



# Kent Academic Repository

Chan, SY, Chan, R, Canovas, D, Vasilopoulou, Elisavet, Ohizua, O, McCabe, CJ, Hewison, M and Kilby, MD (2015) *Vitamin D promotes human extravillous trophoblast invasion in vitro*. *Placenta*, 36 (4). pp. 403-409. ISSN 0143-4004.

## Downloaded from

<https://kar.kent.ac.uk/63461/> The University of Kent's Academic Repository KAR

## The version of record is available from

<https://doi.org/10.1016/j.placenta.2014.12.021>

## This document version

Author's Accepted Manuscript

## DOI for this version

## Licence for this version

UNSPECIFIED

## Additional information

## Versions of research works

### Versions of Record

If this version is the version of record, it is the same as the published version available on the publisher's web site. Cite as the published version.

### Author Accepted Manuscripts

If this document is identified as the Author Accepted Manuscript it is the version after peer review but before type setting, copy editing or publisher branding. Cite as Surname, Initial. (Year) 'Title of article'. To be published in *Title of Journal*, Volume and issue numbers [peer-reviewed accepted version]. Available at: DOI or URL (Accessed: date).

## Enquiries

If you have questions about this document contact [ResearchSupport@kent.ac.uk](mailto:ResearchSupport@kent.ac.uk). Please include the URL of the record in KAR. If you believe that your, or a third party's rights have been compromised through this document please see our [Take Down policy](https://www.kent.ac.uk/guides/kar-the-kent-academic-repository#policies) (available from <https://www.kent.ac.uk/guides/kar-the-kent-academic-repository#policies>).

1 **Vitamin D promotes human extravillous trophoblast invasion *in vitro***

2 SY Chan<sup>#a</sup>, R Susarla<sup>#a</sup>, D Canovas<sup>a</sup>, E Vasilopoulou<sup>a</sup>, O Ohizua<sup>b</sup>, CJ McCabe<sup>c</sup>, M  
3 Hewison<sup>c</sup>, MD Kilby<sup>a,d</sup>

4 <sup>#</sup>Joint first authors who have contributed equally to the manuscript

5 <sup>a</sup>Centre for Women's & Children's Health and the School of Clinical and  
6 Experimental Medicine, College of Medical and Dental Sciences, University of  
7 Birmingham, Edgbaston, Birmingham, B15 2TT, UK.

8 <sup>b</sup>Women, Children and Sexual Health Directorate, Walsall Hospitals NHS Trust,  
9 Walsall, WS2 9PS, UK.

10 <sup>c</sup>Centre for Endocrinology, Diabetes and Metabolism, and the School of Clinical and  
11 Experimental Medicine, College of Medical and Dental Sciences, The University of  
12 Birmingham, Birmingham, B15 2TT, UK.

13 <sup>d</sup>Fetal Medicine Centre, Birmingham Women's NHS Foundation Trust, Edgbaston,  
14 Birmingham, B15 2TG, UK.

15 **Corresponding author:** Professor MD Kilby

16 Address: Academic Department, Level 3, Birmingham Woman's NHS Foundation  
17 Trust, Metchley Park Road, Edgbaston, Birmingham B15 2TG, UK.

18 Email: m.d.kilby@bham.ac.uk

19 Telephone: +44 121 627 2778

20 **Word count:** 3075

21 **Funding:** This study was supported by Action Medical Research (#1949 to MDK,  
22 SYC).

23 **Competing interest(s):** The authors have no conflicts of interest to disclose.

24 **Abbreviations**

25 1,25-D<sub>3</sub>, 1,25-dihydroxyvitamin D<sub>3</sub>; 25-D<sub>3</sub>, 25-hydroxyvitamin D<sub>3</sub>; CK-7, cytokeratin  
26 7; CVS, chorionic villous sampling; CYP24A1, 24-hydroxylase; CYP27B1, 1 $\alpha$ -  
27 hydroxylase; EVT, extravillous trophoblast; FGR, fetal growth restriction; HLA-G,  
28 human leukocyte antigen G; MMP, matrix metalloproteinase; PBS, phosphate buffered  
29 saline; RT-PCR, reverse transcriptase polymerase chain reaction; uNK, uterine natural  
30 killer cells; VDR, vitamin D receptor.

31

32 **Abstract**

33 **Introduction:** Incomplete human extravillous trophoblast (EVT) invasion of the  
34 decidua and maternal spiral arteries is characteristic of pre-eclampsia, a condition  
35 linked to low maternal vitamin D status. It is hypothesized that dysregulated vitamin D  
36 action in uteroplacental tissues disrupts EVT invasion leading to malplacentation.

37 **Methods:** This study assessed the effects of the active vitamin D metabolite, 1,25-  
38 dihydroxyvitamin D<sub>3</sub> (1,25-D<sub>3</sub>), and its precursor, 25-hydroxyvitamin D<sub>3</sub> (25-D<sub>3</sub>), on  
39 primary human EVT isolated from first trimester pregnancies. Expression of EVT  
40 markers (cytokeratin-7, HLA-G), the vitamin D-activating enzyme (CYP27B1) and  
41 1,25-D<sub>3</sub> receptor (VDR) was assessed by immunocytochemistry. EVT responses  
42 following *in vitro* treatment with 1,25-D<sub>3</sub> (0-10nM) or 25-D<sub>3</sub> (0-100nM) for 48-60h  
43 were assessed using quantitative RT-PCR (qRT-PCR) analysis of key target genes.  
44 Effects on EVT invasion through Matrigel® were quantified alongside zymographic  
45 analysis of secreted matrix metalloproteinases (MMPs). Effects on cell viability were  
46 assessed by measurement of MTT.

47 **Results:** EVT co-expressed mRNA and protein for CYP27B1 and VDR, and  
48 demonstrated induction of mRNA encoding vitamin D-responsive genes, 24-  
49 hydroxylase (CYP24A1) and cathelicidin following 1,25-D<sub>3</sub> treatment. EVT could  
50 respond to 1,25-D<sub>3</sub> and 25-D<sub>3</sub>, both of which significantly increased EVT invasion, with  
51 maximal effect at 1nM 1,25-D<sub>3</sub> (1.9-fold; p<0.01) and 100nM 25-D<sub>3</sub> (2.2-fold; p<0.05)  
52 respectively compared with untreated controls. This was accompanied by increased  
53 pro-MMP2 and pro-MMP9 secretion. The invasion was independent of cell viability,  
54 which remained unchanged.

55 **Discussion:** These data support a role for vitamin D in EVT invasion during human  
56 placentation and suggest that vitamin D-deficiency may contribute to impaired EVT  
57 invasion and pre-eclampsia.

58 **Key words**

59 Vitamin D; pre-eclampsia; placenta; extravillous trophoblast; cell invasion

60

## 61 **Introduction**

62 Vitamin D-deficiency, defined as a serum concentration of 25-hydroxyvitamin D (25-  
63 D<sub>3</sub>; the main circulating form of vitamin D) less than 50nM, and vitamin D-  
64 insufficiency (25-D<sub>3</sub><75nM) are especially prevalent in pregnancy. These complicate  
65 at least 67% of pregnancies, particularly in women with darker skin pigmentation, in  
66 various geographical locations around the world [1-4]. A recent meta-analysis of  
67 observational studies noted associations between vitamin D-deficiency in pregnancy  
68 with increased risk of pre-eclampsia, gestational diabetes, preterm birth and small for  
69 gestational age infants; with pre-eclampsia showing the strongest association with an  
70 odds ratio of 2.09 (95%CI 1.50-2.90) [5].

71 Pre-eclampsia, a syndrome of maternal hypertension, proteinuria and endothelial  
72 dysfunction, affects up to 8% of pregnancies and remains a leading cause of maternal  
73 and perinatal morbidity and mortality [6]. In one study, maternal serum concentrations  
74 of 25-D<sub>3</sub> in prospectively collected samples in early pregnancy were found to be  
75 significantly lower in women who subsequently developed pre-eclampsia [7].  
76 However, the pathogenic mechanisms linking low vitamin D levels with pre-eclampsia  
77 are not understood and a causative link between the two remains controversial. The  
78 prevalence of vitamin D insufficiency and incidence of pre-eclampsia are both  
79 increased in Black and South Asian women, which may implicate potential  
80 confounding variables associated with ethnicity.

81 The human hemochorial placenta is an extra-renal tissue with high expression of the  
82 vitamin D-activating enzyme 1 $\alpha$ -hydroxylase (CYP27B1), which converts 25-D<sub>3</sub> to  
83 active 1,25-dihydroxyvitamin D<sub>3</sub> (1,25-D<sub>3</sub>). Both CYP27B1 and the receptor for 1,25-  
84 D<sub>3</sub> (VDR) are expressed in human decidua and the villous placenta, with higher

85 expression during the first and second trimesters of pregnancy. This suggests a role for  
86 vitamin D in decidualisation and uteroplacental remodelling [8].

87 Cytotrophoblast within the villous placenta differentiates into extravillous trophoblast  
88 (EVT), which has an invasive phenotype. EVT invades the decidua and maternal spiral  
89 arteries from the first trimester until 24 weeks of gestation. This invasion is critical to  
90 maternal spiral artery remodelling and promotion of maternal placental blood flow to  
91 establish effective maternal-fetal exchange. Impairment of this process predisposes a  
92 pregnancy to uteroplacental insufficiency and a significantly increased risk of pre-  
93 eclampsia and fetal growth restriction (FGR).

94 We hypothesized that vitamin D insufficiency during pregnancy may lead to  
95 dysregulation of placental morphological development, and thus the development of  
96 malplacental disorders including pre-eclampsia and FGR. Vitamin D has been  
97 demonstrated to regulate inflammation in human decidual uterine natural killer (uNK)  
98 cells [9], which in turn is postulated to impact on the invasion of fetal-derived EVT in  
99 a paracrine manner [10]. In this study, we have now investigated the direct effects of  
100 1,25-D<sub>3</sub> and 25-D<sub>3</sub> upon isolated human first trimester primary EVT *in vitro*.

## 101 **Methods**

### 102 *Ethical approval*

103 Human samples were collected with informed written consent and with the approval of  
104 the South Birmingham Research Ethics committee (Reference: 06/Q2707/12) and the  
105 Research and Development office of the Walsall Manor Hospitals NHS Trust (Project  
106 code: 2007013OG(W); approval number: 11070745).

107 ***Sample collection***

108 Placental samples were obtained from women undergoing elective surgical termination  
109 of apparently uncomplicated pregnancies. Samples were collected from 8-11 completed  
110 weeks of gestation as determined by ultrasound measurement of crown rump length  
111 prior to pregnancy termination. The fetuses were not known to have abnormal  
112 karyotypes nor structural anomalies.

113 ***Cell isolation and culture***

114 Following collection, placental tissues were dissected free and washed three times with  
115 PBS. Primary EVT<sub>s</sub> were isolated using a method of enzyme digestion followed by  
116 percoll separation as previously described [11]. Characterization of these cells by  
117 immunocytochemistry for EVT markers using anti-cytokeratin 7 (Novocastra,  
118 Newcastle-upon-Tyne, UK; 1:20) and anti-HLA-G (Serotec, Oxford, UK; 1:200) with  
119 an avidin-biotin peroxidase method (Vectastatin Elite kit, Vector Laboratories,  
120 Peterborough, UK) confirmed 95% purity (Figure 1A-C). Cells were cultured on  
121 growth factor-reduced Matrigel<sup>®</sup> matrix (BD Biosciences, Erembodegem, Belgium) in  
122 DMEM:F12 medium containing 10% FBS, 1000U/ml penicillin, 1 mg/ml  
123 streptomycin, 2 mM L-glutamine and 1.5 µg/ml amphotericin B (all reagents from  
124 Gibco Life Technologies, Paisley, UK) in standard 5% CO<sub>2</sub> in an air incubator at 37°C.  
125 These cells were treated with 1,25-D<sub>3</sub> (Enzo Life Sciences, Exeter, UK) at  
126 concentrations of 0-10 nM or with 25-D<sub>3</sub> (Enzo Life Sciences) at 0-100 nM. Incubations  
127 were for 48h or 60h as defined in previously reported studies [12]. Inhibition of  
128 CYP27B1 was carried out by pre-treatment for 2h with the pan-cytochrome P450  
129 inhibitor, ketoconazole (Sigma-Aldrich, Dorset, U.K), at 10<sup>-5</sup>M, before culture with or  
130 without 25-D<sub>3</sub> treatment for 60h.



131 ***Immunofluorescence microscopy***

132 Isolated EVT cells were grown (60h) on chamber slides coated with poly-D-lysine  
133 (100µl/well of 0.1mg/ml) and immunofluorescent-stained as described previously [13].  
134 Cells were co-stained for VDR (clone D-6, Santa Cruz Biotechnology) and CYP27B1  
135 (Clone H-90, Santa Cruz Biotechnology) (Figure 1). VDR and CYP27B1 were detected  
136 using anti-mouse Alexa Fluor 488 (Green) and anti-rabbit Texas Red (Red) secondary  
137 antibodies (Life Technologies) respectively. All antibodies were used at 1:100 dilution.  
138 Slides were mounted with Vectashield™ containing DAPI (Vector Laboratories Inc.,  
139 Peterborough, UK) and examined using a fluorescent microscope (Carl Zeiss,  
140 Hertfordshire, UK).

141 ***Quantitative RT-PCR***

142 Total RNA was extracted using TRI reagent (Sigma-Aldrich, Dorset, U.K.) following  
143 recovery of cells from Matrigel Matrix using BD cell recovery solution (BD  
144 Biosciences, Bedford, UK) according to the manufacturer's instructions. Total RNA  
145 (1µg) was reverse transcribed using Avian Myeloblastosis Virus (AMV) reverse  
146 transcriptase (Promega, Southampton, UK) following the manufacturer's guidelines.  
147 Expression of mRNA encoding CYP27B1 (Hs01096154\_m1), CYP24A1  
148 (Hs00167999\_m1), VDR (Hs00172113\_m1) or cathelicidin (Hs01011707\_g1) was  
149 determined and normalized to the expression of 18S rRNA (4319413E), an internal  
150 control in multiplex reactions, using the ABI PRISM 7500 Sequence Detection System  
151 (ABI, Foster City, USA). All primer and probes were produced by Applied Biosystems,  
152 Paisley, UK. Quantification of gene expression was determined using the  $\Delta$ Ct method  
153 described previously [14]. Relative mRNA expression for each sample was compared  
154 with the mean gene expression at the lowest vitamin D dose at which expression was  
155 detectable, with this being assigned the arbitrary value of 1 within each experiment.

156 ***Invasion assays***

157 Primary EVT were seeded in cell culture inserts for 24-well plates [8µm membrane  
158 pore size (BD Biosciences)] coated with growth factor-reduced Matrigel® matrix  
159 (10µl; BD Biosciences). Invaded cells (assessed in duplicate) were fixed in ethanol,  
160 stained with Mayer's hematoxylin and eosin (Sigma-Aldrich, Dorset, UK), and counted  
161 across the entire membrane at 20X magnification using a light microscope [11]. The  
162 invasion index was expressed as the ratio of invaded cells in the experimental group  
163 relative to the control group (0nM) within each experiment.

164 ***Matrix metalloproteinase (MMP) quantification by zymography***

165 Levels of secreted MMP2 and MMP9 protein, which are key gelatinases in the  
166 degradation of the basement membrane by EVT during invasion, were assessed using  
167 gelatin zymography as described previously [15]. Briefly, total protein (16-20 µg) from  
168 EVT-conditioned medium was resolved by electrophoresis in a 12% SDS-PAGE gel  
169 and then incubated (30 min) in zymograph-renaturing buffer followed by zymograph-  
170 developing buffer (Invitrogen, Renfrew, UK) overnight at 37°C before staining with  
171 Coomassie Brilliant Blue R250. Dried gels were then scanned and densitometry of pro-  
172 MMP9 and pro-MMP2 performed using Image J software. Although active MMP2 was  
173 detectable, poor resolution of bands precluded quantification by relative densitometry.

174 ***MTT assays***

175 Cells were seeded in 96 well plates and experiments performed with three or four  
176 replicates of each dose using the quantitative colorimetric 3-(4,5-dimethylthiazol-2-yl)-  
177 2,5 diphenyl Tetrazolium Bromide (MTT; Sigma-Aldrich, Dorset, U.K) assay of  
178 mitochondrial metabolism, as described previously [16]. Within each experiment, the

179 absorbance values were normalized to the values obtained with no vitamin D treatment  
180 (0nM), which was given an arbitrary value of 100%.

### 181 *Statistical analysis*

182 Data were analyzed using the SigmaStat v3.1 statistical software (Systat Software Inc,  
183 California, USA). Repeated measures one-way analysis of variance was performed  
184 followed by Tukey all pairwise multiple comparisons post-hoc tests. Data sets passed  
185 the normality test except for the quantitative RT-PCR and pro-MMP2 data, which  
186 required logarithmic transformation prior to statistical analysis. Statistical significance  
187 was taken as  $p < 0.05$ .

### 188 **Results**

#### 189 *EVT express a functional vitamin D intracrine system and respond to 1,25-D<sub>3</sub> and* 190 *25-D<sub>3</sub>*

191 Isolated EVT from first trimester placentae demonstrated coincident protein expression  
192 of the vitamin D-activating enzyme CYP27B1 and the intracellular receptor for 1,25-  
193 D<sub>3</sub>, VDR (Figure 1D-G), confirming previous quantitative RT-PCR and  
194 immunohistochemistry findings in intact decidual tissue sections [8]. Expression of  
195 mRNA encoding CYP27B1 and VDR (Figure 2A-B) in isolated EVT was unaffected  
196 by treatment with 25-D<sub>3</sub> or 1,25-D<sub>3</sub>, consistent with previous reports in primary cultures  
197 of first trimester human chorionic villous sampling (CVS) specimens [17]. The co-  
198 expression of CYP27B1 and VDR indicate the presence of a potential EVT vitamin D  
199 intracrine system.

200 Expression of mRNA encoding the vitamin D feedback catabolic enzyme CYP24A1,  
201 which attenuates vitamin D responsiveness by converting 1,25-D<sub>3</sub> and 25-D<sub>3</sub> to less  
202 active metabolites, was undetectable in untreated EVT (Figure 2C). This is consistent

203 with the CYP24A1 gene being methylation-silenced as previously reported in term  
204 villous placenta and in first trimester cytotrophoblast [17]. However, CYP24A1 mRNA  
205 expression was induced in EVT treated with 1nM 1,25-D<sub>3</sub>. Treatment with a higher  
206 concentration of 1,25-D<sub>3</sub> (10nM) resulted in a 9-fold increase in CYP24A1 mRNA  
207 expression compared to 1nM-treated EVT (p<0.01; Figure 2C). This magnitude of  
208 response in EVT is similar to the 10-fold increase reported in CVS cells treated with  
209 100nM 1,25-D<sub>3</sub>, but this magnitude is still significantly less than those in the hundreds  
210 reported in cells in which CYP24A1 is not methylation-silenced [17]. Evidence that  
211 human EVT is vitamin D-responsive was further demonstrated by a dose-dependent  
212 induction of mRNA encoding the vitamin D-responsive antibacterial protein,  
213 cathelicidin, by 1,25-D<sub>3</sub> (ANOVA p<0.001; Figure 2D). Messenger RNA encoding  
214 cathelicidin increased by 217-fold and 457-fold with 1nM and 10nM of 1,25-D<sub>3</sub>  
215 treatment respectively (both p<0.001). These data are consistent with previous findings  
216 in human term placental explants and isolated primary cytotrophoblast treated with  
217 1,25-D<sub>3</sub> [18].

### 218 *Effects of 1,25-D<sub>3</sub> and 25-D<sub>3</sub> on EVT invasion*

219 Treatment of human primary EVT with 1,25-D<sub>3</sub> significantly increased directly  
220 quantified cell invasion into Matrigel<sup>®</sup> (ANOVA p<0.01; Figure 3A). A peak invasion  
221 response was demonstrated at 1nM 1,25-D<sub>3</sub>, with a 1.9-fold increase in the number of  
222 invaded cells compared with untreated controls (p<0.01). Compared with untreated  
223 EVT, a statistically significant increase in invasion by 1.7-fold (p<0.05) was also noted  
224 with a lower dose of 0.1nM 1,25-D<sub>3</sub> but not at a higher dose of 10nM 1,25-D<sub>3</sub>. The  
225 diminished response at 10nM 1,25-D<sub>3</sub> could be due to preceptor regulation and  
226 inactivation of 1,25-D<sub>3</sub> by increased CYP24A1 expression.

227 Primary EVT also responded to 25-D<sub>3</sub>, confirming the efficacy of the CYP27B1/VDR  
228 intracrine system. There was a dose-dependent increase in EVT invasion with rising  
229 25-D<sub>3</sub> concentrations (ANOVA  $p < 0.05$ ; Figure 3B). A similar magnitude in the peak  
230 response, as seen with 1,25-D<sub>3</sub>, of a 2.2-fold rise in the number of invaded cells at  
231 100nM 25-D<sub>3</sub> compared to controls ( $p < 0.05$ ) suggests that both forms of vitamin D use  
232 a similar response pathway in the promotion of EVT invasion.

233 To confirm that this observed increase in EVT invasion is mediated by vitamin D, EVT  
234 were pre-treated with a cytochrome P450 inhibitor, ketoconazole [19], prior to 25-D<sub>3</sub>  
235 treatment. Ketoconazole by itself did not inhibit invasion of EVT, but when CYP27B1  
236 activity was blocked by ketoconazole the pro-invasive effects of 25-D<sub>3</sub> was  
237 significantly attenuated (ANOVA  $p < 0.01$ ; Figure 3C), suggesting that intracellular  
238 EVT metabolism of 25-D<sub>3</sub> mediates EVT invasion.

239 Enhanced Matrigel® invasion by EVT with vitamin D treatment was paralleled by  
240 increased secretion of pro-MMP2 and pro-MMP9 (Figures 4A-4D). Pro-MMP2  
241 increased significantly (ANOVA  $p < 0.001$ ; Figure 4C) with 1,25-D<sub>3</sub> at 1nM ( $p < 0.001$ )  
242 and 10nM ( $p < 0.001$ ), and pro-MMP9 was increased significantly (ANOVA  $p < 0.05$ ;  
243 Figure 4D) with 100nM 25-D<sub>3</sub>, compared with untreated EVT ( $p < 0.05$ ).

#### 244 *Effects of 1,25-D<sub>3</sub> and 25-D<sub>3</sub> on EVT cell viability*

245 To confirm that the observed increase in EVT invasion with vitamin D reflected  
246 increased invasive capability rather than enhanced cell proliferation and/or survival, we  
247 assessed EVT cell viability. Data from MTT analyses showed no significant change in  
248 EVT cell viability following treatment with 1,25-D<sub>3</sub> or 25-D<sub>3</sub> (Figures 4E-F).

#### 249 **Discussion**

250 Vitamin D deficiency in pregnancy has been associated with an increased risk of pre-  
251 eclampsia [7, 20], but the underlying mechanisms are unclear. We have demonstrated  
252 that the vitamin D metabolites, 1,25-D<sub>3</sub> and 25-D<sub>3</sub>, have a direct pro-invasive effect on  
253 isolated human EVT *in vitro*, highlighting an entirely novel action for vitamin D in the  
254 placenta. Furthermore, pro-invasive responses to vitamin D suggest that attenuated  
255 EVT invasion of uterine decidua and vasculature, may be one of the mechanisms by  
256 which vitamin D deficiency contributes to the increased risk of pre-eclampsia and FGR.

257 The pathogenesis of pre-eclampsia is proposed to be a two-stage process: the first stage  
258 occurring in the first and early second trimesters of pregnancy involving impaired EVT  
259 invasion and maternal spiral artery remodelling (malplacentation), and the second stage  
260 occurring after 20 weeks of gestation when the clinical syndrome of hypertension and  
261 proteinuria manifests associated with vascular endothelial dysfunction [21]. Maternal  
262 factors (genetic, behavioural, environmental) interact with events at both stages, and  
263 also influence the link between the first and second stages, leading to variable pre-  
264 eclampsia phenotypes, which are likely to require different preventive strategies and  
265 treatment [21].

266 Studies where maternal circulating 25-D<sub>3</sub> was measured at a time coinciding with the  
267 beginning of the critical maternal vascular remodelling process, have shown conflicting  
268 results, with one study associating low 25-D<sub>3</sub> with subsequent development of pre-  
269 eclampsia [7], but with two other studies showing no association [22, 23]. However,  
270 one of these latter studies did report a significant association between low circulating  
271 25-D<sub>3</sub> at 24-26 weeks gestation with pre-eclampsia in a predominantly white population  
272 with pre-existing risk factors for pre-eclampsia [22]. These discrepancies may be due  
273 to studies using different assay methodology, different populations of various ethnic

274 mix and risk factors for pre-eclampsia, being underpowered, to the lack of  
275 differentiation between the various manifestations of pre-eclampsia and failure to  
276 account for disruptions in vitamin D metabolism within the local uteroplacental  
277 environment.

278 Malplacentation, which is characteristically associated with pre-eclampsia, may also  
279 result in fetal growth restriction (FGR). Interestingly, women with severe early onset  
280 pre-eclampsia who also delivered small for gestational age babies had lower circulating  
281 25-D<sub>3</sub> compared with pre-eclamptic women with appropriately grown babies [24].  
282 Furthermore, independent of maternal hypertension, FGR has also been associated with  
283 lower maternal serum 25-D<sub>3</sub> concentrations [25]. All of this supports the hypothesis  
284 that vitamin D deficiency is an etiological factor in the first stage of pre-eclampsia  
285 pathogenesis and in malplacentation.

286 Furthermore, given the relatively high expression of the activating CYP27B1 in the  
287 placenta [8], local uteroplacental concentrations of the active metabolite, 1,25-D<sub>3</sub>, may  
288 not reflect the prevailing concentration of 25-D<sub>3</sub> in the maternal circulation. In pre-  
289 eclampsia there is additional disruption of the placental vitamin D system with reports  
290 of reduced CYP27B1 activity in primary villous trophoblasts [26], thus potentially  
291 exacerbating the effects of low maternal circulating vitamin D concentrations or  
292 contribute to pre-eclampsia risk despite normal circulating 25-D<sub>3</sub> concentrations.  
293 Vitamin D may also be implicated in the development of the second stage of pre-  
294 eclampsia pathophysiology as vitamin D deficient rodents display endothelial  
295 vasodilator dysfunction and hypertension [27, 28] although data from human studies  
296 are conflicting [29, 30].

297 In this study, a significant pro-invasive effect of 25-D<sub>3</sub> was only demonstrable at an  
298 optimal maternal circulatory concentration of 100nM although at lower 25-D<sub>3</sub> doses an  
299 insignificant trend suggestive of dose-dependent increased EVT invasion with rising  
300 25-D<sub>3</sub> concentrations was observed. The pro-invasive effect of 1,25-D<sub>3</sub> in EVT is in  
301 contrast to previous reports of an anti-invasive effect of 1,25-D<sub>3</sub> in several human  
302 cancer cell lines including the human breast cancer cell line MDA-MB-231 [31], human  
303 prostate cancer cell lines [32], Lewis lung carcinoma cells [33] and murine squamous  
304 carcinoma cells [34]. Similarly, 1,25-D<sub>3</sub> inhibited MMP2 and MMP9 activity in human  
305 primary uterine fibroid cells and the immortalized HuLM fibroid cell line [35]. The  
306 specific differences in human EVT cell characteristics which lead to differential  
307 invasion responses to vitamin D treatment are unknown and warrant further  
308 investigation. With our methodology, despite the high purity of primary EVT cultures,  
309 there remains the possibility that uncharacterized non-EVT invasive cell types could  
310 have made a minor contribution to the population of invaded cells. Although increased  
311 pro-MMP2 and pro-MMP9 secretion was associated with the EVT invasion promoted  
312 by vitamin D, attribution of a direct causative role for MMP in the mechanism of effect  
313 requires further study.

314 In addition to a direct vitamin D effect on EVT themselves, indirect paracrine effects  
315 on invasion could also occur through vitamin D regulation of cytokine secretion by  
316 neighbouring decidual uNK cells [9] and villous trophoblasts [36]. Thus, *in vivo*, EVT  
317 invasion is tightly regulated at multiple levels and the summation of vitamin D effects  
318 at all of these levels is an area for further research.



319 Apart from EVT invasive capacity, vitamin D may also impact on other events in  
320 placental development such as angiogenesis [37], immune regulation [9, 36] and  
321 enhanced hormone synthesis [38, 39] through autocrine and paracrine mechanisms.

322 In conclusion, we present *in vitro* experimental evidence that supports a direct role for  
323 vitamin D in human EVT function. We have provided evidence which suggests that  
324 improved vitamin D status through supplementation early in pregnancy or prior to  
325 conception may therefore be a potential strategy for reducing the risk of pre-eclampsia  
326 and FGR through adequate EVT invasion during the critical phase of placentation  
327 occurring in the first half of gestation. Indeed, a retrospective study of maternal  
328 supplementary intake of vitamin D demonstrated a 27% reduction in the incidence of  
329 pre-eclampsia [40] and a pooled analysis of trials suggested protective effects of  
330 supplementation on low birth weight [41].

### 331 **Acknowledgments**

332 We thank Laurence Loubiere, Gendie Lash and Ana-Maria Gonzalez for their technical  
333 advice. This study was supported by Action Medical Research (#1949 to MDK, SYC).

### 334 **References**

- 335 [1] Johnson DD, Wagner CL, Hulsey TC, McNeil RB, Ebeling M, Hollis BW.  
336 Vitamin D deficiency and insufficiency is common during pregnancy. *AmJ Perinatol.*  
337 2011;28(1):7-12.
- 338 [2] Holmes VA, Barnes MS, Alexander HD, McFaul P, Wallace JM. Vitamin D  
339 deficiency and insufficiency in pregnant women: a longitudinal study. *BrJ Nutr.*  
340 2009;102(6):876-81.
- 341 [3] Karim SA, Nusrat U, Aziz S. Vitamin D deficiency in pregnant women and their  
342 newborns as seen at a tertiary-care center in Karachi, Pakistan. *IntJ GynaecolObstet.*  
343 2011;112(1):59-62.

- 344 [4] Hamilton SA, McNeil R, Hollis BW, Davis DJ, Winkler J, Cook C, et al.  
345 Profound Vitamin D Deficiency in a Diverse Group of Women during Pregnancy  
346 Living in a Sun-Rich Environment at Latitude 32 degrees N. *IntJEndocrinol.*  
347 2010;2010:917428.
- 348 [5] Wei SQ, Qi HP, Luo ZC, Fraser WD. Maternal vitamin D status and adverse  
349 pregnancy outcomes: a systematic review and meta-analysis. *JMaternFetal Neonatal*  
350 *Med.* 2013;26(9):889-99.
- 351 [6] Steegers EA, von DP, Duvekot JJ, Pijnenborg R. Pre-eclampsia. *Lancet.*  
352 2010;376(9741):631-44.
- 353 [7] Bodnar LM, Catov JM, Simhan HN, Holick MF, Powers RW, Roberts JM.  
354 Maternal vitamin D deficiency increases the risk of preeclampsia. *J ClinEndocrinol*  
355 *Metab.* 2007;92(9):3517-22.
- 356 [8] Zehnder D, Evans KN, Kilby MD, Bulmer JN, Innes BA, Stewart PM, et al.  
357 The ontogeny of 25-hydroxyvitamin D(3) 1alpha-hydroxylase expression in human  
358 placenta and decidua. *AmJ Pathol.* 2002;161(1):105-14.
- 359 [9] Evans KN, Nguyen L, Chan J, Innes BA, Bulmer JN, Kilby MD, et al. Effects  
360 of 25-hydroxyvitamin D3 and 1,25-dihydroxyvitamin D3 on cytokine production by  
361 human decidual cells. *BiolReprod.* 2006;75(6):816-22.
- 362 [10] Eastabrook G, Hu Y, von DP. The role of decidual natural killer cells in normal  
363 placentation and in the pathogenesis of preeclampsia. *JObstetGynaecolCan.*  
364 2008;30(6):467-76.
- 365 [11] Lash GE, Naruse K, Innes BA, Robson SC, Searle RF, Bulmer JN. Secretion of  
366 angiogenic growth factors by villous cytotrophoblast and extravillous trophoblast in  
367 early human pregnancy. *Placenta.* 2010;31(6):545-8.
- 368 [12] Tarrade A, Goffin F, Munaut C, Lai-Kuen R, Tricottet V, Foidart JM, et al.  
369 Effect of matrigel on human extravillous trophoblasts differentiation: modulation of  
370 protease pattern gene expression. *Biol Reprod.* 2002;67(5):1628-37.
- 371 [13] Botfield H, Gonzalez AM, Abdullah O, Skjolding AD, Berry M, McAllister JP,  
372 2nd, et al. Decorin prevents the development of juvenile communicating  
373 hydrocephalus. *Brain.* 2013;136(Pt 9):2842-58.

- 374 [14] Chan S, McCabe CJ, Visser TJ, Franklyn JA, Kilby MD. Thyroid hormone  
375 responsiveness in N-Tera-2 cells. *JEndocrinol.* 2003;178(1):159-67.
- 376 [15] Lash GE, Otun HA, Innes BA, Percival K, Searle RF, Robson SC, et al.  
377 Regulation of extravillous trophoblast invasion by uterine natural killer cells is  
378 dependent on gestational age. *HumReprod.* 2010;25(5):1137-45.
- 379 [16] Barber KJ, Franklyn JA, McCabe CJ, Khanim FL, Bulmer JN, Whitley GSJ, et  
380 al. The in vitro effects of triiodothyronine on epidermal growth factor-induced  
381 trophoblast function. *Journal of Clinical Endocrinology and Metabolism.*  
382 2005;90(3):1655-61.
- 383 [17] Novakovic B, Sibson M, Ng HK, Manuelpillai U, Rakyan V, Down T, et al.  
384 Placenta-specific methylation of the vitamin D 24-hydroxylase gene: implications for  
385 feedback autoregulation of active vitamin D levels at the fetomaternal interface. *J*  
386 *BiolChem.* 2009;284(22):14838-48.
- 387 [18] Liu N, Kaplan AT, Low J, Nguyen L, Liu GY, Equils O, et al. Vitamin D  
388 induces innate antibacterial responses in human trophoblasts via an intracrine pathway.  
389 *BiolReprod.* 2009;80(3):398-406.
- 390 [19] Adams JS, Beeker TG, Hongo T, Clemens TL. Constitutive expression of a  
391 vitamin D 1-hydroxylase in a myelomonocytic cell line: a model for studying 1,25-  
392 dihydroxyvitamin D production in vitro. *Journal of bone and mineral research : the*  
393 *official journal of the American Society for Bone and Mineral Research.*  
394 1990;5(12):1265-9.
- 395 [20] Robinson CJ, Alanis MC, Wagner CL, Hollis BW, Johnson DD. Plasma 25-  
396 hydroxyvitamin D levels in early-onset severe preeclampsia. *AmJ ObstetGynecol.*  
397 2010;203(4):366-.
- 398 [21] Roberts JM, Hubel CA. The two stage model of preeclampsia: variations on the  
399 theme. *Placenta.* 2009;30 Suppl A:S32-S7.
- 400 [22] Wei SQ, Audibert F, Hidiroglou N, Sarafin K, Julien P, Wu Y, et al.  
401 Longitudinal vitamin D status in pregnancy and the risk of pre-eclampsia. *BJOG.*  
402 2012;119(7):832-9.

- 403 [23] Powe CE, Seely EW, Rana S, Bhan I, Ecker J, Karumanchi SA, et al. First  
404 trimester vitamin D, vitamin D binding protein, and subsequent preeclampsia.  
405 Hypertension. 2010;56(4):758-63.
- 406 [24] Robinson CJ, Wagner CL, Hollis BW, Baatz JE, Johnson DD. Maternal vitamin  
407 D and fetal growth in early-onset severe preeclampsia. *AmJ ObstetGynecol.*  
408 2011;204(6):556.e1-4.
- 409 [25] Bodnar LM, Catov JM, Zmuda JM, Cooper ME, Parrott MS, Roberts JM, et al.  
410 Maternal serum 25-hydroxyvitamin D concentrations are associated with small-for-  
411 gestational age births in white women. *J Nutr.* 2010;140(5):999-1006.
- 412 [26] Diaz L, Arranz C, Avila E, Halhali A, Vilchis F, Larrea F. Expression and  
413 activity of 25-hydroxyvitamin D-1 alpha-hydroxylase are restricted in cultures of  
414 human syncytiotrophoblast cells from preeclamptic pregnancies. *J ClinEndocrinol*  
415 *Metab.* 2002;87(8):3876-82.
- 416 [27] Tare M, Emmett SJ, Coleman HA, Skordilis C, Eyles DW, Morley R, et al.  
417 Vitamin D insufficiency is associated with impaired vascular endothelial and smooth  
418 muscle function and hypertension in young rats. *JPhysiol.* 2011;589(Pt 19):4777-86.
- 419 [28] Liu NQ, Ouyang Y, Bulut Y, Lagishetty V, Chan SY, Hollis BW, et al. Dietary  
420 vitamin d restriction in pregnant female mice is associated with maternal hypertension  
421 and altered placental and fetal development. *Endocrinology.* 2013;154(7):2270-80.
- 422 [29] Burris HH, Rifas-Shiman SL, Huh SY, Kleinman K, Litonjua AA, Oken E, et  
423 al. Vitamin D status and hypertensive disorders in pregnancy. *AnnEpidemiol.*  
424 2014;24(5):399-403.
- 425 [30] Tabesh M, Salehi-Abargouei A, Tabesh M, Esmailzadeh A. Maternal vitamin  
426 D status and risk of pre-eclampsia: a systematic review and meta-analysis.  
427 *JClinEndocrinolMetab.* 2013;98(8):3165-73.
- 428 [31] Hansen CM, Frandsen TL, Brunner N, Binderup L. 1 alpha,25-  
429 Dihydroxyvitamin D3 inhibits the invasive potential of human breast cancer cells in  
430 vitro. *ClinExpMetastasis.* 1994;12(3):195-202.
- 431 [32] Sung V, Feldman D. 1,25-Dihydroxyvitamin D3 decreases human prostate  
432 cancer cell adhesion and migration. *MolCell Endocrinol.* 2000;164(1-2):133-43.

- 433 [33] Young MR, Lozano Y. Inhibition of tumor invasiveness by 1 $\alpha$ ,25-  
434 dihydroxyvitamin D3 coupled to a decline in protein kinase A activity and an increase  
435 in cytoskeletal organization. *ClinExpMetastasis*. 1997;15(2):102-10.
- 436 [34] Benhadi N, Wiersinga WM, Reitsma JB, Vrijkotte TG, Bonsel GJ. Higher  
437 maternal TSH levels in pregnancy are associated with increased risk for miscarriage,  
438 fetal or neonatal death. *EurJ Endocrinol*. 2009;160(6):985-91.
- 439 [35] Halder SK, Osteen KG, Al-Hendy A. Vitamin D3 inhibits expression and  
440 activities of matrix metalloproteinase-2 and -9 in human uterine fibroid cells.  
441 *HumReprod*. 2013;28(9):2407-016.
- 442 [36] Noyola-Martinez N, Diaz L, Avila E, Halhali A, Larrea F, Barrera D. Calcitriol  
443 downregulates TNF-alpha and IL-6 expression in cultured placental cells from  
444 preeclamptic women. *Cytokine*. 2013;61(1):245-50.
- 445 [37] Grundmann M, Haidar M, Placzko S, Niendorf R, Darashchonak N, Hubel CA,  
446 et al. Vitamin D improves the angiogenic properties of endothelial progenitor cells.  
447 *AmJPhysiol Cell Physiol*. 2012;303(9):C954-C62.
- 448 [38] Barrera D, Avila E, Hernandez G, Halhali A, Biruete B, Larrea F, et al. Estradiol  
449 and progesterone synthesis in human placenta is stimulated by calcitriol. *JSteroid*  
450 *BiochemMolBiol*. 2007;103(3-5):529-32.
- 451 [39] Barrera D, Avila E, Hernandez G, Mendez I, Gonzalez L, Halhali A, et al.  
452 Calcitriol affects hCG gene transcription in cultured human syncytiotrophoblasts.  
453 *ReprodBiolEndocrinol*. 2008;6:3.
- 454 [40] Haugen M, Brantsaeter AL, Trogstad L, Alexander J, Roth C, Magnus P, et al.  
455 Vitamin D supplementation and reduced risk of preeclampsia in nulliparous women.  
456 *Epidemiology*. 2009;20(5):720-6.
- 457 [41] Thorne-Lyman A, Fawzi WW. Vitamin D during pregnancy and maternal,  
458 neonatal and infant health outcomes: a systematic review and meta-analysis.  
459 *PaediatrPerinatEpidemiol*. 2012;26 Suppl 1:75-90.
- 460

461 **Figure legends**

462 **Figure 1: Expression of an intracrine vitamin D system in primary EVT.**

463 (A-C) Immunocytochemistry using an avidin-biotin peroxidase method for the EVT  
464 markers (A) cytokeratin 7 (CK-7) and (B) HLA-G, with (C) control performed with  
465 omission of primary antibody. (D-K) Immunofluorescence microscopy of (D) the  
466 intracellular vitamin D receptor (VDR), (E) the vitamin D-activating enzyme  
467 (CYP27B1), (F) DAPI only, with a merged image (G) in primary EVT from first  
468 trimester human placentae. Control images are of experiments with omission of the  
469 primary antibody with (H) Alexa Fluor 488 (Green) or (I) Texas Red (Red) secondary  
470 antibodies, with the corresponding DAPI-stained and merged images (J and K  
471 respectively). Images were captured using the Axiovision Software (Carl Zeiss,  
472 Hertfordshire, UK).

473 **Figure 2: Effect of 1,25-D<sub>3</sub> on expression of mRNA for CYP27A1, VDR, CYP24A1**  
474 **and cathelicidin in primary EVT.** Relative expression of mRNA encoding: (A)  
475 CYP27B1; (B) VDR; (C) 24-hydroxylase (CYP24A1); (D) cathelicidin in human first  
476 trimester primary EVT. Mean mRNA expression at the lowest vitamin D dose at which  
477 expression was detectable was assigned the arbitrary value of 1. Bars represent mean +  
478 SEM from three different EVT isolates. Statistical significance are indicated by \*\*  
479  $p < 0.01$ , \*\*\*  $p < 0.001$ .

480 **Figure 3: Effect of 1,25-D<sub>3</sub> and 25-D<sub>3</sub> on Matrigel<sup>®</sup> invasion by primary EVT.**

481 Effect of treatment with increasing concentrations of: (A) 1,25-D<sub>3</sub> for 48 hours; (B) 25-  
482 D<sub>3</sub> for 60 hours on human first trimester primary EVT. For invasion through growth  
483 factor-reduced Matrigel<sup>®</sup> the number of invaded EVT cells in each experiment was  
484 normalized to the average number of invaded cells in the control group (0 nM) and  
485 expressed as a percentage of control. (C) Increased invasion of EVT by 25-D<sub>3</sub> (100 nM)

486 is inhibited by ketoconazole (KC;  $10^{-5}$ M), a cytochrome P450 inhibitor. Bars represent  
487 mean data from EVT isolated from eleven (A) or six (B) or three (C) different  
488 pregnancies respectively  $\pm$  SEM. Statistically significant differences compared to  
489 control (0nM) are indicated by \* $p < 0.05$ , \*\* $p < 0.01$ .

490 **Figure 4: Effect of 1,25-D<sub>3</sub> and 25-D<sub>3</sub> on primary EVT secretion of matrix**  
491 **metalloproteinase (MMP) and EVT cell viability.** (A and B) Representative gel  
492 zymograph from one experiment showing bands representing pro-MMP9 (92kDa), pro-  
493 MMP2 (72kDa) and active MMP2 (63kDa) in conditioned media from culture of  
494 primary human EVT following treatment with: (A) 1,25-D<sub>3</sub> or (B) 25-D<sub>3</sub>. (C and D)  
495 Relative densitometry of pro-MMP2 and pro-MMP9 following treatment with: (C)  
496 1,25-D<sub>3</sub> or (D) 25-D<sub>3</sub>. Results were normalized to their respective controls (0 nM)  
497 within each experiment. Bars represent the mean  $\pm$  SEM (C: n=5; D: n=6). Statistically  
498 significant differences compared to control (0nM) are indicated by \* $p < 0.05$ ,  
499 \*\*\* $p < 0.001$ . (E and F) EVT cell viability was assessed using MTT assays. Within each  
500 experiment data were compared to no treatment (0 nM), which was given an arbitrary  
501 value of 100%. Absorbance is expressed as the difference between absorbance at OD  
502 570nm and 690nm (background). Bars represent the mean  $\pm$  SEM (A: n=6; B: n=5).  
503 Although the overall ANOVA on the cell viability data for 25-D<sub>3</sub> was statistically  
504 significant ( $p < 0.05$ ), further analysis by post-hoc tests failed to identify any statistically  
505 significant differences between the different 25-D<sub>3</sub> concentrations.

506