McLoughlin, Niamh and Over, Harriet (2017) *Young Children Are More Likely to Spontaneously Attribute Mental States to Members of Their Own Group.* Psychological Science, 28 (10). pp. 1503-1509. ISSN 0956-7976.

Young children are more likely to spontaneously attribute mental states to members of their own group

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Abstract

We investigated whether young children were more likely to spontaneously attribute mental states to members of their own social group than to members of an outgroup. We asked 5- and 6-year-old children to describe the actions of interacting geometric shapes and manipulated whether children believed these shapes represented their own group or another group. Children of both ages spontaneously used mental state words more often in their description of ingroup members compared with outgroup members. Furthermore, 6-year-olds produced a greater diversity of mental state terms when talking about their own social group. These effects held across two different social categories (based on gender and geographical location). This research has important implications for understanding a broad range of social phenomena including dehumanisation, intergroup bias and theory of mind.

Introduction

The ability to understand others' minds is vital to human social interaction (Baron-Cohen, Leslie, & Frith, 1985; Gray, Gray, & Wegner, 2007). From a young age, children are able to reason about the intentions (Carpenter, Akhtar, & Tomasello, 1998), desires (Repacholi & Gopnik, 1997), and perhaps even the beliefs (Onishi & Baillargeon, 2005) of other people.

However, social psychological research has demonstrated that adults do not always take the mental life of others into account (Harris & Fiske, 2006). They sometimes 'dehumanise' members of social outgroups or deny their mental capacities, such as intelligence, agency and emotional depth (Haslam, 2006; Leyens et al., 2000). Outgroup dehumanisation has been an integral part of prejudice and discrimination throughout history and remains an important political issue today (Haslam, 2006). Although the tendency to dehumanise others is not limited to any one political group, rising support for far right parties throughout the West makes the significance of this topic all too clear (Roth, 2017).

In the present study, we combined developmental work on theory of mind with social psychological research on dehumanisation by investigating whether young children are more likely to spontaneously consider the mental states of ingroup members than those of outgroup members. In order to do this, we adapted a paradigm created by Abell, Happé, and Frith (2000) in which participants are asked to describe the behaviour of interacting geometric shapes. The actions of these shapes have been shown to elicit mental state terms in typically developing children and adults (Abell et al., 2000). We manipulated whether children believed these shapes represented members of their own social group or a different social group. We predicted that they would use mental state terms more often, and with greater variety, when describing ingroup interactions.

We tested these hypotheses with two different types of social group, one relating to gender and the other relating to geographical location. We chose to manipulate gender because previous research has shown that this category is particularly salient to young children and that knowledge of gender stereotypes influences their aspirations and career goals (Bian, Leslie, & Cimpian, 2017). We decided to manipulate geographical or national origin as well because this social division is so deeply intertwined with current political debates regarding immigration. We reasoned that if the tendency to attribute more mental states to members of the ingroup is robust, then the effect should hold across both types of group.

We opted to work with 5- and 6-year-olds because, by this age, children are proficient at mental state reasoning (Baron-Cohen et al., 1985), frequently incorporate mental state terms into their conversation (Frith & Frith, 2003) and show preferences for members of their own gender and geographically based group (McLoughlin, Tipper, & Over, 2017).

Method

Participants

The sample consisted of 64 5-year-olds (mean age: 5 years 6 months; age range: 4 years 11 months-5 years 11 months) and 64 6-year-olds (mean age: 6 years 5 months; age range: 6 years 0 months-6 years 11 months) with an equal number of boys and girls in each age group. The children were recruited from local primary schools situated in a small town in northern England and from a science museum located in an urban centre. Further demographic information was not collected.

Six additional children were tested but excluded from analyses because of developmental delay ($n = 1$), technical error ($n = 3$), shyness (i.e., the child did not respond to

any of the test questions or prompts; $n = 1$) and misunderstanding the instructions ($n = 1$). The sample size was based on previous research exploring the development of intergroup cognition (e.g., Dunham, Baron, & Carey, 2011; Martin, Bennett, & Murray, 2008; McLoughlin et al., 2017). We decided on the sample size for each comparison in advance and data collection was stopped once the pre-specified sample size was reached.

Stimuli and Materials

Frith-Happé animations

The videos were originally developed by Abell et al. (2000) and later used by other labs (e.g., Salter, Seigal, Claxton, Lawrence, & Skuse, 2008) to examine mental state attribution. The key feature of these videos from our perspective is that they can be described in terms of simple actions (e.g., pushing each other) or in terms of perceived mental states (e.g., teasing each other).

The videos depict two animated triangles, one big and one small, which appear to interact. In the video used for the warm-up trial, one shape follows the other around the screen in a way that could be described as trying to imitate or mock that character. The main purpose of this warm-up trial was to familiarise the children with the stimuli. In the two videos used in the test phase, one triangle appears to coax the other one outside (the *coaxing* video); in the other video, one triangle appears to deliberately surprise the other one (the *surprising* video). A fourth video created by Abell et al. (2000) was discarded because the content was not ideally suited for young children (i.e., one shape attempts to seduce the other).

Each video lasted approximately 40 seconds. To avoid any assumptions related to gender or stereotypical associations between nations and colours, we changed the original

colours of the animated shapes (red and blue) to black using Movavi Video Editor software. The videos were presented to participants on a Lenovo ThinkPad Intel Core i5 laptop.

Response scale

A 4-point Likert scale was used to measure children's explicit preference for the social groups (McLoughlin et al., 2017). This scale took the form of a bar chart with a 'Not at all' option followed by black bars that increased in height to represent 'A little', 'A medium amount' and 'A lot'.

Design and Counterbalancing

The study had a 2 (group type: gender, geographical location) $\times$ 2 (group membership: ingroup, outgroup) $\times$ 2 (age: 5-year-old, 6-year-old) mixed design. Children's age and the group type were treated as between-subjects variables and group membership was treated as a within-subjects variable. The dependent variables were the total number and the diversity of mental state terms that children used in their description of the videos.

The video associated with the two groups was counterbalanced so that half of the children saw the coaxing video paired with their own group and half of the children saw the coaxing video paired with their outgroup. The order in which the two videos (coaxing and surprising) were presented was also counterbalanced, as was the order in which children were presented with the in- and outgroup video.

Procedure

Warm-up trial

After a brief warm-up phase where the experimenter (E) encouraged children to engage in a conversation with her, she introduced the warm-up video. This warm-up trial was

used to acclimatise children to the procedure. E introduced the video without making any references to gender or geography. She showed children a slide with two triangles and said, 'The first video tells the story of two children. Look, here is one child' and pointed to the big triangle and continued, saying, 'And here is another child,' and pointed to the smaller triangle. She informed children that after watching the video, they could tell her what they thought was happening. E then played the relevant video twice. Following this, a screenshot image of the two triangles from the video appeared on the screen and E asked children four questions to elicit descriptions of what had happened. E first asked, 'What do you think was happening in the video?', and once the child had responded, 'What do you think the children were doing?' These questions were followed by two further probes in which E asked, 'Tell me about this child,' pointing first to the bigger character, then to the smaller character. If the child did not respond to a test question, E prompted him or her again. If the child did not respond to the prompt, then E moved onto the next question. If the child responded to the test questions with a response like 'I don't know' or 'I already told you', E moved onto the next question without using the prompt. The children were not given any specific feedback on their performance; the experimenter responded 'All right!' or 'Okay!' to their statements regardless of what they said.

Gender groups

In the gender group condition, E introduced the test videos by saying 'Now I am going to show you two more videos- one of them is going to be about two boys and the other one is going to be about two girls'. The procedure for the test trials was identical to that of the warm-up trial with the exception that E specified the gender of the characters for the test questions (e.g., 'What do you think the boys were doing?', 'Tell me about this girl').

Geographically based groups

In this condition, E introduced the ingroup test video by saying that it concerned 'two children who live in the same town as you. They go to a school just like your school and they talk just like you do'. The children were told that the outgroup video, in comparison, involved 'two children who live in a country a long way away from here. They go to a school quite different from your school and they talk in a different language to you'. The test questions were identical to those of the warm-up trial except that the geographical origin of the characters was specified (e.g., 'What do you think the children from your town were doing?', 'Tell me about this child from the country far away').

Explicit preference

Once the videos were over, E introduced participants to the 4-point measurement scale and asked them to point to how much they liked children belonging to their own and the other social group. This was done to check that they preferred their own group (Dunham et al., 2011). At the end of the session, children were thanked for their participation and debriefed in a way as to ensure that they left the experiment in a positive frame of mind.

Coding

Coding scheme

We developed a coding scheme based on previous research investigating the mental state content of adult and children's speech (Abell et al., 2000; Meins, Fernyhough, Arnott, Leekam, & de Rosnay, 2013; Nielsen & Dissanayake, 2000). Words were counted as referring to mental states if they referenced a character's thoughts and desires (e.g., 'to want', 'to try', 'to like', 'to know', 'to decide', 'to look for'), emotions (e.g., 'angry', 'scared', 'upset'), intentions (e.g., 'to be naughty', 'to be cheeky') or current states (e.g., 'to be funny', 'to be shy'). References to mental states involving interactions between the two characters

were also coded in this category (e.g., 'pretending', 'tricking', 'arguing', 'surprising', 'spying'). We coded the total number of mental state words children produced to describe each group and the diversity of mental state terms they used in each description. For example, a child who twice said a character was 'trying to' do something produced two mental state terms in total but only one unique mental state term. Alternatively, when a child used two mental state words in conjunction with each other, for example, saying that a character "'wanted to scare' someone, they were coded as producing two mental state terms and two unique mental state terms.

Occasionally, in the gender group condition, children used an incorrect gender pronoun when referring to one of the characters (for e.g., referring to a character E had introduced as female as 'he'). Mental state words produced in combination with the incorrect pronoun were excluded from the analyses ($n = 2$).

Reliability

Children's responses for both test videos were transcribed and coded by the first author. A second rater, unaware of condition, recoded 100% of the data from the transcripts. Reliability between the two coders was very high for the number of mental state terms in the ingroup (intraclass correlation coefficient (ICC) = .99, 95% CI [.99, .99]) and outgroup condition (ICC = .99, 95% CI [.99, .99]). Reliability was also very high for the diversity of mental state words produced in both conditions (ICC = .99, 95% CI [.98, .99] and ICC = .98, 95% CI [.98, .99] respectively). The few disagreements between the coders were resolved by discussion.

Results

Preliminary Analyses

In our preliminary analyses, we inspected the data to see if there were any main effects of participant gender on the dependent variables. There were not (all p's > .145) and, as a result, we collapsed across this variable and do not consider it further.

Number of Mental State Words Produced

We conducted a three-way mixed ANOVA with group membership associated with the video (ingroup, outgroup) as a within-subjects factor and age (5-year-old, 6-year-old) and group type (gender, geographical location) as between-subject factors. In line with our predictions, this result revealed a main effect of group membership: Participants used significantly more mental state words in the ingroup condition ($M = 2.44$, $SD = 2.55$) than in the outgroup condition, ($M = 1.77$, $SD = 1.92$), $F (1, 124) = 8.50$, $p = .004$, partial $\eta2 = .06$, 95% CI = [.22, 1.13] (see Figure 1, panel A.). There was also a main effect of age; 6-year-olds produced more mental state terms ($M = 2.49$, $SD = 2.37$) than 5-year-olds did ($M = 1.71$, $SD = 2.12$), $F (1, 124) = 5.96$, $p = .016$, partial $\eta^2 = .05$, 95% CI = [.15, 1.42], presumably because older children are generally more proficient in the use of these terms (Hughes & Dunn, 1998). There was no main effect of group type ($F (1, 124) = 1.49$, $p = .225$), no interaction between group membership and age ($F (1, 124) = .46$, $p > .250$) and no interaction between group type and group membership or between group membership and age (all F's < 1.15, all p's > .250). There was also no three-way interaction among these variables ($F (1, 124) = .02$, $p > .250$). Thus, children produced a greater number of mental state terms when describing their ingroup than their outgroup and this effect held across both types of social group – gender and geographically based groups.

Having run these analyses, we wanted to check that this effect was not driven by a tendency for children to talk more about the ingroup overall. We therefore analysed how many words participants spoke in total in each condition. Children did not produce

significantly more words in the ingroup condition ($M = 61$) than in the outgroup condition ($M = 57$; t (127) = 1.64, $p = .104$). Although the results of this analysis did not reach statistical significance, we adopted a conservative approach and reran our original analyses using the proportion of children's speech that referenced mental states as the dependent variable. This analysis showed that children used proportionally more mental state words when talking about the ingroup video ($M = .05$, $SD = .07$) than when talking about the outgroup video ($M = .03$, $SD = .03$), F (1, 124) = 7.60, $p = .007$, partial η2 = .06, 95% CI = [.00, .02]. There was no main effect of age (F (1, 124) = 2.72, $p = .102$) or group type (F (1, 124) = .01, $p > .250$) and no interactions of group type and the other critical variables (all F's < 1.09, all p's > .250) on the proportion of mental state words children produced. The group membership × age interaction also did not reach conventional levels of significance (F (1, 124) = 3.61, $p = .060$).

Diversity of Mental State Words Produced

We carried out a mixed ANOVA with the group membership of the video (ingroup, outgroup) as a within-subjects factor and age (5-year-old, 6-year-old) and group type (gender, geographical location) as between-subject factors. This analysis yielded a main effect of group membership, F (1, 124) = 4.41, $p = .038$, partial η2 = .03, 95% CI = [.01, .47]. Again, consistent with our predictions, children produced a greater diversity of mental state terms in the ingroup condition ($M = 1.35$, $SD = 1.25$) than in the outgroup condition, ($M = 1.11$, $SD = 1.05$). There was also a main effect of age; 6-year-olds used a more diverse range of mental state words ($M = 1.48$, $SD = 1.20$) than did 5-year-olds ($M = .98$, $SD = 1.06$), F (1, 124) = 9.07, $p = .003$, partial η2 = .07, 95% CI = [.17, .82], most probably because older children have a wider vocabulary (Hughes & Dunn, 1998). These main effects were qualified by a significant group membership × age interaction, F (1, 124) = 4.41, $p = .038$, partial η2 = .03. Follow-up tests showed that 6-year-olds used a greater diversity of mental state words for the

ingroup video ($M = 1.72$, $SD = 1.25$) than for the outgroup video ($M = 1.23$, $SD = 1.11$), t (63) = 2.86, $p = .006$, $d = .36$, 95% CI [.15, .82] (see Figure 1, panel B.), whereas 5-year-olds did not (t (63) = .00, $p > .250$). As in the previous analysis, there was no main effect of group type (F (1, 124) = .83, $p > .250$), no interaction between group type with either age or group membership (all F's < .37, all p's > .250), and no significant three-way interaction (F (1, 124) = 1.33, $p > .250$). These findings suggest that older children's bias to generate a greater diversity of mental state terms in the ingroup condition held across both gender and geographically based groups.

In order to control for any possible influence of the total number of words spoken by the children in the two conditions, we also reran these analyses with proportional scores. In these analyses, there was also a significant main effect of group membership, F (1, 124) = 4.06, $p = .046$, partial $\eta2 = .03$, 95% CI = [.00, .02], and a significant interaction between group membership and age F (1, 124) = 6.71, $p = .011$, partial $\eta2 = .05$. Again, follow-up tests showed that 6-year-olds produced a greater diversity of mental state words when describing ingroup interactions ($M = .04$, $SD = .08$) than when describing outgroup interactions ($M = .02$, $SD = .02$), t (63) = 2.49, $p = .016$, $d = .31$, 95% CI = [.00, .04]. Five-year olds' responses did not differ significantly between conditions (t (31) = - .75, $p > .250$). There was no significant main effect of age (F (1, 124) = 2.69, $p = .103$) or group type (F (1, 124) = .01, $p > .250$) and no other interactions were significant (all F's < 2.17, all p's > .143).

Explicit Preference

Finally, we conducted a three-way mixed ANOVA with children's group membership (ingroup, outgroup) as a within-subjects factor and age (5-year-old, 6-year-old) and group type (gender, geographical location) as between-subjects factors on explicit preference ratings. This analysis confirmed that children liked members of their own group ($M = 2.63$,

SD = .72) significantly more than members of the other group (*M* = 1.76, *SD* = 1.01), *F* (1, 124) = 60.14, *p* < .001, partial η2 = .33, 95% CI = [.65, 1.09]. There was no main effect of age on children's explicit preference (*F* (1, 124) = .90, *p* > .250) and no interaction between group membership and age (*F* (1, 124) = .01, *p* > .250). There was no main effect of group type (*F* (1, 124) = 1.93, *p* = .168) and this variable did not interact with group membership and/or age (all *F*'s < 2.15, all *p*'s > .145). Hence, it seems that children felt similarly positive about both their own gender and geographically based group and their explicit preference did not vary by age.
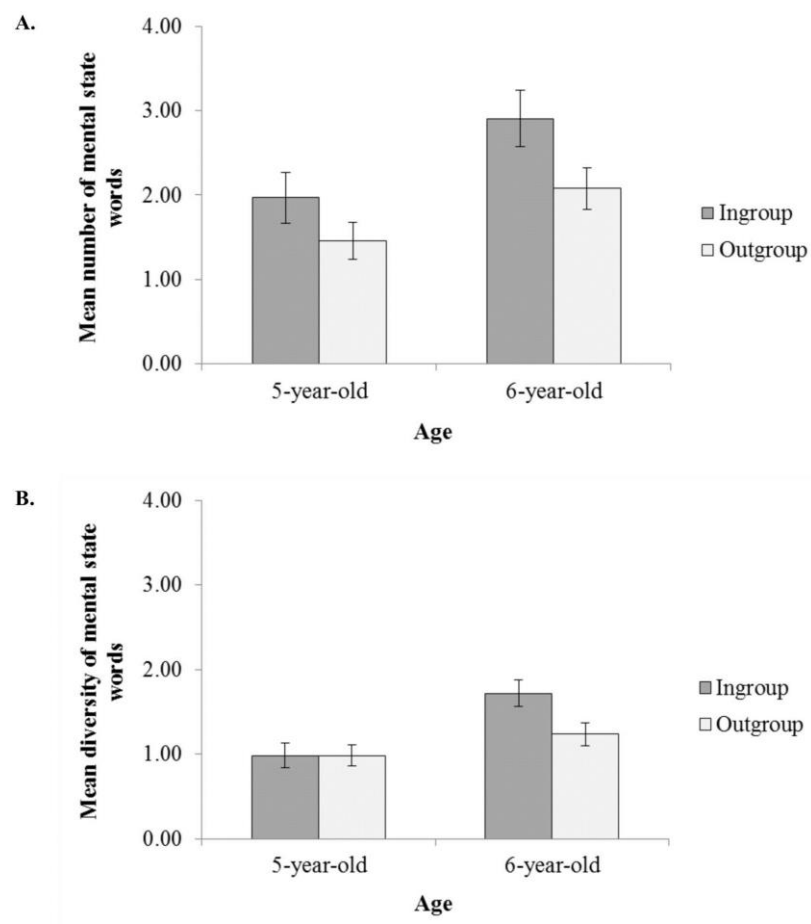

Figure 1. The results for the mean number of mental state words (panel A) and for the mean diversity of mental states words (panel B) that 5- and 6-year-old children produced in each condition. Error bars represent the standard error of the mean.

Discussion

Our results reveal that young children use mental state terms more often when describing members of their own social group. Furthermore, 6-year-old, but not 5-year-old, children use a greater diversity of mental state words when talking about their ingroup. This effect held across two different social categories – one based on gender and the other on geography. Importantly, these results cannot be explained by an increased motivation to talk more about the own group in general, because they held even when we reran the analyses with the proportion of mental state words children produced for each video. Overall, our findings demonstrate that young children are selective in the way they attribute mental states to others.

This study has important implications for our understanding of the origins of intergroup bias. Previous developmental research has concentrated on children's relative preferences for members ingroup members (Dunham et al., 2011) and has established that children show both explicit and implicit preferences (Baron & Banaji, 2006) from early in development. Here, in contrast, we focus on mental state attribution. This topic is closely related to the concept of dehumanisation (Harris & Fiske, 2006). Prior studies with adults have found that they are less likely to attribute a mind to outgroup members (Hackel, Looser, & Van Bavel, 2014) and that this tendency has significant consequences for moral judgements (Gray et al., 2007). Relevant work in philosophy and sociology has shown that dehumanisation is pervasive within the media and other social domains (Esses, Medianu, & Lawson, 2013; Redeker, 2007) and could thus have wide-ranging repercussions for group relations. Research into the development of dehumanising biases may therefore enhance our general understanding of intergroup harm and prejudice. However, until now, this subject has received relatively little attention. Recent studies have suggested that children perceive less humanness in outgroup faces (McLoughlin et al., 2017) and rate the emotions of outgroup

members to be less intense than those of the ingroup (Martin et al., 2008). Our results inform work in this related field by showing that, at least from the age of 5, children are less likely to spontaneously reference the mental states of individuals belonging to another group.

Our findings also have interesting implications for research on theory of mind. Since Wimmer and Perner's seminal 1983 article, the study of mental state understanding has blossomed within developmental psychology. This work has primarily been dedicated to when children first develop the ability to reason about the minds of others, including their feelings (Hughes & Dunn, 1998) and beliefs (Onishi & Baillargeon, 2005). The current findings underline the importance of considering the situations in which children are more or less motivated to deploy this skill, in addition to investigating when this ability emerges (Over, 2016).

A valuable question for future inquiry is whether our results would extend beyond children in WEIRD (Western, Educated, Industrialised, Rich and Democratic) cultures (Henrich, Heine, & Norenzayan, 2010). Previous research has revealed systematic differences in the emphasis that cultural groups place on mental states as explanations for other people's behaviour (Lillard, 1998). Cultural variations in both mental state attribution (Lillard, 1998) and intergroup dynamics (Fischer & Derham, 2016) could influence the relationship we observed in this study.

The present report addresses a surprising disconnect between the literatures examining the development of intergroup cognition and theory of mind (Rakoczy, 2014). The combination of these research areas is of potential interest to academics working in applied settings. For example, future research could explore the social consequences of biased mental state attribution and whether encouraging children to attribute a mental life to outgroup members may increase their readiness to engage in prosocial behaviour (Drummond, Paul,

Waugh, Hammond, & Brownell, 2014) in Western contexts and beyond. In this way, investigation into the development of dehumanisation may ultimately inform research-led interventions to foster positive intergroup relations.

Author Contributions

Both authors contributed to the concept and design of the study. Testing and data collection were performed by N. McLoughlin. N. McLoughlin performed the data analysis under the supervision of H. Over. N. McLoughlin drafted the manuscript and H. Over provided critical revisions. Both authors approved the final version of the manuscript for submission.

Declarations of Conflicting Interests

The authors declared that there were no conflicts of interest with respect to the authorship or the publication of this article.

Acknowledgements

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