

Table 2. Outcome Scores at each Survey with Comparison to Baseline

Subscale (possible range)	Time Point		
		T2	T3
	Baseline	Follow-up 1 month	Follow-up 3 months
	N=22	N=21	N=13
MBI Emotional Exhaustion (0-54)	29.7 (24.7 to 34.8)	18.3 (15.4 to 21.2)	16.1 (11.3 to 20.8)
Change from baseline MBI Emotional Exhaustion	NA	-11.5 (-16.3 to -6.75) [<0.001]	-12.85 (-20.17 to -5.52) [0.0024]
MBI Depersonalisation (0-30)	9.23 (6.05 to 12.4)	6.67 (5.09 to 8.24)	5.00 (2.42 to 7.58)
Change from baseline MBI Depersonalisation	.NA	-2.62 (-5.13 to -0.103) [0.0421]	-4.38 (-9.53 to 0.76) [0.0879]
MBI Personal Accomplishment (0-48)	35.8 (32.7 to 38.9)	37.8 (33.3 to 42.3)	41.2 (38.5 to 43.9)
Change from baseline MBI Personal Accomplishment	NA	2.33 (-1.55 to 6.22) [0.225]	4.31 (2.44 to 6.18) [<0.001]
PSS (0-40)	21.8 (19.8 to 23.7)	15.4 (13.1 to 17.7)	13.0 (9.83 to 16.2)
Change from baseline PSS	NA	-6.48 (-8.86 to -4.09) [<0.001]	-8.69 (-11.8 to -5.57) [<0.001]

Values shown are mean score (95% CI) [P-value]

NA = Not Applicable