



Government
Equalities Office

Sharing of childcare and well-being outcomes: an empirical analysis

THE ANNEX

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Descriptive results

Table 1: Absolute and relative time spent on childcare

	Weekdays				Weekend			
	Fathers Carers ^a		Mothers All ^b		Fathers Carers		Mothers All	
	<i>Mean daily time</i> ¹							
Primary care	69	36	132	93	108	61	133	87
Secondary care	44	9	68	29	65	18	77	30
Copresence	355	251	493	372	509	390	582	446
Pri and Sec	81	45	168	122	130	79	168	117
Pri,Sec and Copr	404	296	652	494	608	469	734	563
Caring alone	67	21	146	90	92	33	109	56
Joint caring	62	27	77	42	97	51	118	70
Routine care	59	29	122	86	79	41	120	82
Enriched care	57	21	90	51	99	45	92	48
	<i>Proportion of daily time</i> ²							
Primary care	7.2	3.8	13.8	9.7	11.9	6.7	14.5	9.6
Secondary care	4.7	0.9	7.2	3.1	7.1	2	8.6	3.3
Copresence	38.7	27.4	52.8	39.8	58.1	44.5	66.8	51.2
Pri and Sec	8.5	4.7	17.6	12.8	14.4	8.7	18.5	12.9
Pri,Sec and Copr	43.9	32.1	69.5	52.6	69	53.3	83.5	64.1
Caring alone	7.1	2.2	15.3	9.5	9.9	3.6	11.9	6.1
Joint caring	6.5	2.9	8.1	4.4	10.9	5.7	13	7.7
Routine care	6.3	3	12.8	9	8.6	4.4	13.2	9
Enriched care	5.9	2.2	9.4	5.4	11.1	5	10.1	5.3

Note: ¹ Mean daily minutes by type of caring. ² Caring as proportion of daily time spent on non-resting activities
^a Denominator: all respondents who reported caring on the day; ^b All sample (incl. non carers) ^{1,2} Individuals in UK households with two cohabitating heterosexual adults and at least one child under 15. Data: UK TUS 2015, weighted for non-response

Table 2: Time spent on childcare by parental working-time (minutes per day)

	Weekdays				Weekend			
	Mothers		Fathers		Mothers		Fathers	
	Carers ^a	All ^b	Carers	All	Carers	All	Carers	All
<i>Parents working full-time</i>								
Primary care	125	79	67	35	145	86	111	62
Secondary care	50	18	39	7	72	27	68	19
Copresence	396	279	340	239	536	385	514	392
Pri and Sec	145	97	76	42	170	112	133	81
Pri,Sec and Copr	530	376	384	281	693	497	615	473
Caring alone	122	67	57	17	109	54	92	33
Joint caring	75	38	61	27	120	67	98	52
Routine care	113	73	53	25	125	80	79	41
Enriched care	69	36	53	20	89	45	100	47
<i>Parents working part-time</i>								
Primary care	123	87	66	26	122	84	97	41
Secondary care	65	28	42	6	86	34	65	19
Copresence	469	352	448	275	556	427	480	348
Pri and Sec	159	115	83	32	166	118	122	60
Pri,Sec and Copr	622	467	500	307	710	546	563	408
Caring alone	137	87	98	19	110	58	77	22
Joint caring	70	39	53	18	111	70	110	41
Routine care	110	77	82	30	109	77	81	32
Enriched care	90	54	38	6	102	55	108	32
<i>Parents not in paid work¹</i>								
Primary care	148	117	90	62	135	93	91	64
Secondary care	84	43	67	27	70	28	44	16
Copresence	616	502	409	355	657	539	492	420
Pri and Sec	200	160	118	89	169	121	112	80
Pri,Sec and Copr	807	661	511	444	805	660	586	501
Caring alone	178	122	120	61	108	56	100	47
Joint caring	87	51	69	44	126	74	73	40
Routine care	143	112	95	62	130	91	79	48
Enriched care	109	66	95	50	83	42	86	41

Note: Mean daily minutes by type of caring. ^a Denominator: all respondents who reported caring on the day; ^b All sample (incl. non carers) Parents in UK households with two cohabitating heterosexual adults and at least one child under 15. Data: UK TUS 2015, weighted for non-response

Table 3: Time spent on childcare by parental working-time (relative)

	Weekdays				Weekend			
	Mothers Carers ^a		Fathers Carers		Mothers Carers		Fathers Carers	
	All ^b	All	All	All	All	All	All	All
<i>Parents working full-time</i>								
Primary care	12.9	8.2	6.9	3.6	16.0	9.4	12.1	6.8
Secondary care	5.1	1.8	4.1	0.7	8.1	3.0	7.4	2.0
Copresence	41.4	29.2	36.1	25.4	59.9	43.0	57.7	44.0
Pri and Sec	14.9	10.0	7.9	4.4	18.9	12.4	14.5	8.8
Pri,Sec and Copr	55.2	39.2	40.6	29.7	77.2	55.4	68.7	52.8
Caring alone	12.5	6.8	6.0	1.8	11.7	5.8	9.9	3.5
Joint caring	7.8	3.9	6.3	2.8	13.6	7.6	10.9	5.8
Routine care	11.6	7.5	5.6	2.7	13.8	8.8	8.5	4.4
Enriched care	7.2	3.7	5.4	2.0	9.7	5.0	11.0	5.1
<i>Parents working part-time</i>								
Primary care	12.8	9.1	7.0	2.7	13.3	9.3	12.4	5.3
Secondary care	6.7	2.9	4.3	0.6	9.6	3.8	7.1	2.1
Copresence	49.3	37.0	50.2	30.8	61.8	47.5	57.5	41.7
Pri and Sec	16.5	12.0	8.7	3.4	18.3	13.0	14.9	7.4
Pri,Sec and Copr	65.2	49.0	55.7	34.2	78.7	60.5	67.7	49.1
Caring alone	14.2	9.0	10.1	1.9	12.2	6.4	8.5	2.5
Joint caring	7.3	4.0	5.9	2.0	12.2	7.7	14.2	5.3
Routine care	11.4	8.0	8.7	3.2	12.0	8.4	9.2	3.6
Enriched care	9.3	5.6	4.4	0.7	11.3	6.1	14.3	4.2
<i>Parents not in paid work¹</i>								
Primary care	15.7	12.4	9.8	6.7	14.6	10.1	10.4	7.3
Secondary care	9.4	4.8	7.5	3.1	7.8	3.1	5.1	1.9
Copresence	68.0	55.4	52.5	45.6	79.5	65.2	62.9	53.8
Pri and Sec	21.4	17.2	12.9	9.8	18.3	13.2	12.8	9.2
Pri,Sec and Copr	88.5	72.5	63.8	55.4	95.5	78.4	73.7	63.0
Caring alone	19.1	13.0	12.5	6.4	11.8	6.1	10.8	5.1
Joint caring	9.3	5.5	7.9	5.1	13.6	8.0	8.8	4.8
Routine care	15.4	12.0	10.3	6.7	14.1	9.9	8.7	5.3
Enriched care	11.6	7.0	10.5	5.5	9.0	4.6	10.0	4.8

Note: Caring as proportion of daily time spent on non-resting activities ^a Denominator: all respondents who reported caring on the day; ^b All sample (incl. non carers) Parents in UK households with two cohabitating heterosexual adults and at least one child under 15. Data: UK TUS 2015, weighted for non-response

Table 4: Time spent on childcare by age of the youngest child (minutes per day)

	Weekdays				Weekend			
	Fathers Carers ^a		Mothers All ^b		Fathers Carers		Mothers All	
<i>Youngest child is under 5</i>								
Primary care	147	139	73	51	146	132	115	90
Secondary care	73	42	47	13	80	43	68	26
Copresence	528	512	385	341	600	590	526	497
Pri and Sec	189	181	87	63	187	174	141	116
Pri,Sec and Copr	714	694	443	404	777	764	643	613
Caring alone	162	134	74	30	120	83	100	49
Joint caring	84	63	63	39	131	105	103	74
Routine care	139	131	65	41	135	124	83	59
Enriched care	95	73	60	30	98	70	103	66
<i>Youngest child is 5-10</i>								
Primary care	69	34	49	15	69	29	65	17
Secondary care	44	12	27	3	60	15	53	9
Copresence	378	226	260	135	545	325	468	281
Pri and Sec	87	47	52	18	89	44	76	26
Pri,Sec and Copr	453	273	281	153	619	369	512	307
Caring alone	80	36	39	8	63	22	51	10
Joint caring	43	14	49	11	61	24	64	18
Routine care	52	26	35	10	58	27	55	15
Enriched care	66	26	40	9	66	21	71	14

Note: Mean daily minutes by type of caring. ^a Denominator: all respondents who reported caring on the day; ^b Full sample (incl. those not caring on diary day) Parents in UK households with two cohabitating heterosexual adults and at least one child under 15. Data: UK TUS 2015, weighted for non-response

Table 5: Time spent on childcare by age of the youngest child (relative)

	Weekdays				Weekend			
	Fathers Carers ^a		Mothers All ^b		Fathers Carers		Mothers All	
<i>Youngest child is under 5</i>								
Primary care	15.3	14.5	7.7	5.4	16.0	14.4	12.7	10.0
Secondary care	7.8	4.5	5.0	1.3	9.0	4.7	7.4	2.8
Copresence	56.6	54.8	42.4	37.5	69.0	67.8	59.8	56.5
Pri and Sec	19.8	19.0	9.2	6.7	20.6	19.1	15.5	12.8
Pri,Sec and Copr	76.0	73.8	48.4	44.2	88.4	86.9	72.6	69.3
Caring alone	17.0	14.0	7.8	3.1	13.1	9.0	10.7	5.2
Joint caring	8.8	6.6	6.8	4.1	14.4	11.6	11.6	8.3
Routine care	14.5	13.7	6.9	4.3	14.8	13.5	9.0	6.4
Enriched care	9.9	7.7	6.3	3.1	10.7	7.7	11.6	7.4
<i>Youngest child is 5-10</i>								
Primary care	7.4	3.7	4.8	1.5	7.7	3.2	7.4	2.0
Secondary care	4.7	1.3	2.8	0.3	6.6	1.6	5.8	1.0
Copresence	40.6	24.3	27.3	14.2	62.3	37.1	54.5	32.6
Pri and Sec	9.2	5.0	5.1	1.8	9.8	4.9	8.6	3.0
Pri,Sec and Copr	48.6	29.3	29.3	16.0	70.5	42.0	59.4	35.6
Caring alone	8.5	3.8	4.1	0.8	6.9	2.4	5.7	1.1
Joint caring	4.6	1.6	4.7	1.0	6.8	2.7	7.3	2.0
Routine care	5.5	2.8	3.5	1.0	6.4	3.0	6.1	1.6
Enriched care	7.1	2.8	3.9	0.8	7.3	2.3	8.0	1.5

Note: Caring as proportion of daily time spent on non-resting activities ^a Denominator: all respondents who reported caring on the day; ^b Full sample (incl. those not caring on diary day) Parents in UK households with two cohabitating heterosexual adults and at least one child under 15. Data: UK TUS 2015, weighted for non-response

Regression results

Table 6: OLS model of parental anxiety by type and share of child care

	Primary childcare		Secondary childcare		Solo childcare		Joint childcare		Routine childcare		Enriched childcare	
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers
<i>Ref: father not doing childcare on diary day</i>												
Father's share less than 40%	.00 (.31)	.52 (.41)	.12 (.29)	.55 (.36)	-.02 (.29)	.37 (.37)	-.46 (.29)	.40 (.36)	-.00 (.29)	.28 (.38)	-1.12*** (.28)	.18 (.35)
Father's share between 41 and 100%	-.49 (.35)	-.44 (.44)	1.09 (.66)	.19 (.78)	.58 (.41)	-.34 (.49)	-.56 (.34)	-.46 (.46)	.97* (.38)	-.22 (.47)	-.98** (.38)	-.71 (.51)
Mother's age	.09* (.04)	-.03 (.05)	.09* (.04)	-.04 (.05)	.08* (.04)	-.04 (.05)	.09* (.04)	-.04 (.05)	.09* (.04)	-.04 (.05)	.10** (.04)	-.03 (.05)
Father's age	-.08** (.03)	.04 (.04)	-.08** (.03)	.04 (.04)	-.08** (.03)	.04 (.04)	-.08** (.03)	.05 (.04)	-.08** (.03)	.04 (.04)	-.08** (.03)	.03 (.04)
<i>Ref: youngest child is aged 0-4</i>												
Youngest child 5-10	-.25 (.35)	.20 (.44)	-.27 (.34)	.28 (.44)	-.13 (.34)	.27 (.44)	-.25 (.34)	.31 (.43)	-.15 (.34)	.29 (.44)	-.45 (.34)	.29 (.44)
Youngest child 11-14	-.15 (1.26)	-.19 (1.69)	-.43 (1.24)	-2.14 (1.68)	-.62 (1.24)	-2.30 (1.69)	-.42 (1.25)	-.179 (1.71)	-.91 (1.24)	-2.36 (1.69)	-.64 (1.23)	-1.79 (1.71)
Outsource childcare	1.68*** (.34)	.42 (.46)	1.66*** (.34)	.28 (.46)	1.60*** (.34)	.32 (.46)	1.58*** (.34)	.36 (.46)	1.57*** (.34)	.34 (.47)	1.45*** (.34)	.36 (.47)
<i>Ref: mother employed full-time</i>												
Mother employed part-time	.51 (.31)	-.41 (.38)	.49 (.31)	-.50 (.38)	.53 (.31)	-.49 (.38)	.54 (.31)	-.53 (.38)	.50 (.31)	-.46 (.38)	.52 (.30)	-.48 (.38)
Mother not in paid work	.68* (.33)	-.65 (.42)	.72* (.33)	-.65 (.42)	.81* (.34)	-.68 (.42)	.75* (.33)	-.62 (.42)	.80* (.33)	-.62 (.43)	.61 (.33)	-.69 (.42)
<i>Ref: mother holds a higher education qualification</i>												
Mother Secondary education	-.60* (.29)	.69 (.38)	-.61* (.29)	.63 (.38)	-.65* (.29)	.63 (.38)	-.67* (.29)	.65 (.38)	-.66* (.29)	.59 (.38)	-.76** (.28)	.58 (.38)
Mother GCSE or below	-2.97* (1.17)	-1.14 (1.50)	-2.77* (1.17)	-1.21 (1.52)	-2.86* (1.16)	-1.11 (1.52)	-3.14** (1.17)	-1.22 (1.51)	-2.78* (1.16)	-1.14 (1.52)	-3.20** (1.15)	-1.37 (1.51)
Mother other education	-.08 (.54)	1.55* (.66)	-.01 (.54)	1.65* (.66)	-.09 (.54)	1.69* (.66)	-.13 (.54)	1.52* (.66)	-.10 (.54)	1.64* (.66)	-.24 (.53)	1.60* (.66)
<i>Ref: Father -Skills Levels 4 occupation, no flexible working-time</i>												
Father not in paid work	-.17 (.71)	.55 (.77)	-.47 (.68)	.13 (.75)	-.77 (.71)	.25 (.77)	-.55 (.68)	.04 (.75)	-.105 (.71)	.37 (.78)	-.44 (.67)	.24 (.75)
Father skills level 1-No Flexible work	-1.27 (.71)	-2.95** (1.05)	-1.29 (.71)	-2.98** (1.05)	-1.38 (.71)	-2.99** (1.05)	-1.34 (.71)	-3.18** (1.05)	-1.33 (.71)	-2.98** (1.06)	-1.35 (.70)	-3.09** (1.05)
Father skills level 1-Flexible work	-1.12 (.71)	-1.76 (.98)	-1.10 (.71)	-1.67 (.99)	-1.16 (.71)	-1.73 (.99)	-1.13 (.71)	-1.94 (.99)	-1.26 (.71)	-1.65 (1.00)	-1.00 (.70)	-1.79 (.99)
Father skills level 2-No Flexible work	-1.02 (.54)	-2.68*** (.72)	-0.98 (.53)	-2.73*** (.71)	-1.00 (.54)	-2.76*** (.71)	-1.15* (.54)	-2.87*** (.71)	-1.01 (.54)	-2.72*** (.73)	-1.27* (.53)	-2.87*** (.71)
Father skills level 2-Flexible work	-1.16* (.55)	.07 (.68)	-1.18* (.55)	-.01 (.68)	-1.27* (.55)	-.09 (.68)	-1.29* (.55)	-.13 (.68)	-1.26* (.55)	-.09 (.68)	-1.37* (.54)	-.13 (.68)
Father skills level 3-No Flexible work	-.74 (.41)	-.61 (.57)	-.71 (.41)	-.60 (.56)	-.72 (.41)	-.57 (.56)	-.79 (.41)	-.70 (.56)	-.74 (.41)	-.57 (.57)	-.94* (.40)	-.74 (.57)
Father skills level 3-Flexible work	-1.64*** (.48)	-1.77** (.61)	-1.71*** (.49)	-1.67** (.63)	-1.68*** (.48)	-1.69** (.62)	-1.63*** (.48)	-1.84** (.61)	-1.71*** (.48)	-1.72** (.62)	-1.77*** (.47)	-1.77** (.62)
Father skills level 4-Flexible work	-.44 (.46)	.45 (.57)	-.43 (.46)	.45 (.58)	-.56 (.47)	.44 (.58)	-.55 (.46)	.27 (.58)	-.63 (.47)	.47 (.58)	-.61 (.46)	.34 (.57)
Adj. R ²	.11	.12	.11	.11	.11	.11	.11	.12	.12	.11	.13	.11
Num. obs.	485	333	485	333	485	333	485	333	485	333	485	333

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers did not do any childcare. *** $p < 0.001$; ** $p < 0.01$; * $p < 0.05$ Matched household-level dataset of parents aged 16 and above in heterosexual couples with at least one child under 15. Data: UK TUS 2015.

Table 7: OLS model of parental life satisfaction by type and share of child care

	Primary childcare		Secondary childcare		Solo childcare		Joint childcare		Routine childcare		Enriched childcare	
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers
<i>Ref: father not doing childcare on diary day</i>												
Father's share less than 40%	-.07 (.10)	.02 (.12)	-.04 (.09)	.03 (.11)	-.13 (.09)	-.07 (.13)	.11 (.09)	.09 (.11)	-.01 (.09)	.08 (.11)	.02 (.09)	.16 (.10)
Father's share between 41 and 100%	-.20 (.11)	-.11 (.13)	-.07 (.20)	-.12 (.23)	-.18 (.13)	-.21 (.15)	.09 (.11)	.06 (.14)	-.21 (.12)	-.20 (.14)	.08 (.12)	.06 (.15)
Mother's age	-.01 (.01)	-.03* (.01)	-.01 (.01)	-.03* (.01)	-.01 (.01)	-.03* (.01)	-.01 (.01)	-.03* (.01)	-.01 (.01)	-.03* (.01)	-.01 (.01)	-.03* (.01)
Father's age	-.00 (.01)	.02* (.01)	-.00 (.01)	.02* (.01)	-.00 (.01)	.02* (.01)	-.00 (.01)	.02* (.01)	-.00 (.01)	.02* (.01)	-.00 (.01)	.02 (.01)
<i>Ref: youngest child is aged 0-4</i>												
Youngest child 5-10	-.08 (.11)	.07 (.13)	-.03 (.11)	.10 (.13)	-.07 (.10)	.06 (.13)	-.01 (.10)	.10 (.13)	-.04 (.11)	.10 (.13)	-.03 (.11)	.12 (.13)
Youngest child 11-14	.19 (.39)	.09 (.51)	.05 (.38)	.01 (.50)	.07 (.38)	-.05 (.50)	.07 (.51)	-.02 (.51)	.15 (.38)	.01 (.50)	.05 (.39)	.03 (.51)
Outsource childcare	.03 (.10)	-.17 (.14)	.02 (.10)	-.19 (.14)	.03 (.10)	-.18 (.14)	.03 (.10)	-.18 (.14)	-.03 (.10)	-.16 (.14)	.02 (.11)	-.16 (.14)
<i>Ref: mother employed full-time</i>												
Mother employed part-time	-.13 (.09)	-.01 (.11)	-.13 (.09)	-.03 (.11)	-.14 (.09)	-.03 (.11)	-.14 (.09)	-.04 (.11)	-.13 (.09)	-.01 (.11)	-.13 (.09)	-.04 (.11)
Mother not in paid work	-.02 (.10)	.09 (.13)	.00 (.10)	.10 (.12)	-.03 (.10)	.07 (.13)	.00 (.10)	.10 (.12)	-.01 (.10)	.11 (.13)	.01 (.10)	.11 (.12)
<i>Ref: mother holds a higher education qualification</i>												
Mother Secondary education	.16 (.09)	-.11 (.11)	.15 (.09)	-.13 (.11)	.15 (.09)	-.12 (.11)	.16 (.09)	-.11 (.11)	.15 (.09)	-.12 (.11)	.15 (.09)	-.11 (.11)
Mother GCSE or below	.09 (.36)	-.17 (.45)	.13 (.36)	-.15 (.45)	.14 (.36)	-.13 (.45)	.19 (.36)	-.13 (.45)	.12 (.36)	-.13 (.45)	.15 (.36)	-.17 (.45)
Mother other education	-.15 (.17)	-.35 (.20)	-.15 (.17)	-.33 (.20)	-.16 (.17)	-.34 (.20)	-.13 (.17)	-.34 (.20)	-.14 (.17)	-.32 (.20)	-.14 (.17)	-.32 (.20)
<i>Ref: Father -Skills Levels 4 occupation, no flexible working-time</i>												
Father not in paid work	-.47* (.22)	-.16 (.23)	-.55** (.21)	-.22 (.22)	-.48* (.22)	-.15 (.23)	-.54* (.21)	-.21 (.22)	-.44* (.22)	-.09 (.23)	-.56** (.21)	-.19 (.22)
Father skills level 1-No Flexible work	-.64** (.22)	.26 (.31)	-.64** (.22)	.24 (.31)	-.65** (.22)	.25 (.31)	-.63** (.22)	.23 (.31)	-.63** (.22)	.27 (.31)	-.63** (.22)	.25 (.31)
Father skills level 1-Flexible work	.30 (.22)	.43 (.29)	.31 (.22)	.42 (.30)	.31 (.22)	.46 (.29)	.31 (.22)	.42 (.30)	.34 (.22)	.47 (.29)	.31 (.22)	.42 (.29)
Father skills level 2-No Flexible work	.07 (.16)	.29 (.21)	.08 (.16)	.29 (.21)	.06 (.16)	.26 (.21)	.13 (.17)	.31 (.21)	.09 (.17)	.33 (.21)	.10 (.16)	.33 (.21)
Father skills level 2-Flexible work	.22 (.17)	.07 (.20)	.20 (.17)	.04 (.20)	.21 (.17)	.07 (.20)	.21 (.17)	.06 (.20)	.21 (.17)	.05 (.20)	.21 (.17)	.07 (.20)
Father skills level 3-No Flexible work	.10 (.13)	.45** (.17)	.13 (.13)	.46** (.17)	.10 (.13)	.45** (.17)	.15 (.13)	.47** (.17)	.14 (.13)	.49** (.17)	.14 (.13)	.49** (.17)
Father skills level 3-Flexible work	-.23 (.15)	.42* (.18)	-.23 (.15)	.44* (.19)	-.25 (.15)	.42* (.18)	-.22 (.15)	.42* (.18)	-.21 (.15)	.45* (.18)	-.22 (.15)	.44* (.18)
Father skills level 4-Flexible work	.27 (.14)	.14 (.17)	.26 (.14)	.13 (.17)	.27 (.14)	.15 (.17)	.28* (.14)	.14 (.17)	.29* (.14)	.18 (.17)	.27 (.14)	.15 (.17)
Adj. R ²	.06	.03	.05	.03	.06	.04	.06	.03	.06	.04	.05	.04
Num. obs.	485	335	485	335	485	335	485	335	485	335	485	335

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers did not do any childcare. ** $p < 0.001$; * $p < 0.01$; $p < 0.05$ Matched household-level dataset of parents aged 16 and above in heterosexual couples with at least one child under 15. Data: UK TUS 2015.

Table 8: OLS model of parental work-life balance satisfaction by type and share of child care

	Primary childcare		Secondary childcare		Solo childcare		Joint childcare		Routine childcare		Enriched childcare	
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers
<i>Ref: father not doing childcare on diary day</i>												
Father's share less than 40%	-.04 (.13)	.07 (.15)	.04 (.13)	.01 (.14)	.05 (.13)	.11 (.14)	.27* (.12)	-.06 (.14)	.03 (.12)	.14 (.14)	.00 (.12)	.05 (.14)
Father's share between 41 and 100%	.08 (.15)	.15 (.16)	.15 (.27)	.39 (.28)	-.16 (.17)	.28 (.18)	.28 (.15)	.13 (.17)	-.06 (.16)	.17 (.16)	.35* (.16)	.23 (.19)
Mother's age	-.01 (.02)	-.03 (.02)	-.01 (.02)	-.02 (.02)	-.01 (.02)	-.03 (.02)	-.01 (.02)	-.03 (.02)	-.01 (.02)	-.03 (.02)	-.02 (.02)	-.03 (.02)
Father's age	.03* (.01)	.02 (.01)	.03* (.01)	.02 (.01)	.03* (.01)	.02 (.01)	.03* (.01)	.02 (.01)	.03* (.01)	.02 (.01)	.03* (.01)	.02 (.01)
<i>Ref: youngest child is aged 0-4</i>												
Youngest child 5-10	-.02 (.15)	.10 (.18)	-.02 (.15)	.05 (.17)	-.02 (.15)	.11 (.17)	.03 (.15)	.06 (.17)	-.01 (.15)	.10 (.18)	-.03 (.15)	.09 (.17)
Youngest child 11-14	.70 (.47)	.33 (.49)	.78 (.46)	.41 (.49)	.80 (.46)	.39 (.49)	.76 (.46)	.31 (.49)	.79 (.46)	.36 (.46)	.69 (.46)	.34 (.49)
Outsource childcare	-.43** (.15)	-.03 (.17)	-.42** (.15)	-.02 (.17)	-.42** (.15)	-.02 (.17)	-.41** (.15)	-.04 (.17)	-.42** (.15)	-.01 (.17)	-.41** (.15)	-.02 (.17)
<i>Ref: mother employed full-time</i>												
Mother employed part-time	.24 (.14)	-.05 (.15)	.24 (.14)	-.04 (.15)	.23 (.14)	-.04 (.15)	.23 (.14)	-.06 (.15)	.24 (.14)	-.04 (.15)	.23 (.14)	-.05 (.15)
Mother not in paid work	.35* (.15)	-.18 (.16)	.35* (.15)	-.18 (.16)	.32* (.15)	-.15 (.16)	.34* (.14)	-.20 (.16)	.34* (.15)	-.16 (.16)	.35* (.15)	-.19 (.16)
<i>Ref: mother holds a higher education qualification</i>												
Mother Secondary education	.25* (.12)	.04 (.14)	.25* (.12)	.05 (.14)	.25* (.12)	.04 (.14)	.26* (.12)	.03 (.14)	.25* (.12)	.03 (.14)	.25* (.12)	.06 (.14)
Mother GCSE or below	.15 (.45)	.85 (.45)	.17 (.45)	.89* (.45)	.15 (.45)	.84 (.45)	.17 (.45)	.91* (.45)	.15 (.45)	.84 (.45)	.15 (.45)	.88* (.45)
Mother other education	-.43 (.26)	-.72* (.29)	-.43 (.26)	-.76** (.29)	-.43 (.26)	-.73* (.29)	-.41 (.26)	-.73* (.29)	-.43 (.26)	-.73* (.29)	-.45 (.26)	-.73* (.29)
<i>Ref: Father -Skills Levels 4 occupation, no flexible working-time</i>												
Father not in paid work	-.18 (.29)	-.80** (.30)	-.14 (.29)	-.79** (.30)	-.10 (.29)	-.83** (.30)	-.14 (.28)	-.78** (.30)	-.12 (.29)	-.78** (.30)	-.17 (.28)	-.79** (.30)
Father skills level 1-No Flexible work	.44 (.30)	.39 (.37)	.45 (.30)	.39 (.37)	.46 (.30)	.39 (.37)	.44 (.30)	.41 (.37)	.45 (.30)	.40 (.37)	.45 (.30)	.39 (.37)
Father skills level 1-Flexible work	-.45 (.33)	-.37 (.37)	-.47 (.33)	-.39 (.37)	-.45 (.33)	-.39 (.37)	-.46 (.33)	-.35 (.37)	-.45 (.33)	-.35 (.37)	-.47 (.33)	-.37 (.37)
Father skills level 2-No Flexible work	.10 (.22)	-.12 (.25)	.10 (.21)	-.15 (.25)	.12 (.22)	-.11 (.25)	.16 (.21)	-.14 (.25)	.12 (.22)	-.09 (.25)	.10 (.21)	-.12 (.25)
Father skills level 2-Flexible work	.27 (.26)	.21 (.27)	.28 (.26)	.24 (.27)	.28 (.26)	.21 (.27)	.29 (.25)	.23 (.27)	.28 (.26)	.23 (.27)	.29 (.25)	.23 (.27)
Father skills level 3-No Flexible work	-.03 (.17)	.20 (.21)	-.03 (.17)	.19 (.21)	-.02 (.17)	.21 (.21)	-.01 (.17)	.20 (.21)	-.02 (.17)	.22 (.21)	-.03 (.17)	.21 (.21)
Father skills level 3-Flexible work	-.10 (.21)	.20 (.24)	-.10 (.21)	.18 (.24)	-.07 (.21)	.18 (.24)	-.09 (.21)	.20 (.24)	-.09 (.21)	.20 (.24)	-.10 (.21)	.20 (.24)
Father skills level 4-Flexible work	.27 (.20)	-.08 (.21)	.28 (.20)	-.08 (.21)	.30 (.20)	-.10 (.21)	.28 (.20)	-.07 (.21)	.29 (.20)	-.07 (.22)	.27 (.20)	-.06 (.21)
Adj. R ²	.03	.03	.03	.03	.03	.03	.03	.03	.03	.03	.03	.03
Num. obs.	872	620	872	620	872	620	872	620	872	620	872	620

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers did not do any childcare. ** $p < 0.001$; * $p < 0.01$; $p < 0.05$ Matched household-level dataset of parents aged 16 and above in heterosexual couples with at least one child under 15. Data: UK TUS 2015.

Table 9: OLS model of parental satisfaction with leisure by type and share of child care

	Primary childcare		Secondary childcare		Solo childcare		Joint childcare		Routine childcare		Enriched childcare	
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers
<i>Ref: father not doing childcare on diary day</i>												
Father's share less than 40%	.04 (.14)	-.13 (.17)	-.07 (.13)	-.09 (.15)	-.06 (.13)	.06 (.15)	.05 (.13)	-.23 (.15)	-.02 (.13)	-.18 (.16)	-.05 (.13)	-.02 (.15)
Father's share between 41 and 100%	.27 (.15)	.03 (.18)	.05 (.27)	.22 (.31)	.04 (.17)	.11 (.19)	.21 (.15)	.17 (.18)	.29 (.17)	.05 (.20)	.12 (.17)	.24 (.20)
Mother's age	.01 (.02)	-.01 (.02)	.02 (.02)	.01 (.02)	.02 (.02)	.01 (.02)	.02 (.02)	.01 (.02)	.02 (.02)	.01 (.02)	.02 (.02)	.01 (.02)
Father's age	.00 (.01)	-.00 (.02)	-.00 (.01)	-.00 (.02)	-.00 (.01)	-.00 (.02)	-.00 (.01)	-.00 (.02)	-.00 (.01)	-.00 (.02)	-.00 (.01)	-.00 (.02)
<i>Ref: youngest child is aged 0-4</i>												
Youngest child 5-10	.48** (.16)	.12 (.19)	.44** (.16)	.11 (.19)	.44** (.16)	.16 (.19)	.45** (.16)	.09 (.19)	.43** (.16)	.09 (.19)	.43** (.16)	.13 (.19)
Youngest child 11-14	.91 (.48)	.34 (.55)	1.04* (.48)	.38 (.54)	1.05* (.48)	.41 (.54)	1.00* (.48)	.22 (.54)	.93 (.48)	.38 (.54)	1.02* (.48)	.32 (.54)
Outsource childcare	-.21 (.15)	-.21 (.19)	-.20 (.15)	-.19 (.19)	-.20 (.15)	-.19 (.19)	-.20 (.15)	-.24 (.19)	-.21 (.15)	-.21 (.19)	-.20 (.15)	-.21 (.19)
<i>Ref: mother employed full-time</i>												
Mother employed part-time	-.04 (.14)	.08 (.16)	-.04 (.14)	.10 (.16)	-.04 (.14)	.10 (.16)	-.05 (.14)	.08 (.16)	-.04 (.14)	.07 (.16)	-.04 (.14)	.10 (.16)
Mother not in paid work	.06 (.15)	.10 (.17)	.02 (.15)	.10 (.17)	.03 (.15)	.12 (.18)	.03 (.15)	.08 (.17)	.05 (.15)	.08 (.18)	.03 (.15)	.10 (.17)
<i>Ref: mother holds a higher education qualification</i>												
Mother Secondary education	.38** (.13)	-.24 (.16)	.39** (.13)	-.23 (.16)	.39** (.13)	-.23 (.16)	.38** (.13)	-.27 (.16)	.38** (.13)	-.25 (.16)	.38** (.13)	-.22 (.16)
Mother GCSE or below	-.28 (.44)	-.06 (.50)	-.28 (.44)	-.09 (.50)	-.27 (.44)	-.11 (.50)	-.27 (.44)	-.05 (.49)	-.27 (.44)	-.04 (.50)	-.27 (.44)	-.08 (.50)
Mother other education	-.06 (.27)	-.50 (.32)	-.08 (.27)	-.52 (.32)	-.07 (.27)	-.50 (.32)	-.06 (.27)	-.51 (.32)	-.07 (.27)	-.52 (.32)	-.09 (.27)	-.51 (.32)
<i>Ref: Father -Skills Levels 4 occupation, no flexible working-time</i>												
Father not in paid work	-.48 (.30)	.41 (.33)	-.37 (.29)	.45 (.32)	-.40 (.30)	.43 (.33)	-.40 (.29)	.43 (.32)	-.48 (.29)	.38 (.33)	-.40 (.29)	.42 (.32)
Father skills level 1-No Flexible work	-.01 (.31)	.36 (.41)	.00 (.31)	.34 (.41)	-.00 (.31)	.35 (.41)	.01 (.31)	.40 (.41)	.00 (.31)	.37 (.41)	.01 (.31)	.35 (.41)
Father skills level 1-Flexible work	-.07 (.34)	.05 (.41)	-.07 (.34)	.02 (.41)	-.06 (.34)	.03 (.41)	-.07 (.34)	.08 (.40)	-.08 (.34)	.02 (.41)	-.07 (.34)	.04 (.41)
Father skills level 2-No Flexible work	-.09 (.22)	.47 (.28)	-.12 (.22)	.48 (.28)	-.12 (.22)	.51 (.28)	-.09 (.22)	.48 (.27)	-.11 (.22)	.44 (.28)	-.12 (.22)	.50 (.28)
Father skills level 2-Flexible work	-.07 (.26)	.46 (.30)	-.05 (.26)	.47 (.30)	-.05 (.26)	.46 (.30)	-.04 (.26)	.48 (.30)	-.06 (.26)	.47 (.30)	-.05 (.26)	.48 (.30)
Father skills level 3-No Flexible work	.09 (.18)	.32 (.23)	.07 (.18)	.33 (.23)	.06 (.18)	.35 (.23)	.08 (.18)	.33 (.23)	.06 (.18)	.30 (.23)	.07 (.18)	.34 (.23)
Father skills level 3-Flexible work	.13 (.21)	.18 (.27)	.13 (.21)	.16 (.27)	.13 (.21)	.18 (.27)	.14 (.21)	.19 (.21)	.13 (.21)	.18 (.27)	.13 (.21)	.18 (.27)
Father skills level 4-Flexible work	.25 (.21)	-.14 (.24)	.28 (.21)	-.13 (.24)	.27 (.21)	-.13 (.24)	.27 (.21)	-.12 (.24)	.23 (.21)	-.16 (.24)	.27 (.21)	-.12 (.24)
Adj. R ²	.02	-.01	.02	-.01	.02	-.01	.02	-.01	.02	-.01	.02	-.01
Num. obs.	880	622	880	622	880	622	880	622	880	622	880	622

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers did not do any childcare. ** $p < 0.001$; * $p < 0.01$; $p < 0.05$ Matched household-level dataset of parents aged 16 and above in heterosexual couples with at least one child under 15. Data: UK TUS 2015.

Table 10: OLS model of parental satisfaction with social life by type and share of child care

	Primary childcare		Secondary childcare		Solo childcare		Joint childcare		Routine childcare		Enriched childcare	
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers
<i>Ref: father not doing childcare on diary day</i>												
Father's share less than 40%	-.04 (.13)	.18 (.15)	-.04 (.12)	-.14 (.14)	-.04 (.12)	.21 (.14)	-.11 (.12)	.07 (.14)	.00 (.12)	.12 (.14)	-.18 (.12)	-.04 (.14)
Father's share between 41 and 100%	.22 (.14)	.34* (.16)	-.24 (.25)	.02 (.28)	-.00 (.16)	.22 (.18)	.17 (.14)	.24 (.17)	.29 (.15)	.57** (.18)	-.06 (.16)	-.09 (.19)
Mother's age	-.04** (.01)	-.04** (.02)	-.04* (.01)	-.04* (.02)	-.03* (.01)	-.04* (.02)	-.03** (.01)	-.04* (.02)	-.03* (.01)	-.04* (.02)	-.03* (.01)	-.04* (.02)
Father's age	.02* (.01)	.03 (.01)	.02* (.01)	.03 (.01)	.02 (.01)	.03 (.01)	.02 (.01)	.03 (.01)	.02 (.01)	.02 (.01)	.02 (.01)	.03 (.01)
<i>Ref: youngest child is aged 0-4</i>												
Youngest child 5-10	.75*** (.14)	.43* (.18)	.75*** (.14)	.34 (.17)	.73*** (.14)	.42* (.18)	.70*** (.14)	.37* (.17)	.72*** (.14)	.36* (.17)	.69*** (.15)	.35* (.18)
Youngest child 11-14	1.59*** (.44)	1.34** (.50)	1.72*** (.44)	1.44** (.49)	1.74*** (.44)	1.49** (.49)	1.63*** (.44)	1.39** (.50)	1.62*** (.44)	1.32** (.49)	1.67*** (.44)	1.50** (.50)
Outsource childcare	-.12 (.14)	-.11 (.17)	-.12 (.14)	-.08 (.17)	-.11 (.14)	-.09 (.17)	-.12 (.14)	-.10 (.17)	-.12 (.14)	-.11 (.17)	-.13 (.14)	-.09 (.17)
<i>Ref: mother employed full-time</i>												
Mother employed part-time	-.14 (.13)	-.13 (.15)	-.14 (.12)	-.13 (.15)	-.14 (.13)	-.11 (.15)	-.15 (.13)	-.14 (.15)	-.14 (.13)	-.13 (.15)	-.14 (.13)	-.13 (.15)
Mother not in paid work	-.26 (.14)	-.04 (.16)	-.28* (.14)	-.09 (.16)	-.28* (.14)	-.03 (.16)	-.28* (.14)	-.09 (.16)	-.25 (.14)	-.02 (.16)	-.29* (.14)	-.08 (.16)
<i>Ref: mother holds a higher education qualification</i>												
Mother Secondary education	-.13 (.12)	-.05 (.14)	-.12 (.12)	-.05 (.14)	-.12 (.12)	-.04 (.14)	-.15 (.12)	-.05 (.14)	-.13 (.12)	-.10 (.14)	-.14 (.12)	-.06 (.15)
Mother GCSE or below	-.14 (.40)	-1.03* (.45)	-.17 (.40)	-.93* (.45)	-.14 (.40)	-.99* (.45)	-.13 (.40)	-.93* (.45)	-.14 (.40)	-1.04* (.45)	-.14 (.40)	-.91* (.45)
Mother other education	.02 (.24)	-.42 (.29)	.02 (.25)	-.45 (.29)	.01 (.25)	-.44 (.29)	.01 (.24)	-.44 (.29)	.02 (.24)	-.47 (.29)	-.02 (.25)	-.44 (.29)
<i>Ref: Father -Skills Levels 4 occupation, no flexible working-time</i>												
Father not in paid work	-.36 (.27)	-.51 (.30)	-.26 (.27)	-.44 (.30)	-.26 (.27)	-.48 (.30)	-.29 (.27)	-.44 (.29)	-.35 (.27)	-.55 (.30)	-.26 (.27)	-.44 (.30)
Father skills level 1-No Flexible work	-.26 (.29)	.50 (.37)	-.24 (.29)	.50 (.37)	-.25 (.29)	.52 (.37)	-.23 (.29)	.52 (.37)	-.24 (.29)	.57 (.37)	-.25 (.29)	.51 (.37)
Father skills level 1-Flexible work	-.77* (.31)	.16 (.37)	-.75* (.31)	.17 (.37)	-.77* (.31)	.15 (.37)	-.77* (.31)	.19 (.37)	-.79* (.31)	.20 (.37)	-.77* (.31)	.19 (.37)
Father skills level 2-No Flexible work	.08 (.20)	-.01 (.25)	.08 (.20)	-.06 (.25)	.07 (.20)	-.01 (.25)	.06 (.20)	-.03 (.25)	.07 (.20)	-.02 (.25)	.04 (.25)	-.05 (.25)
Father skills level 2-Flexible work	-.46 (.24)	-.26 (.28)	-.45 (.24)	-.26 (.28)	-.44 (.24)	-.26 (.28)	-.43 (.24)	-.22 (.28)	-.44 (.24)	-.21 (.27)	-.45 (.24)	-.24 (.28)
Father skills level 3-No Flexible work	.15 (.16)	-.12 (.21)	.15 (.16)	-.16 (.21)	.14 (.16)	-.11 (.21)	.14 (.16)	-.14 (.21)	.13 (.16)	-.14 (.21)	.11 (.16)	-.16 (.21)
Father skills level 3-Flexible work	.09 (.19)	-.40 (.24)	.12 (.20)	-.40 (.24)	.10 (.20)	-.39 (.24)	.10 (.19)	-.39 (.24)	.10 (.20)	-.40 (.24)	.09 (.20)	-.38 (.24)
Father skills level 4-Flexible work	.34 (.19)	-.04 (.22)	.36 (.19)	-.02 (.22)	.36 (.19)	-.04 (.22)	.36 (.19)	-.01 (.22)	.32 (.19)	-.09 (.22)	.34 (.19)	-.02 (.22)
Adj. R ²	.07	.03	.07	.02	.06	.02	.07	.02	.07	.04	.07	.02
Num. obs.	880	622	880	622	880	622	880	622	880	622	880	622

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers did not do any childcare. ***p < 0.001; **p < 0.01; *p < 0.05. Matched household-level dataset of parents aged 16 and above in heterosexual couples with at least one child under 15. Data: UK TUS 2015.

Table 11: OLS model of parental satisfaction with partner by type and share of child care

	Primary childcare		Secondary childcare		Solo childcare		Joint childcare		Routine childcare		Enriched childcare	
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers
<i>Ref: father not doing childcare on diary day</i>												
Father's share less than 40%	-.03 (.08)	.06 (.09)	-.02 (.08)	.05 (.08)	-.04 (.09)	.04 (.09)	.08 (.07)	-.10 (.08)	-.03 (.07)	.12 (.09)	.03 (.07)	.02 (.08)
Father's share between 41 and 100%	-.13 (.09)	-.03 (.10)	-.15 (.16)	-.31 (.17)	-.09 (.10)	-.22* (.10)	-.08 (.09)	.02 (.10)	-.09 (.10)	-.01 (.10)	-.12 (.10)	-.16 (.11)
Mother's age	-.02** (.01)	-.02** (.01)	-.03** (.01)	-.03** (.01)	-.03** (.01)	-.02* (.01)	-.03** (.01)	-.03** (.01)	-.03** (.01)	-.03** (.01)	-.03** (.01)	-.02* (.01)
Father's age	-.00 (.01)	.01 (.01)	-.00 (.01)	.02 (.01)	-.00 (.01)	.02 (.01)	-.00 (.01)	.01 (.01)	-.00 (.01)	.01 (.01)	-.00 (.01)	.01 (.01)
<i>Ref: youngest child is aged 0-4</i>												
Youngest child 5-10	.21* (.09)	.20 (.10)	.24** (.09)	.22* (.10)	.22* (.09)	.18 (.11)	.26** (.09)	.17 (.10)	.22* (.09)	.23* (.10)	.24** (.09)	.19 (.10)
Youngest child 11-14	.92** (.30)	.71* (.35)	.85** (.30)	.69* (.34)	.90** (.30)	.73* (.34)	.91** (.30)	.63 (.34)	.89** (.30)	.69* (.34)	.89** (.30)	.75* (.35)
Outsource childcare	.23** (.09)	.11 (.10)	.22* (.09)	.09 (.10)	.23** (.09)	.11 (.10)	.23** (.09)	.07 (.10)	.23** (.09)	.10 (.10)	.22* (.09)	.11 (.10)
<i>Ref: mother employed full-time</i>												
Mother employed part-time	-.09 (.08)	.16 (.09)	-.09 (.08)	.14 (.09)	-.09 (.08)	.15 (.09)	-.09 (.08)	.14 (.09)	-.09 (.08)	.17* (.09)	-.09 (.08)	.15 (.09)
Mother not in paid work	-.14 (.09)	.30** (.10)	-.13 (.09)	.30** (.10)	-.14 (.09)	.28** (.10)	-.12 (.09)	.29** (.10)	-.13 (.09)	.32** (.10)	-.13 (.09)	.31** (.10)
<i>Ref: mother holds a higher education qualification</i>												
Mother Secondary education	.04 (.07)	.04 (.09)	.03 (.07)	.04 (.09)	.03 (.07)	.04 (.09)	.05 (.07)	.02 (.09)	.03 (.07)	.04 (.09)	.04 (.07)	.03 (.09)
Mother GCSE or below	.02 (.22)	-.32 (.27)	.00 (.22)	-.30 (.26)	.02 (.22)	-.30 (.26)	.01 (.22)	-.27 (.26)	.02 (.22)	-.36 (.27)	.01 (.22)	-.29 (.26)
Mother other education	-.24 (.16)	-.30 (.18)	-.24 (.16)	-.30 (.18)	-.23 (.16)	-.27 (.19)	-.24 (.16)	-.29 (.18)	-.23 (.16)	-.30 (.18)	-.22 (.16)	-.30 (.18)
<i>Ref: Father -Skills Levels 4 occupation, no flexible working-time</i>												
Father not in paid work	.59* (.24)	-.17 (.21)	.55* (.24)	-.19 (.21)	.56* (.24)	-.17 (.20)	.57* (.24)	-.21 (.21)	.55* (.24)	-.16 (.21)	.58* (.24)	-.15 (.21)
Father skills level 1-No Flexible work	-.27 (.19)	.57* (.25)	-.28 (.19)	.57* (.24)	-.28 (.19)	.55* (.24)	-.28 (.18)	.57* (.25)	-.28 (.19)	.55* (.25)	-.27 (.18)	.57* (.25)
Father skills level 1-Flexible work	.18 (.20)	-.10 (.23)	.19 (.20)	-.10 (.23)	.19 (.20)	-.08 (.23)	.17 (.20)	-.07 (.23)	.19 (.20)	-.08 (.23)	.19 (.20)	-.11 (.23)
Father skills level 2-No Flexible work	.15 (.13)	.33* (.15)	.17 (.13)	.33* (.15)	.16 (.13)	.32* (.15)	.16 (.13)	.31* (.15)	.15 (.13)	.35* (.15)	.17 (.13)	.32* (.15)
Father skills level 2-Flexible work	-.22 (.15)	.16 (.17)	-.23 (.15)	.16 (.17)	-.22 (.15)	.17 (.17)	-.24 (.15)	.17 (.17)	-.22 (.15)	.17 (.17)	-.23 (.15)	.16 (.17)
Father skills level 3-No Flexible work	.07 (.10)	.09 (.13)	.08 (.10)	.08 (.13)	.07 (.10)	.09 (.13)	.08 (.10)	.07 (.13)	.07 (.10)	.10 (.13)	.07 (.10)	.08 (.13)
Father skills level 3-Flexible work	.02 (.12)	.13 (.14)	.03 (.12)	.15 (.14)	.02 (.12)	.14 (.14)	.02 (.12)	.12 (.14)	.02 (.12)	.12 (.14)	.03 (.12)	.13 (.14)
Father skills level 4-Flexible work	.17 (.11)	-.02 (.13)	.16 (.11)	-.02 (.13)	.17 (.11)	-.01 (.13)	.16 (.11)	-.03 (.13)	.17 (.11)	-.02 (.13)	.16 (.11)	-.03 (.13)
Adj. R ²	.06	.04	.06	.05	.06	.05	.06	.05	.06	.05	.06	.05
Num. obs.	640	449	640	449	640	449	640	449	640	449	640	449

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers did not do any childcare. ** $p < 0.001$; * $p < 0.01$; $p < 0.05$ Matched household-level dataset of parents aged 16 and above in heterosexual couples with at least one child under 15. Data: UK TUS 2015.

Table 12: OLS model of parental mean daily enjoyment by type and share of child care

	Primary childcare		Secondary childcare		Solo childcare		Joint childcare		Routine childcare		Enriched childcare	
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers
<i>Ref: father not doing childcare on diary day</i>												
Father's share less than 40%	-.10 (.08)	.12 (.09)	-.04 (.08)	.13 (.09)	-.06 (.08)	-.03 (.08)	-.08 (.08)	.08 (.08)	-.13 (.08)	.05 (.08)	.04 (.08)	.13 (.08)
Father's share between 41 and 100%	-.05 (.09)	.31*** (.17)	-.15 (.16)	.18 (.17)	-.15 (.11)	.04 (.11)	.06 (.09)	.30** (.10)	-.16 (.10)	.11 (.10)	.06 (.10)	.31** (.11)
Mother's age	-.02* (.01)	-.02 (.01)	-.02* (.01)	-.02 (.01)	-.02 (.01)	-.02 (.01)	-.02* (.01)	-.02 (.01)	-.02* (.01)	-.02 (.01)	-.02* (.01)	-.02 (.01)
Father's age	.01 (.01)	.00 (.01)	.01 (.01)	-.00 (.01)	.01 (.01)	-.00 (.01)	.01 (.01)	-.00 (.01)	.01 (.01)	-.00 (.01)	.01 (.01)	-.00 (.01)
<i>Ref: youngest child is aged 0-4</i>												
Youngest child 5-10	-.01 (.10)	.00 (.10)	.01 (.10)	-.03 (.10)	-.01 (.09)	-.04 (.10)	-.02 (.10)	-.04 (.10)	-.01 (.10)	-.03 (.10)	.01 (.10)	.01 (.10)
Youngest child 11-14	-1.00** (.32)	-.12 (.34)	-1.02** (.32)	.05 (.35)	-.99** (.32)	.01 (.35)	-1.06** (.32)	-.20 (.35)	-.93** (.33)	-.03 (.35)	-.97** (.32)	.01 (.34)
Outsource childcare	-.06 (.10)	.16 (.09)	-.06 (.10)	.16 (.10)	-.06 (.10)	.16 (.10)	-.06 (.10)	.15 (.10)	-.06 (.10)	.16 (.10)	-.04 (.10)	.18 (.10)
<i>Ref: mother employed full-time</i>												
Mother employed part-time	.10 (.08)	-.06 (.09)	.09 (.09)	-.05 (.09)	.08 (.09)	-.05 (.09)	.10 (.08)	-.07 (.09)	.09 (.08)	-.05 (.09)	.10 (.09)	-.04 (.09)
Mother not in paid work	.10 (.09)	.14 (.09)	.09 (.09)	.13 (.09)	.07 (.09)	.12 (.10)	.11 (.09)	.10 (.09)	.08 (.09)	.13 (.09)	.11 (.09)	.15 (.09)
<i>Ref: mother holds a higher education qualification</i>												
Mother Secondary education	.02 (.08)	.05 (.08)	.03 (.08)	.08 (.08)	.03 (.08)	.08 (.08)	.02 (.08)	.06 (.08)	.04 (.08)	.07 (.08)	.03 (.08)	.09 (.08)
Mother GCSE or below	.23 (.22)	.40 (.34)	.22 (.22)	.33 (.34)	.23 (.22)	.30 (.34)	.22 (.22)	.37 (.34)	.23 (.22)	.33 (.35)	.24 (.22)	.36 (.34)
Mother other education	.12 (.16)	.38* (.18)	.15 (.16)	.40* (.18)	.13 (.16)	.41* (.18)	.12 (.16)	.40* (.18)	.14 (.16)	.40* (.18)	.14 (.16)	.42* (.18)
<i>Ref: Father -Skills Levels 4 occupation, no flexible working-time</i>												
Father not in paid work	-.06 (.21)	.30 (.20)	-.04 (.21)	.34 (.20)	-.01 (.21)	.36 (.20)	-.02 (.21)	.36 (.20)	-.07 (.21)	.35 (.20)	-.05 (.21)	.36 (.20)
Father skills level 1-No Flexible work	.33 (.20)	.34 (.22)	.34 (.20)	.34 (.22)	.33 (.20)	.30 (.22)	.37 (.20)	.35 (.22)	.30 (.20)	.33 (.22)	.36 (.20)	.32 (.22)
Father skills level 1-Flexible work	-.10 (.19)	.11 (.21)	-.10 (.19)	.11 (.21)	-.10 (.19)	.12 (.21)	-.12 (.19)	.12 (.21)	-.12 (.19)	.13 (.21)	-.13 (.19)	.09 (.21)
Father skills level 2-No Flexible work	-.04 (.13)	.42** (.15)	-.02 (.13)	.41** (.15)	-.04 (.13)	.38** (.15)	-.04 (.13)	.39** (.14)	-.06 (.13)	.40** (.15)	-.01 (.13)	.42** (.14)
Father skills level 2-Flexible work	.29 (.16)	.38* (.17)	.29 (.16)	.37* (.17)	.29 (.16)	.36* (.17)	.28 (.16)	.36* (.17)	.28 (.16)	.37* (.17)	.29 (.16)	.37* (.17)
Father skills level 3-No Flexible work	-.13 (.11)	.16 (.12)	-.11 (.11)	.15 (.12)	-.12 (.11)	.12 (.12)	-.12 (.11)	.13 (.12)	-.13 (.11)	.14 (.12)	-.11 (.11)	.14 (.12)
Father skills level 3-Flexible work	.02 (.12)	.16 (.13)	.04 (.12)	.16 (.13)	.02 (.12)	.14 (.13)	.02 (.12)	.16 (.13)	.02 (.12)	.15 (.13)	.04 (.12)	.18 (.13)
Father skills level 4-Flexible work	-.07 (.12)	.34** (.13)	-.06 (.12)	.34** (.13)	-.07 (.12)	.33** (.13)	-.06 (.12)	.34** (.13)	-.07 (.12)	.33** (.13)	-.06 (.12)	.36** (.13)
Adj. R ²	.06	.08	.06	.06	.06	.05	.06	.07	.07	.05	.06	.07
Num. obs.	424	449	424	449	424	449	424	449	424	449	424	449

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers did not do any childcare. ** $p < 0.001$; * $p < 0.01$; $p < 0.05$ Matched household-level dataset of parents aged 16 and above in heterosexual couples with at least one child under 15. Data: UK TUS 2015.

Table 13: OLS model of children mean daily enjoyment by time spent with each parent

	Time with mother			Time with father			Time with both			
	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10
Intercept	6.52*** (.21)	6.53*** (.22)	6.59*** (.21)	6.57*** (.22)	6.57*** (.22)	6.59*** (.22)	6.61*** (.22)	6.62*** (.22)	6.74*** (.22)	6.64*** (.22)
Age	-.05** (.02)	-.05** (.02)	-.05** (.02)	-.05** (.02)	-.05** (.02)	-.05** (.02)	-.05** (.02)	-.05** (.02)	-.06** (.02)	-.05** (.02)
Girl	.00 (.07)	-.01 (.09)	.00 (.07)	.01 (.07)	.01 (.08)	.01 (.07)	.00 (.07)	-.00 (.09)	.00 (.07)	.01 (.07)
Parent's time	.00 (.00)	.00 (.00)	.00 (.00)	.00 (.00)	.00 (.00)	.00 (.00)	.00 (.00)	.00 (.00)	.00 (.00)	.00 (.00)
<i>Ref: Mother employed full-time</i>										
Mother employed part-time	-.10 (.09)	-.10 (.09)	-.11 (.09)	-.09 (.09)	-.09 (.09)	-.10 (.09)	-.07 (.09)	-.07 (.09)	-.09 (.09)	-.07 (.09)
Mother not in paid work	.15 (.08)	.15 (.08)	.11 (.09)	.14 (.09)	.14 (.09)	.14 (.09)	.14 (.08)	.14 (.09)	.11 (.09)	.14 (.09)
<i>Ref: Mother holds a degree</i>										
Mother: Secondary education	.08 (.08)	.09 (.08)	.08 (.08)	.04 (.08)	.04 (.08)	.04 (.08)	.05 (.08)	.05 (.08)	.05 (.08)	.06 (.08)
Mother Below GCSE	.23 (.18)	.23 (.18)	.26 (.18)	.22 (.18)	.22 (.18)	.22 (.18)	.23 (.18)	.23 (.18)	.27 (.18)	.24 (.18)
Mother Other qualification	.40* (.17)	.39* (.17)	.47** (.17)	.38* (.17)	.37* (.17)	.38* (.17)	.37* (.16)	.37* (.17)	.44** (.17)	.39* (.17)
<i>Ref: Father Skills level 4 occupation, no flexible working-time</i>										
Father not in work	-.28 (.18)	-.28 (.18)	-.26 (.17)	-.29 (.17)	-.29 (.17)	-.30 (.17)	-.29 (.18)	-.29 (.18)	-.27 (.17)	-.31 (.18)
Father skills level 1-No Flexible work	.21 (.19)	.20 (.19)	.20 (.19)	.24 (.19)	.24 (.19)	.23 (.19)	.20 (.19)	.20 (.19)	.18 (.19)	.18 (.20)
Father skills level 1-Flexible work	-.22 (.28)	-.22 (.28)	-.22 (.27)	-.20 (.28)	-.20 (.28)	-.21 (.28)	-.23 (.28)	-.23 (.28)	-.23 (.27)	-.24 (.28)
Father skills level 2-No Flexible work	-.01 (.13)	-.01 (.13)	-.00 (.13)	-.03 (.14)	-.03 (.14)	-.05 (.14)	-.06 (.14)	-.06 (.14)	-.06 (.14)	-.08 (.14)
Father skills level 2-Flexible work	-.26 (.17)	-.26 (.17)	-.26 (.17)	-.23 (.17)	-.23 (.17)	-.24 (.17)	-.26 (.17)	-.26 (.17)	-.25 (.17)	-.27 (.17)
Father skills level 3-No Flexible work	-.04 (.11)	-.04 (.11)	-.04 (.11)	-.02 (.11)	-.02 (.11)	-.02 (.11)	-.06 (.11)	-.06 (.11)	-.06 (.11)	-.07 (.11)
Father skills level 3-Flexible work	-.14 (.15)	-.14 (.15)	-.14 (.15)	-.10 (.15)	-.09 (.15)	-.09 (.15)	-.13 (.15)	-.13 (.15)	-.12 (.15)	-.13 (.15)
Father skills level 4-Flexible work	.04 (.13)	.04 (.13)	.03 (.12)	.07 (.13)	.07 (.13)	.07 (.13)	.03 (.13)	.03 (.13)	.02 (.13)	.03 (.13)
Girl*parent's time										
Rushed day(mother)			-.20* (.10)						-.24* (.10)	
Rushed day(mother)*both time			.00 (.00)						.00 (.00)	
Rushed day(father)						-.07 (.09)				-.05 (.10)
Rushed day(father)*both parents' time						.00 (.00)				.00 (.00)
Adj. R ²	.04	.04	.05	.03	.03	.03	.03	.03	.04	.02
Num. obs.	370	370	370	362	362	362	358	358	358	358

¹ Regression of mean daily enjoyment by time spent with mother, father or both, jointly, both in interaction *** p < 0.001; ** p < 0.01; * p < 0.05. Matched household dataset: children aged 8-14 in households with two heterosexual parents. Data: UK TUS 2015

Table 14: Regression of paternal involvement in childcare by fathers working time characteristics(both parents in paid work)

	Probability to do childcare (logit)		Share of childcare (Linear)	
	Primary childcare	Routine childcare	Primary childcare	Routine childcare
Age	.96*	.99	.00	.00
	(.02)	(.02)	(.00)	(.00)
<i>Ref: Mother: higher education qualification</i>				
Secondary education	.69	.65	.01	.05
	(.34)	(.32)	(.04)	(.04)
Below secondary/other	.61*	.66	.00	.02
	(.25)	(.24)	(.03)	(.03)
<i>Ref: Dual earner family</i>				
Father full-time, mother part-time	.84	.59*	.02	.06*
	(.23)	(.23)	(.03)	(.03)
Other arrangements	.44	.34*	-.08	.15*
	(.47)	(.46)	(.07)	(.07)
Works long days (Ref: not)	.70	.66	.04	.00
	(.22)	(.21)	(.03)	(.03)
Flexible working-time (Ref: not)	1.91**	1.56*	.05	.05
	(.24)	(.22)	(.03)	(.03)
Works unsocial hours (Ref: not)	.99*	1.00	.00	.00
	(.00)	(.00)	(.00)	(.00)
Work at the weekend	1.53	1.60*	.03	-.02
	(.22)	(.21)	(.03)	(.03)
AIC	529.45	568.17	37.91	19.42
BIC	570.95	609.68	80.12	61.05
Log Likelihood	-254.72	-274.09	-7.95	1.29
Deviance	509.45	548.17	21.04	18.88
Num. obs.	469	469	343	325

Left hand side of the table: logit model of the odds for fathers to report childcare on diary day. A value greater than 1 denotes positive odds, whereas values between 0 and 1 denote negative odds. For technical reasons, the standard errors are that of the logarithm of the coefficients shown in the table (ie non exponentiated coefficients). Right hand side of the table: linear model of the percentage of total time spent on childcare in the households by fathers. Matched household dataset of dual earning parents aged 16 and above in heterosexual couples with at least one child under 15. data: UK TUS 2015 *** p < 0.001, ** p < 0.01, * p < 0.05. Matched household dataset of dual earning parents aged 16 and above in heterosexual couples with at least one child under 15. Data: UK TUS 2015

Table 15: Linear model of maternal wellbeing outcomes by whether fathers are involved in primary childcare (dual earner families)

	Anxiety	Happiness	Life Satisf.	self-worth	Work-life balance satisf.	Satisf with soc. life	Partner satisf.	Enjoyment
Father involved in childcare	-.22 (.39)	.05 (.27)	-.04 (.11)	.07 (.19)	-.03 (.16)	-.18 (.14)	-.12 (.09)	.16 (.10)
Father full-time, mother part-time	.61 (.36)	-.46 (.25)	-.12 (.10)	-.30 (.17)	.25 (.15)	-.04 (.13)	-.15 (.08)	.11 (.09)
Other arrangements	1.42 (.74)	-1.60** (.51)	-.54* (.21)	-1.17** (.36)	-.58 (.33)	-.77** (.29)	-.15 (.20)	-.31 (.18)
Mother: Secondary education	-.36 (.53)	.03 (.37)	-.20 (.15)	-.37 (.26)	-.01 (.23)	-.03 (.21)	.08 (.13)	-.01 (.14)
Mother: Below secondary/other	-.78 (.40)	.46 (.27)	.25* (.11)	.06 (.19)	.08 (.17)	-.26 (.15)	.14 (.09)	.11 (.11)
Father: Secondary education	.98 (.50)	-.40 (.35)	-.10 (.14)	-.08 (.24)	.18 (.22)	-.12 (.20)	-.08 (.12)	-.01 (.14)
Father: Below secondary/other	.01 (.40)	-.27 (.28)	-.05 (.11)	-.09 (.20)	-.01 (.17)	-.03 (.15)	.19* (.09)	-.03 (.11)
Weekend	-.04 (.34)	-.03 (.23)	.01 (.10)	.02 (.16)	.03 (.14)	-.01 (.13)	.00 (.08)	.35*** (.09)
Adj. R ²	.03	.03	.04	.03	.00	.01	.03	.07
Num. obs.	289	289	289	289	525	525	406	248

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers do not do any childcare. Matched household dataset of dual earning parents aged 16 and above in heterosexual couples with at least one child under 15; data: UK TUS 2015

Table 16: Linear model of maternal wellbeing outcomes by whether fathers are involved in routine childcare (dual earner families)

	Anxiety	Happiness	Life Satisf.	self-worth	Work-life balance satisf.	Satisf with soc. life	Partner satisf.	Enjoyment
Father involved in childcare	.27 (.37)	-.05 (.26)	-.01 (.10)	.25 (.18)	-.03 (.16)	-.09 (.14)	-.09 (.09)	.13 (.10)
Father full-time, mother part-time	.66 (.36)	-.47 (.25)	-.11 (.10)	-.28 (.17)	.25 (.15)	-.04 (.13)	-.16 (.08)	.12 (.09)
Other arrangements	1.46* (.74)	-1.61** (.51)	-.54* (.21)	-1.14** (.36)	-.58 (.33)	-.76* (.30)	-.16 (.20)	-.30 (.18)
Mother: Secondary education	-.34 (.53)	.03 (.37)	-.20 (.15)	-.36 (.26)	-.01 (.23)	-.03 (.21)	.08 (.13)	-.01 (.14)
Mother: Below secondary/other	-.78 (.40)	.46 (.27)	.25* (.11)	.05 (.19)	.08 (.17)	-.25 (.15)	.14 (.09)	.09 (.11)
Father: Secondary education	1.03* (.50)	-.41 (.35)	-.10 (.14)	-.06 (.24)	.18 (.22)	-.12 (.20)	-.08 (.12)	.01 (.14)
Father: Below secondary/other	.07 (.40)	-.28 (.28)	-.05 (.11)	-.07 (.20)	-.02 (.17)	-.03 (.15)	.19* (.09)	-.03 (.11)
Weekend	-.09 (.34)	-.02 (.23)	.00 (.10)	.01 (.16)	.03 (.14)	-.01 (.13)	.00 (.08)	.35*** (.09)
Adj. R ²	.03	.03	.04	.03	.00	.00	.03	.06
Num. obs.	289	289	289	289	525	525	406	248

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers do not do any childcare. Matched household dataset of dual earning parents aged 16 and above in heterosexual couples with at least one child under 15; data: UK TUS 2015

Table 17: Linear model of maternal wellbeing outcomes by extent of paternal involvement in primary childcare (dual earner families)

	Anxiety	Happiness	Life Satisf.	self-worth	Work-life balance satisf.	Satisf with soc. life	Partner satisf.	Enjoyment
Father does more than 40% of childcare	-.03 (.40)	.19 (.25)	-.09 (.12)	.12 (.20)	.25 (.17)	.25 (.15)	-.03 (.10)	-.14 (.11)
Father full-time, mother part-time	.82* (.40)	-.64* (.26)	-.15 (.12)	-.39 (.20)	.02 (.17)	-.07 (.15)	-.25* (.10)	.03 (.11)
Other arrangements	2.25** (.83)	-2.12*** (.53)	-.67** (.25)	-1.46*** (.42)	-.60 (.42)	-.90* (.38)	-.10 (.25)	-.33 (.21)
Mother: Secondary education	-.85 (.62)	.18 (.40)	-.11 (.19)	-.12 (.32)	.39 (.28)	.24 (.25)	.21 (.16)	.12 (.16)
Mother: Below secondary/other	-.23 (.46)	.03 (.29)	.26 (.14)	.04 (.23)	.14 (.20)	-.14 (.18)	.15 (.11)	.09 (.12)
Father: Secondary education	1.95*** (.58)	-1.18** (.37)	-.30 (.17)	-.56 (.29)	.09 (.26)	-.24 (.23)	-.23 (.14)	-.08 (.16)
Father: Below secondary/other	-.05 (.46)	.04 (.29)	-.12 (.14)	-.13 (.23)	-.16 (.20)	-.08 (.18)	.12 (.11)	-.02 (.12)
Weekend	-.18 (.38)	.08 (.24)	.01 (.11)	.09 (.19)	-.03 (.17)	-.04 (.15)	.04 (.09)	.39*** (.10)
Adj. R ²	.09	.13	.05	.06	.00	.01	.03	.06
Num. obs.	213	213	213	213	383	383	300	188

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers do not do any childcare. Matched household dataset of dual earning parents aged 16 and above in heterosexual couples with at least one child under 15. data: UK TUS 2015

Table 18: Linear model of maternal wellbeing outcomes by extent of paternal involvement in routine childcare (dual earner families)

	Anxiety	Happiness	Life Satisf.	self-worth	Work-life balance satisf.	Satisf with soc. life	Partner satisf.	Enjoyment
Father does more than 40% of childcare	1.10* (.48)	-.28 (.31)	-.13 (.15)	-.03 (.25)	-.15 (.20)	.25 (.18)	-.01 (.11)	-.23 (.13)
Father full-time, mother part-time	.95* (.41)	-.66* (.26)	-.15 (.13)	-.32 (.21)	.06 (.18)	.02 (.16)	-.26** (.10)	.03 (.11)
Other arrangements	1.99* (.90)	-1.80** (.57)	-.56* (.28)	-1.21** (.46)	-.45 (.45)	-.94* (.40)	-.21 (.27)	-.30 (.22)
Mother: Secondary education	-.74 (.66)	.32 (.42)	-.13 (.20)	-.23 (.34)	.37 (.29)	.15 (.26)	.29 (.17)	.22 (.18)
Mother: Below secondary/other	-.63 (.46)	.12 (.30)	.28 (.14)	.08 (.24)	.15 (.20)	-.18 (.18)	.16 (.11)	.13 (.13)
Father: Secondary education	1.61** (.60)	-.97* (.38)	-.25 (.18)	-.43 (.31)	.08 (.27)	-.31 (.24)	-.26 (.15)	-.11 (.17)
Father: Below secondary/other	.12 (.47)	-.01 (.30)	-.14 (.14)	-.08 (.24)	-.17 (.20)	-.19 (.18)	.12 (.11)	-.08 (.12)
Weekend	.01 (.40)	-.01 (.25)	-.01 (.12)	.14 (.20)	.02 (.17)	-.02 (.15)	.02 (.10)	.35** (.11)
Adj. R ²	.10	.09	.04	.03	-.01	.01	.04	.08
Num. obs.	196	196	196	196	363	363	289	174

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers do not do any childcare. Matched household dataset of dual earning parents aged 16 and above in heterosexual couples with at least one child under 15. data: UK TUS 2015

Table 19: Linear model of paternal wellbeing outcomes by whether fathers are involved in primary childcare (dual earner families)

	Anxiety	Happiness	Life Satisf.	self-worth	Work-life balance satisf.	Satisf with soc. life	Partner satisf.	Enjoyment
Father involved in childcare	-.01 (.48)	-.23 (.34)	-.05 (.14)	-.38 (.25)	.11 (.17)	.28 (.18)	-.02 (.11)	.29** (.10)
Father full-time, mother part-time	-.26 (.44)	.08 (.31)	-.06 (.13)	-.13 (.23)	.01 (.16)	.04 (.16)	.09 (.10)	-.02 (.09)
Other arrangements	.30 (.87)	.22 (.61)	.07 (.25)	-.42 (.45)	1.01** (.35)	.33 (.36)	.04 (.25)	-.05 (.20)
Mother: Secondary education	-.18 (.65)	.74 (.46)	.05 (.19)	.64 (.34)	.41 (.24)	.17 (.25)	-.09 (.15)	.25 (.14)
Mother: Below secondary/other	.43 (.49)	-.34 (.35)	.07 (.14)	.13 (.26)	.22 (.18)	.19 (.19)	-.06 (.12)	.23* (.11)
Father: Secondary education	-1.47* (.58)	-.48 (.41)	.23 (.17)	.01 (.30)	.28 (.22)	-.30 (.23)	.11 (.14)	.28* (.14)
Father: Below secondary/other	-1.39** (.51)	-.27 (.36)	.07 (.15)	-.18 (.27)	.22 (.18)	-.17 (.19)	.29* (.12)	.04 (.11)
Weekend	-.07 (.41)	.02 (.29)	.01 (.12)	.03 (.22)	-.02 (.15)	.01 (.16)	-.04 (.10)	.38*** (.09)
Adj. R ²	.02	-.01	-.02	-.00	.02	-.01	-.00	.10
Num. obs.	204	204	204	204	371	371	291	266

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers do not do any childcare. Matched household dataset of dual earning parents aged 16 and above in heterosexual couples with at least one child under 15. data: UK TUS 2015

Table 20: Linear model of paternal wellbeing outcomes by whether fathers are involved in routine childcare (dual earner families)

	Anxiety	Happiness	Life Satisf.	self-worth	Work-life balance satisf.	Satisf with soc. life	Partner satisf.	Enjoyment
Father involved in childcare	.24 (.47)	-.27 (.33)	.05 (.14)	.11 (.25)	.12 (.17)	.15 (.18)	-.01 (.11)	.18 (.10)
Father full-time, mother part-time	-.24 (.44)	.05 (.31)	-.06 (.13)	-.11 (.23)	.02 (.16)	.05 (.16)	.09 (.10)	-.02 (.09)
Other arrangements	.29 (.86)	.20 (.61)	.06 (.25)	-.48 (.45)	1.02** (.35)	.32 (.36)	.04 (.25)	-.03 (.20)
Mother: Secondary education	-.18 (.65)	.72 (.46)	.05 (.19)	.61 (.34)	.42 (.24)	.19 (.25)	-.09 (.15)	.26 (.14)
Mother: Below secondary/other	.41 (.49)	-.32 (.35)	.06 (.14)	.11 (.26)	.21 (.18)	.19 (.19)	-.06 (.12)	.20 (.11)
Father: Secondary education	-1.43* (.58)	-.49 (.41)	.25 (.17)	.07 (.30)	.29 (.22)	-.30 (.23)	.11 (.14)	.28* (.14)
Father: Below secondary/other	-1.36** (.51)	-.28 (.36)	.09 (.15)	-.11 (.27)	.23 (.18)	-.18 (.19)	.29* (.12)	.04 (.11)
Weekend	-.09 (.41)	.03 (.29)	.00 (.12)	.01 (.22)	-.02 (.15)	.00 (.16)	-.03 (.10)	.37*** (.09)
Adj. R ²	.02	-.00	-.02	-.02	.02	-.01	-.00	.08
Num. obs.	204	204	204	204	371	371	291	266

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers do not do any childcare. Matched household dataset of dual earning parents aged 16 and above in heterosexual couples with at least one child under 15. data: UK TUS 2015

Table 21: Linear model of paternal wellbeing outcomes by extent of paternal involvement in primary childcare (dual earner families)

	Anxiety	Happiness	Life Satisf.	self-worth	Work-life balance satisf.	Satisf with soc. life	Partner satisf.	Enjoyment
Father does more than 40% of childcare	-.65 (.51)	.68* (.34)	-.01 (.15)	.27 (.27)	.30 (.17)	.22 (.18)	-.09 (.12)	.16 (.10)
Father full-time, mother part-time	.43 (.52)	-.29 (.35)	-.18 (.16)	-.23 (.28)	-.15 (.17)	-.01 (.18)	.11 (.12)	-.08 (.10)
Other arrangements	.11 (.97)	.14 (.65)	.02 (.29)	-.62 (.52)	.73 (.41)	.62 (.43)	-.00 (.29)	-.04 (.22)
Mother: Secondary education	-.03 (.77)	.88 (.52)	.27 (.23)	.96* (.41)	.74** (.26)	.56* (.27)	.06 (.18)	.38* (.15)
Mother: Below secondary/other	.88 (.60)	-.42 (.40)	.16 (.18)	.29 (.32)	.24 (.20)	.05 (.21)	.04 (.14)	.27* (.13)
Father: Secondary education	-.67 (.68)	-.43 (.46)	.10 (.20)	-.23 (.36)	.23 (.25)	-.48 (.26)	.01 (.17)	.13 (.16)
Father: Below secondary/other	-1.99** (.61)	-.31 (.41)	-.00 (.18)	-.26 (.33)	.26 (.20)	.04 (.21)	.16 (.14)	.07 (.12)
Weekend	-.15 (.48)	-.12 (.33)	.11 (.14)	.06 (.26)	-.08 (.16)	-.03 (.17)	-.09 (.11)	.38*** (.10)
Adj. R ²	.04	.02	-.03	.01	.04	.01	-.02	.10
Num. obs.	152	152	152	152	275	275	211	197

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers do not do any childcare. Matched household dataset of dual earning parents aged 16 and above in heterosexual couples with at least one child under 15. data: UK TUS 2015

Table 22: Linear model of paternal wellbeing outcomes by extent of paternal involvement in routine childcare (dual earner families)

	Anxiety	Happiness	Life Satisf.	self-worth	Work-life balance satisf.	Satisf with soc. life	Partner satisf.	Enjoyment
Father does more than 40% of childcare	-.11 (.65)	.09 (.45)	-.19 (.18)	-.13 (.33)	.15 (.20)	.37 (.20)	-.22 (.13)	-.04 (.11)
Father full-time, mother part-time	.31 (.54)	-.22 (.37)	-.08 (.15)	-.04 (.27)	-.17 (.17)	.06 (.18)	.10 (.12)	-.16 (.10)
Other arrangements	1.04 (1.02)	-.04 (.70)	.11 (.28)	-.26 (.52)	.84* (.41)	.40 (.42)	.04 (.29)	-.13 (.24)
Mother: Secondary education	.42 (.83)	.72 (.57)	.24 (.23)	.92* (.42)	.62* (.27)	.48 (.28)	-.00 (.19)	.48** (.16)
Mother: Below secondary/other	.63 (.60)	-.49 (.41)	.16 (.16)	.21 (.30)	.14 (.20)	.01 (.21)	.05 (.14)	.31* (.13)
Father: Secondary education	-.73 (.72)	-.52 (.49)	.11 (.20)	-.26 (.36)	.18 (.26)	-.52* (.26)	.04 (.17)	.02 (.16)
Father: Below secondary/other	-1.56* (.62)	-.35 (.42)	-.01 (.17)	-.33 (.31)	.35 (.20)	.15 (.21)	.15 (.14)	.06 (.12)
Weekend	-.05 (.51)	.07 (.35)	.09 (.14)	.02 (.26)	.01 (.17)	-.02 (.17)	-.06 (.11)	.38*** (.10)
Adj. R ²	-.00	-.01	-.02	-.01	.03	.02	-.01	.11
Num. obs.	146	146	146	146	269	269	208	187

Outcome variables: each one of the above specified wellbeing outcomes, recorded on a score ranging from 1 to 7. Each coefficient denotes the increase/decrease in the wellbeing score for the share of childcare specified in the first column, by contrast with households in which fathers do not do any childcare. Matched household dataset of dual earning parents aged 16 and above in heterosexual couples with at least one child under 15. data: UK TUS 2015