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**Which way is down? Visual and tactile verticality perception in expert dancers  
and non-experts**

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19

**Highlights**

20

- Vestibular, proprioceptive, and external cues contribute to verticality perception

21

- The subjective tactile vertical is biased toward the direction of a head tilt

22

- The subjective visual vertical is biased away from the direction of a head tilt

23

- Ballet dancers are particularly susceptible to vestibular noise caused by tilts

24 **Abstract**

25 Gravity provides an absolute verticality reference for all spatial perception, allowing us to  
26 move within and interact effectively with our world. Bayesian inference models explain  
27 verticality perception as a combination of online sensory cues with a prior prediction that the  
28 head is usually upright. Until now, these Bayesian models have been formulated for  
29 judgements of the perceived orientation of *visual* stimuli. Here, we investigated whether  
30 judgements of the verticality of *tactile* stimuli follow a similar pattern of Bayesian perceptual  
31 inference. We also explored whether verticality perception is affected by the postural and  
32 balance expertise of dancers. We tested both the subjective visual vertical (SVV) and the  
33 subjective tactile vertical (STV) in ballet dancers and non-dancers. A robotic arm traced  
34 downward-moving visual or tactile stimuli in separate blocks while participants held their  
35 head either upright or tilted 30° to their right. Participants reported whether these stimuli  
36 deviated to the left (clockwise) or right (anti-clockwise) of the gravitational vertical. Tilting  
37 the head biased the SVV away from the longitudinal head axis (the classical E-effect),  
38 consistent with a failure to compensate for the vestibulo-ocular counter-roll reflex. On the  
39 contrary, tilting the head biased the STV toward the longitudinal head axis (the classical A-  
40 effect), consistent with a strong upright head prior. Critically, tilting the head reduced the  
41 precision of verticality perception, particularly for ballet dancers' STV judgements. Head tilt  
42 is thought to increase vestibular noise, so ballet dancers seem to be surprisingly susceptible to  
43 degradation of vestibular inputs, giving them an inappropriately high weighting in verticality  
44 judgements.

45

46 **Keywords:** dance, gravitational vertical, proprioceptive, tactile, vestibular, visual

## 47 **1. Introduction**

48       Perceiving the direction of gravity is vital for balance and orientation in space. The  
49 vestibular system is a key source of sensory information about the orientation of one's own  
50 body relative to the gravitational vertical. In particular, the otolithic organs within the inner  
51 ear detect linear acceleration and head tilts through displacement of hair cells against the  
52 otolithic membrane, making them especially important for detecting gravitational forces (Day  
53 and Fitzpatrick, 2005). However, other sensory cues also contribute to perception of the  
54 body's orientation relative to the gravitational vertical, such as proprioceptive and  
55 somatosensory cues to the position of the neck and the trunk (Alberts et al., 2015, 2016;  
56 Clemens et al., 2011; Day and Wade, 1969; Groberg et al., 1969; Guerraz et al., 2000;  
57 Mittelstaedt, 1997), as well as exteroceptive cues such as the perceived orientation or motion  
58 of objects in surrounding space (Bronstein, 1999; Dichgans et al., 1972, 1974; Held et al.,  
59 1975; Hughes et al., 1972; MacNeilage et al., 2007; Witkin and Asch, 1948; Zupan and  
60 Merfeld, 2003).

61       According to optimal cue integration models, sensory signals are combined in such a  
62 way as to give more weight to precise signals than to noisy signals (Ernst and Banks, 2002;  
63 Ernst and Bühlhoff, 2004). The precision, or reliability, of a sensory signal could potentially  
64 be enhanced through specialised training of that sensory system that reduces its internal  
65 noise, and thereby increases the weight given to that sensory modality in multisensory  
66 perceptual decisions. With regard to gravity perception, training of the vestibular and/or  
67 proprioceptive systems could increase the reliability of those signals and strengthen their  
68 contributions to perception of the gravitational vertical. Ballet dancers, for example, exhibit  
69 impeccable postural control, having undergone years of intensive training to be able to make  
70 precise body movements in space. Studies have demonstrated the superior balance and  
71 proprioceptive abilities of professional dancers, compared with amateur dancers or non-

72 dancers (Chatfield et al., 2007; Crotts et al., 1996; Golomer et al., 1999; Jola et al., 2011;  
73 Ramsay and Riddoch, 2001; Rein et al., 2011). Those skills may be associated with a greater  
74 reliance on vestibular and proprioceptive cues, rather than exteroceptive cues such as vision,  
75 to determine the position and orientation of the body (Golomer et al., 1999; Golomer and  
76 Dupui, 2000; Jola et al., 2011). Ballet dancers may thus integrate multisensory cues to the  
77 gravitational vertical differently than non-dancers do, and that difference could manifest as  
78 greater precision and less bias in their verticality judgements.

79 Previous studies have found that tilting either the body trunk or the head biases  
80 perception of the verticality of visual lines (the so-called subjective visual vertical, or SVV).  
81 Generally, those studies that employed a high degree of roll tilt ( $>45\text{-}60^\circ$ ) tended to find an  
82 Aubert effect (Aubert, 1861), or A-effect, wherein the SVV was biased in the *same* direction  
83 as the tilt (Alberts et al., 2015, 2016; Barra et al., 2010; Betts and Curthoys, 1998; Bronstein,  
84 1999; De Vrijer et al., 2008, 2009; Tarnutzer et al., 2009a, 2009b, 2010; Van Beuzekom and  
85 Van Gisbergen, 2000). On the other hand, those studies that used smaller roll tilts tended to  
86 find a Müller effect (Müller, 1916), or E-effect, wherein the SVV was biased *away* from the  
87 direction of tilt (Day and Wade, 1969; Tarnutzer et al., 2009a; Wade, 1968, 1969; Winnick et  
88 al., 2019; c.f. Ceyte et al., 2009; Dichgans et al., 1974; Guerraz et al., 1998, 2000). Other  
89 studies have explored the subjective haptic vertical (SHV) by asking participants to actively  
90 explore a rod with their hands, in the absence of visual input, and judge its orientation  
91 relative to the gravitational vertical. Those studies tended to find an E-effect, even at larger  
92 roll tilts (Bauermeister et al., 1964; Guerraz et al., 2000; Hazlewood and Singer, 1969; c.f.  
93 Fraser et al., 2015).

94 Inspired by Mittaelstaedt's (1983) proposal of an 'idiotropic vector' that biases  
95 verticality perception toward the longitudinal body axis, several authors (Alberts et al., 2016;  
96 Clemens et al., 2011; de Vrijer et al., 2008, 2009) put forward Bayesian inference models of

97 SVV perception to account for the A-effect. For example, Clemens and colleagues (2011)  
98 proposed a Bayesian optimal cue integration model in which somatic graviceptors  
99 (Mittelstaedt, 1997) and proprioceptors provide sensory information about the position of the  
100 body trunk in space and the position of the head on the trunk, respectively. That information  
101 is then combined with direct information about the orientation of the head in space from the  
102 vestibular otoliths, as well as a prior prediction that the head is approximately upright, as it is  
103 during most of our waking lives. The combination of online proprioceptive, somatosensory,  
104 and vestibular signals with an upright head prior yields a perception of the head in space,  
105 relative to the direction of gravity. That ‘head-in-space’ percept is then compared with visual  
106 information about the location of stimulation on the retina, and with further proprioceptive  
107 information about the orientation of the eyes within the head, to produce a SVV judgement.  
108 Importantly, vestibular signals are thought to become noisier as the head is tilted, due to the  
109 non-uniform distribution of the hair cells on the otoliths (De Vrijer et al., 2008; Tarnutzer et  
110 al., 2009b). Therefore, according to this model, large head tilts should paradoxically reduce  
111 the weight the brain gives to vestibular information in perception of the gravitational vertical.

112       Following the model by Clemens and colleagues (2011), an A-effect (i.e. a bias toward  
113 the direction of body/head tilt) would be the inevitable result of combining online sensory  
114 information with a prior prediction that the head is upright, but the degree of the A-effect  
115 would depend upon the reliability of the vestibular and proprioceptive signals. An E-effect,  
116 on the other hand, would be harder to explain. Some have proposed that the E-effect could  
117 arise from a vestibulo-ocular counter-roll reflex: when the head tilts to the side, the eyes  
118 automatically rotate in the opposite direction to maintain a steady image on the retina. An E-  
119 effect might thus indicate a failure of the brain to adequately account for changes in the  
120 orientation of the eyes within the head (Alberts et al., 2016; Curthoys, 1996; De Vrijer et al.,  
121 2009; Wade and Curthoys, 1997), leading to over-compensation for the head tilt in SVV

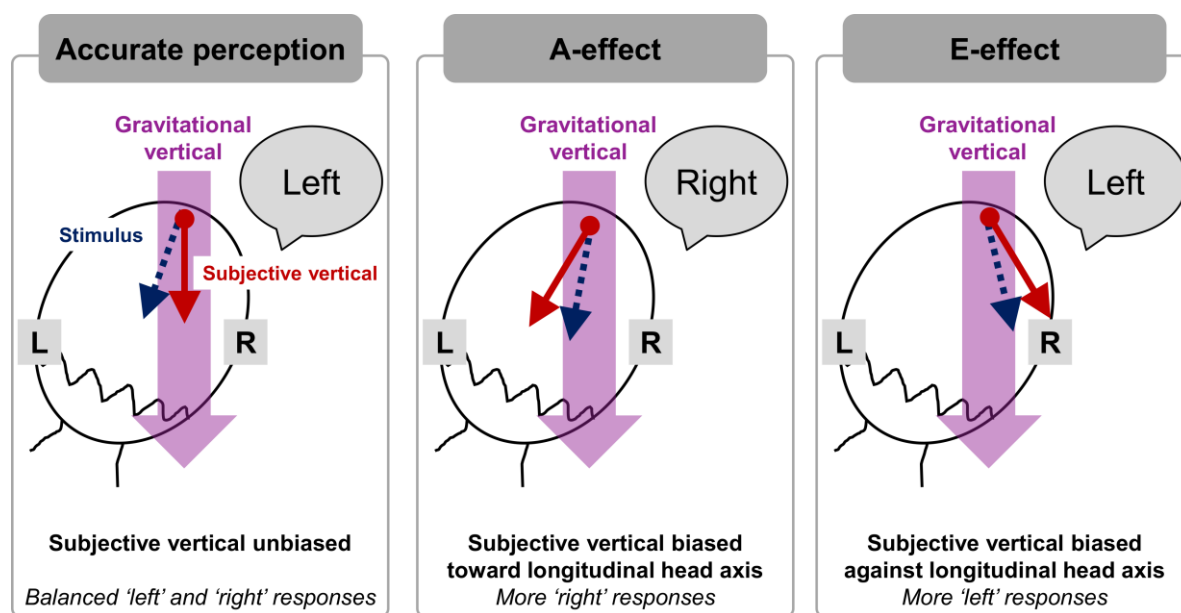
122 judgements. If that were the case, however, then we would expect the E-effect to be restricted  
123 to situations where visual information is integrated as part of verticality perception. That  
124 prediction is not supported by studies of the SHV, which tend to find an E-effect despite the  
125 absence of visual input (Bauermeister et al., 1964; Guerraz et al., 2000; Hazlewood and  
126 Singer, 1969; c.f. Fraser et al., 2015). However, the SHV is not ideally suited to test our  
127 prediction because it employs active, uncontrolled haptic exploration of the stimulus. Such a  
128 task involves multiple sensorimotor cues besides tactile inputs, such as efference copies of  
129 motor commands (Wolpert and Ghahramani, 2000), proprioceptive signals from the arms and  
130 hands, and changing gravitational forces on the upper limbs as they move through space. A  
131 task using passive tactile stimulation of the head or the trunk to explore verticality perception  
132 (i.e. the subjective tactile vertical, STV) would minimise or eliminate those cues, offering a  
133 better test of whether the E-effect extends to judgements of tactile verticality in the absence  
134 of visual input.

135       Here, we tested the visual and tactile verticality perception of female ballet dancers and  
136 non-dancers of similar ages. Participants judged the direction of downward-moving visual  
137 stimuli presented in front of their face and equivalent tactile stimuli drawn on their forehead  
138 while either holding their head upright or tilted 30° to the right (in a clockwise direction).  
139 They judged the direction of these stimuli relative to the gravitational vertical, which either  
140 moved downward and to the left (i.e. clockwise with respect to vertical) or downward and to  
141 the right (i.e. anti-clockwise with respect to vertical; Fig. 1). We measured both the precision  
142 of their judgements and any systematic biases in the subjective visual vertical (SVV) and the  
143 subjective tactile vertical (STV). Based on the ocular counter-roll hypothesis (Albets et al.,  
144 2016; Curthoys, 1996; De Vrijer et al., 2009; Wade and Curthoys, 1997) and previous studies  
145 using head or body tilts less than 45-60° (Day and Wade, 1969; Tarnutzer et al., 2009a;  
146 Wade, 1968, 1969; Winnick et al., 2019), we expected to find an E-effect in the SVV. On the



147 other hand, we expected to find an A-effect in the STV based on the Bayesian inference  
 148 models of verticality perception with an upright head prior (Alberts et al., 2016; Clemens et  
 149 al., 2011; de Vrijer et al., 2008, 2009), because the orientation of the eyes in the head would  
 150 not be relevant in the absence of visual stimulation.

151 With regard to dance experience, we expected ballet dancers to make less biased  
 152 verticality judgements than non-dancers, due to their extensive vestibular and proprioceptive  
 153 training. Since biases arise from tilting the head, the reduced bias would manifest as a smaller  
 154 difference in the point of subjective verticality (PSV) between upright and tilted head  
 155 positions in dancers, compared with non-dancers. We also expected dancers to make more  
 156 precise verticality judgements in the tilted head position, where verticality judgements would  
 157 be more difficult. We were further interested in exploring whether any advantages of dance  
 158 expertise might be specific to the stimulation modality (i.e. greater difference between  
 159 dancers and non-dancers in the tactile modality than the visual modality, or vice versa).  
 160



162 *Figure 1.* Illustration of potential biases in the subjective visual/tactile vertical during a  
 163 rightward head tilt. The participant's head is shown from the back. The large purple arrow  
 164 represents the true gravitational vertical, the solid red arrow represents the participant's

165 subjective perception of vertical, and the dashed blue arrow indicates the downward moving  
166 stimulus applied to the forehead. In the left and middle panels, an example stimulus moves  
167 downward and to the left of the gravitational vertical, equivalent to a clockwise rotation of  
168 the line traced by the stimulus. A participant who accurately perceives the true vertical will  
169 respond ‘left’ (left panel). A participant whose subjective vertical is biased toward the  
170 direction of head tilt (an A-effect) will incorrectly respond ‘right’ (middle panel). In the right  
171 panel, the stimulus moves downward and to the right of the gravitational vertical, equivalent  
172 to an anti-clockwise rotation of the line traced by the stimulus. However, a participant whose  
173 subjective vertical is biased away from the direction of head tilt (an E-effect) will incorrectly  
174 respond ‘left’ (right panel).

175

## 176 **2. Material and methods**

### 177 **2.1 Participants**

178 A power analysis conducted in G\*Power 3.1.5 (Faul et al., 2007), based on a desired  
179 power of 0.8 and an average effect size of  $\eta_p^2 = 0.2$  from a series of experiments comparing  
180 effects of proprioceptive and vestibular manipulations on the SVV and the SHV (Fraser et al.,  
181 2015), indicated a required sample size of approximately 46 participants. We recruited 47  
182 female participants (25 ballet dancers and 22 non-dancers) with normal or corrected-to-  
183 normal vision and no history of vestibular or psychiatric disorders (Table 1). Ballet dancers  
184 were recruited via e-mails or in-person visits to dance companies in the London area, and  
185 were compensated for their participation at a rate of £7.50 per hour. They were eligible to  
186 participate if they had completed at least ten years of ballet training (at least one year of  
187 which was professional training) and had been training at least five times a week for the past  
188 two years. Non-dancers were students recruited from the University College London (UCL)  
189 Psychology and Language Sciences research participant database. They received partial

190 course credit in exchange for their participation. All participants gave written informed  
 191 consent to participate in the study, which was approved by the University College London  
 192 research ethics committee. All work was carried out in accordance with The Code of Ethics  
 193 of the World Medical Association (Declaration of Helsinki).  
 194

*Table 1.* Demographics of ballet dancers (n = 25) and non-dancers (n = 22).

	Ballet dancers	Non-dancers
Age (years)	23.16 ± 5.53	19.23 ± 1.34
Handedness	21 right, 3 left, 1 ambidextrous	21 right, 1 left, 0 ambidextrous
Physically active? <sup>a</sup>	25 yes, 0 no	4 yes, 18 no
Age at start of ballet training (M ± SD)	5.64 ± 3.76	N/A
Years of ballet practice (M ± SD)	16.68 ± 6.31	N/A
Years of intensive practice (M ± SD) <sup>b</sup>	9.54 ± 6.55	N/A
Years of professional training (M ± SD)	5.66 ± 5.68	N/A
Current dance role	12 professional dancers, 2 teachers, 11 trainees	N/A

195 <sup>a</sup>Being physically active was defined as practicing any form of physical activity more than 3  
 196 times per week.

197 <sup>b</sup>Intensive ballet practice was defined as practicing at least 5 times per week.

198

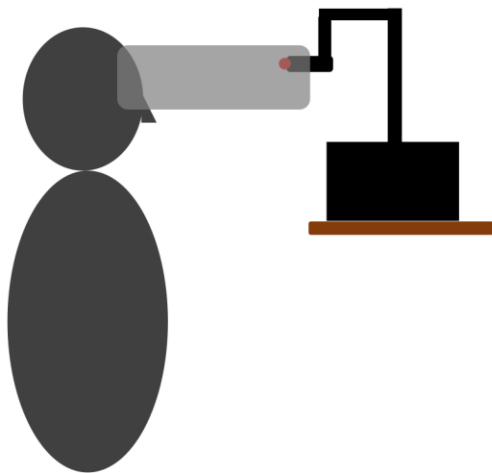
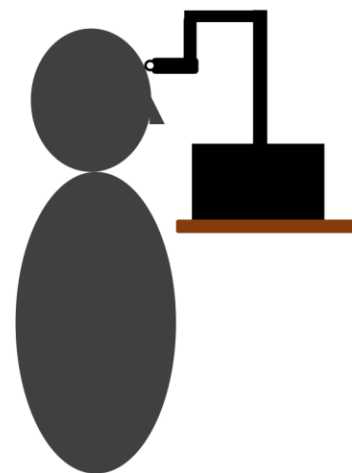
## 199 **2.2 Materials and apparatus**

200 A Phantom Premium 1.0 high-precision haptic robotic device (3D Systems, Rock Hill,  
 201 SC, USA) was used to deliver stimuli on the participant's forehead (in the tactile stimulation

202 condition) or approximately 45 cm in front of their eyes (in the visual stimulus condition).  
203 Each stimulus was 2.6 cm long, and the robotic arm moved at a rate of 1.73 cm/s. MATLAB  
204 software (Mathworks, Inc., Natick, MA, USA) with the Geomagic Open Haptics Toolkit (3D  
205 Systems) and the Prok.Phantom COM .NET component ([prok-phantom.googlecode.com](http://prok-phantom.googlecode.com))  
206 was used to control the device and collect participants' key press responses. Participants  
207 placed their head on a chin rest secured to the desk, to ensure that they did not move from the  
208 desired position during the experimental blocks. The experimenter used a protractor to  
209 monitor the participant's posture and ensure that they remained in the desired position.

210 To estimate the subjective visual vertical (SVV), a 3-mm diameter red LED was  
211 attached to the end of the robotic arm. A black paper cylinder approximately 20 cm in  
212 diameter was placed around the participant's face and black fabric was draped over their head  
213 to prevent them from seeing any visual cues to verticality (e.g. the corners of the room). The  
214 robotic arm was positioned at the other end of the cylinder, about 45 cm in front of the  
215 participant's eyes (Fig. 2, left). Additionally, participants were tested in a dark room, and all  
216 objects and surfaces within the participant's view were covered in black plastic and/or black  
217 tape to ensure that only the red LED was visible.

218 To estimate the subjective tactile vertical (STV), a 4-mm round pin head was attached  
219 to the end of the robotic arm and drawn down the participant's forehead (Fig. 2, right). The  
220 participant wore an eye mask to block any visual cues and plastic goggles to protect their  
221 eyes from any unintended contact with the tactile stimulus. The robotic arm was positioned  
222 so that it delivered light touch to the participant's forehead to minimise friction against the  
223 skin.

**Visual stimulus condition****Tactile stimulus condition**

224

225 *Figure 2.* Schematic drawings of the Phantom Premium 1.0 haptic robotic device delivering  
226 visual stimulation via a red LED moved in front of the eyes at the end of the black cylinder  
227 (left) and tactile stimulation to the forehead via a round pin head (right). Note that the lights  
228 in the room were switched off during visual stimulation and the participant was blindfolded  
229 during tactile stimulation.

230

**231 2.3 Procedure**

232 Participants were asked to judge whether lines drawn downward on their forehead or in  
233 front of their eyes deviated to the left (clockwise) or the right (anti-clockwise) of the  
234 gravitational vertical, defined as the imaginary line that, if drawn straight down from a point  
235 in space, would form a 90° angle with the floor (Fig. 1). As a further example, they were told  
236 that the gravitational vertical is the direction in which a ball would drop if released from  
237 one's hand. They were also shown illustrated examples of 'left' and 'right' stimuli drawn on  
238 paper.

239 Each participant completed four experimental conditions: Visual stimulus + Upright  
240 head, Visual stimulus + Tilted head, Tactile stimulus + Upright head, and Tactile stimulus +  
241 Tilted head. Condition order was randomised across participants. In the upright head

242 conditions, participants positioned their head upright on the chin rest. In the tilted head  
243 conditions, the experimenter used a protractor to adjust the angle of the chin rest and help  
244 participants tilt their head 30° to the right. The participant maintained that position until the  
245 end of each block. A head tilt of 30° was chosen because it is a moderate degree of  
246 inclination that participants could comfortably maintain for an extended period of time. Only  
247 rightward head tilts were tested in this experiment.

248 Each condition consisted of three blocks of 40 trials each. We used a method of  
249 constant stimuli. On each trial, the robotic device delivered a single visual or tactile motion  
250 stimulus (2.6 cm long, 1.73 cm/s) that moved downward and angled to the left or right of the  
251 gravitational vertical. In the visual condition, the stimulus was situated approximately 45 cm  
252 in front of the participant's eyes. At the beginning and the end of each stimulus, the robotic  
253 arm remained static for 1 s. Six different angles were used: -25°, -15°, -5°, 5°, 15°, and 25°.  
254 (Negative values indicate angles to the left of the vertical, and positive values indicate angles  
255 to the right of the vertical.) Each stimulus angle was repeated 12 times in a randomised order,  
256 and the starting position of the stimulus was jittered on the horizontal axis. A beep at the end  
257 of the stimulus indicated that participants should make their response. Using a keypad in their  
258 right hand, they pressed one key if the stimulus was angled to the right, and another key if it  
259 was angled to the left. A single trial lasted approximately eight seconds, and the entire  
260 experimental session took about two hours to complete, including the time allocated to  
261 instructions, practice blocks (12 trials each for the visual and tactile conditions), and rest  
262 breaks between blocks.

263

## 264 **2.4 Design and analysis**

265 The experiment used a 2x2x2 (modality x posture x group) mixed-factors design. The  
266 two within-subjects factors were stimulus modality (visual or tactile) and head posture

267 (upright or tilted 30° to the right), and there was one between-subjects factor of dance  
268 expertise (ballet dancers and non-dancers). The Palamedes Toolbox for MATLAB (Prins and  
269 Kingdom, 2018) was used to fit logistic psychometric functions to the data for each  
270 participant in each condition using a maximum likelihood criterion, and to estimate the slope  
271 as a measure of precision and the point of subjective verticality (PSV) as a measure of bias.  
272 The slope is the rate at which the log odds of responding ‘right’ increases as the stimulus  
273 angle is deviated toward the right (anti-clockwise). It is inversely related to the standard  
274 deviation of the function used to fit the data and thus constitutes a measure of precision  
275 (Kingdom and Prins, 2016, p. 22). The PSV is the stimulus angle, derived from the  
276 psychometric function, at which the participant is equally likely to respond either ‘right’ or  
277 ‘left’ (i.e. the 50% threshold).

278

### 279 **3. Results**

#### 280 **3.1 Point of subjective verticality (PSV)**

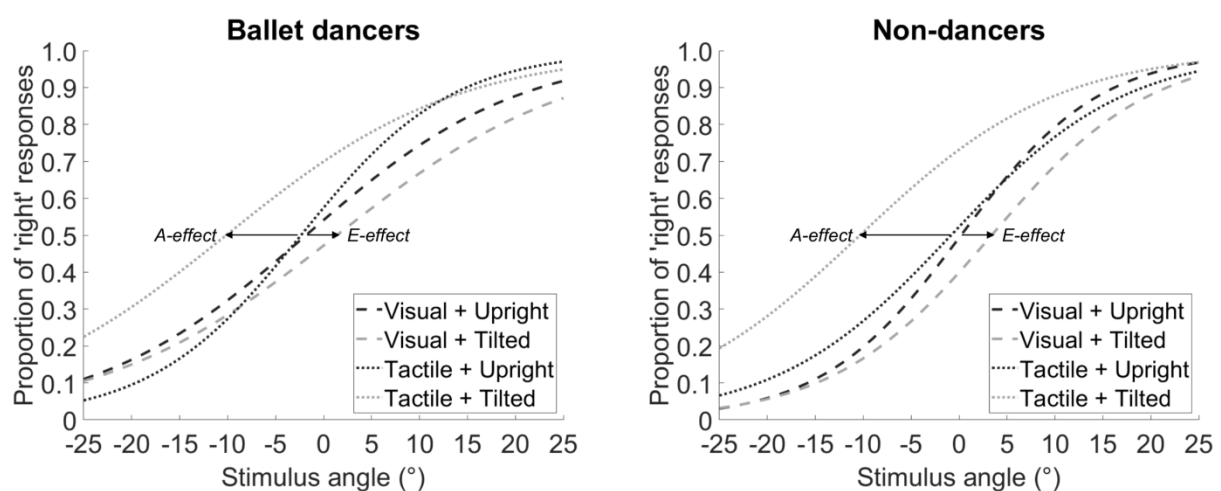
281 First, we conducted a 2x2x2 mixed factors analysis of variance (ANOVA) on the PSV  
282 values, with dance expertise as a between-subjects factor (ballet dancers vs non-dancers) and  
283 stimulus modality (visual vs tactile) and head posture (upright vs tilted) as within-subjects  
284 factors. Nine participants (7 dancers and 2 non-dancers) had flat slopes ( $<.02$ ) in at least one  
285 of the visual conditions (visual-upright and/or visual-tilted), so we were unable to estimate  
286 the PSV from their psychometric functions. Those participants were excluded from this  
287 analysis.

288 Negative PSV values indicate that downward deviations to the left of the direction of  
289 gravity, from a first-person perspective, are perceived as subjectively vertical. This represents  
290 a bias of the PSV in the same clockwise direction as the head tilt (i.e. an A-effect), and thus a  
291 tendency to make more “right” responses (Fig. 1, middle). Conversely, positive PSV values

292 indicate that downward deviations to the right of the direction of gravity are perceived as  
 293 subjectively vertical. This represents a bias in the anti-clockwise direction, opposite the  
 294 direction of head tilt (i.e. an E-effect), and thus a tendency to make more “left” responses  
 295 (Fig. 1, right).

296 There was a main effect of stimulus modality,  $F(1, 36) = 40.46, p < .001, \eta_p^2 = .529$ , a  
 297 main effect of head posture,  $F(1, 36) = 7.87, p = .008, \eta_p^2 = .179$ , and an interaction between  
 298 those two factors,  $F(1, 36) = 37.70, p < .001, \eta_p^2 = .512$ . Simple main effects tests of posture  
 299 showed an E-effect in the visual modality, with the PSV biased toward the opposite direction  
 300 when the head was tilted 30° to the right ( $M = 2.44^\circ, SD = \pm 7.13^\circ, 95\% CI = [0.47^\circ 4.42^\circ]$ )  
 301 relative to when the head was held upright ( $M = -0.76^\circ, SD = \pm 5.92^\circ, 95\% CI = [-2.73^\circ$   
 302  $1.22^\circ]$ ),  $F(1, 36) = 5.50, p = .025$ . Conversely, there was an A-effect in the tactile modality,  
 303 with the PSV biased toward the longitudinal head axis when the head was tilted 30° to the  
 304 right ( $M = -10.24^\circ, SD = \pm 6.65^\circ, 95\% CI = [-12.22^\circ -8.27^\circ]$ ) relative to when it was held  
 305 upright ( $M = -1.55^\circ, SD = \pm 4.61^\circ, 95\% CI = [-3.53^\circ 0.42^\circ]$ ),  $F(1, 36) = 40.16, p < .001$  (Fig.  
 306 3).

307



308

309 *Figure 3.* Average psychometric functions showing the effect of tilting the head 30° to the  
 310 right on verticality judgements of visual (dashed lines) and tactile stimuli (dotted lines).



311 Shifts toward the left indicate an A-effect (i.e. the subjective vertical is biased in a clockwise  
312 direction toward the longitudinal head axis), whereas shifts toward the right indicate an E-  
313 effect (i.e. the subjective vertical is biased in an anti-clockwise direction away from the  
314 longitudinal head axis). Average slope values were calculated from the full participant  
315 sample (25 dancers, 22 non-dancers), whereas the average point of subjective verticality  
316 (PSV) values (i.e. 50% threshold) were calculated from a smaller sample (18 dancers, 20  
317 non-dancers) excluding those participants with flat slopes in at least one condition.

318

319 There was no main effect of dance expertise on the PSV,  $F(1, 36) = 1.70, p = .200, \eta_p^2$   
320  $= .045$ , nor did dance expertise interact with the other factors (dance expertise x stimulus  
321 modality:  $F(1, 36) = 0.41, p = .524, \eta_p^2 = .011$ ; dance expertise x head posture:  $F(1, 36) =$   
322  $0.20, p = .661, \eta_p^2 = .005$ ; dance expertise x stimulus modality x head posture:  $F(1, 36) =$   
323  $0.19, p = .666, \eta_p^2 = .005$ ). This shows that both ballet dancers (Fig. 3, left) and non-dancers  
324 (Fig. 3, right) experienced similar E-effects in the visual modality and A-effects in the tactile  
325 modality.

326

### 327 **3.2 Percentage of ‘right’ responses**

328 In the preceding PSV analysis, we had to exclude more dancers ( $n = 7$ ) than non-  
329 dancers ( $n = 2$ ) because the slopes of their visual psychometric functions were too flat to  
330 determine the PSV. Those participants were presumably the ones who found the task the  
331 most difficult, raising the possibility that removing them may have biased our PSV results.  
332 To exclude this possibility, we conducted a 2x2x2 mixed factors ANOVA with the same  
333 between- and within-subjects factors on an alternative measure of bias: the percentage of  
334 ‘right’ (vs ‘left’) responses, using the data from all participants ( $N = 47$ ). Similarly to the  
335 PSV analysis, there was a main effect of stimulus modality,  $F(1, 45) = 21.52, p < .001, \eta_p^2 =$

336 .323, a main effect of head posture,  $F(1, 45) = 12.39, p = .001, \eta_p^2 = .216$ , and an interaction  
337 between those two factors,  $F(1, 45) = 43.57, p < .001, \eta_p^2 = .492$ . In the visual condition,  
338 tilting  $30^\circ$  to the right led participants to make fewer 'right' responses ( $M = 48.4\%$ ,  $SD =$   
339  $\pm 10.8\%$ ,  $95\% \text{ CI} = [45.8\% \text{ } 50.9\%]$ ) relative to when the head was held upright ( $M = 51.7\%$ ,  
340  $SD = \pm 9.0\%$ ,  $95\% \text{ CI} = [49.1\% \text{ } 54.2\%]$ ),  $F(1, 45) = 4.20, p = .046$ . Conversely, in the tactile  
341 modality, tilting the head  $30^\circ$  to the right led participants to make more 'right' responses ( $M$   
342  $= 62.7\%$ ,  $SD = \pm 8.5\%$ ,  $95\% \text{ CI} = [60.1\% \text{ } 65.3\%]$ ) relative to when the head was held upright  
343 ( $M = 50.8\%$ ,  $SD = \pm 7.0\%$ ,  $95\% \text{ CI} = [48.2\% \text{ } 53.4\%]$ ),  $F(1, 45) = 53.10, p < .001$ . There was  
344 no main effect of dance expertise,  $F(1, 45) = 1.75, p = .193, \eta_p^2 = .037$ , and dance expertise  
345 did not interact with the other factors (dance expertise x stimulus modality:  $F(1, 45) = 2.19, p$   
346  $= .146, \eta_p^2 = .046$ ; dance expertise x head posture:  $F(1, 45) < 0.01, p = .987, \eta_p^2 < .001$ ;  
347 dance expertise x stimulus modality x head posture:  $F(1, 45) = 1.10, p = .300, \eta_p^2 = .024$ ).  
348 These findings corroborate the PSV analysis, and indicate that removing the 9 participants  
349 with flat psychometric functions in at least one condition did not bias our PSV results.

350

### 351 **3.3 Precision of verticality judgements (slope)**

352 To look at the precision of verticality judgements, we conducted a  $2 \times 2 \times 2$  mixed factors  
353 ANOVA on the slope values obtained from the psychometric functions. A higher slope  
354 indicates more precise (but not necessarily more accurate) judgements.

355 For the first analysis, we included those participants with flat slopes in some  
356 experimental conditions to avoid biasing our results ( $N = 47$ ). Note that flat slopes might be  
357 meaningful and relevant to our hypotheses, particularly where there may be differences  
358 between dancers and non-dancers using the same stimuli, because a flat slope indicates  
359 minimal sensitivity to stimulus direction. There was a main effect of head posture,  $F(1, 45) =$   
360  $22.04, p < .001, \eta_p^2 = .329$ , indicating that tilting the head reduced the precision of verticality

361 judgements ( $M = 0.09$ ,  $SD = 0.04$ ,  $95\% \text{ CI} = [0.08 \text{ } 0.11]$ ) relative to holding the head upright  
362 ( $M = 0.12$ ,  $SD = 0.05$ ,  $95\% \text{ CI} = [0.10 \text{ } 0.13]$ ). There was also a three-way interaction between  
363 head posture, stimulus modality, and dance expertise,  $F(1, 45) = 4.69$ ,  $p = .036$ ,  $\eta_p^2 = .094$ .  
364 Simple main effects tests of posture showed that tilting the head particularly affected the  
365 precision of ballet dancers' judgements about the verticality of tactile stimuli,  $F(1, 45) =$   
366  $24.80$ ,  $p < .001$ . This can be observed in the dotted lines representing the tactile stimulation  
367 conditions in the left-hand panel of Figure 3; the slope of the logistic curve is much shallower  
368 in the dancers' 'Tactile + Tilted' condition, compared with their 'Tactile + Upright'  
369 condition. The effect of posture was not significant in any of the other pairwise, orthogonal  
370 contrasts (dancers' visual judgements:  $F(1, 45) = 1.01$ ,  $p = .320$ ; non-dancers' tactile  
371 judgements:  $F(1, 45) = 1.75$ ,  $p = .193$ ; non-dancers' visual judgements:  $F(1, 45) = 3.22$ ,  $p =$   
372  $.080$ ). There were no main effects of stimulus modality,  $F(1, 45) = 0.05$ ,  $p = .820$ ,  $\eta_p^2 = .001$ ,  
373 or dance expertise,  $F(1, 45) = 3.43$ ,  $p = .071$ ,  $\eta_p^2 = .071$ , and no two-way interactions (head  
374 posture x stimulus modality:  $F(1, 45) = 2.82$ ,  $p = .100$ ,  $\eta_p^2 = .059$ ; head posture x dance  
375 expertise:  $F(1, 45) = 1.81$ ,  $p = .186$ ,  $\eta_p^2 = .039$ ; stimulus modality x dance expertise:  $F(1, 45)$   
376  $= 3.55$ ,  $p = .066$ ,  $\eta_p^2 = .073$ ).

377         Although flat slopes could indicate a genuine lack of sensitivity to stimulus direction,  
378 which would be relevant to our hypotheses, they might also arise from extraneous factors  
379 such as a lack of attention to the task. To determine whether any of the effects we found on  
380 precision were driven by the inclusion of these participants, we repeated the analysis on the  
381 precision of verticality judgements after removing the 7 dancers and 2 non-dancers who  
382 displayed flat slopes in at least one of the visual conditions. The pattern of results remained  
383 the same. There was a main effect of head posture,  $F(1, 36) = 22.01$ ,  $p < .001$ ,  $\eta_p^2 = .379$ , and  
384 a three-way interaction between head posture, stimulus modality, and dance expertise,  $F(1,$   
385  $36) = 4.65$ ,  $p = .038$ ,  $\eta_p^2 = .114$ . There were no main effects of stimulus modality,  $F(1, 36) =$

386 3.86,  $p = .057$ ,  $\eta_p^2 = .097$ , or dance expertise,  $F(1, 36) = 1.88$ ,  $p = .179$ ,  $\eta_p^2 = .050$ , and no  
387 two-way interactions (head posture x stimulus modality:  $F(1, 36) = 2.14$ ,  $p = .152$ ,  $\eta_p^2 = .056$ ;  
388 head posture x dance expertise:  $F(1, 36) = 3.28$ ,  $p = .079$ ,  $\eta_p^2 = .083$ ; stimulus modality x  
389 dance expertise:  $F(1, 36) = 1.01$ ,  $p = .321$ ,  $\eta_p^2 = .027$ ).

390

#### 391 4. Discussion

392 Our study investigated the roles of dance expertise, head posture, and stimulus modality  
393 (tactile vs visual) in perception of the direction of gravity. Female ballet dancers and non-  
394 dancer control participants judged the angular deviations of downward-moving visual stimuli  
395 or tactile stimuli, relative to the gravitational vertical. Because of their extensive  
396 proprioceptive and vestibular training, we predicted that the dancers, compared with non-  
397 dancers, would be less biased by a tilted head posture, and that their judgements in the tilted  
398 head position would be more precise than those of the non-dancers. On the contrary, dancers  
399 and non-dancers showed equivalent precision in the upright head conditions, but the dancers  
400 were particularly affected by tilting the head: their tactile verticality judgements became less  
401 precise. Moreover, both dancers and non-dancers showed similar biases in response to tilting  
402 their head 30° to the right. In the visual stimulation condition, they showed an E-effect—their  
403 perception of the gravitational vertical was biased *against* the direction of the head tilt.  
404 Conversely, in the tactile stimulation condition, they showed an A-effect—their perception of  
405 the gravitational vertical was biased *toward* the direction of the head tilt.

406 Previous studies of the subjective visual vertical (SVV) have tended to show an E-  
407 effect with head or body tilts less than 45-60° and an A-effect with greater tilts (Alberts et al.,  
408 2015, 2016; Aubert, 1861; Barra et al., 2010; Betts and Curthoys, 1998; Bronstein, 1999; Day  
409 and Wade, 1969; De Vrijer et al., 2008; Müller, 1916; Tarnutzer et al., 2009a, 2009b, 2010;  
410 Van Beuzekom and Van Gisbergen, 2000; Wade, 1968, 1969; Winnick et al., 2019). Our

411 study used a small rightward head tilt of  $30^\circ$  and found an E-effect on the SVV, consistent  
412 with that general trend. However, there is a lack of consistency amongst previous findings,  
413 and several studies have found A-effects at smaller inclinations (Ceyte et al., 2009; Dichgans  
414 et al., 1974; Guerraz et al., 1998, 2000). Our study alone cannot resolve those contradictions,  
415 but methodological differences might offer some explanation. For example, Fraser and  
416 colleagues (2015) suggested that the quality of the visual stimulus could be a key difference;  
417 at an intermediate body tilt of  $45^\circ$ , they found an A-effect when using a sharply defined  
418 visual line to test the SVV, but an E-effect when using shorter, blurry visual lines. Rather  
419 than using a static visual line, we used a single-point LED stimulus that moved downward at  
420 an angle, drawing a line in the participant's field of vision. Perceiving the direction of motion  
421 of this stimulus requires comparing visual information over time. This kind of dynamic  
422 stimulus may therefore be less clear than a static line; indeed, some participants, especially  
423 ballet dancers, found it difficult to perceive the visual motion clearly. The indistinctness of  
424 our visual stimulus could also have contributed to our finding of an E-effect in the SVV.

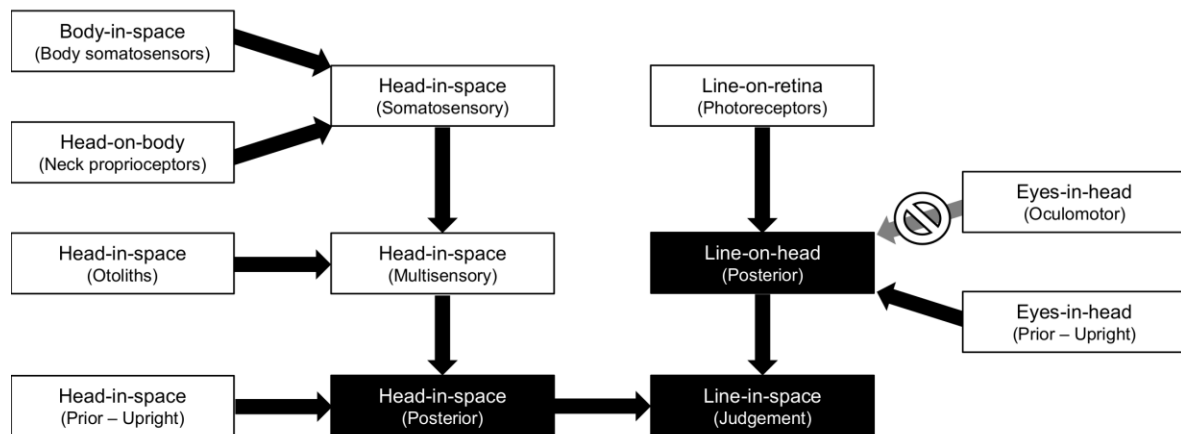
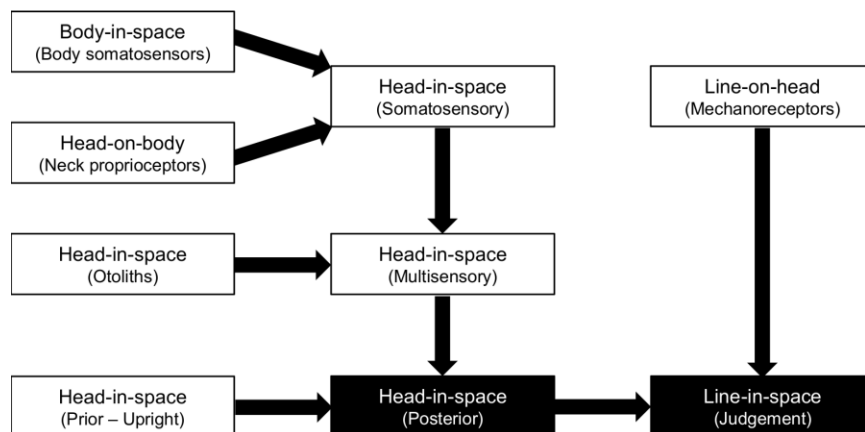
425         Some authors have suggested that an SVV E-effect could arise from the ocular counter-  
426 roll reflex (Alberts et al., 2016; Curthoys, 1996; De Vrijer et al., 2009; Wade and Curthoys,  
427 1997). When the head is tilted during visual fixation, the eyes automatically rotate in the  
428 opposite direction to provide a stable visual percept of an upright world. Perception of the  
429 SVV as rotated away from the direction of head tilt (i.e. an E-effect) could thus arise from a  
430 failure of verticality perception to account for the ocular counter-roll reflex (Curthoys, 1996).  
431 Although we did not measure ocular counter-roll directly, our results are consistent with this  
432 interpretation. Such an effect may have been particularly noticeable in our study, as we went  
433 to great pains to eliminate any possible visual cues to the gravitational vertical, leaving only  
434 the target stimulus itself visible to participants. Contrary to Clemens and colleagues' (2011)  
435 Bayesian cue integration model of visual verticality perception, our result suggests that

436 participants fail to integrate ‘eye-in-head’ cues from the ocular muscles when judging the  
437 verticality of visual stimuli in an otherwise visually deprived environment. Alternatively,  
438 ‘eye-in-head’ cues may be noisy and, therefore, overshadowed by a prior prediction that the  
439 eyes are upright within the head (De Vrijer et al., 2009). Either way, an E-effect may  
440 represent an attempt to compensate for the head tilt, perceived through vestibular signals  
441 and/or proprioceptive signals from the neck, without similarly compensating for the reflexive  
442 rotation of the eyes in the opposite direction.

443         Using a similar stimulus drawn down the forehead, we found an A-effect in the  
444 subjective tactile vertical (STV). To our knowledge, our study was the first to test the STV  
445 using *passive* tactile stimulation. Previous studies investigated the subjective *haptic* vertical  
446 (SHV) by asking participants to actively rotate a rod to align it with the direction of gravity  
447 (e.g. Bauermeister et al., 1964; Fraser et al., 2015; Guerraz et al., 2000; Hazlewood and  
448 Singer, 1969). SHV tasks involve multiple sensorimotor cues besides tactile inputs, such as  
449 efference copies of the motor commands (Wolpert and Ghahramani, 2000), proprioceptive  
450 signals from the arms and hands, and gravitational forces on those same body parts. All those  
451 signals could provide additional cues to the direction of gravity that would not contribute to  
452 the perception of a passive tactile stimulus on the forehead. Using a purely tactile stimulus,  
453 we found participants’ STV was biased toward the longitudinal head axis (an A-effect). Since  
454 we spend most of our waking lives with our head upright on our shoulders, the brain may  
455 hold this default upright position as a strong ‘prior’ prediction of the orientation of the head  
456 with respect to the body (Alberts et al., 2016; Clemens et al., 2011; De Vrijer et al., 2008,  
457 2009). When the head is tilted, noise is added to vestibular signals, likely because of the non-  
458 uniform distribution of hair cells on the otoliths (De Vrijer et al., 2008; Tarnutzer et al.,  
459 2009b). Within a Bayesian optimal cue integration framework, noisy sensory cues should  
460 contribute less to an overall percept than precise cues, because of their unreliability (Ernst

461 and Banks, 2002; Ernst and Bühlhoff, 2004). As vestibular signals became less reliable with  
462 the head tilted, perception of the STV may have been increasingly dominated by an upright  
463 head prior, leading to an A-effect.

464 Our results suggest that the brain uses surprisingly similar processes for judging the  
465 verticality of visual and passive tactile stimuli. Based on our findings and previous related  
466 studies, we propose adapted models of visual and tactile verticality perception in Figure 4. In  
467 both cases, vestibular and proprioceptive signals are integrated with ‘line-on-retina’ (SVV) or  
468 ‘line-on-head’ (STV) cues and an upright head prior. As the head is tilted, the vestibular  
469 signals become noisier, so they are given less weight in combination with the prior and other  
470 sensory cues. The head is thus perceived as tilted with respect to the body, but the degree of  
471 tilt is underestimated. In the case of passive tactile stimulation of the forehead (Fig. 4, right),  
472 the brain therefore under-compensates for the full degree of head tilt, resulting in a STV  
473 biased toward the longitudinal head axis (but not completely aligned with it). In the case of  
474 visual stimulation (Fig. 4, left), the brain fails to adequately integrate an additional relevant  
475 cue—the position of the eyes within the head—which is already providing some mechanical  
476 compensation for the head tilt due to the ocular counter-roll reflex. This leads to an over-  
477 compensation for the head tilt, and a SVV biased in the opposite direction.

**Subjective Visual Vertical (SVV)****Subjective Tactile Vertical (STV)**

478

479 *Figure 4.* Proposed models of subjective visual verticality (SVV) perception (left) and  
 480 subjective tactile verticality (STV) perception (right), adapted from the SVV model by  
 481 Clemens and colleagues (2011). Multisensory cues are weighted according to their reliability  
 482 and combined with Bayesian prior predictions that the head is upright in space and, in the  
 483 case of SVV, that the eyes are upright within the head. Unlike Clemens and colleagues, we  
 484 propose that oculomotor ‘eyes-in-head’ cues are not taken into account in the SVV, resulting  
 485 in over-compensation for head tilts (i.e. an E-effect). Because tilting the head increases



486 vestibular noise, the upright head prior dominates in STV judgements and leads to under-  
487 compensation for head tilts (i.e. an A-effect).

488

489       The idea that vestibular signals degrade as the head is tilted is supported by our finding  
490 that the precision of verticality judgements decreased in the rightward head position, relative  
491 to the upright head position. This reduction in precision was especially pronounced for ballet  
492 dancers' judgements of tactile stimulus direction. Given the extensive proprioceptive and  
493 vestibular training that ballet dancers receive, we had predicted that their verticality  
494 judgements would be less affected than non-experts by tilted head postures. Other studies  
495 have shown that professional dancers have better balance and proprioceptive abilities than  
496 amateur dancers or non-dancers (Chatfield et al., 2007; Crotts et al., 1996; Golomer et al.,  
497 1999; Jola et al., 2011; Ramsay and Riddoch, 2001; Rein et al., 2011). Such bodily expertise  
498 may be limited to the kinds of movements and postures the dancers typically use in their  
499 routines. As such, their training might not generalise to other movements such as a simple  
500 head tilt. Nevertheless, this would not explain why precision was more dramatically reduced  
501 by head tilt in dancers than non-dancers.

502       On the other hand, if ballet dancers were particularly reliant on vestibular signals to  
503 judge the orientation of their body relative to the direction of gravity, then they might be  
504 especially affected by manipulations such as head tilts that add noise to those sensory inputs.  
505 Our results therefore suggest that ballet dancers might weigh vestibular signals more heavily  
506 than non-dancers in their verticality judgements (c.f. Nigmatullina et al., 2015, for contrary  
507 evidence that ballet dancers suppress vestibular signals of yaw-plane rotations in vertigo  
508 perception). This potentially increased reliance on vestibular signals was dissociated from the  
509 precision of those signals, meaning that dancers' verticality judgements were noisier during  
510 head tilts. However, it is not clear why this impaired precision was particularly pronounced in

511 dancers' *tactile* verticality judgements. One possible explanation could be that the dancers'  
512 judgements of visual verticality tended to be less precise than their judgements of tactile  
513 verticality overall, although this trend was not statistically significant ( $p = .066$ ). If they were  
514 already less sensitive to visual stimulus direction when upright, then there may have been less  
515 room for a further decrement in visual task performance. We stress, however, that these are  
516 only tentative suggestions to explain an unexpected pattern of results. Further research will  
517 be needed to determine the consequences of dance training for verticality perception.

518         Our experiment offered several methodological advantages that allow us to build upon  
519 previous studies. First, we used similar stimuli to test both the SVV and the STV, allowing  
520 direct comparisons between the visual and tactile modalities. Second, we eliminated any  
521 visual cues to the direction of gravity in the SVV condition, forcing participants to rely upon  
522 proprioceptive and vestibular signals to make their judgements about the direction of the  
523 visual stimulus. Third, we used passive tactile stimulation of the forehead in the STV  
524 condition, rather than active manipulation of a rod. This rules out additional cues to  
525 verticality from the motor system, proprioceptive signals from the arms and hands, and  
526 gravitational forces on the upper limbs.

527         Despite these notable strengths, our study does have some limitations. To reduce the  
528 study duration, we only compared rightward head tilts to an upright head condition. We did  
529 not test the effects of leftward head tilts, so we cannot rule out the possibility that any effects  
530 we observed are asymmetrical. Additionally, tilting the head simultaneously affects inputs  
531 from both the vestibular otolithic organs and proprioceptive neck afferents, so we cannot  
532 separate the contributions of those signals to visual and tactile verticality perception. Future  
533 research could, for example, use galvanic vestibular stimulation to isolate the contributions of  
534 vestibular signals to verticality perception in the visual and tactile modalities. Finally, we did  
535 not measure the ocular counter-roll reflex in our participants. Although our finding of an E-

536 effect in the SVV task but not the STV task is consistent with an account based on ocular  
537 counter-roll, there may be other possible explanations. Future studies could directly measure  
538 the ocular counter-roll reflex to better determine its relation to the E-effect in visual  
539 verticality judgements.

540 To summarise, our findings suggest that both ballet dancers and non-dancers show  
541 similar visual and tactile verticality perception, although the dancers showed a greater loss of  
542 precision in their tactile verticality judgements when tilting the head 30° rightward. Both  
543 groups showed a bias of the SVV against the direction of the head tilt (an E-effect) and a bias  
544 of the STV toward the direction of the head tilt (an A-effect). Despite these apparently  
545 opposing effects in the visual and tactile modalities, we have shown how a common Bayesian  
546 framework of verticality perception could account for both effects. Overall, this supports the  
547 idea of a Bayesian multisensory cue integration model of verticality perception that—in the  
548 absence of visual cues to the gravitational vertical—is unaffected by the sensory modality of  
549 the comparison stimulus, and only minimally affected by dance expertise.

550

551

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553

554

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697 **Table and Figure Captions**

698 *Table 1.* Demographics of ballet dancers (n = 25) and non-dancers (n = 22).

699

700 *Figure 1.* Illustration of potential biases in the subjective visual/tactile vertical during a  
701 rightward head tilt. The participant's head is shown from the back. The large purple arrow  
702 represents the true gravitational vertical, the solid red arrow represents the participant's  
703 subjective perception of vertical, and the dashed blue arrow indicates the downward moving  
704 stimulus applied to the forehead. In the left and middle panels, an example stimulus moves  
705 downward and to the left of the gravitational vertical, equivalent to a clockwise rotation of  
706 the line traced by the stimulus. A participant who accurately perceives the true vertical will  
707 respond 'left' (left panel). A participant whose subjective vertical is biased toward the  
708 direction of head tilt (an A-effect) will incorrectly respond 'right' (middle panel). In the right  
709 panel, the stimulus moves downward and to the right of the gravitational vertical, equivalent  
710 to an anti-clockwise rotation of the line traced by the stimulus. However, a participant whose  
711 subjective vertical is biased away from the direction of head tilt (an E-effect) will incorrectly  
712 respond 'left' (right panel).

713

714 *Figure 2.* Schematic drawings of the Phantom Premium 1.0 haptic robotic device delivering  
715 visual stimulation via a red LED moved in front of the eyes at the end of the black cylinder  
716 (left) and tactile stimulation to the forehead via a round pin head (right). Note that the lights  
717 in the room were switched off during visual stimulation and the participant was blindfolded  
718 during tactile stimulation.

719

720 *Figure 3.* Average psychometric functions showing the effect of tilting the head 30° to the  
721 right on verticality judgements of visual (dashed lines) and tactile stimuli (dotted lines).

722 Shifts toward the left indicate an A-effect (i.e. the subjective vertical is biased in a clockwise  
723 direction toward the longitudinal head axis), whereas shifts toward the right indicate an E-  
724 effect (i.e. the subjective vertical is biased in an anti-clockwise direction away from the  
725 longitudinal head axis). Average slope values were calculated from the full participant  
726 sample (25 dancers, 22 non-dancers), whereas the average point of subjective verticality  
727 (PSV) values (i.e. 50% threshold) were calculated from a smaller sample (18 dancers, 20  
728 non-dancers) excluding those participants with flat slopes in at least one condition.

729

730 *Figure 4.* Proposed models of subjective visual verticality (SVV) perception (left) and  
731 subjective tactile verticality (STV) perception (right), adapted from the SVV model by  
732 Clemens and colleagues (2011). Multisensory cues are weighted according to their reliability  
733 and combined with Bayesian prior predictions that the head is upright in space and, in the  
734 case of SVV, that the eyes are upright within the head. Unlike Clemens and colleagues, we  
735 propose that oculomotor ‘eyes-in-head’ cues are not taken into account in the SVV, resulting  
736 in over-compensation for head tilts (i.e. an E-effect). Because tilting the head increases  
737 vestibular noise, the upright head prior dominates in STV judgements and leads to under-  
738 compensation for head tilts (i.e. an A-effect).