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- 1 Article
- 2 **Dental Diagnosis and Treatment Assessments:**
- **3 Between X-rays Radiography and Optical Coherence**
- 4 Tomography

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18 Abstract: A correct diagnosis in dental medicine is typically provided only after clinical and 19 radiological evaluations. They are also required for treatment assessments. The aim of this study is 20 to establish the boundaries from which a modern, although established imaging technique, Optical 21 Coherence Tomography (OCT) is more suitable than the common X-ray radiography to assess 22 dental issues and treatments. The most common methods for daily-basis clinical imaging are 23 utilized in this study for extracted teeth (but also for other dental samples and materials), i.e., 24 panoramic, intraoral radiography and three-dimensional (3D) cone beam computed tomography 25 (CBCT). Advantages of using OCT as an imaging method in dentistry are discussed, with a focus 26 on its superior image resolution. Drawbacks related to its limited penetration depth and Field-of-27 View (FOV) are pointed out. High-quality radiological investigations are performed, measurements 28 are done, and data collected. The same teeth and samples are also imaged (mostly) with an in-house 29 developed Swept Source (SS)-OCT system, Master-Slave enhanced. Some of the OCT investigations 30 employed two other in-house developed OCT systems, Spectral Domain (SD) and Time Domain 31 (TD). Dedicated toolbars from Romexis software (Planmeca, Helsinki, Finland) are used to perform 32 measurements using both radiography and OCT. Clinical conclusions are drawn from the 33 investigations. Upsides and downsides of the two medical imaging techniques are concluded for 34 each type of considered diagnosis. For treatment assessments, it is concluded that OCT is more 35 appropriate than radiography in all applications, except bone-related investigations and 36 periodontitis that demand data from higher-penetration depths than possible with the current level 37 of OCT technology.

Keywords: Biomedical imaging; dental medicine; X-ray radiography; Optical Coherence
 Tomography (OCT); Cone Beam Computed Tomography (CBCT); dental cavities; biocompatible
 materials; optical measurements; quantitative assessments.

## 41 **1. Introduction**

42 Dentistry has been evolving fast in the last decades through technological advances in both 43 diagnosis and treatment [1-3]. For diagnosis there are several types of medical imaging techniques 44 available, including X-ray radiography, laser-based pens for the detection of cavities, as well as45 Optical Coherence Tomography (OCT) [4-7].

46 The most common methods for daily-basis clinical imaging in dental medicine are intraoral and 47 panoramic radiography, as well as three-dimensional (3D) Cone Beam Computed Tomography 48 (CBCT). One of their drawbacks is the patients' concern with being exposed to X-ray radiation, which 49 is ionizing and harmful for living tissue. In this respect, the radiation dose must be properly 50 calculated by technical personnel for every method [8], while X-ray units and investigations must be 51 improved to reduce the radiation dose [9]. This is ideally achieved without losing imaging 52 performances, as accurate high-quality images with high resolution, good contrast and no artefacts 53 are mandatory to correctly diagnose a patient or to assess a performed treatment. Nowadays digital 54 X-ray units (equipped with appropriate sensors and dedicated software) can be optimized to 55 enhance, process, and analyze in-depth obtained images. X-rays techniques are limited in resolution: 56 around 127 µm for panoramic, 144 µm for intraoral radiographies and 75 µm for CBCT [9]. Some 57 dental issues cannot thus be correctly assessed whatever the type of radiography nor using visual 58 observation. In consequence, other medical imaging techniques are necessary for clinicians to allow 59 them to provide a quality treatment.

60 OCT is such an imaging technique that can be utilized to diagnose dental affections [10-17] and 61 to assess performed treatments [14]. OCT is not yet a common imaging method in dentistry, although 62 it has imposed itself in ophthalmoscopy [4, 18], but also for skin investigations [19] (in conjunction 63 with confocal microscopy) and endoscopy [20,21]. As OCT is using low-power IR laser radiation, it 64 is entirely non-invasive, with the advantage of avoiding patients' exposure to radiation-in contrast to 65 X-ray techniques. However, image resolution in OCT is much better, with common values of 8 µm 66 for the axial resolution reported in the current manuscript and values of 2 µm (both axial and lateral) as state-of-the-art [22], while sub-micrometer values have also been explored (but in VIS, not in IR, 67 68 therefore not applicable in dentistry, as the penetration depth would be too small) [23]. While the 69 possible utility of OCT for different Dental Medicine investigations has been demonstrated by 70 numerous studies, to our knowledge a study on establishing clear suitability of this technique versus 71 X-rays considering the existing range of dental issues and applications is still necessary.

The aim of this work is to contribute in this direction, to establish which conditions affecting hard tissue in the oral cavity can be investigated only with X-rays, with both X-rays and OCT, as well as only with OCT. Advantages and drawbacks of each technique must also be considered. Comparing OCT with (common) radiography, its clear drawback is the much lower penetration depth. This is inversely proportional to the density of the material being investigated, therefore limited to at most 1.5 mm for hard dental tissue or bone. On the other hand, OCT images reveal dental issues at an earlier stage than radiographs due to their superior resolution [17].

79 Quantitative assessment is another important rationale for such a comparative study. 80 Measurements with dedicated software can be used to serve investigation of cavities, secondary 81 cavities, length of the root canal, or periodontitis. Without quantitative tools, images delivered by 82 any technique can only serve qualitative analysis. Thus, the image of a cavity, for example (as 83 delivered by OCT), must be processed and analyzed to provide a quantitative information [24]. To 84 compare X-rays techniques and OCT from the point of view of the precision of such assessments is 85 another aim of this work. To fulfill its scope, a range of *in vivo* investigated clinical cases in the oral 86 cavity and ex vivo assessments (the latter on extracted teeth) are considered in the study.

Finally, to compare the capabilities of the two techniques, investigations after a dental treatmentare made, for both cavities and dental crowns.

## 89 2. Materials and Methods

#### 90 2.1. Radiography

For this study, several extracted teeth were gathered from the *Dental Experts Clinic*, Timisoara,
 Romania, following the Ethical protocol of the Clinic, with the written consent of the patients. All

93 teeth were extracted during different treatments, and not for the sole purpose of this study. While

94 such samples are *ex vivo* X-ray imaged (see Sections 3.2 and 3.3), other such investigations are 95 performed *in vivo* in the above clinic, during clinical investigations, on bone and teeth in the oral 96 cavity (see Section 3.1).

97 The radiological investigations with additional measurements are performed in the clinic using 98 two radiological units: Planmeca ProMax 3D Plus (Planmeca, Helsinki, Finland) for panoramic 99 radiography, and 3D CBCT, Gendex Oralix (Danaher Corporation, Washington DC, USA) for 100 intraoral radiography [25] – Figure 1.

101 The maximum resolution achieved with both X-ray units has been 75 µm, after the optimizations 102 described in detail in [9]. The protocol for obtaining such high-quality radiographs was optimized to 103 comply with the As Low As Reasonably Achievable (ALARA) protocol [26]. This means that the X-ray 104 unit provides the highest possible quality radiography, exposing the patient to the smallest possible 105 amount of radiation. Intraoral radiography is performed at 68 kV and 9 mA for an exposure time 106 between 0.5 and 1 s. Panoramic radiography and 3D CBCT have unchangeable exposure time of 15 s 107 and 5 s, respectively. X-ray tube settings for panoramic radiography are 72-73 kV and 11 mA, while 108 for 3D CBCT they are 90 kV and 14 mA, with an additional ultra-low dose (ULD) protocol.

109 To obtain high-quality images and to improve the radiographs, or to assess issues of treatments 110 using them [27, 28], each X-ray unit is equipped with additional computing power. The Planmeca X-111 ray unit is part of a system with two additional PCs, all linked in a private network: the first one 112 works as a server and for image reconstruction and the second one for image processing. The image 113 reconstruction PC has an Intel Core i5 (6th generation) CPU, 16 GB RAM, an x64 based operating 114 system, two memory disks (1 SSD with 128 GB storage space and 1 HDD with 1 TB storage space), a 115 dedicated GPU with minimum 2GB RAM and a LAN connection. This PC collects the information 116 from the sensor [9], processes and converts it into a raw 2D or 3D image. The image processing PC 117 has an Intel Core i7 (6th generation), 16 GB RAM, an x64 based operating system, three memory disks 118 (1 SSD with 256 GB storage space and 2 HDD with 1 TB storage space each, connected in a RAID1 119 configuration), a dedicated GPU with minimum 2GB RAM and it should have 2 LAN connections. 120 RAID1 means that the same information is written on both HDDs and it is protected if an HDD is 121 damaged. Thus, all data are safe and remain stored on the other HDD.



122

Figure 1. (a) Prepared teeth for X-ray investigations; (b) teeth positioned in the X-ray unit Gendex Oralix
 (Danaher Corporation, Washington DC, USA), ready for exposure.

**(b**)

## 125 2.2. Optical Coherence Tomography (OCT)

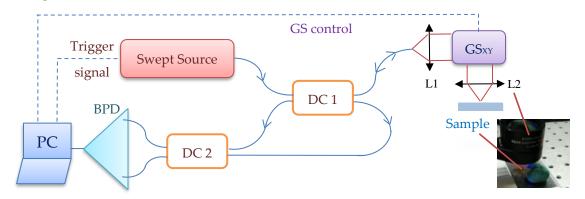
(a)

126 OCT investigations have been performed mainly using an in-house developed Swept Source 127 (SS) OCT system, Master-Slave enhanced [7], (schematic diagram shown in Figure 2), at the "Aurel 128 Vlaicu" University of Arad, Romania. It includes a 50 kHz laser source swept in frequency (Axsun 129 Technologies Ltd, Billerica, MA, USA), with a centre wavelength of 1310 nm and a sweeping range 130 from 1256.6 nm to 1362.8 nm. Its output optical beam (optical power 18 mW at the output of the laser) 131 is directed towards an 80/20 directional coupler which conveys 20% of the source optical power 132 towards the sample via a dual axis 2D galvanometer scanner (GS) [29]. The back-scattered light from 133 the sample is guided back along the same path and is subsequently combined at coupler DC2 with the 134 reference light. Each of the two DC2 arms leading to the balanced photodetector BPD (Santec Model 135 BPD-200 DC) carries interference light resulting from the recombination of sample and reference light. 136 They are converted into two electronic signals in opposite phase. The signal resulting from the 137 difference operation is stripped of its DC slow varying component and its ac pulsates at an amplitude 138 twice of that of each photodetector signal due to the interference between sample and reference 139 beams. This signal is further digitised by a 12-bit, 500 MS/s waveform digitizer model ATS9350 140 (Alazartech, Quebec, Canada), converted to greyscale, put in a form suitable for viewing, and 141 displayed using an in-house developed software, implemented in LabVIEW 2013, 64 bit. The same 142 program also drives the 2D GSs via a data acquisition board model PCI 6110 (National Instruments, 143 Austin, Texas). The acquired channeled spectra are used to build a 3D OCT image and produce C-144 scans/en-face images (situated at a certain depth in the sample), using the Master-Slave (MS) protocol 145 [7]. This protocol allows for obtaining *en-face* images directly, without performing volumetric 146 reconstructions first, using B-scans, as in conventional SS-OCT. The axial resolution provided by the 147 instrument is 10 µm measured in air.

148 The OCT system use optical power at conservative level, as employed in imaging the retina, a 149 few mW maximum, although larger power could be tolerated. At the level of safety values for the 150 retina, sensitivity is 85-92 dB at 100 kHz line rates. For the Axsun source used in the setup in Figure 151 2 (with 1310 nm and 50kHz), a sensitivity >97 dB is typically obtained with 3.6 mW optical power on 152 the sample. There are numerous reports showing that MHz line rates are feasible within the power 153 limitation due to safety, a few mW, hence similar speeds should be achievable in the applications 154 concerned to this report, with immediate calculation in degrading the sensitivity proportional with 155 the speed increase.

While in [7] the principle of MS has been first introduced using two interferometers, Master and Slave, the same study illustrated the implementation of MS using a single interferometer at two stages. As in practice, instead of a second interferometer (the Master one) a storage of channelled spectra can be employed, this is the main way MS is performed in this study, as well.

For some of the results presented in Section 3.4 on teeth and dental crowns, other two in-house developed OCT systems were used. These were a Spectral Domain (SD) and a Time Domain (TD) one, described in [30] and [31], respectively. Samples were extracted from patients attending the "Victor Babes" University of Medicine and Pharmacy of Timisoara, Romania, following an approved Ethical protocol and after their written consent.



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Figure 2. In-house developed MS/SS-OCT system using a single interferometer at two stages.
Components: Swept Source; DC<sub>1,2</sub>, single mode directional couplers (20/80 and 50/50, respectively);
GSxy, dual axis galvanometer scanner; L1,2, achromatic lenses; BPD, balanced photo-detector; PC, personal computer.

#### 170 2.3. Characterization of samples

Several methods have been employed to characterize the samples of each group from differentpoints of view, as briefly presented in the following protocol.

Extracted teeth are first analyzed with X-ray techniques since the radiology equipment is also located in the dental clinic that has provided (most of) the teeth for this study. After the teeth are extracted, they are cleaned and prepared for investigations. All types of radiographies are performed with all the available equipment in the clinic (common for such a medical environment): intraoral radiography, panoramic radiography, and 3D CBCT. In Figure 1 examples of teeth prepared for investigations are shown. Romexis Viewer (Planmeca, Helsinki, Finland) is the software utilized to assess cavities or other dental issues. This is equipped with a toolbar that allows precise measurements of dental aspects, even for images imported from other sources [32]. This is a novel approach of this study, as most OCT studies are usually performed using an open source image processing software, ImageJ (Wayne Rasband, NIH/LOCI, University of Wisconsin). In this study, to make sure that differences in quantitative assessments are only related to the performance of the techniques and not to software characteristics, the same software, Romexis Viewer is utilized.

After the image is provided by the X-ray unit or imported from another source (i.e., the SS-OCT system), a calibration step is mandatory. This implies a correlation between the number of pixels and the area of the surface, performed with the measurement toolbar, which also serves for calibration, as well as for angles and lengths measurement [32]. However, we must note that, even if a software is a trustworthy tool for accomplishing a correct assessment of an issue, it cannot surpass limitations of the imported image's resolution. Thus, the software cannot be used to analyze details that cannot be observed on radiographs.

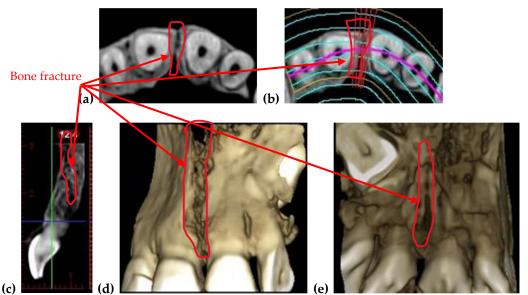
192 OCT investigations of different samples have been done using the MS/SS-OCT system in Figure 193 2, as well as (for a few samples) the SD and TD systems pointed out in the previous subsection. Teeth 194 need no preparation for OCT investigations, as they do not need any for X-ray radiography, as well. 195 500 OCT B-scans have been obtained for each sample from different lateral locations. They have been 196 further processed and analyzed with ImageJ, being rendered into a 3D image/volumetric 197 reconstruction. Where comparisons between radiography and OCT have been necessary, both B-198 scans and 3D OCT images have been then imported in Romexis Viewer, for measurements and a 199 parallel study with radiographs.

# 200 3. Results and Discussion

# 201 3.1. Radiography-oriented dental investigations

202 Radiography is the daily-basis medical imaging technique in dentistry, therefore it is difficult to 203 select dental disorders that are visible only using this technique. From its variants, panoramic 204 radiography is the first method that can be (and is ussually) performed, as it has the advantage of 205 providing an ample perspective of the full mouth of a patient in (only) a few seconds of investigation, 206 For a correct diagnosis, patients must be checked both clinically and radiologically. For bone 207 diseases (implying periodontitis or fractures) or for bone assessment, panoramic radiographs are not 208 necessary for density or post-operator investigations. A 3D CBCT has to be performed in such 209 situations because in addition to a qualitative assessment, it offers volumetric information. An 210 example of a CBCT investigation performed in the clinic for a fractured maxillary is presented in

211 Figure 3.

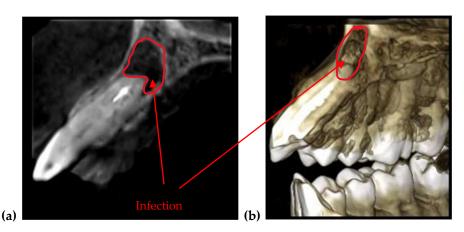


- 213 Figure 3. 3D CBCT of a fractured maxillary in different views: (a) axial view; (b) axial view indicating
- the position of the fracture; (c) sagittal view; 3D reconstruction, (d) frontal and (e) posterior view,
- 215 previously detailed in [28]. Patient V.L., female, age 29 years, diagnosed with a crack in her maxillary
- 216 bone caused by a head trauma.

217 One can remark that in such cases OCT cannot be of use, as the necessary depth of the 218 investigation is beyond its capability. However, the crack in Figure 3 is also large enough for the 219 CBCT resolution to be sufficient to spot and assess its dimensions.

3D CBCT is also recommended when it is important to assess the tip of the tooth's root, as presented in Figure 4. In such cases intraoral and panoramic radiographs do not offer reliable information because they provide 2D images and if a dental infection is behind the tooth, it is not visible. Such investigations are beyond the penetration capability of OCT, as well.

The periodontitis disease, in its advanced stages, can be diagnosed using any type of radiography. Figure 5 is an example of periodontitis disease observed on both 2D and 3D radiography. The red line represents the actual level of bone that is affected by the disease and the blue line represents approximately the level where the healthy bone should be. The issue is to detect it in (very) early stages, if possible, to apply appropriate treatments before the gingiva has begun to retreat.



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Figure 4. (a) Sagittal view and (b) 3D CBCT reconstruction of an infection formed at the tip of a tooth.

232 Patient C.B.G., female, age 37 years, diagnosed with dental abscess.

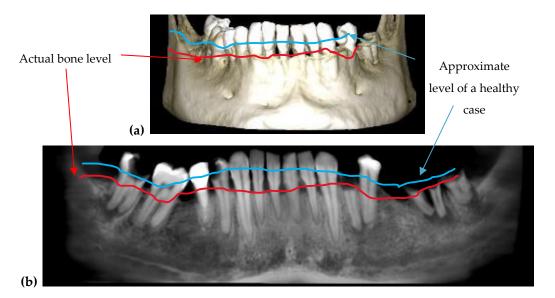
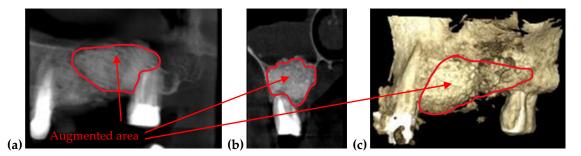


Figure 5. Periodontitis disease observed on a 3D CBCT reconstruction (a) and on a panoramic radiography (b). Patient C.O., male, age 34 years, diagnosed with periodontitis, alongside other dental issues such as cavities and dental abscesses.

While a range of methods can be used for diagnose, from periodontal probes [33] to 3D CBCT with high resolution and low radiation dose [34, 35], different biomaterials such as nanoparticles are considered to improve the performance in detecting and measuring periodontal pockets [36]. In this respect, making successive OCT investigations of the same area every 6 months can be relevant for the clinician regarding the success of the treatment. This can be in a similar way to using (*ex vivo*) holography on models to make such assessments [37]. A comparison of these two techniques in this respect is subject of future work.

244 Augmented bone is necessary to provide enough jawbone volume for a successful dental 245 implementation [38,39]. As various diseases (including trauma, cancers or osteoporosis) occur, the 246 alveolar ridge must be augmented (Figure 6), because there is not enough bone left to use implants. 247 Allografts or autografts may be utilized, although the former may transmit certain diseases, while 248 the latter involves additional clinical procedures and increases morbidity. Alternate materials such 249 as bioceramics are developed for such scaffolds [40], while procedures such as photo-250 biomodulation/Low-Level Laser Therapy (LLLT) are demonstrated to accelerate new bone formation 251 when additional bone particles are utilized to stimulate bone regeneration. For the latter we have 252 used OCT to demonstrate the positive impact of LLLT on new bone formation [41]. The advantage of 253 OCT is its capability to monitor *in vivo*, non-invasively the process (in contrast to micro-CT or the 254 gold standard of histopathology [42]), and with higher resolution than radiography. The OCT's 255 drawback in this case as well is its lower penetration depth and Field-of-View (FOV), (the latter 256 imposing mosaicking images [43] or segmenting investigations [41]), while radiography has both 257 enough penetration depth and FOV to assess the results of the bone-augmentation process, as shown 258 in the example considered in Figure 6. Because of this disease, the patient lost several teeth that cannot 259 be replaced with dental implants because of the patient's insufficiency in bone quantity and density. 260 To make possible the surgery of implants insertion, the patient was subjected to an additional surgery 261 of bone augmentation. The augmentation was made with Geistlich Bio-Oss (Wolhusen, Switzerland), 262 which is a natural bone mineral of bovine origin that is available as granules of spongious bones in 263 an applicator.



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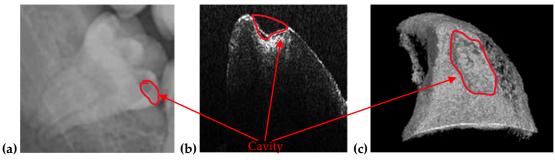
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**Figure 6**. (a) Panoramic view, (b) sagittal view, and (c) 3D reconstruction of an augmented bone obtained after a segmental 3D CBCT with a FOV of 5 x 5 cm. Patient P.P., male, age 46 years, diagnosed with severe periodontitis.

268 3.2. OCT-oriented dental investigations, compared with radiographs

Cavities assessment, enamel or dentine issues such as cracks or demineralization, adaptation of dental fillings or crowns are examples of several dental affections that can be better assessed on OCT images than on any type of radiography, as documented by different groups [10-15, 44-46], including ours [17, 28, 47]. The investigations in Figures 7 to 14 on examples of such dental issues prove that OCT images allow for a more accurate diagnosis than radiographs in several situations, where resolution is paramount, and the penetration depth of OCT is enough.

Figure 7 is an example of the superior resolution and contrast of OCT images. This can be best seen on a volumetric/3D reconstruction in Figure 7(c), but also on a well-chosen cross-section/B-scan in Figure 7(b). In contrast, in the radiograph in Figure 7(a), the (large) dental cavity can barely be spotted. As demonstrated in the following section, such cavities can be exactly measured on OCT images, while on radiographs they can only be observed. Similar remarks can be made regarding the examples presented in Figures 8 and 9.



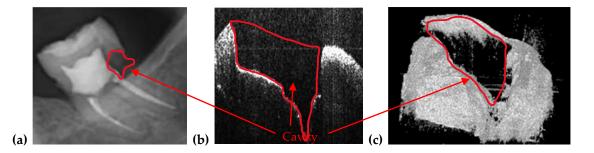


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**Figure 7**. (a) Cavity of a third molar from the fourth quadrant assessed on a section cropped from a panoramic radiography. OCT investigation on the tooth extracted for medical purposes after performing the radiography: (b) B-scan and (c) 3D reconstruction. Patient E.M., male, age 23 years, diagnosed with a cavity on the smooth surface (lateral side) of the third molar, with the following remarks on the clinic condition: the cavity appeared because the third molar is not in a correct position and in that area, between the second and the third molar, the patient cannot perform a full cleaning of the tooth.



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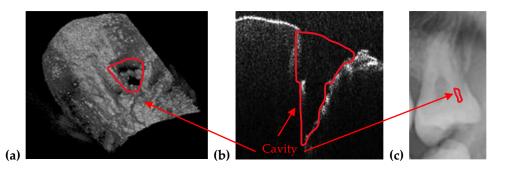
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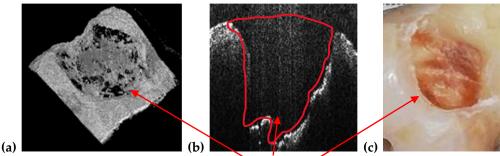
**Figure 8**. Cavity of a second molar from the third quadrant assessed on (a) a section cropped from a panoramic radiography. OCT investigation on the tooth extracted for medical purposes after performing the radiography: (b) B-scan and (c) 3D reconstruction. Patient M.N., female, age 29 years, diagnosed with a cavity on the smooth surface of the tooth and one of the tooth's root. The latter is so large because there are two cavities connected with each other: The first one is a recurrent cavity that appeared under the filling because of an endodontic treatment; the second one appeared because of the receding gingiva and mandibular bone, which has left the tooth exposed.



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Figure 9. Cavity of a third molar from the second quadrant assessed on: (a) an OCT 3D reconstruction and (b) an OCT B-scan, both performed on the tooth extracted for medical purposes after performing the radiography; (c) a section cropped from a panoramic radiograph . Patient C.M., male, age 24 years, diagnosed with a small cavity, with the following remarks on his clinic condition: the tooth did not pass completely from the gingiva, but food, as well as degenerative factors entered between tooth and gingiva. This is the reason the cavity has appeared.

304 In the example in Figure 10, the precision of OCT technique when it comes to imaging dental 305 cavities can be remarked by analyzing Figure 10(a) and (b). The margins of OCT 3D rendering in 306 Figure 10(a) is 1:1 with the margins obtained from the photography in Figure 10(c). This is one of the 307 reasons that makes OCT the appropriate medical imaging technique when it comes to investigate 308 cavities. Alongside its superior accuracy, OCT is radiation-free. Regarding the acquisition speeds, 309 they are from 1 to 15 s for different types of radiographs (as pointed out in Section 2.1), while for OCT 310 they are much faster, usually in milliseconds-for a common individual scan, with the FOV 311 corresponding to an area of up to 3 x 3 mm<sup>2</sup>. If mosaic OCT images are performed [43], the acquisition 312 time can be longer, but less than 1 s in all situations. For the MS enhanced SS-OCT system used in 313 this study (Figure 2), OCT imaging is also performed in real time, with no post-processing of images.



Cavity

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**Figure 10**. Cavity of a third molar from the second quadrant assessed on **(a)** an OCT 3D reconstruction and on **(b)** an OCT B-scan. Image **(c)** is a photograph of the cavity. Patient R.E., male, age 27 years, diagnosed with a large cavity formed at the border between a dental crown and the tooth's root. The reason for this cavity is the impossibility of the patient to clean that area because of the gingiva and the inner cheek thickness.

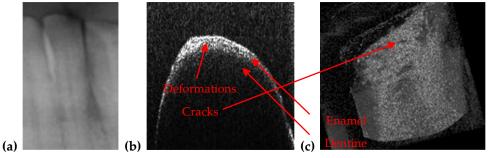
Beside cavities, OCT is capable to detect abnormalities at the level of enamel and dentine. As demonstrated in the examples in Figures 11 to 14, because of its high resolution, OCT images reveal

dental issues such as enamel deformations or cracks. Figure 11(b, c) reveal enamel deformations at

323 the cusp of the tooth and some small cracks on the smooth surface of the tooth. Figure 11(a) is a

324 section of a panoramic radiography, and the issues visible on OCT images are not spotted at all on

325 the panoramic radiography.



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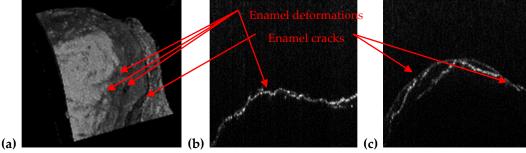
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**Figure 11**. Enamel deformations of an incisive tooth from mandible that cannot be observed on a section cropped from a panoramic radiography (a) but can be clearly remarked both on (b) OCT B-scans and on (c) a 3D OCT reconstruction (performed on the tooth extracted for medical purposes after performing the radiography).

Figure 12 is also revealing enamel deformations and cracks on a smooth surface of an incisive tooth. In this case, these dental aspects are more visible using OCT than in the case in Figure 11; in the panoramic radiography they are not even spotted. As a remark, compared to such classical structure-oriented OCT, polarization sensitive (PS) OCT can provide much higher contrast on enamel deformations or demineralization in the enamel [48]. Therefore, applying PS OCT for such dental issues can be a valuable direction of future work. Images of the teeth from Figures 11 and 12 belong to the same patient, T.C., male, age 34 years, diagnosed with advanced periodontitis.



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Figure 12. Enamel deformations and cracks of an incisive tooth observed on (a) OCT 3D reconstruction,
as well as on (b, c) different B-scans.

341 Another situation where OCT is better suited than X-ray imaging is when the adaptation of dental 342 crown on the abutment prepared tooth must be checked. Figure 13 is showing an example of a tooth 343 with a metallic cape. The adaptation of this cape is visible only on OCT images, Figure 13(b). Figure 344 13(d) is a section cropped from a panoramic radiograph, and one can see that on this image the 345 adaptation cannot be assessed. In Figure 13(b) one can observe the metallic layer and the tooth 346 because the OCT B-scan is obtained at the junction between these two components, marked with the 347 blue line in Figure 13(a). In the area where the metallic cape is scanned, one cannot see the tooth 348 because the IR laser radiation specific to OCT does not pass through metallic surfaces. Figure 13(c) is 349 the OCT 3D reconstruction of this selected area marked in Figure 13(a).

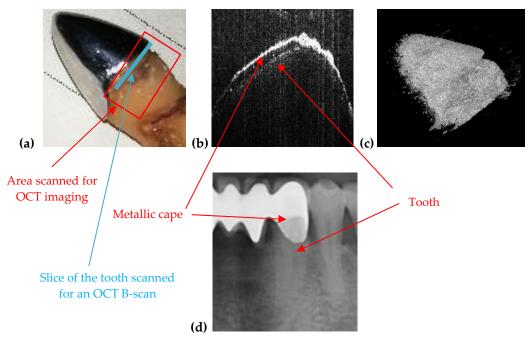


Figure 13. OCT used to check the adaptation of metallic cape on the tooth: (a) photo of the tooth with
cape, (b) OCT B-scan showing both the tooth and the metallic cape, (c) 3D reconstruction, and (d)
section cropped from a panoramic radiography. Patient S.S., female, age 57 years, diagnosed with
multiple abscessed teeth and periodontitis.

- In Figure 14 a deep crack in a tooth is imaged. While the crack can be observed visually, Figure
   14(a), its depth can be assessed quantitatively using OCT images, choosing the appropriate B-scan,
   Figure 14(c), from the 3D OCT reconstruction of the zone of interest, Figure 14(b).
  - Figure 14(c), non the 3D OCT reconstruction of the 2D R of Interest, Figure 14(b).

(b)

358 359 360

(a)

**Figure 14**. Deep crack in the enamel layer observed on **(a)** part of the photo of an extracted tooth, as well as on **(b)** the 3D OCT reconstruction of the selected area. **(c)** OCT B-scan showing the shape of the

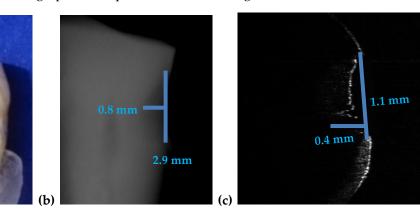
364 3.3. Measuring dental cavities on both OCT images and radiographs

365 The aim of this section is to utilize OCT images to see if one can diagnose clear margins of 366 cavities. These results are compared with those obtained with radiographs. One must point out in 367 this respect that, even if the resolution is the same for any type of radiography, there are differences 368 in the details that can be observed on the acquired images. For example, a small cavity cannot be 369 diagnosed exactly on a panoramic radiography, but an intraoral radiography delivers more detailed 370 information. The advantage of the intraoral radiography over panoramic radiography in the case of 371 a small cavity is related to the fact that for the former the focus is on that part of the mouth where the 372 tooth with a specific affection is located [27].

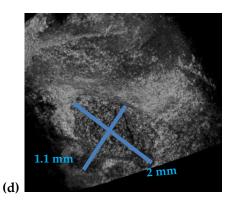
- A few relevant examples of cavities are considered to make such a comparison in Figures 15 to
   17, which show that measurements on intraoral radiographs give results different than those on OCT
   images.
- For the case presented in Figure 15, there is a difference of 0.9 mm in length and the depth is double on the intraoral radiograph as compared to the OCT image.



(a



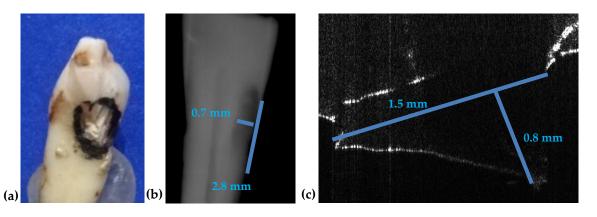
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Figure 15. (a) A premolar tooth, with an area marked for OCT investigations; (b) section cropped from
an intraoral radiograph with a view on the measured dental cavity; (c) OCT B-scan, where the depth
and the width of the cavity are measured; (d) volumetric OCT reconstruction, on which the width and
the length are measured.

For the case presented in Figure 16, the difference between the measurements of the length on both images is 1.3 mm while the difference for depth measurements is 0.1 mm. Measurements errors from Figure 15(b) and 16(b) are therefore significant. We point out that the values obtained using OCT images are the correct ones because they have been checked by direct measurements.



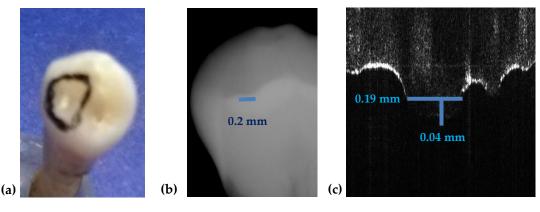
389 Figure 16. (a) Incisive tooth with an area marked for OCT investigations; (b) a section cropped from the 390 intraoral radiography with measurements of the cavity; (c) OCT B-scan where the depth and the length 391 measurements of the cavity have been performed.

392 The case presented in Figure 17 consists of a small cavity that is barely visible on intraoral

393 radiography. The fact that an estimation using the radiograph gives only 0.01 mm in difference from

394 the value obtained using the OCT image is merely a coincidence. There is no way to correctly measure 395 the cavity on an intraoral radiograph (in depth, length, or width) while Figure 17(c) proves that on

- 396
- the OCT B-scan one can properly perform measurements.



397

398 Figure 17. (a) Canine tooth, with an area marked for OCT investigations; (b) a section cropped from the 399 intraoral radiography where the cavity was measured; (c) OCT B-scans with measurements of depth 400 and width of the cavity.

401 We may conclude that cavities can be identified and measured with both techniques but can be 402 correctly assessed in terms of their dimensions using OCT only. Furthermore, there are new (early) 403 cavities that cannot be observed on radiographs, but that can be spotted on OCT images-as concluded 404 in our preliminary work in [17]. Intraoral radiographs and OCT images can be both utilized for 405 diagnosis of dental cavities but the most accurate method for quantitatively assessing dental cavities 406 proves to be OCT. Histopathology, which is the "gold standard" in microscopic examinations, could 407 have been an option to compare with both radiography and OCT. However, in this case we address 408 only dimensional measurements on (the surface of) teeth, and not cell-level evaluations of tissue.

409 Following these ascertainments, a comparison has been made between the measuring accuracy 410 of the different dimensions of the detected cavities, using the two methods. The results are presented,

411 for the examples considered in the paper, in Table 1. 412 One can observe that there is no column *width* for the *radiography* assessment, because for 413 measuring cavities intraoral and panoramic radiographs are utilized, and they are 2D images. The 414 relative error

 $\varepsilon (\%) = \frac{|x_{Radiography} - x_{OCT}|}{x_{OCT}} \cdot 100$ (1)

416 is calculated in all the cases where data has been available with both imaging techniques, where

417  $x_{Radiography}$  is the length or depth measured on radiographs and  $x_{oct}$  is the length or depth

418 measured on OCT images.

Measurements on tooth from	Radio	graphy	OCT			Relative error ε (%)	
	Length	Depth	Length	Width	Depth	For	For
	(mm)	(mm)	(mm)	(mm)	(mm)	length	depth
Figure 7	3.2	1.6	1.9	0.8	0.5	68	110
Figure 8	2.4	2.2	3.0	2.7	3.3	20	33
Figure 9	1.5	1.9	2.0	0.9	3.3	75	42
Figure 10	2.7	3.0	3.5	3.9	3.8	34	21
Figure 15	2.9	0.8	2	1.1	0.4	45	100
Figure 16	2.8	0.7	1.5	-	0.8	86	12
Figure 17	0.2	-	0.19	-	0.04	5	-
		$\bar{\varepsilon} = \frac{\sum_{1}^{N} \varepsilon_{j}}{N} = 50\%, \tag{2}$					
Mean relative err	wh	where N=13 is the number of relative errors for measurements performed					
Ē (%)	wit	with both methods.					
Standard Deviation of relative errors σ (%)			$\sigma = \sqrt{\frac{\sum_{1}^{N} (\varepsilon_j - \bar{\varepsilon}_j)}{N-1}}$	$\frac{(1)^2}{2} = 34.3\%$		(3)	

419 **Table 1.** Measurements performed on both radiography and OCT images obtained for the same tooth.

420

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For these errors, the mean value and the Standard Deviation are calculated in Table 1. One can see the quite large value of the mean, due to the large errors made in radiographic measurements (on images that do lack resolution, but also contrast). There is also a large standard deviation for these relative errors, because some measurements can be made more precisely on radiographs, while others are significantly flawed. We may conclude that only OCT images present enough resolution to allow for such accurate assessments.

Two imaging characteristics that must be discussed are contrast and sharpness. To compare images obtained with two different methods, the measurements are performed using a single software. The differences between the images of each sample can be quantified by analyzing the data provided by the Romexis software. Table 2 presents the values gathered for each of the above 2D image. One must remark that 3D CBCT images are adjustable in terms of contrast and brightness from 0 to 4095, and sharpness from 0 to 10.

433 *The contrast* is calculated with the equation [1]

$$C = (I_{max} - I_{min}) / (I_{max} + I_{min}),$$
(4)

435 where  $I_{max}$  and  $I_{min}$  are the maximum and minimum pixel intensity, respectively.

436 The Contrast-to-Noise Ratio (CNR) can be also calculated using the equation [1]

437  $CNR = \frac{|I_{min} - I_{max}|}{\sigma_0}$ (5)

438 where  $\sigma_0$  is the standard deviation of the pixel intensity *I*, and it is provided by the imaging software. 439 Their values are provided in Table 2 for each of the two methods, comparatively, when both are 440 available for a certain sample investigated in this study (and only for one of the methods, when only 441 one of them is available). This comparison allows for calculating the relative error for each sample 442 and parameter, like the calculus performed in Table 1 for the measured dimensions of the cavities. A

- 443 mean relative error and its standard deviation can be then obtained for each of the two parameters444 (Table 3).
- 445 **Table 2.** Measurements of Contrast (C) and Contrast-to-Noise Ratio (CNR) performed on radiography
- 446 and OCT images obtained for each sample considered in the study.

Sample from	Imaging method		and minimum intensity I	σ <sub>0</sub> (%)	C	ε <sup>j</sup> (%)	CNR	ε <sup>j</sup> (%)
Figure		I <sub>max</sub>	I <sub>min</sub>					
7	OCT	255	1	71.7	0.992	98.4	3.54	4.1
	Panoramic	192	64	37.57	0.5		3.4	
8	OCT	255	1	92.25	0.992	41.7	2.73	13.8
	Panoramic	208	31	55.7	0.74		3.17	
9	OCT	255	1	53.82	0.992	86.8	4.71	54.9
	Panoramic	193	59	44	0.531		3.04	
10	OCT	255	2	55.15	0.984	-	4.58	-
11	OCT	255	5	45.42	0.961	45.1	5.5	27.6
	Panoramic	123	25	22.7	0.662		4.31	
12	OCT	255	0	45.25	1	51	5.63	30.6
	Panoramic	123	25	22.7	0.662		4.31	
13	OCT	255	9	94.76	0.931	37.7	2.59	33.7
	Panoramic	238	46	49	0.676		3.91	
14	OCT	255	4	89.8	0.969	-	2.79	-
15	OCT	188	0	26.7	1	16.8	7.04	55.1
	Panoramic	232	18	47.11	0.856		4.54	
16	OCT	255	0	44	1	16.8	5.79	27.5
	Panoramic	232	18	47.11	0.856		4.54	
17	OCT	255	2	70.3	0.984	14.9	3.59	20.9
	Panoramic	232	18	47.11	0.856		4.54	
Mean relative error of $C(\overline{\epsilon}_C)$		$\bar{\boldsymbol{\varepsilon}}_{C} = \frac{\left(\sum_{1}^{N} \varepsilon_{C}^{j}\right)}{N} = 45.46\%,  (6)$ where N=9 is the number of relative errors for measurements performed with both methods.						
Standard	Standard Deviation of the relative		$\sum_{i=1}^{N} (\varepsilon_{i}^{j} - \overline{\varepsilon}_{c})^{2}$					
errors of <i>C</i> ( $\sigma_c$ )		$\sigma_C = \sqrt{\frac{21(C_C - C_T)}{N-1}} = 29.9\% \tag{7}$						
Mean relative error of CNR (\varepsilon_{CNR})		$\overline{\boldsymbol{\varepsilon}}_{CNR} = \frac{\left(\sum_{1}^{N} \varepsilon_{CNR}^{j}\right)}{N} = 29.8\%,  (8)$ where N=9 is the number of relative errors for measurements performed with both methods.						
Standard Deviation of the relative errors of $CNR$ ( $\sigma_{CNR}$ )		$\sigma_{CNR} = \sqrt{\frac{\sum_{1}^{N} (\varepsilon_{CNR}^{j} - \overline{\varepsilon}_{CNR})^{2}}{N-1}} = 16.93\% $ (9)						

447 From Table 2, the difference in contrast between OCT images and radiographs is significant, 448 with a mean relative error of 45.46%. This means that OCT images have better contrast. This was 449 expected because OCT images are performed directly on the tooth, while for radiographs there are 450 other anatomical elements (i.e., bone, gingiva, tongue, cheek, jaw, lips, etc.) that appear on the image 451 and influence the contrast. The mean difference between the contrast values of OCT images and 452 radiographs from cases where radiographs were performed on patients (Figure 7, 8, and 9) is 0.40, 453 while the mean difference in the cases where radiographs were performed on extracted teeth (Figure 454 15, 16, and 17) is 0.13. This proves that soft and hard tissues existing around the tooth influence the 455 contrast.

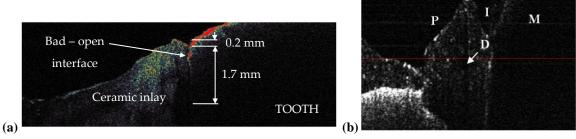
The mean relative error of CNR is 29.8%, and it is smaller than the value of the mean relative error of contrast. This means that images have good sharpness, even if in several OCT images (Figure 10, 13, and 17) and radiographs (Figure 13, 15, and 16), different artefacts are visible. Any metallic surface or a material that has great reflexivity is producing artefacts when OCT investigations are
performed around that area. Also, metallic surfaces influence contrast and sharpness of radiographs
because they absorb X-ray radiation; thus, sometimes image reconstruction artefacts appear. Figure
is an example of such a situation where the metallic cape produces artefacts on both OCT images
and radiographs.

464 3.4. Treatment assessments using OCT

Three examples on the capability of OCT to perform dental treatment assessments are provided
in Figures 18 to 20. Numerous other such examples have been reported in our previous studies [47].
Such applications have also been considered from the late 1990s, including in early studies of OCT in
dentistry [10, 11].

The most common dental treatments that can be targeted using OCT are related to cavities. As shown in Figure 18(a), an OCT B-scan (i.e., a cross-section inside the teeth) can reveal defects both in the inlay introduced in the dental cavity and in the interface between the tooth and the added inlay. The capability of OCT in this respect is unique: an interface defect may not appear on the tooth surface or it may look superficial, as in Figure 18(a). However, using the non-invasive IR laser-based OCT investigation, one remarks on the OCT B-scan that the (open) interface has not just a 0.2 mm surface defect, but a (precisely evaluated) 1.7 mm depth defect. The latter would go unnoticed if it were not

476 for the OCT investigation, thus becoming a source of secondary cavities.



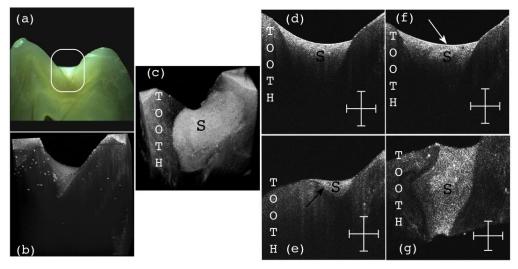
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Figure 18. (a) OCT B-scan of a treated dental cavity obtained with an in-house developed 1D GS-based OCT handheld probe [30, 48], which allows for the evaluation of the interface between a tooth and the ceramic inlay: apparently good interface, closed, but with a crack between tooth and inlay; (b) OCT Bscan of a metal ceramic dental prosthesis using the same 1D GS-based handheld probe and an SD-OCT system [48], with the following notations: M, 1st molar (M); P, 1st premolar; D, defect in the ceramic layer; I, interface between M and P.

485 The question is: can such an assessment be made using the common (and most utilized) 486 radiography? The answer is negative, as we have demonstrated in detail in [31]. On the other hand, 487 OCT can perform this task, as both the necessary resolution and penetration depths are fully within 488 its capabilities. An example in this respect is shown in Figure 19, in an investigation similar to those 489 in [31]: ex vivo, on half of a tooth, sectioned and observed with optical microscopy in Figure 19(a). 490 Early cavities cannot be measured (and some cannot even be remarked) on radiographies, nor can be 491 assessed issues of the dental treatment. In contrast, OCT allows for such an evaluation, as shown in 492 Figure 19 on the entire 3D OCT reconstruction (b), on its oclusal view (c) or using B-scans, as in the 493 (d, e, f) sections. Another view of interest available with OCT is in the *en-face* image/C-scan, such as 494 the one in Figure 19(g), obtained from the 3D OCT image by sectioning it with a plane situated at a 495 certain (constant) depth-in this case from the occlusal surface of the tooth. Using the MS enhanced 496 OCT technique [7], such *en-face* OCT images can be obtained directly, without having to retrieve 497 3D/volumetric reconstructions first. They can be used to obtain a more complete view on the location 498 and extension of defects, as detailed in [31], as well.

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**Figure 19**. OCT B-scan of a treated dental cavity: **(a)** area of interest; **(b)** 3D OCT reconstruction after the investigation showing the mentioned area; **(c)** general aspect of the sealant (S) from the occlusal view; **(d)** B–scan of the structure presenting a good interface between the tooth enamel and the sealant (S); **(e)** B–scan presenting an open interface (black arrow) between the sealant (S) and the tooth structure; **(f)** B–scan presenting a defect (white arrow) inside of the sealant material; **(g)** C–scan of the structure presenting no defects inside the sealant (S) material at the considered depth;. Scale bars: 1 mm.

507 508

509 Other aspects can be revealed as well, using OCT, for example regarding the nature of the 510 material of the sealant (S) utilized for the cavity treatment. A ceramic inlay can thus be clearly seen 511 differently from a polymeric one because of their different porosity [49].

512 Furthermore, OCT investigations can be also performed in vivo, using handheld scanning 513 probes. Such probes have been developed using 2D GSs [50, 51], 2D Micro-Electro-Mechanical 514 Systems (MEMS) [51, 52], or, for Dental Medicine, even a simple 1D GS (lower-cost and light-weight). 515 Such a 1D GS-based handheld probe [30, 49]) can be utilized for such applications even if it provides 516 only a single B-scan at the time, because the dentist is providing the second direction of lateral 517 scanning by moving the probe across the area of interest (for example the tooth surfaces), thus 518 monitoring in real time on a PC screen successive B-scans. The dentist can thus assess a performed 519 treatment by sweeping the tissue and observing (in vivo, non-invasively, and in real time) the various 520 cross-sections beneath the observed tissue surface. Once a defect inside the S or at the tooth/S interface 521 is identified – as in Figure 18(a) and Figure 19(e, f) – it must be corrected. Such defects left 522 untreated/uncorrected (or even undetected, if only radiography is utilized) become sources of 523 secondary cavities, filled (as it is well-known) with anaerobic bacteria, thus becoming a more severe 524 dental issue than open-surface dental cavities.

525 Beside tooth treatments, dental crowns can and should also be investigated/verified prior to 526 being placed in the mouth, to detect eventual inner defects (D), as those shown in Figure 18(b). Such 527 defects are sources of cracks, that usually occur (even) within weeks after placing the crown in the 528 patient's mouth, situation that should be avoided.

Among the sources of defects such as those in Figure 18(b) one has the loss of calibration of the dental ovens where metal ceramic or all ceramic crowns are sintered. We have studied, for the first time to our knowledge, using OCT [54, 55], this loss of calibration that produces a lower or higher than normal sintering temperature of the ceramics. OCT has thus been demonstrated to provide both qualitative [54], but, more important, quantitative results [55] in assessing the maximum temperature reached in the oven and its difference from the temperature prescribed by the manufacturer (for each specific material). Rules-of-thumb have been thus extracted in [54] from both OCT C-scans and reflectivity profiles extracted from them, as well as from related parameters obtained from these profiles [55].

538 Finally, besides assessing (using OCT) performed treatments, the imaging technique can be 539 utilized during certain dental procedures, as well. An example is presented in Figure 20, from the 540 detailed study in [56]: OCT B-scans are retrieved during the drilling process of a dental cavity (ex 541 vivo). Using only visual observation the dental practitioner may find difficult to avoid breaking the 542 ceiling of the pulp chamber, while using OCT the remaining dental thickness (RDT) of this ceiling 543 can be kept above the safety limit of approximately 0.5 mm [56]. In Figure 20 the (unwanted) situation 544 of opening the pulp chamber is presented. In the B-scan in Figure 20(b) the moment when the fracture 545 of the remaining dentin occurs is captured, in real time. Supervizing the drilling process with OCT

546 may prevent the need for an endodontic undesired treatment, by mentaining the tooth integrity.

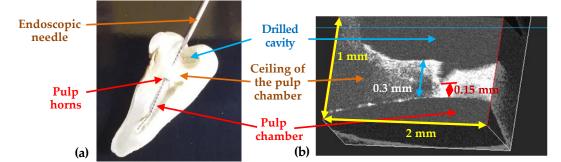


Figure 20. (a) Tooth morphology, sectioned after the procedure, showing the Remaining Dental
Thickness (RDT) between the drilled cavity and the pulp chamber. An endodontic needle is inserted
through the drilled cavity towards the pulp chamber, via the pulp horns, therefore the drilling process
has affected the pulp chamber. (b) Real-time OCT evaluation of the RDT, showing its decrease to a
critical value, for which a fracture occurs-from the detailed study in [55].

# 553 3.5. Sinergy between radiography and OCT

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554 There are four aspects that differentiate radiography and OCT in terms of imaging quality: 555 image resolution, penetration depth, field-of-view (FOV), and radiation safety. In terms of 556 penetration depth and FOV radiography is clearly superior to OCT. In terms of resolution OCT is 557 superior, and it is also radiation-free (while the level of radiation in a radiography imaging session, 558 but also during all phases of a dental treatment is an issue of concern for patients, as well as 559 professionals [8,9]). However, potentially the performance of OCT may be affected by artefacts, 560 especially due to involuntary movements of the patient. The choice of the OCT system and of its 561 performances must be also carefully made, to provide the necessary acquisition speed and video-562 frame imaging capabilities for real time, in vivo imaging, the latter using, for Dental Medicine, 563 dedicated handheld probes [50-53], as demonstrated in [30, 49].

According to the level of details and information gathered from an image, the present study has compared OCT and radiography regarding diagnosis or treatments assessment of selected dental issues. For example, a small cavity with a width of 0.2 mm can be observed on a panoramic or on an intraoral radiography but can be correctly assessed (dimensionally) only on OCT images. The results have shown the differences in assessing a cavity and why OCT is the method of choice in the case of small cavities.

570 OCT also proves useful when details and exact measurements are needed. The drawback of OCT 571 in this case is its limited area of investigation (given its FOV), of less than  $5 \times 5 \text{ mm}^2$  (or much smaller, 572 of  $1 \times 1 \text{ mm}^2$ , for example, when higher resolutions are required). In contrast, panoramic radiography 573 covers the whole mouth. This means that it takes time to investigate all teeth with OCT, while a 574 panoramic radiograph only takes 15 s of exposure.

575 Crown and filling adaptation are other dental aspects that are covered by both techniques. For 576 dental fillings, OCT and 3D CBCT can be at the same level because the adaptation can be correctly 577 assessed on both 3D renderings, with a better resolution of OCT (i.e., commonly 4 to 10 μm axial 578 resolution for OCT, and 75 to 150 μm for radiography). The drawback of radiography is the fact that 579 when the dental crown is made of a radiopaque material such as metal, artefacts appear on images. 580 OCT can provide accurate images of the surface of metallic objects, but it cannot penetrate the 581 material. Therefore, when assessing the adaptation of metallic dental crowns, OCT images can offer 582 qualitative information and details, while radiographs (both panoramic and 3D CBCT) have 583 reconstruction artefacts because of the major amount of metal from the dental crown.

584 To summarize the results, in Table 3 one can see what type of medical imaging technique is more 585 suitable to be utilized to diagnose or to assess the proper treatment for selected dental issues.

Dental issue	Radiography	ОСТ		
Cavities	Cavities smaller than 0.5 x 0.5 mm are	Correct quantitative assessment of		
Cavities	barely visible on any type of radiography	small cavities (Figures 7-10 and 15-17)		
Dental crowns		Accurate surface images for metallic		
(metal ceramic or	Artefacts may appear therefore the obtained	parts; high-resolution images beneath		
all ceramic)	images cannot be utilized	the sample surface for non-metallic		
		(ceramic or polymer) crowns		
Orthodontics	Appropriate to measure/observe teeth	Accurate for tooth analysis (i.e., for		
	movement	enamel and dentine–Figures 11, 12, and		
	movement	14)		
Bone issues	Accurate investigations of bone density and	Connet nonstrate through the hone		
	quantity assessment on 3D CBCT images	Cannot penetrate through the bone more than 1 to 2 mm		
assessment	(see the example in Figure 3)	more than 1 to 2 mm		
Periodontitis	The disease can be monitored during the	Exact measurements of bone loss/gain		
renouonuus	treatment (example, Figure 5)	are possible		
Crown/filling	High-quality images for materials that do	High quality images for most types of		
adaptation	not absorb X-ray radiation in excess	materials used in dentistry (Figure 13)		
Enamel/ dentine issues		Qualitative images, but also		
	Not visible on any type of radiography	quantitative evaluations can be		
		obtained-even beneath the teeth surface		
Soft tissue		Qualitative images can be obtained.		
	Not visible using any type of radiography	Depth limitation of up to 2 mm.		

**Table 3.** Medical imaging technique suitable for selected dental issues.

587

A synergy between radiography and OCT can be concluded from the study-Table 4. First, the two methods can validate each other to some extent, as some dental issues can be investigated with both imaging techniques, including cavities, periodontitis and adaptation of dental crowns or dental fillings. Dental issues can be spotted and assessed on images gathered from both techniques, but with differences at the level of details and regarding the amount of information that can be observed on both images-as observed in the examples considered in this study.

594 Table 4. Medical imaging technique suitable for diagnose/treatment checking and assessment of dental
 595 issues.

Dental issue	Diagnose/Treatment monitoring	Measuring capability of their		
		spatial extension		

Cavities	X-ray and OCT	OCT	
Metal crowns	OCT	OCT	
Orthodontics	X-ray and OCT	OCT	
Bone assessment	X-ray	X-ray	
Periodontitis	X-ray and OCT	X-ray and OCT	
Crown/filling adaptation	X-ray and OCT	OCT	
Enamel/dentine issues	OCT	OCT	
Soft tissue	OCT	OCT	

597 Secondly, OCT and radiography are complementary, as there are dental issues that cannot be 598 investigated with OCT and others that cannot be investigated with radiography. Essentially, for large 599 areas and for investigating in depth the sample, it is better to choose X-ray techniques, while for 600 accurate high-resolution images of small area of the surface and up to 2 mm in depth of the sample, 601 it is better to choose the OCT technique.

## 602 4. Conclusions

The study has considered various applications of Dental Medicine, comparing the performance of radiography and OCT in assessing dental affections and in treatment monitoring. The reciprocal validation and the complementarity of the two imaging techniques have been studied. The contrast and possible synergy of radiography and OCT can be a beautiful example of Niels Bohr's principle: "Contraria non contradictoria, sed complementa sunt".

608 Dental issues assessed with radiography are bone analysis, surgery monitoring (i.e., bone 609 augmentation, implant insertion), apical infections or root canal filling. OCT can be utilized when 610 there are gingiva issues, enamel or dentine problems (i.e., deformations, demineralization or cracks), 611 early stage cavities or metallic dental crowns; also, for precise measurements of dental issues (i.e., 612 cavities, including early ones) and for monitoring dental drilling during the procedure. One must 613 also point out to other techniques that may serve to cover specific (niche) applications, including 614 Scanning Electron Microscopy (SEM) for small details in (cleaning) the apical canal, for example, 615 micro-CT (for superior resolutions than OCT-also providing 3D images) [57], as well as confocal 616 microscopy for research in dental materials, for example. However, radiography remains the 617 common technique for dentistry, while, as pointed out in the study, and considering also cost and 618 availability, OCT can become a daily-basis imaging technique in dentistry alongside radiography, as 619 well. This is also because although in this study mostly ex vivo OCT investigations have been 620 considered (to assess resolution and penetration capabilities), OCT imaging can be also performed in 621 vivo, as demonstrated using 1D GS- [30, 49], 2D GSs- [50, 51], and 2D MEMS-based [52, 53] handheld 622 scanning probes.

Advantages and drawbacks of using one technique or the other should however be considered
carefully for each specific application. This study may contribute to serve as a guidance in this respect.
Considering all aspects (i.e., image resolution/level of detail, time consuming criterion, accuracy,
artefacts, area of investigation/FOV, and radiation issues/invasiveness), one can thus select the most

suitable medical imaging technique for a certain dental issue or determine that both are needed for afull clinical assessment.

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