive responses to stone tool behaviors and to increase  
173 certainty that an evolutionarily important behavior is not overlooked. For example, a  
174 behavior that imposes the greatest loads on the digits collectively may not have been  
175 the behavior that placed the greatest loads on the thumb or the distal phalanges, both  
176 regions of the hand thought to have undergone significant selection in human evolution  
177 (e.g., Susman, 1988; Alba et al., 2003; Kivell et al., 2011; Almécija and Alba, 2014;  
178 Kivell, 2015; but see Rolian et al., 2010).

179

## 180 **Methods**

### 181 *Participants*

182           Pressure data were recorded on the dominant hand of 39 human subjects (36  
183 females and 3 males) during the performance of behaviors for which there is evidence  
184 in the Plio-Pleistocene. The tested behaviors included cracking nuts with a  
185 hammerstone (Goren-Inbar et al., 2002; Arroyo and de la Torre, 2016), slicing animal  
186 tissue with a flake and a handaxe (Bunn and Kroll, 1986; Domínguez-Rodrigo, 1997),  
187 accessing the marrow cavity of a long bone with a hammerstone and a chopper  
188 (Blumenschine, 1995; Blumenschine and Pobiner, 2007), and making Oldowan-like  
189 flakes (Semaw, 2000; Braun et al., 2009; Stout et al., 2010). Participants ranged in age  
190 from 18 to 35 years old and all but two (one female and one male) were right handed.  
191 All subjects had no prior experience making or using stone tools. Although previous  
192 work has shown substantial interindividual variation in the kinematics of the upper limb  
193 during stone tool knapping within both novice and expert knappers (Rein et al., 2014),  
194 we include only novice participants to help reduce two confounding effects: (1) variation  
195 in skill for any given behavior among participants, and (2) variation in the skill  
196 possessed by a single participant among all tested behaviors. Data were collected from  
197 participants who provided informed consent under a protocol approved by the  
198 Institutional Review Board of Chatham University.

199

#### 200 *Experimental protocol*

201           A Novel Pliance<sup>®</sup> manual pressure sensor system (novel GmBh, Germany) was  
202 used to record the pressures (i.e., normal force/area) acting at each sensor. The  
203 technology used in the Novel Pliance<sup>®</sup> system has been repeatedly validated in the  
204 Pedar<sup>®</sup> system, at pressures comparable to and higher than those associated with

205 knapping (McPoil et al., 1995; Putti et al., 2007; Williams et al., 2012; Price et al., 2016).  
206 For example, Price et al., (2016) calibrated and validated the Pedar system for 20–600  
207 kPa. The pressure-collection component of the system consists of 10 17 × 17 mm  
208 sensors (digits I–IV) and two 10 × 10 mm sensors (digit V) covered in a conductive  
209 woven textile. Each sensor feeds into a textile-based cable and all 12 of the cables are  
210 connected to a single unit, which is then connected to the Pliance-x electronic analyzer  
211 box. The analyzer box collects and transfers data to the computer. Sensors were placed  
212 on the palmar surface of the digits of the dominant hand, near the center of the proximal  
213 and distal phalanges of digits I, IV and V and the proximal, intermediate and distal  
214 phalanges of digits II and III (12 sensors in total; Table 1). The textile composition of the  
215 sensors (as opposed to a metallic wire based system as used in Williams et al., 2012)  
216 allows the sensors to experience high loads while being flexible and resistant to  
217 permanent bending or crimping damage.

218         The individual sensors were held in place on the palmar surfaces of each finger  
219 using double-sided tape and a Velcro strap that was attached to the edge of the sensor  
220 covering and wrapped around the dorsal aspect of the finger. Finger cots were placed  
221 over each digit and subjects wore a fitted rayon/cotton/rubber blend glove to further  
222 secure the sensors in place and to minimize the sensors' exposure to raw animal  
223 tissues during the tissue-processing behaviors. After the sensors were secured to the  
224 fingers, the sensor cables were positioned between adjacent digits and allowed to trail  
225 across the dorsal aspect of the hand before wrapping around to the anterior wrist where  
226 they were bundled together. Once bundled, the 12 cables were secured to the wrist  
227 using a Velcro strap and compression tape (Fig. 1).

228 Prior to data collection, a 'mask' was created for each subject within the Pliance<sup>®</sup>  
229 software to properly associate individual sensors with specific phalanges. Once the  
230 sensors were in place and secure, and the mask had been created, the participant was  
231 instructed to relax her or his hand to fully unload the sensors and the system was  
232 zeroed out to remove any potential loads exerted by the attachment apparatus.

233 Participants progressed through randomized sets of stone tool behaviors: using a  
234 hammerstone to make flakes from dacite, using a hammerstone to break into the  
235 marrow cavity of a cow tibia, cracking open each of four types of in-shell nuts (almonds,  
236 Brazil nuts, hazelnuts and macadamia nuts), and slicing tissue from a lamb shank using  
237 small and medium flakes and small and large handaxes knapped from British (Suffolk)  
238 flint by AK to standardized sizes (Table 2). For each behavior, a trial consisted of a  
239 single instance of the behavior. For example, during marrow acquisition, one trial  
240 consisted of one hammerstone strike against the tibia, and during tissue-processing,  
241 one trial consisted of a single longitudinal slice along the long axis of the lamb shank. All  
242 trials for a given behavior were completed before the participant proceeded to the next  
243 behavior. All pressure data were recorded at 200 Hz.

244 All knapping occurred with participants seated in a wooden chair (seat height  $\approx$   
245 45 cm) and with a nodule of dacite held in place against one leg. Dacite (obtained from  
246 Neolithics.com) was selected for its generally fine-grained and uniform quality, which  
247 reduced the likelihood of inclusions or fractures and, in turn, made for more  
248 straightforward flake reductions for the novice knappers. Because participants were all  
249 novice knappers and to help avoid injury, each knapping session began with brief  
250 instructions on both flake removal and injury prevention. This was followed by a 10 min

251 practice session, then data collection. Participants had the option of placing up to three  
252 leather pads (5 mm thick each) on their legs for protection. Each participant selected  
253 her or his hammerstone of choice from a selection of 10 hammerstones (< 1 kg each)  
254 and were free to switch hammerstones as desired. Tool production data were collected  
255 from 23 participants. Each performed 20 total trials and data analyses included those  
256 trials resulting in the production of flakes as well as those that failed to produce a flake.  
257 All tool use behaviors were conducted with novice participants seated on the ground in  
258 their preferred sitting position (the majority chose to sit either cross-legged or kneeling  
259 on both of their legs). During nut-cracking, participants were instructed to strike with  
260 sufficient force to break through the shell, but to refrain from smashing the internal nut.  
261 The four nut varieties were selected because their shells span a wide range of  
262 toughness values, as is true of the shells of nuts consumed by extant wild primates  
263 (Jennings and MacMillan, 1986; Lucas, 2004; Lucas et al., 2011). Toughness is the  
264 primary material property governing critical load to failure (Chai and Lawn, 2007a,  
265 2007b), and as such will have a large influence on the strategies used when cracking  
266 the shells of different nut species. Nuts were inspected for shell integrity prior to testing  
267 and those with cracks or other signs of failure in the shells were discarded. All nut-  
268 cracking took place with the nut situated on a thick wooden cutting board (i.e., the anvil).  
269 Participants typically either held the nut in place on the anvil using the first and second  
270 digits of their non-dominant hand, or stabilized the nut alone on the anvil without further  
271 support from their non-dominant hand. They were allowed to select the hammerstone of  
272 their choice and to switch hammerstones as frequently as desired. Nut-cracking data  
273 were collected and included in the analyses from all 39 participants. Each participant

274 cracked open or attempted to crack open 10 of each nut type. Nuts were discarded after  
275 being struck once, regardless of whether their shell was cracked open or not.

276 Marrow acquisition and tissue-processing took place on top of a cutting board  
277 placed on the ground. A cow tibia was selected for marrow acquisition because animals  
278 of a similar size (class 3; Brain, 1981), are commonly found in assemblages of fauna  
279 and stone tools, assumed to have been compiled by hominins (e.g., Klein, 1976; Clark  
280 and Plug, 2008). During the marrow acquisition phase, participants were instructed to  
281 attempt to access the marrow cavity but to refrain from exerting their maximum force to  
282 prevent injury, and to concentrate their strikes on the shaft of the bone rather than the  
283 epiphyses. Marrow acquisition data were collected and included in the analyses from all  
284 39 participants. Each participant performed 20 trials (i.e., strikes) using the  
285 hammerstone of their choice and they were allowed to switch hammerstones as  
286 desired.

287 During the tissue-processing phase, the slicing protocol was the same for all  
288 tools: participants sliced the shank along the long axis in an uninterrupted stroke,  
289 constituting a single trial. Participants were instructed to refrain from using sawing  
290 motions and from starting and stopping during a single trial. Although this protocol  
291 differs from real butchery processes, the constraints were necessary to standardize the  
292 behavior thereby increasing the likelihood of recording data on the same experience  
293 (see limitations in the Discussion section). Tissue-processing data were collected from  
294 all 39 participants, but data from two were excluded due to a recording error. Each  
295 participant performed 10 trials (i.e., slices) each using four different tools: a small flake  
296 (mean length = 29.2 mm), a medium sized flake (mean length = 58.3 mm), a small

297 handaxe (mean length = 119.7 mm) and a large handaxe (mean length = 168.4 mm).  
298 Participants were each given a tool with a fresh cutting edge (i.e., either the other side  
299 of a previously used tool or a tool with two fresh edges) and were required to use the  
300 same tool for all 10 trials.

301

### 302 *Data analysis*

303 Pressure data were extracted, formatted, and analyzed using a series of custom  
304 scripts written in the R programming language and environment (R Core Team, 2017).  
305 Each sensor collected pressure data (kPa) continuously throughout each trial at 200 Hz,  
306 resulting in hundreds of data points per sensor per trial. Therefore, the analyses  
307 presented here are concerned with peak pressures, which were defined in three  
308 different ways. First, we evaluated peak pressures in a sensor-by-sensor fashion. In  
309 these cases, peak pressures were the maximum recorded pressure on each individual  
310 sensor, within each trial. Second, we focused on digit-by-digit peak pressures. In these  
311 cases, peak pressure for each digit during each trial was calculated by summing the  
312 peak normal forces experienced by each sensor on a given digit, and then dividing by  
313 the total sensor area across that digit. Third, we evaluated cumulative pressures across  
314 all of the digits. Similar to the procedures used for digital analyses, within every trial  
315 peak normal force measurements across all sensors were summed and then divided by  
316 total sensor area.

317 Our analyses had to accommodate the fact that repeated measurements were  
318 taken of each subject performing each behavior. To account for this bias, we calculated  
319 the average peak pressures per sensor, per activity, per subject. In doing so, we

320 eliminated within-subject and within-activity variation. Although this ultimately reduced  
321 the size of our data set, and meant that we were not explicitly examining within-subject  
322 variability, we felt that such an approach was justified in the context of the current study.  
323 Given that subject participants were not experienced in stone tool behaviors, central  
324 tendencies of their pressure distributions are arguably more applicable for  
325 understanding the general patterns by which subjects used their hands. Further, by  
326 simplifying the variance structures of the data set and subsequent model fits, the results  
327 are more directly interpretable.

328 To address our first question of whether the different stone tool behaviors were  
329 characterized by similar distributions of pressure across the digits and how they  
330 differed, peak pressures from individual sensors were used. The peak pressures  
331 observed during each activity by each subject were adjusted because different subjects  
332 experienced different absolute magnitudes of pressures, and we were interested in  
333 analyzing consistency in distribution patterns. For each subject's average peak pressure  
334 distribution during each activity (i.e., for each subject-activity pair), the pressures  
335 experienced across the sensors were normalized to a scale of 0 to 1, according to the  
336 following formula:

$$P_{\text{normalized}} = \frac{(P_{\text{observed}} - P_{\text{min}})}{(P_{\text{max}} - P_{\text{min}})}$$

337 Multivariate analysis of variance (MANOVA) was then used to determine the overall  
338 effect of behavior type on a multivariate response that included normalized peak  
339 pressures for each sensor, for each subject-activity pair.

340 Multiple steps were used to address our second question of which behaviors  
341 might impose the greatest biomechanical stress upon all of the digits. First, cumulative

342 pressures across the digits were examined to identify which stone tool behaviors were  
343 associated with the highest magnitude pressure measurements. Analysis of variance  
344 (ANOVA), with post-hoc Tukey's honest significant difference (HSD) tests, was used to  
345 compare cumulative pressures across all behaviors. Following the ANOVA results that  
346 suggested there was high interindividual variation in pressure data, a linear mixed  
347 effects model was fit to the data to further investigate pressure variation across  
348 behaviors while accounting for subject identity as a random effect on cumulative  
349 pressure.

350         Next, to address our third question, more fine-scaled analyses were conducted to  
351 better understand the biomechanical differences across stone tool behaviors. MANOVA  
352 was used to determine the effect of behavior type on the raw magnitudes of (1)  
353 cumulative peak pressures on each digit and (2) peak pressures on each individual  
354 sensor. These analyses are pertinent to developing and evaluating hypotheses  
355 regarding which locations within the hand are likely to reflect anatomical adaptations to  
356 the biomechanics associated with stone tool behaviors and for evaluating which stone  
357 tool behaviors are the most likely to have exerted the strongest selective pressures on  
358 the anatomy of the human digits.

359

## 360 **Results**

361 *Are different stone tool behaviors characterized by similar distributions of manual*  
362 *pressure?*

363         Mean normalized peak pressure from each sensor across all participants for  
364 each activity is depicted in a heat map in Figure 2. Participants did not conform to a

365 single pressure distribution pattern while performing the different stone tool behaviors  
366 investigated here; instead, behavior type had a significant effect on the multivariate  
367 overall pressure distribution (Pillai's Trace = 0.967,  $p < 0.001$ ). A series of separate  
368 MANOVA analyses showed that behavior's effect was not uniform; a strong significant  
369 effect was observed during the various tissue-processing behaviors (Pillai's Trace =  
370 0.949,  $p < 0.001$ ), whereas all four nut-cracking behaviors resulted in statistically similar  
371 distributions (Pillai's Trace = 0.197,  $p = 0.771$ ). This similarity did not, however,  
372 characterize percussive behaviors in general; a MANOVA analysis comparing pressure  
373 distributions during nut-cracking behaviors as well as marrow acquisition and flake  
374 production showed a strong significant behavioral effect (Pillai's Trace = 0.426,  $p =$   
375 0.006). This result was driven by variation in pressures on the second, fourth and fifth  
376 digits and no significant effects were present along the phalanges of the thumb and third  
377 digit.

378         Despite the overall differences, some consistencies in the normalized pressure  
379 distributions were present. Within each digit there was a tendency for the magnitude of  
380 the effect of behavior to correlate with the absolute magnitude of the load: behavior had  
381 a greater effect on those regions of the digit incurring the highest relative loads (typically  
382 the distal phalanges) and a lesser effect on the regions incurring the lowest relative  
383 loads (typically the proximal phalanges; Table 3, Fig. 2). The thumb was the exception  
384 to this pattern, being consistently relatively highly loaded regardless of the behavior.  
385 The results of the MANOVA analysis of percussive pressures support this hypothesis.

386

387 *Which behaviors impose the greatest magnitude of manual pressure?*

388           Analyses to determine which behavior(s) might impose the greatest  
389 biomechanical stress across the digits were conducted at multiple anatomical levels: the  
390 digits as a group, the individual digits, and the individual phalanges. Results were  
391 consistent across all three analytical levels: marrow acquisition and flake production  
392 consistently placed the greatest loads on all of the digits as a group (Fig. 3,  
393 Supplementary Online Material [SOM] Table S1), on individual digits (Fig. 4, SOM Table  
394 S2), and on the phalanges (Fig. 5, SOM Table S3).

395           Behavior had a highly significant effect on the cumulative raw pressures acting  
396 on the digits as a group ( $p < 0.001$ ; Fig. 3). Post hoc pairwise comparisons showed that  
397 the use of hammerstones during flake production and marrow acquisition placed  
398 similarly ( $p = 0.999$ ) high cumulative loads on the digits as a group, and both behaviors  
399 imposed significantly greater pressures than all other behaviors ( $p \leq 0.05$ ), with two  
400 exceptions: pressures experienced while using a medium flake or large handaxe to slice  
401 tissue, which were not statistically different from pressures experienced during flake  
402 production ( $p = 0.283$  and  $p = 0.185$ , respectively; Fig. 3). In addition, pressures  
403 experienced by the digits as a group while cracking hazelnuts were significantly smaller  
404 than those derived from medium flake or large handaxe use to slice tissue. All other  
405 post hoc pairwise comparisons of pressures acting on the digits as a group were not  
406 significantly different across the different behaviors.

407           The MANOVA results showed high variance within activities (Fig. 3), hinting at  
408 potentially high inter individual variation. To examine variation across activities in a  
409 more complete manner, a linear mixed effects model was fit to the data with total  
410 cumulative pressure as the response, behavior type as a fixed effect and subject

411 identity as a random effect. This analysis could then include peak pressures from each  
412 trial for each subject rather than the average distributions per activity. The overall mean  
413 pressure for almond cracking was arbitrarily set as the reference behavior (intercept) of  
414 the mixed effects model and all other behaviors were contrasted with it. Cracking Brazil  
415 nuts did not involve significantly different pressures compared with almond cracking,  
416 cracking hazelnuts involved significantly lower pressures, and all other behaviors were  
417 associated with significantly higher total cumulative pressures (Table 4). Post hoc  
418 contrasts of all pairs of behaviors, with Holm-Bonferroni corrected p-values, showed that  
419 pressures imposed on the digits from cracking almonds, Brazil nuts and hazelnuts were  
420 significantly lower than pressures experienced during all other behaviors ( $p < 0.001$ ).  
421 Pressures while cracking macadamia nuts were significantly greater than those while  
422 cracking any other variety of nut ( $p < 0.001$ ). They were also greater than pressures  
423 experienced while using a small flake ( $p < 0.001$ ) and similar to those while using a  
424 small handaxe ( $p = 0.965$ ) but significantly lower than the pressures experienced during  
425 all other activities ( $p < 0.001$ ).

426         When looking across the individual digits (i.e., accumulating data from sensors  
427 on the same digit), behavior also had a significant effect on pressure distribution (Pillai's  
428 Trace = 0.667,  $p < 0.001$ ; Fig. 4). The strength of behavior's effect was greatest on the  
429 fourth digit, followed by the first, second, third and fifth digits (Table 5). Raw pressures  
430 tended to be higher on the radial side of the hand (i.e., digits I, II and III) relative to the  
431 ulnar side (i.e., digits IV and V) across all behaviors (SOM Table S2), meaning that the  
432 strength of the effect of behavior did not correlate with raw pressure, as was the case  
433 for normalized pressures.

434 Pressures while cracking almonds, Brazil nuts and hazelnuts again clustered  
435 together at the lowest end of the pressure range for the radial digits (though pressures  
436 tended to differ significantly only from marrow acquisition and flake production).  
437 However, on the ulnar side of the hand, these pressures were more similar to the  
438 pressures experienced during tissue processing behaviors. This was driven by a  
439 decrease in pressure on the fourth and fifth digits during tissue-processing behaviors  
440 rather than any substantial pressure increase on the same digits during nut-cracking.  
441 The comparatively low pressures on the fourth and fifth across nut-cracking and tissue-  
442 processing behaviors likely reflects the rarity with which these digits were in firm contact  
443 with the tool.

444 Post hoc Tukey HSD tests showed that among digits I through IV, hammerstone  
445 use during flake production and marrow acquisition exerted significantly greater  
446 pressures than all nut-cracking behaviors (minimum  $p < 0.001$ , maximum  $p = 0.011$ ),  
447 apart from pressures experienced while cracking macadamia nuts compared with flake  
448 production ( $p = 0.143$ ). Marrow acquisition and flake production also tended to impose  
449 significantly greater loads on digits I, III and IV than during tissue-processing behaviors  
450 (Fig. 4). The consistently high loads on the second digit across all behaviors reflected  
451 participants' tendency to grasp the flakes and handaxes primarily between their first and  
452 second or first, second and third digits, reserving the fourth and fifth to help steady the  
453 tool or not using them at all. Pressures were always lowest on digit V across all  
454 behaviors (20.69–75.83 kPa; SOM Table S2), with few statistical differences among the  
455 behaviors.

456 Behavior had a significant effect on pressure at the interphalangeal level, as it did  
457 at the other levels of analysis (Pillai's Trace = 1.134,  $p < 0.001$ ). Similar to the  
458 distribution pattern of normalized pressures, the strength of behavior's effect was  
459 greater on those regions subject to higher loads (i.e., the distal phalanges; Table 6).  
460 Marrow acquisition consistently imposed greater loads on each phalanx compared with  
461 all other behaviors. This difference was significant across all phalangeal regions, apart  
462 from those of the fifth digit, compared with cracking almonds, Brazil nuts and hazelnuts.  
463 With few exceptions, flake production also exerted greater loads on each phalanx  
464 compared to all other behavior, however a consistent pattern regarding statistical  
465 significance was not present.

466

## 467 **Discussion**

468 Here we investigated manual pressure during Plio-Pleistocene stone tool  
469 behaviors to determine which behavior(s) exposed the digits of the dominant hand to  
470 the greatest magnitude of loads and thus were more likely to have influenced the  
471 evolution of human digit morphology. We addressed three questions: Are different stone  
472 tool behaviors characterized by similar distributions of manual pressure? Which  
473 behaviors impose the greatest magnitude of digital pressure? And, finally, what patterns  
474 of pressure distribution characterize the highest stress stone tool behaviors? In regard  
475 to the first question, we found that participants did not conform to a single pressure  
476 distribution pattern across all behaviors. In contrast, we found pressure experienced by  
477 the digits collectively and by the individual digits and phalanges varied significantly  
478 across the different Plio-Pleistocene tool behaviors.

479 Our finding that pressures experienced by the digits varied across the tested  
480 stone tool behaviors (Fig. 2) is, on one level, to be expected and indeed, our prediction  
481 that manual pressures would be lower during nut-cracking compared with flake  
482 production was supported. Subjects used tools of a wide range of sizes and shapes,  
483 including small flakes averaging 29.2–58.3 mm (Table 2) and hammerstones weighing  
484 0.23 to ~1 kg, they had to utilize different kinematic approaches for various tasks (e.g.,  
485 full arm swing versus more constrained extension at the wrist), and different magnitudes  
486 of force were required to successfully accomplish each behavior. Marzke and  
487 Shackley's (1986) discussion of the upper limb movements and grips used during  
488 various stone tool behaviors nicely contextualizes this result. Their participants  
489 exclusively used a grip known as a 'three jaw chuck' during Oldowan tool production  
490 and nut-cracking with small hammerstones, which relies on the first three digits of the  
491 dominant hand to grip the hammerstone. In contrast, while cutting with a small flake, the  
492 tool was grasped between the pollical distal phalanx and the lateral side of the second  
493 digit (Marzke and Shackley, 1986). Clearly, these postural and kinematics differences  
494 are likely to result in variations in manual pressure distributions.

495 Our results, however, suggest that such factors alone are insufficient to account  
496 for the observed variation, as illustrated by the differences in relative pressure  
497 distributions among percussive behaviors: despite participants using the same selection  
498 of hammerstones and gross similarities in the motions, behavior had a significant effect  
499 on the distribution of relative pressures in comparisons of nut-cracking, marrow  
500 acquisition and flake production (Pillai's Trace = 0.426,  $p = 0.006$ ; Figs. 4 and 5). This  
501 was in sharp contrast to the strong statistical similarity among nut-cracking behaviors

502 alone (Pillai's Trace = 0.197,  $p < 0.771$ ). These results suggest that the force needed to  
503 carry out a behavior—in these cases, load to failure of the bone, stone or nut—also  
504 influences the hand-tool pressure relationship and resulting distribution of relative  
505 pressures. It appears that during activities such as nut-cracking, when relatively low  
506 forces are required to cause material failure, a generic hand-tool posture that is not  
507 specialized to a specific high-loading condition can be used, resulting in a similar  
508 distribution of relative pressures across nut-cracking behaviors. However, more forceful  
509 activities, such as marrow acquisition and flake production, require specialization to  
510 maintain precise control of the hammerstone and to deliver the requisite forces while  
511 also avoiding injury.

512         This proposal is supported by the strong tendency for the strength of behavior's  
513 effect to correlate positively with the relative magnitude of the load at a given sensor  
514 across all behaviors (Table 3). Thus, there was more variability in the relative pressures  
515 acting on the distal phalanges, which always experience the highest peak pressures,  
516 compared with the proximal phalanges and (generally) the intermediate phalanges. This  
517 pattern suggests that, regardless of which tool was being used, participants tended to  
518 stabilize the tool primarily with the distal phalanges and then adjusted the amount of  
519 force they applied at these phalanges according to the task at hand. Simultaneously,  
520 they tended to use the intermediate and proximal regions of the digits on a more limited  
521 basis, and at consistently low pressures. We found strong variability in relative  
522 pressures acting on the fourth and fifth distal phalanges in particular, which likely  
523 reflects the widely variable roles that these digital regions played across the various tool  
524 behaviors, as described above. At one extreme, these digits were consistently used and

525 subject to the highest intra-digit pressures during nut-cracking, and at the other they  
526 were inconsistently used with the lowest inter sensor loads recorded during slicing with  
527 smaller cutting tools (Fig. 5).

528         The thumb was the exception to this pattern: despite the fact that loads on the  
529 pollical distal phalanx were significantly greater than those on the pollical proximal  
530 phalanx, behavior had a rather small effect on the relative loads acting on the distal  
531 phalanx, and a far stronger effect on the proximal phalanx (Table 3). In other words, the  
532 pollical distal phalanx tended to be subjected to the same relative loads (i.e., the  
533 greatest relative load), irrespective of behavior (Fig. 2). This illustrates the consistency  
534 in how the thumb was used: regardless of how the hand was oriented relative to the  
535 tool, the thumb acted as the stabilizing fulcrum or clamp against the tool or the other  
536 digits (Napier, 1956; Marzke, 1997). These results contrast with those of Key (2016),  
537 who found that stone carrying behaviors did not consistently result in heavy loading on  
538 the thumb, further emphasizing the important role of this digit during specific forceful  
539 stone tool use activities (such as those examined here). In regard to knapping, this is  
540 similar to results reported by Rolian et al. (2011), and in contrast to those reported by  
541 Williams et al. (2012), who reported that loads were highest on the second and third  
542 digits compared with the thumb. As suggested by Key and Dunmore (2015), the  
543 difference in these findings may reflect simple diversity in preferred hand postures  
544 during knapping, or it may be a result of the composition of the participant pools: novice  
545 tool makers were studied here and by Rolian et al. (2011), whereas Williams et al.  
546 (2012) studied only experienced tool makers.

547           Upon demonstrating that stone tool behaviors are not characterized by a single  
548 pressure distribution pattern, we examined the absolute loads to establish which  
549 behaviors placed the greatest biomechanical stress on the digits collectively and, by  
550 extension, may be more likely to have imposed a selective pressure on the digits. We  
551 first demonstrated that, at each anatomical level of analysis, behavior had a significant  
552 effect on absolute pressure magnitudes—cumulative pressures acting across the digits  
553 as a group ( $p < 0.001$ ; Fig. 3), the individual digits (Pillai's Trace = 0.667,  $p < 0.001$ ; Fig.  
554 4), and the individual phalanges (Pillai's Trace = 1.134,  $p < 0.001$ ; Fig. 5). Thus, both  
555 the relative pressures (i.e., normalized data) and the absolute pressures (i.e., raw data)  
556 acting at a given location are influenced by the behavior being performed, together  
557 strongly indicating that some behaviors may be more suitable candidates for those  
558 imposing selective pressures on the digits than others.

559           The two most striking results of the analyses of the absolute pressures imposed  
560 by the tool behaviors were (1) the clear distinction in the high pressures incurred by  
561 hammerstone use during marrow acquisition and flake production relative to all other  
562 assessed behaviors, and (2) the further distinction of low pressures during nut-cracking  
563 compared with all other behaviors. Our results revealed that relative to all other  
564 assessed behaviors, hammerstone use during marrow acquisition and flake production  
565 resulted in significantly higher pressures experienced by the digits as a group (Fig. 3).  
566 Similarly, marrow acquisition and flake production also imposed significantly greater  
567 loads on the radial four digits relative to nut-cracking behaviors (other than loads on  
568 digit II while cracking macadamia nuts compared with flake production). With the  
569 exception of loads acting on the second digit, marrow acquisition and flake production

570 also tended to impose significantly greater loads on the digits compared with tissue  
571 processing behaviors. A similar pattern, although not always statistically significant, was  
572 found at the inter phalangeal level, such that peak pressures were generally highest  
573 during marrow acquisition and flake production, especially on the distal phalanges,  
574 compared to all other behaviors (Fig. 5).

575         On the radial four digits, hammerstone use during marrow acquisition and flake  
576 production consistently imposed significantly greater loads compared with the other  
577 tested behaviors on the distal phalanges. This was not consistently the case regarding  
578 the intermediate and proximal phalanges. Loads experienced at the distal phalanges  
579 have a larger contribution toward resultant joint stresses than do those experienced at  
580 the more proximal regions of the rays (Cooney and Chao, 1977). Thus, it is reasonable  
581 to argue that behaviors that concentrated loads on the distal phalanges would have  
582 been more influential from an evolutionary standpoint than those that concentrated  
583 loads on the intermediate and/or proximal regions.

584         In contrast to marrow acquisition and flake production, pressures experienced  
585 during nut-cracking behaviors, particularly when cracking almonds, Brazil nuts and  
586 hazelnuts, were generally far lower than pressures incurred during all other behaviors.  
587 This pattern was found in both pressures experienced by the digits as a group, where  
588 the differences were statistically significant, and among the three radial digits.  
589 Macadamia nuts were the exception to this pattern, such that pressures incurred by the  
590 digits as a group or by the individual digits were generally higher than other nut-cracking  
591 behaviors and most similar to pressures experienced during tissue-processing  
592 behaviors. The difficulty participants consistently had in cracking them resulted not from

593 shell toughness but rather from their tendency to roll away when struck, due to their  
594 smooth, round shells. Thus, the higher loads seen while cracking macadamia nuts more  
595 likely reflect participants' use of high-force strikes in an attempt to prevent the nut from  
596 rolling away rather than what was needed to induce shell failure. Additionally,  
597 participants' lack of familiarity with nut-cracking behaviors likely also impacted their  
598 performance (Brill et al., 2010, 2012), both in regard to pressures experienced and their  
599 ability to successfully rupture the shell (see below).

600

#### 601 *Implications for the evolution of the human digits and hand*

602 It is generally assumed that the modern human hand morphology is, at least in  
603 part, a byproduct of stone tool-related behaviors, and particularly a commitment to  
604 intensified use of these behaviors (e.g., Washburn, 1960; Napier, 1962; Marzke, 1997;  
605 Tocheri et al. 2008). Paleoanthropologists have reasoned that behaviors that involve  
606 higher load magnitudes or stronger muscle recruitment patterns, and which conferred a  
607 substantial benefit on the actor, such as the acquisition of high quality food items, were  
608 more likely to exert selective pressures on the evolution of human hand anatomy (e.g.,  
609 Susman, 1994; Hamrick et al., 1998; Marzke et al., 1998; Rolian et al., 2011; Williams et  
610 al., 2012; Key and Dunmore, 2015). Our results suggest that hammerstone use during  
611 marrow acquisition and flake production would likely have resulted in the strongest  
612 selective pressures on the evolution of our hands (among the tool behaviors tested).

613 The profound benefits early humans could have derived from their abilities to make and  
614 use sharp-edged stone tools have long been established, including increases in brain  
615 and body mass, territorial expansion, and advances in protective and predatory

616 behaviors (e.g., Washburn, 1960; Aiello and Wheeler, 1995; Domínguez-Rodrigo et al.,  
617 2005; Shea, 2007; Ambrose, 2010; Shea and Sisk, 2010; Navarrete et al., 2011). It is  
618 thus fitting that the production of flakes is among the two behaviors that impose the  
619 greatest loads on the digits, making it even more likely to have elicited an adaptive  
620 response.

621         In comparison to stone tool making, marrow acquisition has received  
622 considerably less consideration in regard to the role it may have played in the evolution  
623 of the human digits and hand. However, our results demonstrate that pressures  
624 resulting from marrow acquisition can be as high as or even higher than those imposed  
625 by the production of stone flakes. The caloric benefits of marrow in the hominin diet are  
626 well established (Bunn, 1986; Bunn and Kroll, 1986; Blumenschine and Madrigal, 1993;  
627 Aiello and Wheeler, 1995; Milton, 2003). Furthermore, archaeological evidence  
628 demonstrates that hominins were potentially using hammerstones to access long bone  
629 marrow cavities as early as 3.39 Ma at Dikika, Ethiopia (McPherron et al., 2010; but see  
630 Domínguez-Rodrigo et al., 2011), contemporaneous with or even prior to the earliest  
631 evidence of stone tool production at 3.3 Ma (Harmand et al., 2015). Although there is  
632 currently no evidence that chimpanzees use hammerstones to access marrow cavities,  
633 rendering it premature to propose that the last common ancestor (LCA) of *Pan* and  
634 humans engaged in similar behaviors, chimpanzees are well known to use  
635 hammerstones to crack open nuts (Whiten et al., 2001; Carvalho et al., 2008) and those  
636 living in the Taï National Park in Côte d'Ivoire have been observed using sticks to pick  
637 marrow out of colobus monkey long bones (Boesch and Boesch-Acherman, 2000).

638           Bringing together our manual pressure results with archaeological evidence, we  
639 support Marzke et al.'s (1998) hypothesis that the biomechanical loads resulting from  
640 marrow acquisition with a hammerstone may have also been a primary cause of  
641 selection for greater stability and enhanced gripping abilities (e.g., a longer thumb  
642 relative to finger length; Alba et al., 2003; but see Rolian and Gordon, 2013, 2014) in  
643 early hominins' hands. Given the antiquity of the potentially percussed and cut-marked  
644 bones from Dikika, Ethiopia (McPherron et al., 2010; but see Domínguez-Rodrigo et al.  
645 2011) and percussive and marrow acquisition behaviors in extant chimpanzees (Boesch  
646 and Boesch-Acherman, 2000; Carvalho et al., 2008), stone tool mediated marrow  
647 acquisition may have exerted selective pressures on hominin digital and hand anatomy  
648 just as early, if not even earlier, than those pressures related to flake production.

649           Our results also highlight that not all percussive behaviors may have been  
650 equally likely to generate a selective pressure on the digits. In contrast to flake  
651 production and marrow acquisition, the consistently low pressure experienced by the  
652 digits as a group during nut-cracking suggests that this behavior may not have  
653 generated strong selective pressures on digital morphology during human evolution.  
654 Chimpanzees do not show significant anatomical adaptations for manual manipulation  
655 or to withstand forces oriented in the same directions experienced by humans during  
656 percussive behaviors (Tocheri et al., 2005; Marzke et al., 2010; Rolian et al., 2011), so  
657 such adaptations would not be expected for purely nut-cracking hominins either. Recent  
658 analyses of Early Pleistocene anvils from Olduvai Gorge have demonstrated  
659 widespread percussive food processing activities by Lower Palaeolithic hominins,  
660 including potential evidence of nut-cracking (Sánchez Yustos et al., 2015; Arroyo and

661 de la Torre, 2016; Arroyo et al., 2016). Assemblages of pitted hammerstones, anvils,  
662 and nut debris from the Early-Middle Pleistocene Acheulean site of Gesher Benot  
663 Ya'aqov (Israel) also provide early evidence of hominin nut-cracking behaviors (Goren-  
664 Inbar et al., 2002). Furthermore, a 4,300 year old chimpanzee nut-cracking site in Tai  
665 National Park (Mercader et al., 2007) and abundant documentation of chimpanzees in  
666 central and western Africa using hammerstones to crack open a variety of nut types  
667 (Whitesides, 1985; Whiten et al., 1999; Boesch and Boesch-Acherman, 2000; Carvalho  
668 et al., 2008) suggest that the *Pan-Homo* LCA may have also used hammerstones to  
669 crack open nut shells and access the internal nut meat (Haslam et al., 2009). Yet  
670 derived morphological features of the hand thought to be related to increased dexterity  
671 and/or manual loading are not known until *Australopithecus* (Tocheri et al., 2008),  
672 several million years after a potential nut-cracking LCA.

673         The estimated caloric benefits of nut-cracking are enormous: Tai chimpanzees  
674 obtain more than 3,000 calories per day by consuming the nuts they crack (Boesch and  
675 Boesch Acherman, 2000) and maintain a 1:9 energy expenditure to calorie intake ratio  
676 (Günther and Boesch, 1993). This ratio is impressive given the toughness values of the  
677 nuts they consume. Boesch and Boesch-Acherman (2000) reported that cracking open  
678 a panda nut (*Panda oleosa*) necessitated the equivalent of dropping a 10 kg stone from  
679 a height of 120 cm. That this behavior has not led to the development of a digit and  
680 hand anatomy more similar to our own—marked by large joint surface areas (Rolian et  
681 al., 2011) and features contributing to robusticity and palmar stability (Marzke and  
682 Marzke, 1987; Susman, 1994; Marzke et al., 1998; Ward et al., 2014)—suggests that  
683 the loads and biomechanics associated with nut-cracking may be insufficient to induce

684 an adaptive anatomical response, or that they may already be accommodated by  
685 chimpanzee digit and hand morphology.

686         It is important to consider the limitations present in the current study when  
687 applying these results to interpretations of the hominin fossil record. The pressure  
688 sensors quantify normal (i.e., vertical) force only, and thus forces acting in other planes  
689 that may vary depending on the tool and grip used, are not included in this analysis.  
690 Furthermore, pressure data were recorded from the palmar surfaces of the digits of the  
691 dominant hand and therefore these data do not account for loads acting on the medial  
692 and lateral sides of the digits or on the palm. Additionally, none of the participants in this  
693 study had any prior experience making or using Plio-Pleistocene tools. The selection of  
694 a novice population was deliberate to reduce the confounding effects of interparticipant  
695 variation in experience across all of the behaviors and inter-behavior variation in  
696 experience in a single participant. However, it is likely that the biomechanics presented  
697 here would change over time with practice (Bril et al., 2012; Rein et al. 2014). Thus, the  
698 data and the associated biomechanics and joint strains may represent a temporary  
699 phase in skill acquisition rather than a constant. On the other hand, it is a phase that all  
700 tool makers and users pass through and we cannot say whether digit selection was  
701 responding to a particular stage in development or the cumulative effects, and if so  
702 which stage that may be. Finally, we intentionally constrained the parameters of each  
703 behavior in an effort to standardize data collection and ensure comparable experiences  
704 across participants were being compared. Thus, we recognize that performing such  
705 behaviors in a natural context would likely invoke a greater range of variation in grip  
706 strategies, tool use/production techniques and manual pressures that are not captured

707 in this study. However, as the first comprehensive study of manual pressures during a  
708 large variety of Plio-Pleistocene stone tool behaviors, these data provide the much  
709 needed comparative data to develop more informed hypotheses about the manipulative  
710 selective pressures that influence the evolution of human digit morphology.

711

## 712 **Conclusions**

713 Stone tool behaviors are not characterized by a single manual pressure  
714 distribution pattern: behavior has a strong effect on relative and absolute load  
715 distributions. Thus, in evaluations of behaviors likely to have exerted a selective  
716 response across the digits, it is insufficient to consider load distribution in the absence  
717 of load magnitude between behaviors (e.g., Williams et al., 2012; Key and Dunmore,  
718 2015). When magnitude is taken into account, analyses of the digits as a group, of  
719 individual digits and of phalanges point to hammerstone use during marrow acquisition  
720 and flake production as the best candidates among the tested stone tool behaviors that  
721 may have exerted primary selective pressures on the evolution of the human digits.

722

## 723 **Acknowledgments**

724 We are grateful to those who volunteered to participate in this study. We thank  
725 the Editors and three anonymous reviewers for their comments that greatly improved  
726 this manuscript. This research was supported by a European Research Council Starting  
727 Grant 336301 (T.L.K., E.M.W.-H.), Chatham University, Wenner-Gren Foundation Grant  
728 7995 (E.M.W.-H.), and the George Washington University's Selective Excellence Fund

729 (E.M.W.-H.). A.K.'s research is supported by a British Academy Postdoctoral Fellowship  
730 (pf160022).

731

## 732 **References**

733

734 Aiello, L.C., Wheeler, P., 1995. The expensive-tissue hypothesis: the brain and the  
735 digestive system in human and primate evolution. *Current Anthropology* 36, 199–  
736 221.

737 Alba, D.M., Moyà-Solà, S., Köhler, M., 2003. Morphological affinities of the  
738 *Australopithecus afarensis* hand on the basis of manual proportions and relative  
739 thumb length. *Journal of Human Evolution* 44, 225–254.

740 Almécija, S., Alba, D.M., 2014. On manual proportions and pad-to-pad precision  
741 grasping in *Australopithecus afarensis*. *Journal of Human Evolution* 73, 88–92.

742 Ambrose, S.H., 2010. Coevolution of composite-tool technology, constructive memory  
743 and language: Implications for the evolution of modern human behavior. *Current*  
744 *Anthropology* 51, S135–S137.

745 Arroyo, A., De La Torre, I., 2016. Assessing the function of pounding tools in the Early  
746 Stone Age: a microscopic approach to the analysis of percussive artefacts from  
747 Beds I and II, Olduvai Gorge (Tanzania). *Journal of Archaeological Science* 74,  
748 23–34.

749 Arroyo, A., Hirata, S., Matsuzawa, T., De La Torre, I., 2016. Nut cracking tools used by  
750 captive chimpanzees (*Pan troglodytes*) and their comparison with Early Stone Age  
751 percussive artefacts from Olduvai Gorge, *PLoS One* 11, e0166788.

752 Bello, S.M., Parfitt, S.A., Stringer, S., 2009. Quantitative micromorphological analyses of  
753 cut marks produced by ancient and modern handaxes. *Journal of Archaeological*  
754 *Science* 36, 1869–1880.

755 Bertram, J.E.A., Swartz, S.M., 1991. The ‘law of bone transformation’: a case of crying  
756 Wolff? *Biological Reviews* 66, 245–273.

757 Biewener, A.A., 1993. Safety factors in bone strength. *Calcified Tissue International* 53,  
758 S68–S74.

759 Blumenschine, R.J., 1995. Percussion marks, tooth marks, and experimental  
760 determinations of the timing of hominid and carnivore access to long bones at FLK  
761 *Zinjanthropus*, Olduvai Gorge, Tanzania. *Journal of Human Evolution* 29, 21–51.

762 Blumenschine, R.J., Madrigal, C., 1993. Variability in long bone marrow yields of East  
763 African ungulates and its zooarchaeological implications. *Journal of Archaeological*  
764 *Science* 20, 555–587.

765 Blumenschine, R.J., Pobiner, B.L., 2007. Zooarchaeology and the ecology of Oldowan  
766 hominin carnivory. In: Ungar, P. (Ed.), *Evolution of the Human Diet: The Known,*  
767 *the Unknown and the Unknowable*. Oxford University Press, Oxford, pp. 167–190.

768 Blumenschine, R.J., Whiten, A., Hawkes, K., 1991. Hominid carnivory and foraging  
769 strategies, and the socio-economic function of early archaeological sites [and  
770 discussion]. *Philosophical Transactions of the Royal Society London B* 334, 211–  
771 221.

772 Boesch, C., Boesch-Acherman, H., 2000. *The Chimpanzees of the Tai Forest:*  
773 *Behavioural Ecology and Evolution*. Oxford University Press, Oxford.

774 Brain, C.K., 1981. The Hunters or the Hunted? An Introduction to African Cave  
775 Taphonomy. University of Chicago Press, Chicago.

776 Braun, D.R., Harris, J.W.K., Levin, N.E., McCoy, J.T., Herries, A.I.R., Bamford, M.K.,  
777 Bishop, L.C., Richmond, B.G., Kibunjia, M., 2010. Early hominin diet included  
778 diverse terrestrial and aquatic animals 1.95 Ma in East Turkana, Kenya.  
779 Proceedings of the National Academy of Sciences 107, 10002–10007.

780 Braun, D.R., Plummer, T., Ferraro, J.V., Ditchfield, P., Bishop, L.C., 2009. Raw material  
781 quality and Oldowan hominin toolstone preferences: evidence from Kanjera South,  
782 Kenya. Journal of Archaeological Science 36, 1605–1614.

783 Bril, B., Rein, R., Nonaka, T., 2010. The role of expertise in tool use: skill differences in  
784 functional action adaptations to task constraints. Journal of Experimental  
785 Psychology 36, 825–839.

786 Bril, B., Smaers, J., Steele, J., Rein, R., Nonaka, T., Dietrich, G., Biryukova, E., Hirata,  
787 S., Roux, V., 2012. Functional mastery of percussive technology in nut-cracking  
788 and stone-flaking actions: experimental comparison and implications for the  
789 evolution of the human brain. Philosophical Transactions of the Royal Society  
790 London B 367, 59–74.

791 Bunn, H.T., 1981. Archaeological evidence for meat-eating by Plio-Pleistocene  
792 hominids from Koobi Fora and Olduvai Gorge. Nature 291, 574–577.

793 Bunn, H.T., 1986. Patterns of skeletal representation and hominid subsistence activities  
794 at Olduvai Gorge, Tanzania and Koobi Fora, Kenya. Journal of Human Evolution  
795 15, 673–690.

796 Bunn, H.T., Kroll, E.M., 1986. Systematic butchery by Plio/Pleistocene hominids at  
797 Olduvai Gorge, Tanzania. *Current Anthropology* 27, 431–452.

798 Burr, D.B., 1985. Bone remodelling in response to in vivo fatigue microdamage. *Journal*  
799 *of Biomechanics* 18, 189–200.

800 Carvalho, S., Cunha, E., Sousa, C., Matsuzawa, T., 2008. Chaînes opératoires and  
801 resource-exploitation strategies in chimpanzee *Pan troglodytes* nut cracking.  
802 *Journal of Human Evolution* 55, 148–163.

803 Chai, H., Lawn, B.R., 2007a. A Universal relation for edge chipping from sharp contacts  
804 in brittle materials: a simple means of toughness evaluation. *Acta Materialia* 55,  
805 2555–2561.

806 Chai, H., Lawn, B.R., 2007b. Edge chipping of brittle materials: effect of side-wall  
807 inclination and loading angle. *International Journal of Fracture* 145, 159–165.

808 Chao, E., An, K.-N., Cooney, W. III, Linscheid, P., 1989. *Biomechanics of the Hand*.  
809 World Scientific, Singapore.

810 Clark, J.L., Plug, I., 2008. Animal exploitation strategies during the South African Middle  
811 Stone Age: Howiesons Poort and post-Howiesons Poort fauna from Sibudu Cave.  
812 *Journal of Human Evolution* 54, 886–898.

813 Cooney, W. III, Chao, E., 1977. Biomechanical analysis of static forces in the thumb  
814 during hand function. *Journal of Bone and Joint Surgery* 59, 27–36.

815 Darwin, C., 1871. *The Descent of Man, and Selection in Relation to Sex*. John Murray,  
816 London.

817 de Heinzelin, J., Desmond Clark, J., White, T., Hart, W., Renne, P.R., WoldeGabriel, G.,  
818 Bevene, Y., Vrba, E.S., 1999. Environment and behavior of 2.5-million-year-old  
819 Bouri hominids. *Science* 283, 625–629.

820 Domínguez-Rodrigo, M., 1997. Meat-eating by early hominids at the FLK 22  
821 *Zinjanthropus* site, Olduvai Gorge (Tanzania): an experimental approach using  
822 cut-mark data. *Journal of Human Evolution* 33, 669–690.

823 Domínguez-Rodrigo, M., Pickering, T.R., Bunn, H.T., 2011. Reply to McPherron et al.:  
824 Doubting Dikika is about data, not paradigms. *Proceedings of the National*  
825 *Academy of Sciences* 108, E117.

826 Domínguez-Rodrigo, M., Pickering, T.R., Semaw, S., Rogers, J.J. 2005. Cutmarked  
827 bones from Pliocene archaeological sites at Gona, Afar, Ethiopia: implications for  
828 the function of the world's oldest stone tools. *Journal of Human Evolution* 48, 109–  
829 121.

830 Domínguez-Rodrigo, M., Serrallonga, J., Juan-Tresserras, J., Alcalá, L., Luque, L.,  
831 2001. Woodworking activities by early humans: a plant residue analysis on  
832 Acheulian stone tools from Peninj (Tanzania). *Journal of Human Evolution* 40,  
833 289–299.

834 Frost, H.M., 1987. Bone “mass” and the “mechanostat”: A proposal. *Anatomical Record*  
835 219, 1–9.

836 Goren-Inbar, N., Sharon, G., Melamed, Y., Kislev, M., 2002. Nuts, nut cracking, and  
837 pitted stones at Gesher Benot Ya’aqov, Israel. *Proceedings of the National*  
838 *Academy of Sciences* 99, 2455–2460.

839 Green, D.J., Gordon, A.D., 2008. Metacarpal proportions in *Australopithecus africanus*.  
840 Journal of Human Evolution 54, 705–719.

841 Günther, M.M., Boesch, C., 1993. Energetics of nut-cracking behaviour in wild  
842 chimpanzees. In: Preuschoft, H., Chivers, D.J. (Eds.), Hands of Primates.  
843 Springer, Vienna, pp. 109–129.

844 Hamrick, M., Churchill, S., Schmitt, D., Hylander, W., 1998. EMG of the human flexor  
845 pollicis longus muscle: implications for the evolution of hominid tool use. Journal of  
846 Human Evolution 34, 123–136.

847 Harmand, S., Lewis, J.E., Feibel, C.S., Lepre, C.J., Prat, S., Lenoble, A., Boes, X.,  
848 Quinn, R.L., Brenet, M., Arroyo, A., Taylor, N., Clement, S., Daver, G., Brugal, J.-  
849 P., Leakey, L., Mortlock, R.A., Wright, J.D., Lokorodi, S., Kirwa, C., Kent, D.V.,  
850 Roche, H., 2015. 3.3-million-year-old stone tools from Lomekwi 3, West Turkana,  
851 Kenya. Nature 521, 310–315.

852 Haslam, M., Hernandez-Aguilar, A., Ling, V., Carvalho, S., de la Torre, I., DeStefano,  
853 A., Du, A., Hardy, B., Harris, J., Marchant, L., 2009. Primate archaeology. Nature  
854 460, 339–344.

855 Hohmann, G., Fruth, B., 2003. Culture in bonobos? Between-species and within species  
856 variation in behavior. Current Anthropology 44, 563–571.

857 Jennings, J.S., MacMillan, N.H., 1986. A tough nut to crack. Journal of Materials  
858 Science, 21, 1517-1524.

859 Key, A.J., 2016. Manual loading distribution during carrying behaviors: implications for  
860 the evolution of the hominin hand. PLoS One 11, e0163801.

861 Key, A.J., Dunmore, C.J., 2015. The evolution of the hominin thumb and the influence  
862 exerted by the non-dominant hand during stone tool production. *Journal of Human*  
863 *Evolution* 78, 60–69.

864 Key, A.J., Dunmore, C.J., Hatala, K.G., Williams-Hatala, E.M., 2017. Flake morphology  
865 as a record of manual pressure during stone tool production. *Journal of*  
866 *Archaeological Science: Reports* 12, 43–53.

867 Key, A.J., Lycett, S.J., 2017. Investigating interrelationships between Lower Palaeolithic  
868 stone tool effectiveness and tool user biometric variation: implications for  
869 technological and evolutionary changes. *Archaeological and Anthropological*  
870 *Sciences* DOI: 10.1007/s12520-016-0433-x

871 Kimbel, W.H., Walter, R.C., Johanson, D.C., Reed, K.E., Aronson, J.L., Assefa, Z.,  
872 Marean, C.W., Eck, G.G., Bobe, R., Hovers, E., Rak, Y., 1996. Late Pliocene  
873 *Homo* and Oldowan Tools from the Hadar Formation (Kada Hadar Member),  
874 Ethiopia. *Journal of Human Evolution* 31, 549–561.

875 Kivell, T.L., 2015. Evidence in hand: recent discoveries and the early evolution of  
876 human manual manipulation. *Philosophical Transactions of the Royal Society*  
877 *London B* 370, 201501505.

878 Kivell, T.L., 2016. A review of trabecular bone functional adaptation: what have we  
879 learned from trabecular analyses in extant hominoids and what can we apply to  
880 fossils? *Journal of Anatomy* 228, 569–594.

881 Kivell, T.L., Kibii, J.M., Churchill, S.E., Schmid, P., Berger, L.R., 2011. *Australopithecus*  
882 *sediba* hand demonstrates mosaic evolution of locomotor and manipulative  
883 abilities. *Science* 333, 1411–1417.

884 Klein, R.G., 1976. The mammalian fauna of the Klasies River Mouth Sites, Southern  
885 Cape Province, South Africa. *South African Archaeological Bulletin* 31, 75–98.

886 Kopperdahl, D.L., Keaveny, T.M., 1998. Yield strain behavior of trabecular bone.  
887 *Journal of Biomechanics* 31, 601–608.

888 Leakey, L.S., Tobias, P.V., Napier, J.R., 1964. A new species of the genus *Homo* from  
889 Olduvai Gorge. *Nature* 202, 7–9.

890 Lorenzo, C., Arsuaga, J.L., Carretero, J.M., 1999. Hand and foot remains from the Gran  
891 Dolina Early Pleistocene site (Sierra de Atapuerca, Spain). *Journal of Human*  
892 *Evolution* 37, 501–522.

893 Lovejoy, C.O., Simpson, S.W., White, T.D., Asfaw, B., Suwa, G., 2009. Careful climbing  
894 in the Miocene: the forelimbs of *Ardipithecus ramidus* and humans are primitive.  
895 *Science* 326, 70e1–70e8.

896 Lucas, P.W. 2004. *Dental Functional Morphology: How Teeth Work*. Cambridge  
897 University Press, Cambridge.

898 Lucas, P.W., Gaskins, J.T., Lowrey, T.K., Harrison, M.E., Morrogh-Bernard, H.C.,  
899 Cheyne, S.M., Begley, M.R., 2011. Evolutionary optimization of material properties  
900 of a tropical seed. *Journal of the Royal Society Interface*, rsif20110188.

901 Lycett, S.J., von Cramon-Taubadel, N., 2008. Acheulean variability and hominin  
902 dispersals: a model-bound approach. *Journal of Archaeological Science* 35, 553–  
903 562.

904 Marzke, M.W., 1997. Precision grips, hand morphology, and tools. *American Journal of*  
905 *Physical Anthropology* 102, 91–110.

906 Marzke, M.W., Marzke, R.F., 1987. The third metacarpal styloid process in humans:  
907 origin and functions. *American Journal of Physical Anthropology* 73, 415–431.

908 Marzke, M.W., Shackley, M.S., 1986. Hominid hand use in the Pliocene and  
909 Peistocene: evidence from experimental archaeology and comparative  
910 morphology. *Journal of Human Evolution* 16, 439–460.

911 Marzke, M.W., Tocheri, M.W., Steinberg, B., Femiani, J.D., Reece, S.P., Linscheid,  
912 R.L., Orr, C.M., Marzke, R.F. 2010. Comparative 3D quantitative analyses of  
913 trapeziometacarpal joint surface curvatures among living catarrhines and fossil  
914 hominins. *American Journal of Physical Anthropology* 141, 38–51.

915 Marzke, M.W., Toth, N., Schick, K., Reece, S., Steinberg, B., Hunt, K., Linscheid, R.,  
916 An, K., 1998. EMG study of hand muscle recruitment during hard hammer  
917 percussion manufacture of Oldowan tools. *American Journal of Physical*  
918 *Anthropology* 105, 315–332.

919 McPherron, S.P., Alemseged, Z., Marean, C.W., Wynn, J.G., Reed, D., Geraads, D.,  
920 Bobe, R., Béarat, H.A., 2010. Evidence for stone-tool-assisted consumption of  
921 animal tissues before 3.39 million years ago at Dikika, Ethiopia. *Nature* 466, 857–  
922 860.

923 McPoil, T.G., Cornwall, M.W., Yamada, W., 1995. A comparison of two in-shoe plantar  
924 pressure measurement systems. *The Lower Extremity* 2, 95–103.

925 Mercader, J., Barton, H., Gillespie, J., Harris, J.M., Kuhn, S.L., Tyler, R., Boesch, C.,  
926 2007. 4,300-year-old chimpanzee sites and the origins of percussive stone  
927 technology. *Proceedings of the National Academy of Sciences* 104, 3043–3048.

928 Milton, K., 2003. The critical role played by animal source foods in human (*Homo*)  
929 evolution. *The Journal of Nutrition* 133, 3886S–3892S.

930 Napier, J., 1956. The prehensile movements of the human hand. *The Journal of Bone*  
931 *and Joint Surgery* 38, 902–913.

932 Napier, J., 1962. Fossil hand bones from Olduvai Gorge. *Nature* 196, 409–411.

933 Navarrete, A., van Schaik, C.P., Isler, K., 2011. Energetics and the evolution of human  
934 brain size. *Nature* 480, 91–93.

935 Neufuss, J., Humle, T., Cremaschi, A., Kivell, T.L., 2017. Nut-cracking behaviour in wild-  
936 born, rehabilitated bonobos (*Pan paniscus*): a comprehensive study of hand-  
937 preference, hand grips and efficiency. *American Journal of Primatology* 79, 1–16.

938 Niewoehner, W.A., 2001. Behavioral inferences from the Skhul/Qafzeh early modern  
939 human hand remains. *Proceedings of the National Academy of Sciences* 98,  
940 2979–2984.

941 Price, C., Parker, D., Nester, C., 2016. Validity and repeatability of three in-shoe  
942 pressure measurement systems. *Gait & Posture* 46, 69–74.

943 Putti, A.B., Arnold, G.P., Cochrane, L., Abboud, R.J., 2007. The Pedar<sup>®</sup> in-shoe system:  
944 repeatability and normal pressure values. *Gait & Posture* 25, 403–405.

945 R Core Team, 2017. R: A language and environment for statistical computing. R  
946 Foundation for Statistical Computing, Vienna.

947 Rein, R., Nonaka, T., Bril, B., 2014. Movement pattern variability in stone knapping:  
948 implications for the development of percussive technologies. *PLoS One* 9,  
949 e113567.

950 Rhodes, J.A., Churchill, S.E., 2009. Throwing in the Middle and Upper Paleolithic:  
951 inferences from an analysis of humeral retroversion. *Journal of Human Evolution*  
952 56, 1–10.

953 Roach, N.T., Richmond, B.G., 2015. Clavicle length, throwing performance and the  
954 reconstruction of the *Homo erectus* shoulder. *Journal of Human Evolution* 80,  
955 107–113.

956 Roche, H., Delagnes, A., Brugal, J.-B., Fiebel, C.S., Kibunjia, M., Mourrell, V., Texier,  
957 P.-J., 1999. Early hominid stone tool production and technical skill 2.34 Myr ago in  
958 West Turkana, Kenya. *Nature* 399, 57–60.

959 Roffman, I., Savage-Rumbaugh, S., Rubert-Pugh, E., Ronen, A., Nevo, E., 2006. Stone  
960 tool production and utilization by bonobo-chimpanzees (*Pan paniscus*). *Proceedings*  
961 *of the National Academy of Sciences* 109, 14500–14503.

962 Rolian, C., Gordon, A.D., 2013. Reassessing manual proportions in *Australopithecus*  
963 *afarensis*. *American Journal of Physical Anthropology* 152, 393–406.

964 Rolian, C., Gordon, A.D., 2014. Response to Almécija and Alba (2014) – On manual  
965 proportions in *Australopithecus afarensis*. *Journal of Human Evolution* 73, 93–97.

966 Rolian, C., Lieberman, D.E., Hallgrímsson, B., 2010. The coevolution of human hands  
967 and feet. *Evolution* 64, 1558–1568.

968 Rolian, C., Lieberman, D.E., Zermeno, J.P., 2011. Hand biomechanics during simulated  
969 stone tool use. *Journal of Human Evolution* 61, 26–41.

970 Rubin, C.T., Lanyon, L.E., 1985. Regulation of bone mass by mechanical strain  
971 magnitude. *Calcified Tissue International* 37, 411–417.

972 Sánchez Yustos, P., Díez-Martín, F., Díaz, I.M., Duque, J., Fraile, D., Domínguez, M.,  
973 2015. Production and use of percussive stone tools in the Early Stone Age:  
974 Experimental approach to the lithic record of Olduvai Gorge, Tanzania. *Journal of*  
975 *Archaeological Science: Reports* 2, 367–383.

976 Semaw, S., 2000. The world's oldest stone artefacts from Gona, Ethiopia: their  
977 implications for understanding stone technology and patterns of human evolution  
978 between 2.6–1.5 million years ago. *Journal of Archaeological Science* 27, 1197–  
979 1213.

980 Sharon, G., 2008. Large flake Acheulian. *Quaternary International* 223–224, 226–233.

981 Shea, J.J., 2007. Lithic technology, or, what stone tools can (and can't) tell us about  
982 early hominin diets. In: Ungar, P.S. (Ed.), *Evolution of the Human Diet: The*  
983 *Known, the Unknown, and the Unknowable*. Oxford University Press, Oxford, pp.  
984 212–229.

985 Shea, J.J., Sisk, M.L., 2010. Complex projectile technology and *Homo sapiens* dispersal  
986 into Western Eurasia. *PaleoAnthropology* 2010, 100–122.

987 Skinner, M.M., Stephens, N.B., Tsegai, Z.J., Foote, A.C., Nguyen, N.H., Gross, T.,  
988 Pahr, D.H., Hublin, J.J., Kivell, T.L., 2015. Human-like hand use in  
989 *Australopithecus africanus*. *Science* 347, 395–399.

990 Stout, D., Semaw, S., Rogers, M.J., Cauche, D., 2010. Technological variation in the  
991 earliest Oldowan from Gona, Afar, Ethiopia. *Journal of Human Evolution* 58, 474–  
992 491.

993 Stout, D., Toth, N., Schick, K., Chaminade, T., 2008. Neural correlates of Early Stone  
994 Age toolmaking: technology, language and cognition in human evolution.  
995 Proceedings of the National Academy of Sciences 363, 1939–1949.

996 Susman, R.L., 1988. Hand of *Paranthropus robustus* from Member 1, Swartkrans: fossil  
997 evidence for tool behavior. Science 240, 781–784.

998 Susman, R.L., 1994. Fossil evidence for early hominid tool use. Science 265, 1570–  
999 1573.

1000 Susman, R.L., 1998. Hand function and tool behavior in early hominids. Journal of  
1001 Human Evolution 35, 23–46.

1002 Tocheri, M.W., Orr, C.M., Jacofsky, M.C., Marzke, M.W., 2008. The evolutionary history  
1003 of the hominin hand since the last common ancestor of *Pan* and *Homo*. Journal of  
1004 Anatomy 212, 544–562.

1005 Tocheri, M.W., Razdan, A., Williams, R.C., Marzke, M.W. 2005. A 3D quantitative  
1006 comparison of trapezium and trapezoid relative articular and nonarticular surface  
1007 areas in modern humans and great apes. Journal of Human Evolution 49, 570–  
1008 586.

1009 Toth, N., 1985. The Oldowan reassessed: A close look at early stone artifacts. Journal  
1010 of Archaeological Science 12, 101–120.

1011 Toth, N., Schick, K.D., Savage-Rumbaugh, E.S., Sevcik, R.A., Rumbaugh, D.M., 1993.  
1012 *Pan* the tool-maker: investigations into the stone tool-making and tool-using  
1013 capabilities of a bonobo (*Pan paniscus*). Journal of Archaeological Science 20,  
1014 81–91.

1015 Unger, P., Grine, F.E., Teaford, M.F., 2006. Diet in early *Homo*: A review of the  
1016 evidence and a new model of adaptive versatility. *Annual Review of Anthropology*  
1017 35, 209–228.

1018 Ward, C.V., Tocheri, M.W., Plavcan, J.M., Brown, F.H., Manthi, F.K., 2014. Early  
1019 Pleistocene third metacarpal from Kenya and the evolution of modern human-like  
1020 hand morphology. *Proceedings of the National Academy of Sciences* 111, 121–  
1021 124.

1022 Washburn, S.L., 1960. Tools and human evolution. *Scientific American* 203, 62–75.

1023 Weiss, K.M., 2012. Agnotology. *Evolutionary Anthropology* 21, 96–100.

1024 Whiten, A., Goodall, J., McGrew, W.C., Nishida, T., Reynolds, V., Sugiyama, Y., Tutin,  
1025 C.E., Wrangham, R.W., Boesch, C., 1999. Cultures in chimpanzees. *Nature* 399,  
1026 682–685.

1027 Whitesides, G.H., 1985. Nut-cracking by wild chimpanzees in Sierra, Leone, West  
1028 Africa. *Primates* 26, 91–94.

1029 Williams, E.M., Gordon, A.D., Richmond, B.G., 2012. Hand pressure distribution during  
1030 Oldowan stone tool production. *Journal of Human Evolution* 62, 520–532.

1031

### 1032 **Figure captions**

1033 **Figure 1.** Dorsal (left) and palmar (right) views of the sensor and cable placement and  
1034 the attachment apparatus.

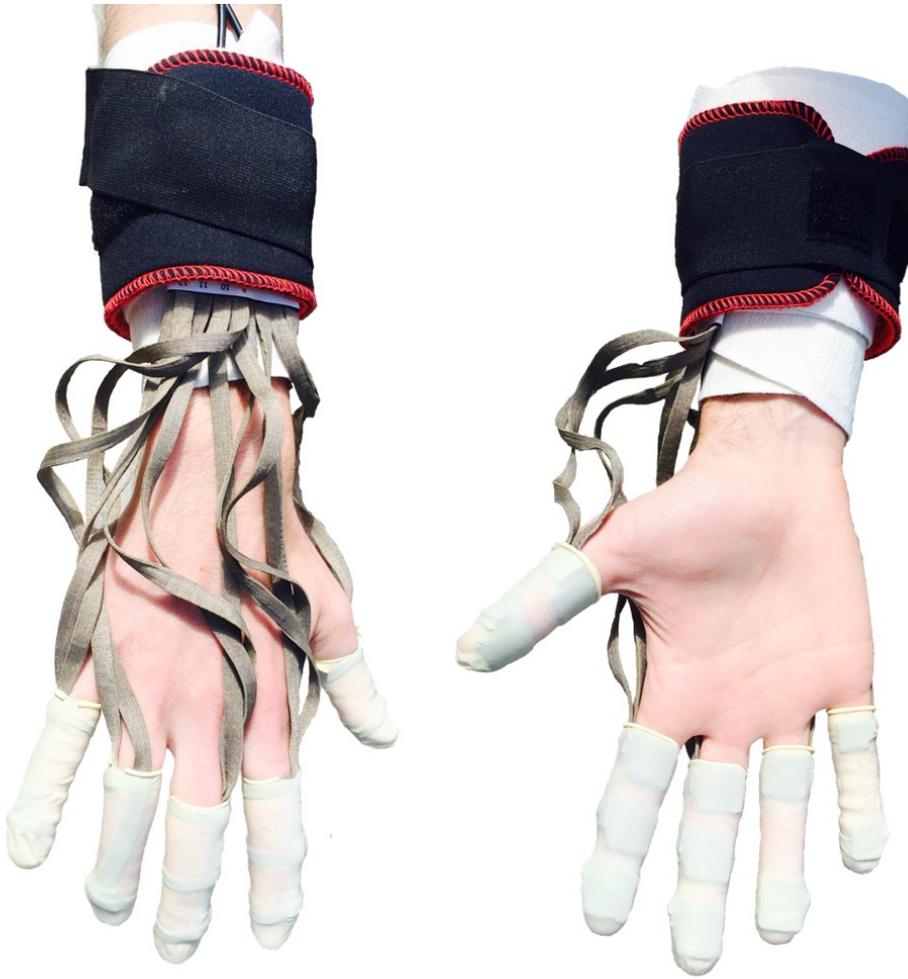
1035 **Figure 2.** Heat map showing the distribution across the digits of normalized pressures.  
1036 The lowest normalized pressures acting at each sensor are shown in blue, the highest  
1037 normalized pressures acting at each sensor are shown in red (refer to the scale on the

1038 right). The highest normalized pressures tended to act on digit I and lowest normalized  
1039 pressures tended to act on the digit V. Otherwise, there was considerable variation in  
1040 the distribution. An a priori example of similarity is provided at the left. Abbreviations:  
1041 HA = handaxe; see Table 1 for sensor abbreviations.

1042 **Figure 3.** Boxplots displaying the raw cumulative pressures acting on the hand during  
1043 the tested behaviors. The center line represents the sample median. The box  
1044 boundaries display the interquartile range (25–75%), and whiskers extend to the  
1045 farthest data points that are within 1.5 times the interquartile range from either the lower  
1046 or upper bound of the box. Dots represent extreme outliers, defined as points more than  
1047 1.5 times the interquartile range from the central 50% of the data.

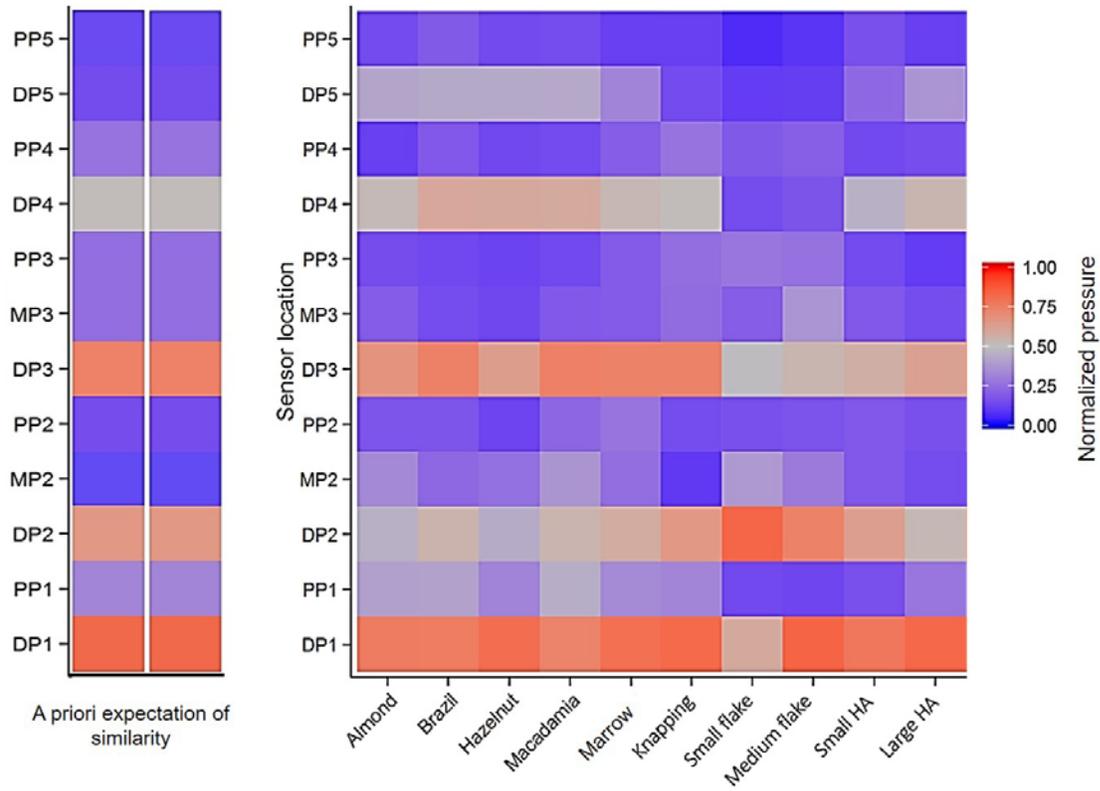
1048 **Figure 4.** Heat map showing the distribution of raw pressures among the digits. The  
1049 lowest absolute pressures acting along each digit are shown in blue, the highest  
1050 absolute pressures acting along each digit are shown in red (refer to the scale on the  
1051 right). Across all behaviors, absolute pressures were highest on digit I and lowest on  
1052 digit V. Marrow acquisition and flake production tended to impose significantly greater  
1053 loads on the digits compared with other tested behaviors. Abbreviations: HA = handaxe.

1054 **Figure 5.** Heat map showing the distribution of raw pressures among the phalanges.  
1055 The lowest absolute pressures acting along each sensor are shown in blue, the highest  
1056 absolute pressures acting along each sensor are shown in red (refer to the scale on the  
1057 right). Pressures tended to be highest on the distal phalanges and marrow acquisition  
1058 and flake production tended to impose significantly greater loads on each phalangeal  
1059 segment compared with other tested behaviors. Abbreviations: HA = handaxe; see  
1060 Table 1 for sensor abbreviations.



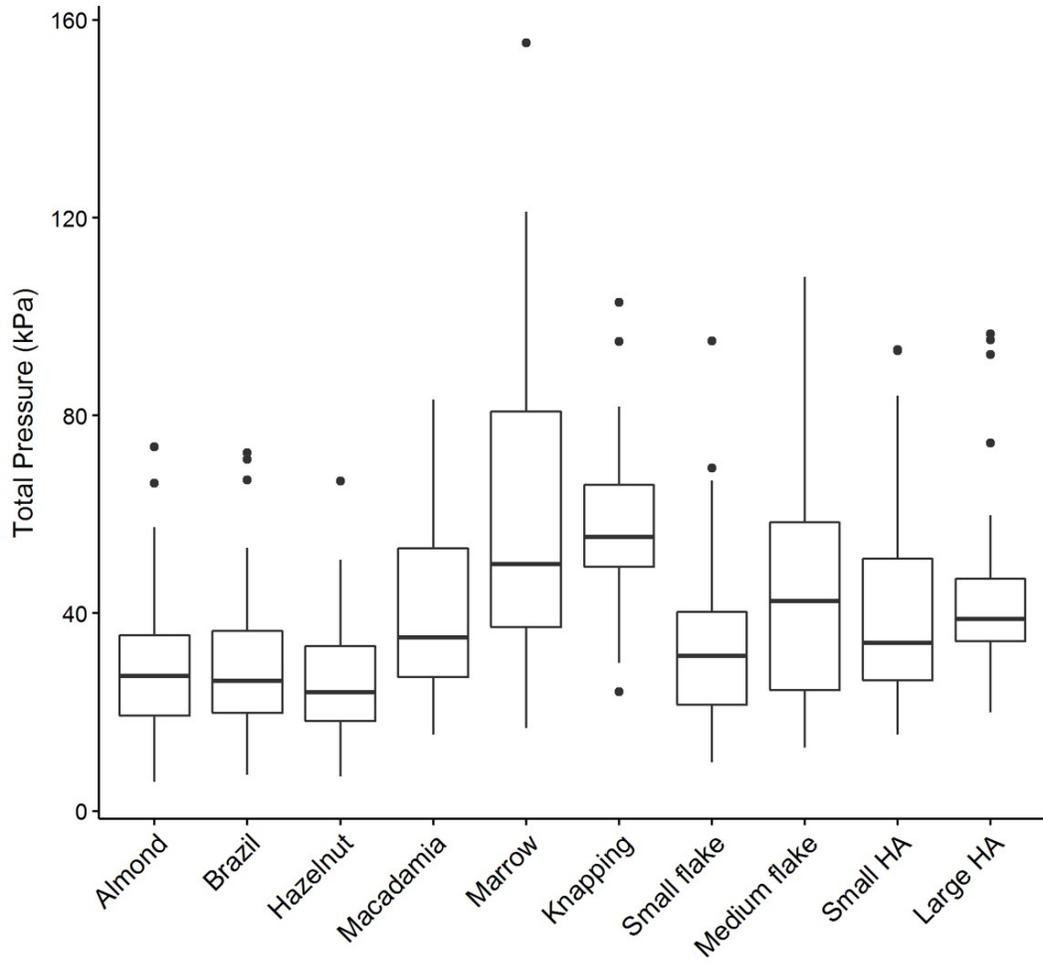
1061

1062 **Figure 1**



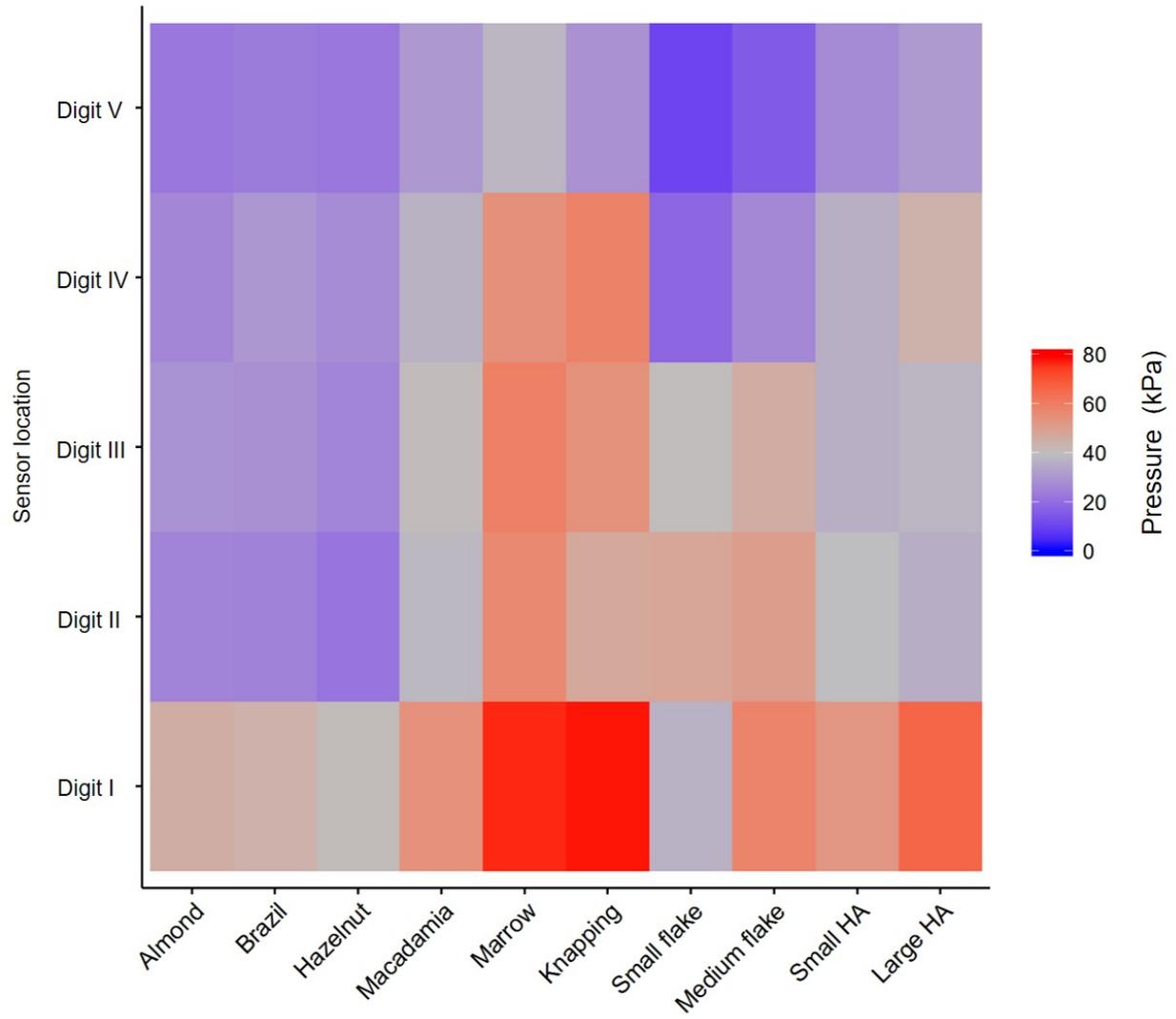
1063

1064 **Figure 2**



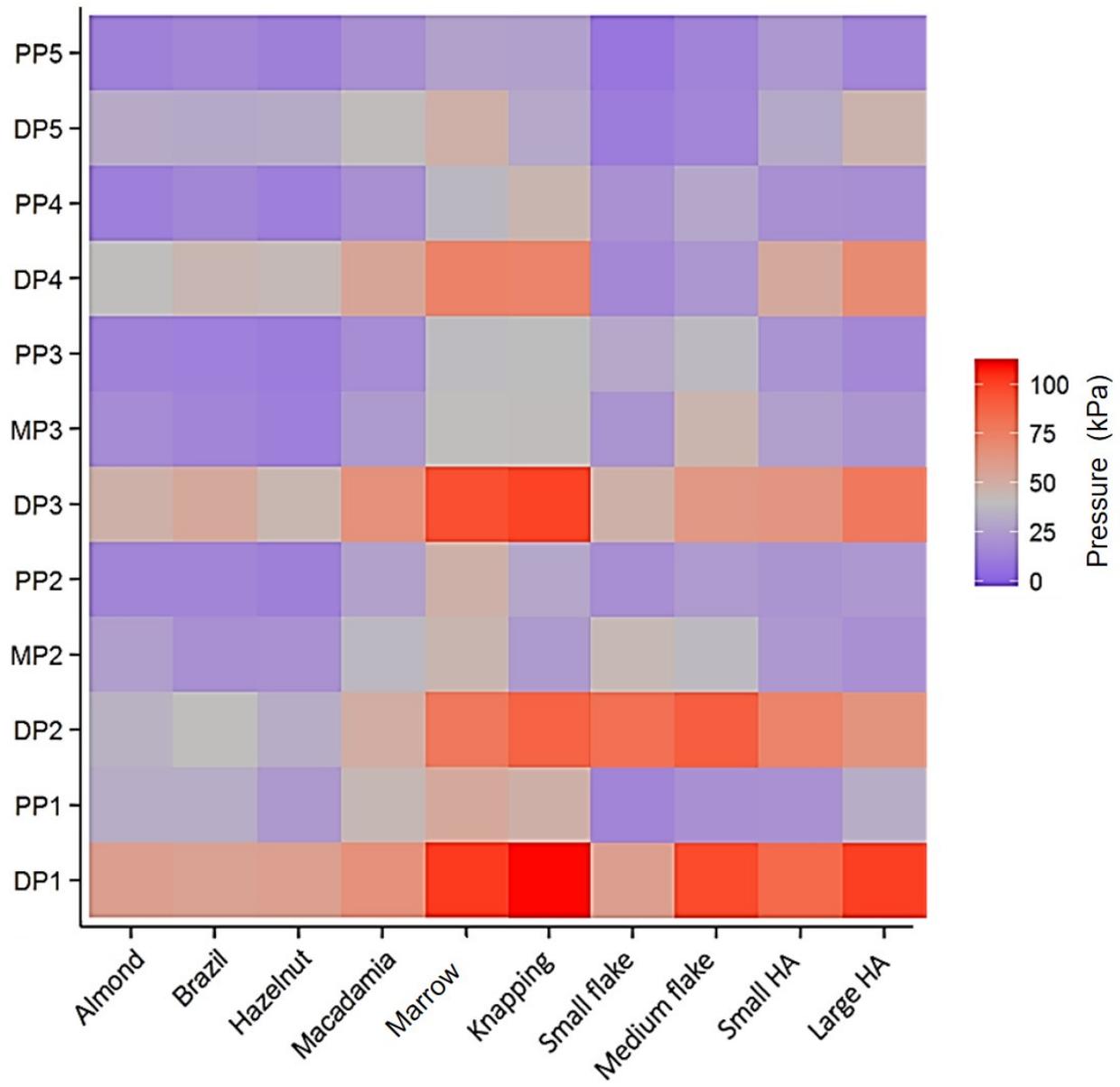
1065

1066 **Figure 3**



1067

1068 **Figure 4**



1069

1070 **Figure 5**

1071

1072 **Table 1** Sensor placement.

1073

Phalanx	Abbreviation <sup>1074</sup>
First distal phalanx	DP1 <sup>1075</sup>
First proximal phalanx	PP1 <sup>1076</sup>
Second distal phalanx	DP2 <sup>1077</sup>
Second middle phalanx	MP2 <sup>1078</sup>
Second proximal phalanx	PP2 <sup>1079</sup>
Third distal phalanx	DP3 <sup>1080</sup>
Third middle phalanx	MP3 <sup>1081</sup>
Third proximal phalanx	PP3 <sup>1082</sup>
Fourth distal phalanx	DP4 <sup>1083</sup>
Fourth proximal phalanx	PP4 <sup>1084</sup>
Fifth distal phalanx	DP5 <sup>1085</sup>
Fifth proximal phalanx	PP5 <sup>1086</sup>

1087

1088

1089

1090

1091 **Table 2** Descriptive stone tool metrics

		1092		
Tool		Mean	SD	CV 1093
Small	Mass (g)	5.6	1.5	26.7 1094
flake	Length (mm)	29.2	0.5	1.8 1095
Medium	Mass (g)	29.8	7.1	23.7 1096
flake	Length (mm)	58.3	1.4	2.4 1097
Small	Mass (g)	235.4	59.2	25.2 1098
handaxe	Length (mm)	119.7	8.5	7.1 1099
Large	Mass (g)	756.7	229.3	30.3 1100
handaxe	Length (mm)	168.4	18.9	11.2 1101
				1102

1103

1104

1105 Abbreviations: CV = coefficient of variation (%); SD = standard deviation.

1106

1107

1108 **Table 3** Relationships between activity and normalized pressure distributions.

Sensor	F-value	$p (>F)$	1109
			1110
DP1	2.583	0.007	1111
PP1	7.749	< 0.001	1112
DP2	7.741	< 0.001	1113
MP2	4.883	< 0.001	1114
PP2	1.313	0.229	1115
DP3	4.291	< 0.001	1116
MP3	3.429	< 0.001	1117
PP3	4.137	< 0.001	1118
DP4	18.24	< 0.001	1119
PP4	1.993	0.039	1120
DP5	10.080	< 0.001	1121
PP5	1.890	0.052	1122
			1123

1124

1125

1126

1127 See Table 1 for sensor abbreviations.

1128

1129

1130

1131

1132

1133

1134

1135

1136 **Table 4**

1137 Linear mixed effects model fit to cumulative digital pressure.<sup>a</sup>

	Value	SE	t-value	<i>p</i> -value
Intercept	29.621	2.888	10.257	0
Brazil	0.568	1.036	0.548	0.584
Hazelnuts	-2.664	1.035	-2.573	0.010
Macadamia	10.605	1.035	10.244	0
Marrow	29.641	0.903	32.843	0
Knapping	20.648	1.012	20.401	0
Small flake	5.157	1.045	4.933	0
Medium flake	16.153	1.045	15.452	0
Small handaxe	11.339	1.045	10.846	0
Large handaxe	15.084	1.045	14.428	0

1138 <sup>a</sup> Degrees of freedom = 4146.

1139

1140 **Table 5**

1141 Relationships between behavior and absolute inter-digital pressure distributions.

Sensor	F-value	$p (>F)$
Digit 1	11.405	< 0.001
Digit 2	9.152	< 0.001
Digit 3	7.614	< 0.001
Digit 4	11.895	< 0.001
Digit 5	6.901	< 0.001

1142

1143

1144 **Table 6**

1145 Relationships between behavior and absolute inter-sensor pressure distributions.

Sensor	F value	$p (>F)$
DP1	9.671	< 0.001
PP1	8.610	< 0.001
DP2	10.87	< 0.001
MP2	4.599	< 0.001
PP2	5.641	< 0.001
DP3	9.838	< 0.001
MP3	5.966	< 0.001
PP3	7.179	< 0.001
DP4	13.661	< 0.001
PP4	8.460	< 0.001
DP5	6.134	< 0.001
PP5	5.003	< 0.001

1146 See Table 1 for sensor abbreviations.

1147

1148