What do we know about individual equity options?

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Abstract

This paper examines the empirical literature on individual equity options, discussing results in areas of consensus, showing findings in areas of disagreement and providing a guide for future research (especially highlighting analyses that cannot be performed with index options). Key topics include the impact of equity option listings on the underlying stock market, option market efficiency, anomalies in equity option returns, option market microstructure, investors’ behavioural biases, option price discovery and private information revealed in equity option markets. Some directions for future research include the determinants of equity option returns and the effect of algorithmic trading in option markets.

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1 Introduction

What is the current knowledge regarding individual equity options? In spite of the rapid growth of equity option markets since the first day of trading on the
Chicago Board Option Exchange (CBOE) on April 26, 1973, there has been no effort in the financial economics literature to consolidate, in a literature review, the current knowledge and understanding of individual equity options. The number of empirical papers examining individual equity options has increased at a slower rate than the number examining index options. This is mainly due to problems with data availability and relatively low trading activity observed in individual equity option markets, compared with index options that have historically been highly traded. However, data availability and trading activity on individual equity options have increased in the last decades, such that the volume of empirical papers on individual equity options has now reached a level that merits a survey of this literature.

The objective of this study is to offer a systematic review of the empirical literature on individual equity options, by discussing questions examined, data sets used and main findings, and providing some avenues for future research. Our survey of the equity options literature shows several research areas that have emerged, ranging from topics of relative consensus and solid understanding, to areas where the evidence is rather mixed and more research is required.

Although a chronological literature review could highlight the historical changes in the research field, studies on equity options span several research topics, which could make a chronological review needlessly complicated. Thus, studies in this survey are primarily ordered thematically, to provide a big picture of the knowledge on individual equity options. We mainly focus our attention on empirical studies where individual equity option data are used. Thus, in this literature review, we do not consider theoretical studies, which can be applied to options with other underlying types, such as indexes, bonds or exchange rates. However, in some parts of this empirical literature review, we will briefly mention theoretical advances that apply to options, as a means to better understand the results obtained in the empirical studies on individual equity options.

Before starting our literature review on individual equity options, it is important to answer the following question: What can we learn from empirical studies on individual equity options that we cannot learn from empirical studies on index options? This is an important question, since its answer makes the current survey valuable and provides a motivation for its development. There are many reasons why it is useful to analyse individual equity options rather than index options. Firstly, there are analyses that can be performed more cleanly with individual equity options than with index options. For example, the analysis of the factors that affect the introduction and success (in terms of trading activity) of new options listed for the very first time is difficult to perform with index options. This is because there are not many listings of index options in option market history, while there are plenty of listings of individual equity options (e.g., Mayhew and Mihov,
For instance, on the first day of option trading on the CBOE in 1973, individual equity options were traded on 16 stocks, and no option contracts were traded on indexes (the first index option was introduced only 10 years later in 1983). The large number of listings of individual equity options in the following years, compared with listings of index options, can be observed in the current option market status. For example, in 2018, individual equity options were traded on 4,337 stocks, while index options were traded on only 34 indexes in the United States.\(^1\) Moreover, the large number of equity options is not only useful for studies on option listings, but also allows researchers to perform robust cross-sectional analyses of the impact of option listings on the underlying assets, by controlling for specific features of the option contracts and stocks (e.g. trading activity, market volatility, firm industry, amongst others).

Secondly, in addition to topics that are difficult to examine using index options due to the very low frequency at which certain events are observed (such as option listings as discussed above), there are other research questions where equity options can provide a more fertile ground for analysis, due to the specific type of information that is relevant to their trading. This is the case with some studies that examine potential information flows between the option market and the underlying asset market (e.g. Stephan and Whaley, 1990; Chan et al. 2002; Muravyev et al., 2013). For instance, we will describe studies that show that levels of informed trading in the underlying stock market are reduced after the introduction of equity options, which can improve the price discovery process (i.e. the process by which information is progressively incorporated into prices). In fact, we can expect informed agents to use their private information for trades in stocks in which they have informational advantages, which is captured in the trading activity of stocks by market microstructure models (e.g. Easley et al., 1996, 1997, 1998a; OddersWhite and Ready, 2008; and Duarte and Young, 2009). The private information that agents may have on indexes is not the same in nature as the private information on a particular stock, which makes the analysis of information flows between the option market and the underlying asset market different. In particular, private information on a particular stock is mainly related to undisclosed news or events regarding the firm that issued the stock, while private information on indexes mainly reflects some anticipated global economic view of the market.

Thirdly, individual equity options and index options are dissimilar in the sense that they attract different types of investors, and thus demand for them reacts to different factors. For instance, Lemmon and Ni (2014) show that equity options (index options) are actively traded by individual investors (sophisticated institutional investors). Lemmon and Ni (2014) also present evidence that trad-

\(^1\)Information obtained from the Option Clearing Corporation web page, www.optionsclearing.com.
ing activity in equity options is related to individual investors sentiment and past market returns, while trades of index options are motivated by a hedging demand. Along similar lines, Johnson et al. (2016) show that index options are mainly used for hedging purposes in relation to crash risks for the whole market. As a result, findings from the literature on index options in terms of agents’ behaviours cannot necessarily be extended to the case of individual equity options.

For all the reasons described above, a systematic review of the current state of the literature on individual equity options (which is independent of the index option literature) is both timely and particularly important. We start this literature review in Section 2 by discussing the relationship between the equity option market and the underlying stock market. Under the Black and Scholes (1973) assumptions, options written on individual stocks represent redundant securities. For instance, the Black and Scholes (1973) option pricing framework is based on the property that the payoff of an option contract can be replicated by a portfolio consisting of the underlying stock and a risk-free bond. Thus, we should expect that the listing of equity options will not affect the underlying stock market. However, in Section 2, we discuss a number of studies which provide evidence that the introduction of individual equity options (i.e. when they are listed for the very first time on the option exchange) does have an impact on the underlying equity securities.

The reported effect of equity option listing on the underlying stock market is a natural starting point for this literature review, since it also suggests that the efficiency of the equity option market may be rejected, which is the second topic of our survey. Thus, we continue the literature review in Section 3 with studies concerned with analysing the efficiency of the equity option market. Here, we discuss papers providing evidence that the market efficiency hypothesis is rejected when equity option data are used. For instance, there is evidence of 'permanent' option mispricing and abnormal returns on individual equity options.

Nevertheless, as argued by Fama (1970), any test of market efficiency is based on a model that specifies the nature of the market, in which prices should fully reflect all available information. Thus, any test of market efficiency is a joint test of efficiency and a particular pricing model. This means that some tests may reject the market efficiency hypothesis because the model behind the test is not well specified. One way for asset pricing models not to be well specified is if they do not incorporate market frictions coming from trading mechanisms in the option markets and/or investors’ behavioural biases. This is particularly important because frictions from trading mechanisms and behavioural biases violate the fundamental assumptions of the efficient market hypothesis, in relation to there being no market frictions and investors being rational. Thus, we firstly discuss in Section 4 papers related to the effect of trading mechanisms on equity options. In particular, in
this section, we examine studies related to the impact of market microstructure on the equity option market, including liquidity determinants, the market-making process, and changes in tick size, amongst other things. Afterwards, at the end of Section 4, we discuss studies that analyse trading behaviours of investors who depart from the rational-investor paradigm.

An alternative argument for why option markets are not efficient, other than the models potentially not being well specified, is that option markets may not be efficient under a strong form, but may be so under a semi-strong form. A market is semi-strong efficient when the current price only reflects information contained in past prices and all public knowledge (e.g. financial statements and news reports). Thus, a semi-strong form of efficiency recognizes that there are agents with private information that is not yet reflected in prices. Therefore, in Section 5, we discuss papers that analyse where informed investors trade (i.e. in the equity option market and/or in the underlying stock market), and the information flows between equity options and their underlying stock, which can help the price discovery process.

Afterwards, in Section 6, we discuss the type of private information revealed by informed investors through equity option prices (i.e. option-implied information). In this section, we describe studies that suggest some option-implied features of the equity option market that forecast underlying stock prices and returns. We also present papers about the option-implied information contained in option prices, regarding the future underlying stock volatility, and discuss studies suggesting that option-implied information can be extracted from equity options, in relation to the credit quality of the companies issuing the underlying stock.

Therefore, our overall objective is to provide a useful framework for understanding the current, wide scope of the empirical literature on equity options. Finally, Section 7 concludes and discusses potential directions for future research.

2 The impact of option listing on the underlying stock market

This section discusses the empirical literature on the impact option listing has on the underlying stock market, with Table 1 describing the related studies. We split the literature into three groups. In Section 2.1 (see Table 1 Panel A), we discuss empirical studies on the determinants of the introduction of new equity options into the market, and the ex-post success of such equity option listings. Afterwards, in Section 2.2 (see Table 1 Panel B) and Section 2.3 (see Table 1 Panel C), we analyse empirical studies that report short-term and long-term effects, respectively, of equity option listing, on the underlying stock market.
2.1 The option-listing decision

We begin the literature review by discussing papers related to the listing process for equity options (Table 1 Panel A). The listing process for equity options is very different to that of the Initial Public Offerings (IPOs) that take place in the underlying stock market, with the decision to conduct IPOs being taken by the company that issues the stocks, while the option-listing decision is taken directly by the option exchange. The option-listing process is examined by Mayhew and Mihov (2004) and Danielsen et al. (2007). In particular, they report that stock volatility and stock liquidity are the most important ex-ante (before the listing date) selection factors used by option exchanges to choose a stock to be used as the underlying asset for an option listing. This is expected, since equity options are more attractive when the volatility increases, given that investors may use options either to reduce their volatility exposure or to exploit changes in the levels of volatility by using option portfolios such as straddles. In addition, stocks with high liquidity are more likely to have the attention of more market participants, who will also be willing to trade options with such stocks as the underlying.

Additionally, for each new option contract there is no initial established number of contracts that have to be traded. This again differs from IPOs, where the number of assets is exogenously determined by the issuer. Conversely, the number of option contracts is established through an endogenous process, based on the willingness of investors to participate in and trade the newly listed securities. Thus, a new call option contract is created (with a given moneyness and time-to-maturity, and with stock S as the underlying) when an investor wants to sell this contract and another investor is simultaneously willing to buy the same contract. In this sense, we can judge the success or failure of a new options introduction based on the number of option contracts. For instance, Bernales (2017) examines factors that predict the ex-post success of stock option introductions, and shows that measures of information asymmetries predict option adoption rates. Informed traders will want stocks about which they have access to superior information to be optioned. This is because options offer cheap ways to effectively turn private information into profits, due to the leverage inherent in option contracts. Thus, the trading activity of informed investors, especially when an equity option has only recently been listed, may trigger the whole ex-post demand for the new option.
2.2 Short-term impact of option introductions on the equity market

After new equity options have been listed, it is interesting to analyse their impact on the underlying stocks (Table 1 Panel B). The empirical evidence on the impact of option listing on the underlying stock market is mixed. In one of the earliest studies on this topic, Detemple and Jorion (1990) examine individual equity options in the US market during 1973-1986, and document significantly positive stock returns during a two-week window surrounding option introduction. They also show that option introduction resulted in a temporarily lower stock volatility over this period. However, the impact of individual stock option listings on the underlying stock market seems to have disappeared in the later part of their sample period. Gjerde and Saettem (1995) and Watt et al. (1992) argue that this positive impact might be driven by liquidity suppliers charging a premium for their services, and by the hedging-related demands of dealers. Bollen (1998), Hamill et al. (2002), Gjerde and Saettem (1995), and Watt et al. (1992) further confirm the positive impact of option listing on the underlying stock prices, an effect that nevertheless gradually disappeared during the post-1980 period.

Freund et al. (1994) examine a similar sample and confirm the results of Detemple and Jorion (1990) in terms of lower stock volatility following option listing during the earlier part of the sample period. However, Freund et al. (1994) find that the introduction of individual stock put options has a negative effect on the underlying stock prices, a finding consistent with the hypothesis that put options allow investors to trade on negative information more efficiently than when they can only trade in stocks. Another potential explanation for the negative effect of option introduction on the underlying stock is related to the short-sale constraints that some financial institutions face. When there is no option market for a stock, traders with additional, negative information about the stock cannot take bearish positions if the costs of short-selling are too high. However, after the introduction of options on such a stock, the negative views of traders can be exploited, since short positions can be generated by buying puts or writing calls. Danielsen and Sorescu (2001) present evidence that the negative impact of the introduction of equity options on the underlying stock prices is consistent with the mitigation of short-sale constraints.

2.3 Long-term impact of option introduction on the equity market

Panel C of Table 1 shows the main empirical findings on the longer-term impacts of equity option introduction. We can observe from this table that there is a variety of long-term potential effects of new equity option listing on the underlying stock
market, and a lack of consensus about the nature of such relationships.

Conrad (1989) is the first study to show that introducing option contracts causes a permanent price increase in the underlying stock, as evidenced by significantly higher stock prices in the long run. This empirical finding is supported by Detemple and Selden (1991), who develop a theoretical framework to link the incomplete primary market to the derivatives market, in which the prices of the underlying stocks are expected to change in response to the listing of new derivative contracts. However, Mayhew and Mihov (2000) challenge whether this effect is consistently positive. After correcting for the endogeneity of the decision to list options, Mayhew and Mihov (2000) show that the impact of option listing on stock prices was positive pre-1981 but turned negative post-1981. Furthermore, Ni et al. (2005) show evidence of a negative impact of equity option introductions on the underlying stock market, through a significant tendency for the prices of stocks on which options are written to cluster around strike prices on option expiration dates.

In terms of the long-term effects of option introduction on stock volatility, Skinner (1989) and Damodaran and Lim (1991) find that the volatility of the underlying stock market decreases significantly after the listing of options. Jennings and Starks (1986) argue that this effect is due to option contracts allowing stock prices to absorb new information more efficiently. Conversely, Faff and Hillier (2005) and Liu (2010), focusing on the UK and Japan, respectively, find that stocks on which options are written tend to have higher levels of return volatility than non-optioned control groups. Thus, the empirical findings of Faff and Hillier (2005) and Liu (2010) cast some doubt on the effect option listing has on volatility. Moreover, Mayhew and Mihov (2004) find no evidence that volatility changes with option introduction, using a control-sample methodology designed to correct for the endogeneity of option listing. In addition, Mazouz (2004) suggests that there are changes in market-wide volatility that should be considered in tests of the impact of equity options on the underlying stock market. Using a conditional volatility model, Mazouz (2004) shows that option listing has no significant effect on stock volatility after accounting for the time variation in stock variances.

Option listing has also been found to have a long-term effect on the market performance of the underlying stock market. For instance, Agyei-Ampomah and Mazouz (2011) show that stocks with options written on them co-move more strongly after the decision to list has been made, which induces a reduction in diversification benefits for the underlying optioned stocks. Fedemia and Grammatikos (1992) find that stocks with options written on them have significantly higher liquidity. Sahliström (2001) examines the Helsinki Stock Exchange and finds that option listing results in tighter bid-ask spreads for the underlying stocks. Kumar et al. (1998) confirm the positive effect of option listing on stock liquidity,
while also reporting lower information asymmetry and improved price efficiency for the optioned stocks. Nevertheless, Danielsen et al. (2007) show evidence that equity options do not systematically improve the market liquidity of the underlying security; rather, the market liquidity of the underlying security improves before the listing decision is made. Furthermore, Bernales (2017) confirms the results of Kumar et al. (1998) in terms of a reduction in asymmetric information after option listing. He shows that successful listings end up improving market quality in terms of a reduction in the levels of asymmetric information observed in the underlying stock market.

In summary, whilst the decision to introduce options on the underlying stocks is a function of stock volatility and stock liquidity, the success of equity option introductions is also related to information asymmetries. Moreover, a consensus has emerged on the positive effect of option introductions on stock returns and in terms of reductions in asymmetric information; however, the literature is clearly not conclusive on the impact of these introductions on stock volatility and stock liquidity.

In relation to similar studies on index options, as with the effect of equity option introductions on underlying stocks, the literature on index options also shows mixed results. For instance, Rahman (2001) shows that the introduction of derivatives trading on the Dow Jones Industrial Average (DJIA) index futures and futures option contracts is not associated with any changes in the volatility of the underlying stock components of the DJIA index. Harris (1989) shows that, since the start of trading in index options, stock components of the S&P 500 index have been relatively more volatile, with a difference that is statistically (but not economically) significant. Furthermore, Kumar et al. (1995) show that trading volume, volatility, and bid-ask spreads decline for the stocks contained in the Nikkei 225 index after the listing of the index options.

3 Market efficiency

Is the individual equity option market efficient? In this section, we discuss the papers that attempt to answer that question. As we explained in the introduction, under the Black and Scholes (1973) assumptions, individual equity options are redundant securities (i.e. they can be replicated by a portfolio consisting of the underlying stock and a risk-free bond). However, as we highlighted in the previous section, there are studies showing some evidence that the introduction of equity options has an impact on the underlying stock market, which suggests that the efficiency of the equity option market may be rejected. Hence, in this section, we present the studies that explicitly test the hypothesis of market efficiency among individual equity options. The studies discussed in this section are presented in
3.1 Option mispricing

To commence our survey on option mispricing in individual equity options, in an early study, Galai (1978) shows that, in contrast to theoretical predictions, closing prices of stocks and options do not satisfy no-arbitrage conditions. Galai (1978) then develops a trading strategy that exploits mispricing opportunities, resulting in profits that are on average positive, albeit relatively small when compared to their variability. In a similar vein, Castagna and Matolcsy (1982) develop a two-stage approach for testing market efficiency, based on the returns offered by strategies that exploit potential option mispricing. Using Black and Scholes (1973) implied volatilities to detect potential mispricing, Castagna and Matolcsy (1982) find that a portfolio that is long in underpriced options and short in overpriced ones offers abnormal positive profits. However, these profits are eliminated when transaction costs are taken into account. In addition, Norden (2001) shows that equity option prices do not move as expected after stock price changes. For instance, the prices of calls and puts may move in the wrong direction compared to what the movement of the underlying stock would suggest, or the price changes in different option contracts written on the same stock may be uncorrelated with one another.

Additionally, Battalio and Schultz (2006, 2011) test for option mispricing during periods of short-sale constraints, since traders can generate synthetic short-sale positions by buying puts or writing calls. Using a sample of options written on US stocks during the peak of the internet bubble in 2000, when short-selling restrictions had been put in place, Battalio and Schultz (2006) find no evidence of tradeable arbitrage opportunities in the option market. However, in a later study, Battalio and Schultz (2011) show that the 2008 short-sale restrictions resulted in a significant dislocation between actual and synthetic prices of banned stocks. More specifically, Battalio and Schultz (2011) find that option-based synthetic prices
of banned stocks were significantly lower than the actual prices, suggesting that market makers had increased the ask prices for puts, and lowered the bid prices for calls, potentially because the short-sale ban had substantially reduced their ability to hedge their inventory. As a result, trading in the option market became much more costly for investors, with Battalio and Schultz (2011) suggesting there was a $500 million extra liquidity cost during that period.

3.2 Abnormal returns on individual equity options

This section surveys the literature on the abnormal returns observed on individual equity options. In an early study, Sheikh and Ronn (1994) examine the intraday patterns of individual stock option returns in the CBOE and their relationship to trading patterns in the underlying stocks. For instance, they find that option returns are, on average, negative between 9:00 and 10:00, while on Tuesdays and Thursdays option returns are significantly positive. Moreover, there are some differences between the patterns in the returns on call versus put options (e.g. put option returns are positive on Fridays and negative over the weekend, but this is not observed in call option returns). This suggests that informed and discretionary liquidity traders do exhibit strategic trading behaviour in the option market.

Years later, although Coval and Shumway (2001) find that theoretical properties of option returns are confirmed in the historical returns of S&P 500 index options under mild assumptions (i.e. expected call returns exceed those of the underlying security and increase with the strike price), Ni (2008) shows that this is not the case for individual equity options. Examining the returns of options written on the constituent stocks of the S&P 500 from 1996 to 2005, Ni (2008) finds that the returns of out-of-the-money calls are on average negative. In addition, Ni (2008) finds that call options with high strike prices tend to offer lower returns, on average, than call options with low strike prices.

There is also evidence of a relationship between individual equity option returns and the volatility risk premium (VRP), i.e. the difference between implied volatility and realized volatility. For instance, Goyal and Saretto (2009) focus on the VRP as an element that affects the cross-section of individual equity option returns. Treating large values of the VRP as indicative of option mispricing, they show that going long in options with the highest values of VRP and short in options with the lowest values of VRP generates statistically and economically significant returns. Importantly, the profitability of this trading strategy cannot be explained by a set of common risk factors or idiosyncratic characteristics, and it remains significant even after accounting for transaction costs and margin requirements. However, recently, Bernales et al. (2017) have offered a theoretical explanation for the relationship between the VRP and option returns. They use learning to explain both why implied volatility deviates from historical volatility and how this
deviation generates predictive dynamics in the returns of option portfolios due to the recursive process induced by learning mechanisms.

Cao and Han (2013) find that dealers charge a higher premium for options written on stocks with higher idiosyncratic volatility, due to higher arbitrage costs. As a result, delta-hedged option returns are shown to be abnormal and negatively related to the idiosyncratic volatility of the underlying stocks. Vasquez (2017) shows that option returns are positively related to the slope of the implied volatility term structure, and abnormal option returns are observed from strategies based on the implied volatility term structure.

Boyer and Vorkink (2014) focus on the third moment of the returns distribution and report a negative relationship between individual equity option returns and ex-ante skewness. This negative cross-sectional relationship is not subsumed by the options moneyness, and it results in abnormal returns for option portfolios with high ex-ante skewness. Additionally, Driessen et al. (2009) investigate the effects of market-wide correlation shocks on expected option returns. Increases in correlation at the aggregate market level are expected to have a negative impact on investor welfare through a reduction in diversification benefits and an increase in market volatility. Using data on options written on the S&P 100 constituent stocks, Driessen et al. (2009) find evidence of a significant correlation risk premium in the cross-section of individual option returns, with trading strategies exploiting priced correlation risk generating abnormal returns.

Overall, the empirical studies above show that there are some market inefficiencies in individual equity options. In particular, market inefficiencies have been documented with regard to ‘permanent’ option mispricing and abnormal returns on these options. Moreover, we show that our understanding is very limited regarding the determinants of the abnormal returns observed in individual equity options.

In relation to the index option market, and in line with some results for the individual equity option market, Evnine and Rudd (1985), Sim et al. (2016), and Ackert and Tian (2001) show that index options often violate the no-arbitrage conditions. Regarding index option returns, Coval and Shumway (2001) show that, while returns on index options follow theoretical properties under mild assumptions, returns on index option portfolios do not respect theoretical features under strong assumptions (i.e., under strong assumptions, expected option returns should vary linearly with option betas). For instance, Coval and Shumway (2001) document strong negative average returns in zero-beta at-the-money straddles using index options, which should not be observed. Bondarenko (2003) looks at simple trading strategies involving naked puts, and shows that they yield large profits for the options’ sellers. In a multi-factor analysis, Jones (2006) finds high abnormal negative returns to be associated with short-term out-of-the-money puts.
Constantinides et al. (2013) show that a single-factor model fails to explain the cross-section of index option returns. They also report a decreasing trend in the magnitude of leverage-adjusted put index option returns as the moneyness and time-to-maturity rise.

However, some potential explanations for the abnormal behaviour of index options have appeared in the last years. For instance, Broadie et al. (2009) show that index option returns can be explained by models that can generate jump risk premiums or an estimation risk (i.e., when agents cannot estimate parameters and state variables obtained from short samples). Broadie et al. (2009), though, do not provide an economic justification for the existence of such models. However, recently, Bernales et al. (2019) have shown that one potential economic explanation for the abnormal returns observed in index options may be the learning process followed by investors.

4 The market microstructure and behavioural biases in individual equity options

In this section, we focus on the market microstructure properties and behavioural biases of investors observed in the case of individual equity options, which may explain the results seemingly showing that the equity option market is not efficient (see Section 2). Importantly, the fundamental assumptions of the efficient market hypothesis, in relation to no market frictions and investor rationality, do not hold when considering market microstructure properties and behavioural biases. Therefore, given that tests of market efficiency depend on the option pricing model (and its assumptions) used to describe the market, then some option pricing models might not be well specified, in the sense of not considering market frictions related to trading mechanisms, and/or investors’ irrational behaviours. With this in mind, in this section we survey the literature on the effect of market microstructure on equity options, and then trading behaviours of investors that depart from the rational-investor paradigm. Table 3 presents the empirical studies that have examined these topics.

[Table 3 around here]

As a first step, in Section 4.1, we focus on the empirical studies that investigate the liquidity of equity option contracts (see Table 3 Panel A). This section starts with a review of the empirical studies that investigate option liquidity patterns. Afterwards, we discuss the studies that investigate the determinants of option liquidity. In Section 4.2, we discuss studies that investigate the impact of market
microstructure changes on option liquidity (see Table 3 Panel B). Finally, in Section 4.3 (see Table 3 Panel C), we discuss some studies that analyse potentially irrational behaviours of agents, which may also explain why the equity option market is inefficient.

4.1 Option liquidity patterns and determinants

In Table 3 Panel A, we present the empirical studies that discuss intraday patterns in individual equity option liquidity. In the earlier literature, Aggarwal and Gruca (1993) and Chan et al. (1995) find evidence that the bid-ask spreads of equity options follow an L-shaped pattern during the trading day (i.e. a pattern in which bid-ask spreads decline sharply after trading opens, and then level off), which is different from the U-shaped pattern observed in the underlying stock market. Aggarwal and Gruca (1993) and Chan et al. (1995) suggest that potential explanations for this L-shaped pattern are related to the competition in market making, and the informed trading observed in equity option markets, which cause an increase in activity at the beginning of the day. Segara and Sagara (2007) further confirm this finding for the Australian Options Exchange.

A number of studies have also explored the determinants of liquidity across different equity option markets. A large part of this literature focuses on the effect of market microstructure on option liquidity. For instance, in one of the earliest studies in this research area, Vijh (1990) compares the liquidity of options listed on the CBOE to the liquidity of the underlying stocks that are traded on the New York Stock Exchange (NYSE). Vijh (1990) shows that options and stocks have comparable bid-ask spreads. However, due to having multiple dealers per contract, options exhibit a significantly greater market depth than the underlying stocks, suggesting they are more efficient at absorbing larger trades.

Berkman (1993) also analyses the role of market microstructure characteristics in option liquidity by examining the hybrid market of the Options Exchange in Amsterdam, which is characterized by the existence of market makers and a limit order book. Berkman (1993) highlights the importance of limit orders for option liquidity, in the sense that limit orders supply liquidity more cheaply than market makers. Maberly et al. (2010) and Ap Gwilym and Verousis (2013) analyse the levels of liquidity for different contracts (i.e. with different degrees of moneyness and times-to-maturity) written on the same underlying asset. They find clustering for particular strike prices and times-to-maturity.

A related part of the literature attempts to explain the bid-ask spreads observed in options through the prism of hedging costs and asymmetric information, which should increase the spreads. For instance, Lakonishok et al. (2007) and Flint et al. (2014) find that the bid-ask spreads of individual equity options are affected by the cost of hedging the option contracts. Goyenko et al. (2015) examine intraday
data on options written on the S&P 500 constituents, and they also document a significant impact of market makers hedging costs, with the future rebalancing cost dominating the initial hedging cost. Cao and Wei (2010) show evidence that asymmetric information is one of the main components of the bid-ask spread. Verousis et al. (2016) further show that volume and volatility are positively related to the bid-ask spreads of individual equity options, consistent with information asymmetry and hedging-cost effects on option liquidity. Christoffersen et al. (2017) confirm the previous literature by showing that proxies for asymmetric information and hedging costs (and also stock illiquidity, inventory risk, and option order imbalances) are significant drivers of effective spreads.

Wei and Zheng (2010) find evidence that the bid-ask spread is affected by maturity-substitution and moneyness-substitution in option trading, with these effects driven by expiration cycles and stock return volatility. Examining a large sample of options written on US stocks, Wei and Zheng (2010) show that, due to the structure of the expiration cycles in the option market, demand shifts predictably from medium-term to short-term options when the third expiration month is too far away. Moreover, higher levels of stock return volatility seem to shift demand for options from in-the-money to out-of-the-money contracts. These substitution effects have significant impacts on the bid-ask spreads of different option contracts.

Furthermore, Mayhew et al. (1999) show that the liquidity of individual equity options is significantly related to the underlying stock market. More specifically, Mayhew et al. (1999) find that equity option liquidity is positively related to the price volatility, trading volume, and firm size of the underlying stocks. In addition, this relationship seems to be bi-directional, since stocks with liquid options tend to exhibit higher liquidity themselves. This significant relationship between the liquidity of options and that of the underlying stocks is further supported by the empirical findings of Verousis and ap Gwilym (2013).

### 4.2 Impact of market microstructure changes on option liquidity

Panel B of Table 3 presents the studies that investigate the impact of changes in market microstructure on the liquidity of individual equity options. Neal (1987) examines option trading in the US in the late 1980s and finds that the listing of options on multiple exchanges significantly lowers transaction costs. Mayhew (2002) confirms this finding in an extended sample period (1986-1997). However, Battalio et al. (2001) find that option transactions executed in multiple exchanges are usually executed at economically inefficient prices. More specifically, Battalio et al. (2001) show that the introduction of a national market system for equity
options in the US has led to an improved quality of execution and lower option spreads.

Pinder (2003) reports that options traded in an order-driven system are characterized by a lower bid-ask spread. Anand and Weaver (2006) investigate option trading on the CBOE and find that the introduction of a designated primary market maker has led to a reduction in the quoted and effective spreads. Anand et al. (2016) further show that the make-take structure could reduce execution costs and, as a result, increase the quote competition among liquidity suppliers. In particular, the introduction of this structure could encourage liquidity suppliers to be more competitive when providing liquidity, and to post better prices that benefit liquidity-demanding traders.

Focusing on the short-selling restrictions that were imposed on a number of US stocks after the financial crisis, Battalio and Schultz (2011) find that the spreads increased significantly for such stocks. This result is further confirmed by Verousis and ap Gwilym (2013) for option trading in Europe. More specifically, Verousis and ap Gwilym (2013) show that equity option liquidity dropped substantially after the short-sale ban of 2008, consistent with the hypothesis that, when market makers cannot hedge their inventories easily, trading costs in the option market increase significantly. Moreover, Verousis et al. (2015) explore the effect of a change in tick size on the liquidity of individual equity option trading, in the NYSE LIFFE. Although introducing a smaller tick size is found to have had a positive effect on option liquidity, as evidenced by smaller spreads, the lower depths observed after the tick size reduction are indicative of a deterioration in the markets ability to absorb larger trades.

4.3 Investor behaviours departing from rationality

The analysis and tests of option market efficiency assume rationality, and thus some results may be affected by non-rational trading behaviours of investors. Therefore, Panel C of Table 3 presents a number of studies that focus on the behavioural properties of trading in individual equity options. These studies do not explicitly test for the efficiency of option markets, but they examine certain types of behaviour that could potentially deviate from the rational-investor paradigm.

In this context, Poteshman and Serbin (2003) and Hao et al. (2010) investigate the early-exercise decision in exchange-traded options on individual stocks. They identify a large number of early exercises as irrational, even without using a particular option pricing model. These irrational early exercises of individual equity options appear to be triggered by the underlying stocks reaching their peak level from the previous year and/or by having high stock returns. Poteshman and Serbin (2003) further show that this irrational behaviour is not uniform across all investor types, being exhibited mostly by customers of discount brokers and those
of full-service brokers, rather than by traders from large investment institutions.

Lemmon and Ni (2014) find that demand for individual equity options that increase exposure to the underlying is positively related to individual investor sentiment and past market returns. This finding is not observed in index options, which suggests that there are behavioural biases among individual ‘unsophisticated’ investors. This is because individual equity options (index options) are actively traded by individual investors (sophisticated institutional investors). Moreover, Lemmon and Ni (2014) find that individual equity options in which a higher proportion of trading is carried out by less sophisticated investors have prices that are more sensitive to the individual sentiment, which is consistent with their behavioural arguments.

In a more recent study, Bernales et al. (2016) find evidence of herding behaviour in the US equity option market, with investors suppressing their own beliefs in favour of the market consensus, during periods of market stress. This herding behaviour is reflected in investors being heavily influenced by the contemporaneous returns of index options when they are pricing individual stock options, resulting in a price clustering that reduces the ability to hedge positions efficiently.

In summary, there is a relative consensus about the significant impact of the option market microstructure on equity option markets. There is evidence of an L-shaped pattern of option bid-ask spreads, and empirical studies show that competition in exchanges and liquidity supply improves market efficiency. There is also evidence that option liquidity is related to the price volatility, trading volume, firm size and short-sales constraints of the underlying stock. In addition, option liquidity is negatively affected by hedging costs, inventory costs and adverse selection costs. Furthermore, in terms of behavioural biases, there is some evidence of irrational early exercise in equity options, a relationship between individual investor sentiment and equity option demand, and herding behaviours being exhibited by investors in periods of stress. In fact, understanding investors’ behavioural biases in relation to individual equity options could constitute an important field for future research, since very little is known about potentially irrational behaviours of agents in the equity option market.

Regarding index options, ap Gwilym et al. (1997) show that the bid-ask spreads of index options also follow an L-shaped pattern during the trading day, which is consistent with the evidence reported for individual equity options. Moreover, Cho and Engle (1999) and Wu et al. (2014) show that the hedging activities of market makers are the most important determinant of option bid-ask spreads for the index option market. Finally, in relation to potential behavioural biases of agents in the option market, there is little evidence of investor behaviours departing from rationality in the case of index options. This is probably because index options are mainly traded by sophisticated institutional investors, rather than individual
investors as is the case with equity options. Probably the paper that comes closest to looking at behavioural biases in index options is that of Diz and Finucane (1993). They present evidence of inefficient early exercise of S&P 100 option contracts, a result that is in line with the findings for equity option contracts.

5 Price discovery

As described in Section 3, the evidence does not seem to support the market efficiency hypothesis in equity option markets. In Section 4, we discussed that a possible explanation may be related to option pricing models not being well specified, since they do not consider frictions from the market microstructure and/or behavioural biases, which also violate the fundamental assumptions of the efficient market hypothesis. An alternative explanation for potential market inefficiencies is that equity option markets are efficient only in a semi-strong form, in the sense that there are agents with private information that is not yet reflected in option prices. Informed investors with private information might prefer to trade in option markets given the leverage inherent in options, which means they need less capital to exploit their private information than they do in the underlying stock market. Therefore, in this section, we review and discuss the papers that examine the price discovery process (i.e. the process whereby information is gradually incorporated into prices), with Table 4 reporting the related studies.

In Section 5.1 (Table 4 Panel A), we firstly discuss 'agent-driven' studies, meaning studies examining the impacts of different types of participant (i.e. informed and uninformed agents) on the price discovery process in the equity option market. Afterwards, in Section 5.2 (Table 4 Panel B), we discuss 'event-driven' studies, being studies that analyse the option price discovery process in the light of corporate events or announcements.

5.1 Price discovery: Agent-driven studies

Table 4 Panel A presents the set of studies that investigate the role of agents in the price discovery process. Chakravarty et al. (2004) find that the information share of options in price discovery varies across different underlying stocks, and they suggest that informed investors trade in both the option market and the stock market. Kaul et al. (2004) show evidence that informed investors trade strategically in the equity option market, taking into account the leverage and transaction costs of different option contracts. In addition, Anand and Chakravarty (2007) present
evidence of stealth trading in option markets, while Bernales et al. (2018) report liquidity-searching behaviour exhibited by informed investors in option markets as a means to hide their informed-trading strategies.

Conversely, a number of other studies have challenged the hypothesis that informed investors prefer to trade in the option market. Stephan and Whaley (1990) is one of the earliest studies to have argued that the equity market in fact leads the option market in price discovery. Analysing intraday data on firms whose options are traded on the CBOE, Stephan and Whaley (1990) report that the equity market leads the option market by fifteen minutes when the lead/lag relationship is estimated using price changes, with the equity markets lead being even longer when trading volumes are used. Furthermore, Chan et al. (2002) find that net stock trading volume has predictive ability for both stock and option quote revisions, but net option trading volume has no incremental predictive ability. Based on this finding, Chan et al. (2002) argue that informed traders are actually more likely to initiate trades in the stock market than in the option market.

Holowczak et al. (2006) and Muravyev et al. (2013) also support the hypothesis that price discovery is led by the underlying stock market rather than by the option market. They argue that this is due to higher transaction costs in the option market, and the increasing use of automated quoting algorithms by option market makers. O’Connor (1999) provide further evidence of the stock market leading the option market.

5.2 Price discovery: Event-driven studies

Table 4 Panel B presents the studies that investigate the relative contribution of equity options to the price discovery process around corporate events. In this literature, several studies have focused on a particularly important type of corporate news, namely earnings announcements, and examined how the option market incorporates this information into prices. For instance, Patell and Wolfson (1979) provide evidence that option prices reflect the anticipation of a temporary increase in the volatility of the underlying stock due to earnings announcements. This empirical finding is further supported by Levy and Yoder (1993) and Donders et al. (2000).

In addition, Ajinkya and Gift (1985) show that option prices reflect contemporaneous information about the dispersion of analysts earnings forecasts that is incremental to the information already incorporated in the underlying stock prices. Jennings and Starks (1986) find that the prices of stocks that have options written on them can adjust to earnings announcements more efficiently than the prices of non-optioned stocks. Furthermore, Amin and Lee (1997) show that option traders participate in price discovery around earnings announcements, with individual equity options containing incremental information on top of that contemporaneously
available in the underlying equity market. Other empirical studies that report evidence of incremental price discovery in the option market around earnings announcements include Roll et al. (2010), Billings and Jennings (2011), and Atilgan et al. (2015).

Hayunga and Lung (2014) examine the relative contributions of the option and underlying equity markets in terms of price discovery around financial analysts consensus revisions. Examining individual equity options trading in the US market during 2000-2009, Hayunga and Lung (2014) show that the option market leads the stock market in price discovery when analysts revise their recommendations, and option investors trade in the direction consistent with the upcoming revision approximately three days prior to the announcement. This empirical finding is further confirmed by Lung and Xu (2014), who also argue that informed trading in the option market could be driven by information leakage rather than superior stock-picking skills.

Dong and Sinha (2011) examine a broader set of firm-specific news items associated with underlying stocks and find evidence of the option market leading the stock market in price discovery. More specifically, they show that the information share increases much more substantially in the option market than in the equity market around corporate news events, with this difference being even more pronounced after the imposition of short-sale restrictions that followed the 2008 crisis. Moreover, a number of studies document significant changes in the option trading volume around corporate announcement dates. Anthony (1988) and Arnold et al. (2006) find evidence of abnormal trading volumes observed sooner in the option market than in the equity market after corporate announcements are released. In the same vein, Easley et al. (1998a) show that the option trading volumes around announcement dates lead stock price changes over the next few days.

Overall, the debate about whether the option market leads the stock market in price discovery, or vice versa, is far from settled. As described in Section 5.1, the evidence shows that, in normal times, the underlying stock market in general leads the option market in the price discovery process. Nevertheless, when there are corporate announcements, there is evidence that individual equity options are used by traders who are informed about such events, which also contributes to the price discovery process.

In relation to index options, it is important to note that informed investors private information about indexes is mainly related to an anticipated global economic view of the market, while informed agents private information about a particular stock is related to undisclosed corporate news. Thus, there are some studies that investigate whether investors who are informed on the index option market can anticipate global market changes, although with mixed results. For instance, Kang and Park (2008) and Hsieh and He (2014) present evidence about information re-
revealed by index options regarding index changes. However, Chen and Gau (2009), Chiang and Fong (2001), Schlag and Stoll (2005), and Ryu (2015) present opposing evidence, by showing that index options do not provide substantially more information about the movements of indexes.

6 Option-implied information in individual equity options

In this section, we discuss the type of private information revealed by informed investors in individual equity options. Thus, as a first step, and following on from our discussion in the previous section of studies describing the price discovery contribution made by individual equity options (in which new private information is incorporated and revealed through equity option prices), we examine the type of option-implied information revealed in the equity option market. We divide this section into three types of option-implied information that can be captured from individual equity options: firstly (Section 6.1, Table 5), information about stock prices and returns; secondly (Section 6.2, Table 6), information about stock return volatility; and thirdly (Section 6.3, Table 7), information about probability of default.

6.1 Option-implied information about stock prices and returns

As described above, a number of studies view option prices as measures related to investors expectations (based on public and 'private' information) about the future prices and returns of the underlying stocks (Table 5). In this research area, Manaster and Rendleman (1982) are among the earliest researchers to have directly compared the option-implied stock price to the actual price of the stock observed in the underlying equity market. They show that option prices contain additional fundamental information not contemporaneously reflected in the stock market. This information is reflected in the stock market on average 24 hours later, suggesting that option prices have significant ability to predict future stock prices.
Diltz and Kim (1996) confirm the empirical findings of Manaster and Rendleman (1982) regarding the predictive ability of option prices, suggesting that stock prices tend to adjust to the level of option-implied prices over the course of two trading days. Conversely, Bhattacharya (1987) suggests that option prices ability to predict stock prices is economically insignificant. Although option-implied prices are indeed found to contain information not contemporaneously available in stock prices, Bhattacharya (1987) shows that exploiting this information is not possible when trading costs and other market frictions are considered.

Later studies show that individual equity options forecasting regarding stock prices and returns can also be derived from higher moments of the risk-neutral distribution. For instance, Govindaraj et al. (2014) and Lin and Lu (2015) find that the volatility of the risk-neutral distribution has significant forecasting power for future stock returns, especially during important firm-specific events. However, Bali and Hovakimian (2009) show that sorting stocks into portfolios based on the volatility of their risk-neutral distribution results in statistically insignificant stock returns; they suggest that it is the call-put risk-neutral volatility spread that is actually predicting future stock returns.

Conrad et al. (2013) use the framework developed by Bakshi and Madan (2000) and Bakshi et al. (2003) to extract the volatility, skewness, and kurtosis of the underlying stocks risk-neutral distribution, and they show that these higher moments can forecast future stock returns. After accounting for risk factors being priced in the cross-section, Conrad et al. (2013) find that the risk-neutral skewness obtained from option prices remains significantly negatively related to future stock returns. Using a different approach to extract risk-neutral skewness from option prices, Rehman and Vilkov (2012) confirm the significant relationship between the skewness of the risk-neutral distribution and future stock returns, but find that this relationship is in fact positive. In a similar spirit, Van Buskirk (2011) finds that the skewness of the risk-neutral distribution has significant ability to predict future stock returns, but only in relatively short windows around earnings announcements. This ability of the skewness of the risk-neutral distribution to predict future stock returns is further confirmed by Xing et al. (2010), Jin et al. (2012), Liu et al. (2014), and Fu et al. (2016). In a more recent study, Fan et al. (2017) extract forecasts for the return distribution of individual stocks using option prices and high-frequency stock returns. After looking at several combinations, Fan et al. (2017) find that the most accurate forecast of the future return distribution of the underlying stock is obtained by transforming a simple Black and Scholes (1973) risk-neutral density into a real-world density. Importantly, Fan et al. (2017) provide further support for the hypothesis that option-implied information is superior in forecasting future stock returns to the information contained in historical returns.
Another stream of the related literature explores the predictive ability of other implied measures that can be extracted from option prices to predict stock prices and returns. For instance, Cremers and Weinbaum (2010), Liu et al. (2014), and Fu et al. (2016) focus on deviations from put-call parity. They show that such deviations are significantly related to future stock returns, with stocks with relatively expensive calls outperforming those with relatively expensive puts. Furthermore, Jin et al. (2012) show that the forecasting power of deviations from put-call parity is particularly high during important firm-specific information events. Borochin and Yang (2017) argue that the predictive ability of the skewness of the risk-neutral distribution and deviations from put-call parity stems from the fact that they reflect anticipated future net leverage changes which, in turn, impact future stock returns.

Han and Zhou (2012) investigate the difference between the risk-neutral implied variance and the realized variance, typically referred to as the volatility risk premium (VRP), as a potential predictor of future stock returns. Using a sample of 500 stocks, they find evidence of the VRP being significantly and positively related to future stock returns. Fu et al. (2016) further show that the ability of the VRP to predict stock returns persists before and after the 2008 crisis. In addition, Bernales and Valenzuela (2016) use the market-aggregate implied correlation to predict stock returns. They show that the implied correlation obtained from options written on the constituent stocks of the S&P 100 index is an indicator of market-wide risk and contains information on future market returns. This predictive ability of implied correlation is particularly strong over quarterly and semi-annual forecasting horizons.

Another part of the related literature examines whether trading volumes in the option market also contain information about the future returns of the underlying stocks. In an early study, Easley et al. (1998b) find evidence against the hypothesis that option trading volumes have unconditional predictive ability over stock returns. However, they also show that the volumes of specific types of option trades, which could be classified as informed trades, are significantly related to future stock returns. Similarly, Cao et al. (2005) also reject the hypothesis of the unconditional predictive ability of option volume, but find that trading-volume imbalances in the option market can forecast stock returns around takeover announcements.

Pan and Poteshman (2006) is the first study to have provided strong evidence on the information contained in option trading volumes about future stock prices. Focusing on new positions opened by investors in the option market, they find that a stocks put-to-call ratio is significantly negatively related to that stocks returns over the next week. Moreover, they suggest that this forecasting power of the put-to-call trading volume ratio stems from informed investors trading on non-public
information. Blau and Wade (2013) confirm the significant ability of put-to-call ratios to predict the future returns of individual stocks, but they find that the ratio of short-sales to the total trading volume in the equity market partly subsumes the informational content of the put-to-call ratio. Goyenko et al. (2015) find that option-induced order flows can predict the future returns of the underlying stocks. However, this forecasting power of option trading activity is significant only during periods of decreased option liquidity, when abnormal order flows are more likely to be driven by trading on private information than by liquidity trading.

Roll et al. (2010) introduce the option-to-stock trading volume ratio (O/S) and find that it can be used to forecast future stock returns around earnings announcements. More specifically, they find that stocks with higher O/S levels tend to offer higher returns in the few days after earnings announcements, supporting the hypothesis that a large part of the pre-announcement trading in options can be classified as informed. Johnson and So (2012) develop an asymmetric information model to show that, theoretically, the O/S ratio and future stock returns are related. They argue that the above relationship is driven by equity short-sale costs, and present a set of empirical results that confirm this theoretical prediction.

6.2 Option-implied information about the stock return volatility

As mentioned at the beginning of this section, a growing part of the literature has focused on the forward-looking nature of option contracts regarding the future realized volatility and/or the future option-implied volatility (Table 6). In one of the earliest studies, Latane and Rendleman (1976) use the Black and Scholes (1973) model to extract stock return volatilities implied by option prices. Using a weighted average of implied standard deviations, they find that implied volatility outperforms historical volatility measures in forecasting future realized volatility. Lamoureux and Lastrapes (1993) also show that implied volatility helps to predict future volatility. Mayhew and Stivers (2003) find that the relative predictive ability of implied volatility depends on the option trading volume. More specifically, implied volatility outperforms historically based volatility estimates for stocks with the most actively traded options, but for stocks with lower option trading volumes the information content of implied volatility is subsumed by information contained in the time-series of past returns. The ability of Black and Scholes (1973) implied volatilities to predict individual stocks is further confirmed by Dennis et al. (2006) and Cao et al. (2006).

Taylor et al. (2010) examine whether the model-free approach of Britten-Jones and Neuberger (2000) can produce more accurate volatility forecasts than standard Black and Scholes (1973) implied volatility. When considering short-term fore-
casting horizons, historical models are generally found to produce more efficient forecasts of future volatility than option-implied estimates. However, Taylor et al. (2010) show that implied volatility measures extracted from individual equity options outperform historically based estimates for longer forecasting horizons, with simple at-the-money Black and Scholes (1973) estimates being more informative than model-free implied volatilities. Furthermore, Bernales and Guidolin (2014) focus on forecasting features of the implied volatility surface of equity options. In contrast to Black and Scholes’ (1973) assumptions, the volatilities implicit in option contracts written on one underlying asset differ across strike prices and times-to-maturity (which was observed for the very first time by Rubinstein, 1985). This phenomenon is known as the implied-volatility surface (henceforth IVS). Bernales and Guidolin (2014) provide evidence that the IVS for individual equity options can be forecasted using vector autoregressive models, while Bernales and Guidolin (2015) suggest that a potential explanation for the forecasting property derives from the recursive learning process followed by option investors.

6.3 Option-implied information and the probability of default

A number of studies have also explored the extent to which option-implied information extracted from individual equity options is associated with the likelihood of a firms default (Table 7). In this context, Cao et al. (2006) find that the volatility implied by option prices is a significant determinant of credit default swap (CDS) spreads. Analysing more than 1,000 US firms, Cao et al. (2006) show that the informational content of the simple Black and Scholes (1973) at-the-money implied volatility, regarding CDS spreads, is particularly important for firms with lower credit ratings, higher option volumes, and higher option open interest. Benkert (2003) and Da Fonseca and Gottschalk (2014) confirm this strong relationship between option-implied volatility and credit spreads using international data. Cremers et al. (2008) use options written on individual stocks to extract volatility and jump measures, and they find that both measures are significantly related to a firms credit spread, which is further confirmed by Kita (2012). In a similar spirit, although from a theoretical perspective, Chen and Kou (2009) develop a model of credit risk with two-sided jumps, and show that the resulting implied volatility and credit spreads would be expected to move in the same direction. In addition, Wang et al. (2013) find that the difference between implied and realized volatilities, i.e. the VRP described earlier, has significant explanatory power for credit spreads, especially when implied volatility is measured as the Britten-Jones and Neuberger (2000) model-free expectation.

Another strand of this literature uses the prices of options written on a firms
stock to explicitly estimate the risk-neutral probability of default. For instance, Capuano (2008) develops a methodology for extracting the risk-neutral probability of default from individual equity options using the principle of minimum cross-entropy, without making any assumptions about the underlying stocks distribution or the recovery rate. Furthermore, Vilsmeier (2016) proposes some technical modifications to the original Capuano (2008) methodology to address issues of accuracy and numerical stability. As an illustrative example, Vilsmeier (2016) uses data on options written on the Bank of America to show that this methodology would have produced implied default probabilities that could have served as an early-warning signal before the banks downgrading by Moodys in 2011.

Following a different approach, Camara et al. (2012) use a simple lognormal distribution augmented with a probability of default to model stock returns, and they show that the resulting implied probability of default tends to outperform a set of standard credit risk measures. Taylor et al. (2014) propose modelling a stocks risk-neutral distribution as a mixture of two lognormal densities with a default probability. Based on empirical evidence of a closer fit to realized stock return distributions, they suggest that this model allows for a more accurate estimation of the risk-neutral probability of default using prices of individual stock options.

Carr and Wu (2011) develop a theoretical framework that uses the prices of out-of-the-money American put options to compute the value of a synthetic credit insurance contract on the firms stock. They show that the implied probabilities of default extracted from out-of-the-money puts closely match those embedded in CDS spreads. Chang and Orosi (2016) extend their modelling assumption by incorporating a positive expected equity recovery into the framework. They show that this adjustment results in a more accurate estimation of the implied probability of default using options on individual stocks. Conrad et al. (2017) argue that the Carr and Wu (2011) approach requires data on deep out-of-the-money put options, which are not always available for individual stocks. In order to address this limitation, Conrad et al. (2017) propose an alternative framework that uses all available options to infer the implied probability of default, and they find that these option-implied default probabilities are very close to the ones provided by CDS spreads.

In summary, there is consensus on the forecasting features of individual equity options for the prediction of future stock returns, volatility and probability of default. This is due to the forward-looking nature of option-implied information, since options should reflect agents’ expectations about future market conditions (i.e. at the time when the option contracts will be exercised). Nevertheless, regarding studies of index options, in contrast to the individual equity option literature that is mostly concerned with firm-specific information contained in equity option
contracts, the index option literature focuses on assessing whether option-implied information can be captured about aggregate market conditions. For instance, Faccini et al. (2018) show that option-implied information from index options can be used to predict US real economic activity. Christensen and Prabhala (1998) present evidence that the implied volatility of index options can forecast future aggregate market volatility. Finally, Goncalves and Guidolin (2006) and Bernales and Guidolin (2015) offer evidence that the implied volatility surface from index options, regarding the aggregate market volatility, can be predicted by vector autoregressive models.

7 Conclusion and future research

Over the last few decades, the literature on individual equity options has been growing consistently, in tandem with the increasing trading activity in these derivative contracts in global financial markets. This paper provides a comprehensive review of this literature, highlighting the main empirical findings regarding equity option markets. Our review of the equity option literature identifies several themes that have emerged, ranging from areas of relative consensus and solid understanding, to areas where the evidence is rather mixed and more research is required.

Across the numerous empirical studies on individual equity options, we observe that there is some consensus on the rejection of the classical view of equity options as redundant securities. On this issue, the empirical evidence suggests that introducing options on individual stocks generally has a significant short-term and long-term impact on the underlying equity market, although the precise nature of this impact seems to vary. In addition, empirical studies show that there are market inefficiencies in the equity option market, which are reflected in 'permanent' option mispricing and abnormal option returns. In fact, we seem to understand very little about the determinants of the returns on equity options themselves. Although some idiosyncratic characteristics have been found to be informative in this respect, the literature has yet to develop a credible model for equity option returns.

Furthermore, liquidity in the equity option market seems to depend on market microstructure issues, while equity options are consistently found to contribute substantially to the price discovery process. Nevertheless, the debate about whether the equity option market leads the stock market in price discovery, or vice versa, is far from settled.

Another area of consensus is the forecasting power of option-implied information regarding the future state of the underlying stock market. Given that equity options are forward-looking by design, it is not particularly surprising that a sub-
stantial body of empirical studies shows that information extracted from equity options has significant ability to predict future stock returns, volatility, and the probability of default.

In terms of potential future research topics, the area of expected equity option returns could constitute an important field for future research. Compared to the vast body of literature on the cross-section of stock returns, our limited understanding of the cross-section of equity option returns seems somewhat surprising. In addition to examining the role of idiosyncratic characteristics, future research could potentially examine the impact of market-wide factors, such as liquidity, short-sale constraints, and market microstructure, on the dynamics of the returns observed on individual equity options.

Besides the lack of clear evidence as to whether the equity option market leads the stock market (or vice versa) in terms of information flows, more research is also needed on the topic of price discovery. A focus on high-frequency data, in particular, could potentially help tackle the question of which market leads the other in this process. Finally, additional research needs to be developed regarding the irrational behaviour of investors regarding equity options, while the area of algorithmic trading in equity options also remains underexplored, and both may provide interesting research topics for future empirical studies.
References


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