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RUNNING HEAD: EVALUATION OF DEFENSE STYLE QUESTIONNAIRE

Appendix A. Principal Components Analysis of DSQ-40 items - six factor solution

Factors	Factor loading
Factor 1	
17 I live more of my life in my dreams than in real life	.63
27 I get a headache when I have to do something I don't like.	.60
19 Sometimes I think I'm an angel and other times I think I'm a devil.	.59
12 I get physically ill when things aren't going well for me. (Immature)	.57
14 I get more satisfaction from my fantasies than from my real life.	.56
2 I'm able to keep a problem out of my mind until I have time to deal with it.	-.48
13 I'm a very inhibited person.	.46
37 Often I find that I don't feel anything when the situation would seem to warrant strong emotions.	.44
33 When I'm depressed or anxious, eating makes me feel better. (Immature)	.40
8 People say I tend to ignore unpleasant facts as if they didn't exist.	.37
Factor 2	
10 I pride myself on my ability to cut people down to size.	.63
18 I fear nothing.	.63
23 If my boss bugged me, I might make a mistake in my work or work more slowly so as to get back at him.	.62
9 I ignore danger as if I was Superman.	.58
11 I often act impulsively when something is bothering me.	.53
15 I've special talents that allow me to go through life with no problems. (Immature)	.48
20 I get openly aggressive when I feel hurt.	.46
7 If someone mugged me and stole my money, I'd rather he be helped than punished. (Neurotic)	-.43
Factor 3	
29 I am sure I get a raw deal from life.	.69
36 No matter how much I complain, I never get a satisfactory response.	.56
34 I'm often told that I don't show my feelings.	.54
6 People tend to mistreat me.	.51
31 Doctors never really understand what is wrong with me.	.51
28 I often find myself being very nice to people who by all rights I should be angry at.	.36
Factor 4	
5 I'm able to laugh at myself pretty easily.	.64
26 I'm usually able to see the funny side of an otherwise painful predicament.	.61
30 When I have to face a difficult situation, I try to imagine what it will be like and plan ways to cope with it.	.60
16 There are always good reasons when things don't work out for me. (Immature)	.59
4 I am able to find good reasons for everything I do. (Immature)	.52

25 I can keep the lid on my feelings if letting them out would interfere with what I'm doing.	.43
35 If I can predict that I'm going to be sad ahead of time, I can cope better.	.38
Factor 5	
1 I get satisfaction from helping others and if this were taken away from me I would get depressed.	.59
32 After I fight for my rights, I tend to apologize for my assertiveness.	.51
3 I work out my anxiety through doing something constructive and creative like painting or woodwork.	.47
40 If I have an aggressive thought, I feel the need to do something to compensate for it.	.34
Factor 6	
24 There is someone I know who can do anything and who is absolutely just and fair.	.55
21 I always feel that someone I know is like a guardian angel. (Neurotic)	.51
38 Sticking to the task at hand keeps me from feeling depressed or anxious.	.51
39 If I were in a crisis, I would seek out another person who had the same problem.	.47
22 As far as I'm concerned, people are either good or bad.	.39