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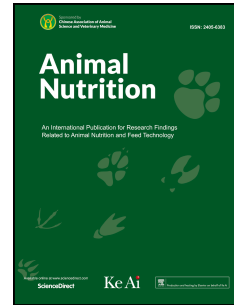
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# Journal Pre-proof

A bird's-eye overview of molecular mechanisms regulating feed intake in chickens—  
with mammalian comparisons

Anastasiia R. Volyanskaya, Ilya R. Akberdin, Mikhail A. Kulyashov, Ivan S. Yevshin,  
Michael N. Romanov, Elena I. Shagimardanova, Oleg A. Gusev, Fedor A. Kolpakov



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**Author contributions**

**Anastasiia R. Volyanskaya:** Conceptualization, Data Curation, Writing - Original Draft, Writing - Review & Editing, Visualization. **Ilya R. Akberdin:** Conceptualization, Writing - Original Draft, Writing - Review & Editing, Supervision. **Mikhail A. Kulyashov:** Data curation. **Ivan S. Yevshin:** Data curation. **Michael N. Romanov:** Data curation, Writing - Original Draft. **Elena I. Shagimardanova:** Data curation, Project administration. **Oleg A. Gusev:** Conceptualization, Writing - Review & Editing, Supervision, Project administration, Funding acquisition. **Fedor A. Kolpakov:** Conceptualization, Supervision, Project administration, Funding acquisition.

1 **A bird's-eye overview of molecular mechanisms regulating feed intake in chickens—with**  
2 **mammalian comparisons**

3  
4 Anastasiia R. Volyanskaya <sup>a, b, \*</sup>, Ilya R. Akberdin <sup>a, b, c</sup>, Mikhail A. Kulyashov <sup>a, b, c</sup>, Ivan S. Yevshin  
5 <sup>b, c</sup>, Michael N. Romanov <sup>d, e</sup>, Elena I. Shagimardanova <sup>f</sup>, Oleg A. Gusev <sup>f, j, h</sup>, Fedor A. Kolpakov <sup>b, c</sup>

6  
7 <sup>a</sup>Department of Natural Sciences, Novosibirsk State University, Novosibirsk, Russia

8 <sup>b</sup>Biosoft.Ru, Ltd., Novosibirsk, Russia

9 <sup>c</sup>Sirius University of Science and Technology, Sirius, Russia

10 <sup>d</sup>School of Biosciences, University of Kent, Canterbury, UK

11 <sup>e</sup>L.K. Ernst Federal Research Centre for Animal Husbandry, Dubrovitsy, Podolsk, Russia

12 <sup>f</sup>Regulatory Genomics Research Center, Institute of Fundamental Medicine and Biology, Kazan  
13 Federal University, Kazan, Russia

14 <sup>j</sup>Life Improvement by Future Technologies (LIFT) Center, Moscow, Russia

15 <sup>h</sup>Intractable Disease Research Center, Juntendo University, Tokyo, Japan

16

17

18 \*Corresponding author.

19 Email address: a.volianskaia.biosoft@gmail.com (A. Volyanskaya).

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20 **ABSTRACT**

21 In recent decades, a lot of research has been conducted to explore poultry feeding behavior.

22 However, up to now, the processes behind poultry feeding behavior remain poorly understood.

23 The review generalizes modern expertise about the hormonal regulation of feeding behavior in

24 chickens, focusing on signaling pathways mediated by insulin, leptin, and ghrelin and

25 regulatory pathways with a cross-reference to mammals. This overview also summarizes state-

26 of-the-art research devoted to hypothalamic neuropeptides that control feed intake and are prime

27 candidates for predictors of feeding efficiency. Comparative analysis of the signaling pathways

28 that mediate the feed intake regulation allowed us to conclude that there are major differences in

29 the processes by which hormones influence specific neuropeptides and their contrasting roles in

30 feed intake control between two vertebrate clades.

31 **Keywords:** Chicken; Feed intake; Hypothalamus; Neuropeptide; Signaling pathway; Hormone

32

## 33 **1. Introduction**

34 Molecular mechanisms regulating feed intake during vertebrate ontogenesis are essential for  
35 maintaining growth and meat production in livestock, including poultry (Everaert et al., 2019,  
36 Richards and Proszkowiec-Weglarz, 2007). Therefore, disentangling these mechanisms  
37 orchestrating feeding behavior and energy expenditure is important for commercial breeding and  
38 meat industry.

39 Eating behavior is controlled by central and peripheral regulation, which is coordinated by  
40 the nervous and digestive systems. Appetite regulation is provided through the perception of  
41 peripheral signals from the external environment and internal physiological signals that convey  
42 information about energy and nutritional status (Honda, 2021). The integration of hormonal and  
43 nutritional metabolic inputs that control feeding behavior and energy homeostasis is carried out  
44 by neural networks in the hypothalamus, “the center of satiety and hunger control”.

45 Several neuropeptides are expressed in hypothalamic neurons when stimulated by hormones  
46 such as ghrelin, insulin, and leptin, providing long-term regulation of eating behavior. Hormone  
47 signaling through the hypothalamic neuronal networks is closely related to the adenosine-  
48 monophosphate-activated protein kinase/mammalian target of rapamycin (AMPK/mTOR)  
49 signaling pathway, which serves as the main sensor of cellular energy. To date, several studies  
50 have tackled individual components of signaling pathways that mediate the formation of feed  
51 intake in poultry and mammals. However, the understanding of molecular mechanisms regulating  
52 feed intake in chickens remains very limited.

53 It is worth noting that the molecular mechanisms and factors that regulate feed intake in birds

54 are not comprehensively investigated compared to mammals. In this regard, we overview state-  
55 of-the-art knowledge and data on this topic by combining essential differences between two  
56 classes of vertebrates and highlighting blank spots in the regulatory mechanisms for chickens.

## 57 **2. Hypothalamus as a central regulator of feed intake**

58 In birds as well as mammals, the hypothalamus is crucial for controlling feeding behavior by  
59 integrating all peripheral and central signals and generating satiety or hunger states. The central  
60 nervous system (CNS) receives information about the nutritional and metabolic state via a variety  
61 of peripheral signals, including peptide hormones. These signals influence a number of  
62 hypothalamic neuropeptides and complex neural circuits in the hypothalamus, which set off the  
63 appropriate responses related to feed intake (Kuenzel et al., 1999). The regulation of chicken feed  
64 intake and energy homeostasis appears to be comparable to that of mammals, which is  
65 implemented by means of neuropeptides produced in the hypothalamic nuclei (Boswell, 2005;  
66 Richards and Proszkowiec-Weglarz, 2007). Both mammals and birds are assumed to have satiety  
67 areas in the ventromedial and lateral hypothalamus (Kuenzel et al., 1999). In addition to these  
68 hypothalamic structures, the paraventricular nucleus (PVN) and the infundibular nucleus (IN),  
69 the avian equivalent of the mammalian arcuate nucleus (ARC), are also involved in the control  
70 of feed intake (Tachibana and Tsutsui, 2016). Many common neuropeptides between mammals  
71 and chickens have been shown to be involved in the control of feed intake (Denbow and Cline,  
72 2015). Two types of hypothalamic neuropeptides that regulate feeding behavior can be identified:  
73 some suppress eating behavior and are called anorexigenic neuropeptides, whereas others  
74 stimulate eating behavior and are called orexigenic neuropeptides.

75 Two types of neuron populations in the IN of the hypothalamus are important conduits

76 through which peripheral signals that affect appetite are integrated (Boswell, 2005; Wynne et al.,  
77 2005). One of them expresses the pro-opiomelanocortin (POMC) and cocaine- and amphetamine-  
78 regulated transcript (CART) mRNAs, and the other one the neuropeptide Y (NPY) and agouti-  
79 related protein (AGRP) mRNAs (Boswell, 2005). Hypothalamic neuropeptides such as  
80 adrenocorticotrophic hormone (ACTH; also, adrenocorticotropin, or corticotropin) and  $\alpha$ -  
81 melanocyte-stimulating hormone ( $\alpha$ -MSH) derived from the POMC precursor and CART are  
82 expected to be anorexigenic in the chickens. NPY and AgRP exert an anabolic effect and are  
83 representative candidates for orexigenic neuropeptides (Tachibana, 2016). In addition to  
84 orexigenic neuropeptides, these neurons also produce the inhibitory neurotransmitter  $\gamma$ -  
85 aminobutyric acid (GABA), which can act in a local circuit to reduce the activity of POMC  
86 neurons (Rau and Hentges, 2019). The expression of the neuropeptide genes AGRP, NPY, POMC,  
87 and CART was determined in the IN of several species of birds, including chickens, with the  
88 expression of AGRP and NPY colocalised in individual IN neurons (Boswell et al., 2002; Boswell  
89 and Dunn, 2017; Gerets et al., 2000; Wang et al., 2001; Yuan et al., 2009).

### 90 **3. Functions of hypothalamic neuropeptides in the feed intake**

91 In mammals and several bird species, including chickens, it is well known that the  
92 neuropeptide gene expression in neurons of the arcuate nucleus is affected by nutritional status  
93 and changes in energy levels (Boswell and Dunn, 2017). In recent decades, numerous studies  
94 have been conducted to explore the function of orexigenic AgRP, NPY, and anorexigenic  $\alpha$ -MSH  
95 neuropeptides that regulate feeding behavior in chickens (Tables 1 and 2).

96 The POMC and AGRP genes encoding neuropeptides, along with melanocortin receptors  
97 (MC-R), constitute the central melanocortin system (Boswell and Dunn, 2015). MC-R neurons



98 project from the mammalian arcuate nucleus to the PVN, containing a high density of MC-R.  
99 Activation of these receptors causes a decrease in food consumption and an increase in energy  
100 use (Gali Ramamoorthy et al., 2015).

101 Chicken melanocortin signaling in the hypothalamus is mediated by specific subtypes of MC-  
102 R, i.e., melanocortin receptors 3 (MC3R) and 4 (MC4R), by binding to such agonists as AgRP  
103 and  $\alpha$ -MSH/ACTH (Boswell and Dunn, 2015). Neuropeptides  $\alpha$ -MSH and ACTH act as  
104 activators of chicken melanocortin receptors (Zhang et al., 2017). As expected, the central  
105 injection of  $\alpha$ -MSH in broiler neonatal chicks followed by administration of an MC4R antagonist  
106 led to the reduction of the  $\alpha$ -MSH anorexigenic effect, suggesting that its effect is MC4R-  
107 mediated (Saneyasu et al., 2011a). Indeed,  $\alpha$ -MSH mediated anorexigenic effect in chickens,  
108 suppressing feed intake in both broilers and layers after intracerebroventricular (ICV) injection  
109 (Cline and Smith, 2007, Honda et al., 2007, 2012; Kawakami et al., 2000; Saneyasu et al., 2011a).  
110 In contrast,  $\beta$ -MSH causes an anorexigenic effect in layers (Honda et al., 2012), but not in broiler  
111 chickens (Honda et al., 2012, Saneyasu et al., 2011a).

112 By contrast to  $\alpha$ -MSH and ACTH, AgRP can act as an inverse agonist for MC-Rs.  
113 Furthermore, AgRP can also antagonise  $\alpha$ -MSH/ACTH action on these receptors (Zhang et al.,  
114 2017). Indeed, central injection of AgRP with  $\alpha$ -MSH attenuated the anorexigenic effect of  $\alpha$ -  
115 MSH in both neonatal broilers and layer chicks (Tachibana et al., 2001, Kawakami et al., 2000).  
116 Under ad libitum feeding settings, AgRP injection increased food consumption in neonatal layer  
117 chicks but not in broilers, indicating that the orexigenic impact of endogenous AgRP varies  
118 between the two breeds, at least at the neonatal stage (Tachibana et al., 2001).

119 In both chickens and mammals, NPY is regarded as a powerful stimulant of feeding behavior

120 (Greene et al., 2022). Indeed, central injections of NPY resulted in stimulation of feed intake in  
121 broilers (Ando et al., 2001; Saneyasu et al., 2011b) and slow-growing chicks (Tachibana et al.,  
122 2001, Saneyasu et al., 2011b). After four d of food deprivation, NPY mRNA and peptide levels  
123 increased markedly in the hypothalamic IN nuclei of layers, suggesting its involvement in the  
124 regulation of feed intake (Kameda et al., 2001).

125 Fasting for 24 and 48 h upregulated the hypothalamic NPY and AgRP gene expression and  
126 downregulated POMC in yellow-feathered broiler chicks (Fang et al., 2014). In young Arbor  
127 Acres broilers fasted for 48 h, the mRNA expression levels of orexigenic neuropeptides were  
128 increased too, but the gene expression of POMC was not affected by the starvation (Song et al.,  
129 2012). However, newly hatched broiler chicks after the same period of fasting showed a  
130 significant increase in POMC mRNA (Higgins et al., 2010). The discrepancies between the effects  
131 of fasting on POMC gene expression is supposed to be due to different breeds and ages of broiler  
132 chickens.

133 Differences in the expression of hypothalamic neuropeptides should also be caused by the  
134 period of fasting. Because in Arbor Acres broiler chicks of the same age under 24-hour feed  
135 restriction conditions, NPY mRNA levels in the hypothalamus were similar to those in ad libitum-  
136 fed chicks. At the same time, starvation led to activation and inhibition of hypothalamic AgRP  
137 and POMC gene expression respectively. Refeeding following 24 h of fasting increased mRNA  
138 levels of POMC, but decreased mRNA levels of AgRP (Liu and Zhu, 2012). One can assume the  
139 increase in appetite during fasting was due to the suppression of the anorexigenic POMC gene  
140 expression, and the activation of the orexigenic AgRP, but not the NPY. This is confirmed by the  
141 fact that after refeeding the POMC mRNA levels were increased and the AgRP mRNA levels

142 were decreased, and serve as an indicator of satiety.

143       When fasting for a shorter period of time, 12 h, gene expression levels of NPY in both Ross  
144 308 broiler and layer chicks were significantly elevated and returned to control levels after 12 h  
145 of refeeding. In contrast, upregulation of AgRP after starvation was observed only in broilers, and  
146 these changes were not reversed by refeeding. Simultaneously, starvation did not influence the  
147 mRNA levels of hypothalamic POMC in either layer or broiler chicks (Kewan et al., 2021). It is  
148 likely that 12 h of refeeding is not enough to suppress feed intake in broilers, and appetite control  
149 is probably achieved through upregulation of AgRP, but not NPY.

150       Prolonged feed restriction of Ross 308 broilers for 6 wk showed increased levels of AgRP  
151 mRNA, which returned to control levels after unlimited access to food for 2 d. At the same time,  
152 observations were found for NPY, although changes in expression level were not as significant  
153 (Dunn et al., 2013). Feed restriction did not change the expression of anorexigenic POMC gene,  
154 which was also observed during 12-h fasting in another experiment with Ross 308 (Dunn et al.,  
155 2013, Kewan et al., 2021).

156       When chickens were restricted to feed for 7 d, a significant reduction was identified in POMC  
157 hypothalamic expression in both Cobb broilers and layer chicks. However, the suppression of  
158 POMC gene expression was more pronounced in layers than in broilers (Hen et al., 2006).

159       In mammals,  $\alpha$ -MSH induces a release of corticotropin-releasing factor (CRF) in a  
160 hypothalamic PVN, an area that controls both the hypothalamic-pituitary-adrenal axis (HPA) and  
161 feeding behavior (Lu et al., 2003). An anorectic action of CRF is observed in mammals, as well  
162 as in chickens, for which it was found to suppress feed intake after central administration in both  
163 broilers and layer hens (Denbow et al., 1999). In order to ascertain how  $\alpha$ -MSH and CRF neurons

164 interact in chickens, there was a study on the effect of ICV  $\alpha$ -MSH injection on corticosterone  
165 (CORT) secretion, which is the main stress hormone in birds and is produced when HPA is  
166 activated (Tachibana et al., 2007). In particular, it was revealed that in layer chickens, CORT  
167 release is induced by central administration of  $\alpha$ -MSH (Tachibana et al., 2007). An increase in  
168 CORT levels was also observed in broiler chickens after ICV injection of  $\beta$ -MSH (Smith et al.,  
169 2007). Moreover, the significantly increased level of hypothalamic CRF mRNA was detected in  
170 neonatal broilers after central administration of  $\beta$ -MSH, proposing that CRF participates in the  $\beta$ -  
171 MSH anorexigenic pathway (Saneyasu et al., 2013).

#### 172 **4. Feed intake in the hypothalamus is controlled by the AMPK/mTOR signaling** 173 **pathway**

174 In chickens, there is strong evidence for an association between the control of central  
175 melanocortin signaling by hypothalamic energy perception and neuropeptide gene expression in  
176 the hypothalamus. At the cellular and organismal levels, AMPK is a central energy sensor  
177 essential for maintaining energy homeostasis. AMPK controls energy balance by integrating a  
178 diverse set of physiological signals, such as nutrition status and the metabolic effects of hormones.  
179 In the hypothalamus, AMPK completes crucial functions in the control of feed intake and  
180 maintaining energy balance and body weight (Hardie, 2014). AMPK signaling is activated under  
181 low-energy conditions, elevating energy production and reducing energy consumption. AMPK  
182 activation restricts energy expenditure by inhibiting anabolic processes and stimulating catabolic  
183 processes, in an attempt to restore cellular energy charge.

184 The mammalian AMPK complex is composed of one  $\alpha$ -catalytic subunit and two regulatory  
185  $\beta$ - and  $\gamma$ -subunits. Chicken AMPK (chAMPK) subunits were shown to have considerable

186 homology to the amino acid sequence of human AMPK (Proszkowiec-Weglarz et al., 2006). This  
187 may indicate the similarity of AMPK functioning in chickens and mammals (Fig. 1).

188 Initial research suggests that AMPK activation occurs due to an increase in the cellular ratio  
189 of adenosine monophosphate/adenosine triphosphate (AMP/ATP) and under physiological  
190 conditions of negative energy balance, including hunger. Furthermore, AMPK can be activated  
191 by direct allosteric binding of AMP. However, there are studies demonstrating that some  
192 hormones (e.g., ghrelin) can induce AMPK activity regardless of a change in the AMP/ATP ratio.  
193 On the contrary, inhibition of AMPK activity is observed under energy-sufficient conditions  
194 (feeding, reduction in AMP/ATP, insulin, and leptin) (Ronnett et al., 2009). In addition, there is  
195 evidence that AMPK activation is promoted by phosphorylation of Thr172 in the catalytic domain  
196 by the upstream kinases: liver kinase B1 (LKB1) and Ca<sup>2+</sup>/calmodulin-dependent protein kinase  
197  $\beta$  (CaMKK $\beta$ ).

198 Immunocytochemical analysis revealed the localization of phosphorylated AMPK in IN,  
199 PVN, and other hypothalamic nuclei in chickens, which are closely related to the regulation of  
200 feed intake and energy homeostasis. While AMPK phosphorylation was shown to be influenced  
201 by nutritional status. Restriction of broiler chickens feeding affected the decrease in the ratio of  
202 phosphorylated AMPK to the total amount in the hypothalamus. On the contrary, repeated feeding  
203 contributed to a decrease in the level of phosphorylated AMPK (Proszkowiec-Weglarz et al.,  
204 2006).

205 Using the immunofluorescence method, it was shown that the LKB1 protein, a major AMPK  
206 upstream kinase, was expressed in chicken hypothalamic cells (Zhang et al., 2021). The starvation  
207 of broiler chickens contributed to an increase in hypothalamic levels of phospho-LKB1 compared

208 to total LKB1 (Proszkowiec-Weglarz et al., 2006).

209 Analysis of AMPK gene expression in the brain, including the hypothalamus, of broiler  
210 chickens revealed priority expression of the  $\alpha 1$ ,  $\beta 2$  and  $\gamma 1$  subunit isoforms. However, alterations  
211 in energy status (starvation and feed intake) did not contribute to a significant change in the  
212 transcription of the AMPK subunit genes (Proszkowiec-Weglarz et al., 2006). A study of the effect  
213 of dietary energy level on the AMPK signaling pathway in the hypothalamus of broiler chickens  
214 showed that a high-energy diet led to suppression of appetite and expression of the *LKB1* and  
215 *AMPK $\alpha 1$*  genes. On the contrary, a low-energy diet increased AMPK $\alpha 2$  mRNA levels and  
216 increased appetite (Hu et al., 2019). Based on the above, it can be concluded that energy  
217 availability affects hypothalamic chAMPK, as in mammals. Therefore, the data suggest that the  
218 LKB1/AMPK hypothalamic signaling pathway exists, at least in broilers. However, the  
219 functionality of the CaMKK $\beta$ /AMPK pathway in the chicken hypothalamus requires further study.

220 A crucial role in the regulation of feeding behavior and maintaining energy balance is  
221 assigned to mTOR signaling in the hypothalamus, which responds to changes in nutrient status  
222 (Cota et al., 2006). mTOR is a serine-threonine kinase and is a component of two multiprotein  
223 complexes, mTORC1 and mTORC2, which have different structures and functions. In the  
224 hypothalamus, mTORC1 acts as a sensor of changes in nutrient and energy status in rats: its  
225 activity increases with feed intake and decreases with fasting (Cota et al., 2006). The activity of  
226 mTORC1 is regulated in response to growth factors, hormones (including leptin, insulin, and  
227 ghrelin), and nutrient signaling (glucose and amino acids) (Hu et al., 2016). Amino acids can  
228 control the activity of mTORC1 through the Rag proteins (recombination-activating gene), that  
229 is, a set of small GTPases (Sancak et al., 2008). Branched-chain amino acids, such as L-leucine

230 and L-arginine, are considered potential activators of mTORC1 (Jewell et al., 2013). ICV  
231 injection of L-leucine into broilers and layer chicks significantly stimulated feed intake, while L-  
232 arginine did not significantly affect broiler chicken feed intake (Kehinde et al., 2022; Wang et al.,  
233 2012).

234 Growth factors and insulin activate the phosphoinositide 3-kinase/protein kinase B  
235 (PI3K/Akt) signaling pathway (a detailed description is presented below), causing the  
236 phosphorylation of serine/threonine kinase, protein kinase B (Akt). Phosphoinositide-dependent  
237 protein kinase 1 (PDK-1) is an upstream kinase of Akt, which activates Akt by phosphorylation  
238 at Thr308. However, mTORC2 is required for maximal Akt activation, which is achieved through  
239 phosphorylation at Ser473 (Dibble and Cantley, 2015). This is accomplished by increasing the  
240 activity of mTORC2 due to its phosphorylation by Akt, forming a positive feedback loop with  
241 each other (Yang et al., 2015). It was identified that feeding after a fast led to a significant  
242 elevation of phosphorylated Akt (Thr308), but not Akt (Ser473) levels in the hypothalamus of  
243 layer and broiler chickens (Saneyasu et al., 2018, 2019).

244 Activated Akt inhibits the tuberous sclerosis complex (TSC1/2), which acts as a GTPase  
245 activating protein for the small GTPase Rheb (Ras homologue enriched in brain), through  
246 multiple phosphorylation of the TSC-1 subunit. This contributes to mTORC1 activity stimulation  
247 by suppressing Rheb (Inoki et al., 2002).

248 Similar to AMPK, mTORC1 is involved in energy perception (Fig. 1). However, mTORC1  
249 has the opposite effect of AMPK under conditions of high cellular energy levels. Besides that,  
250 AMPK stimulation results in mTORC1 inactivation. Low available cellular energy due to glucose  
251 restriction inhibits mTORC1 via activation of AMPK. Two AMPK-catalyzed phosphorylation

252 events counteract the activating effects of Akt on mTORC1: (1) phosphorylation of the TSC-2  
253 subunit in the TSC1/TSC2 complex, which suppresses Rheb-GTP-dependent mTORC1  
254 activation; and (2) AMPK-mediated phosphorylation of the regulatory-associated protein of  
255 mTOR (Raptor). The latter is an essential regulatory mTORC1 subunit whose phosphorylation is  
256 required for mTORC1 kinase activity inhibition (Xu et al., 2012).

257 The central administration of Compound C, an inhibitor of AMPK, reduced feed intake in  
258 broiler chickens and caused a great decrease in hypothalamic AMPK $\alpha$  phosphorylation and an  
259 increase in mTOR phosphorylation. This may indicate that AMPK signaling in the hypothalamus  
260 participates in the feed intake control in broiler chickens (Hu et al., 2021). There was also a study  
261 in which layer chicks were ICV injected with rapamycin, the mTOR inhibitor, causing inhibition  
262 of feed intake (Saneyasu et al., 2018). This suggests that rapamycin blocks hypothalamic mTOR  
263 signaling in chickens.

264 mTORC1 senses alterations in nutrient and hormone levels and regulates translational control  
265 of protein synthesis by binding the two downstream targets to Raptor and phosphorylating them.  
266 Stimulation of mTORC1 signaling resulted in inactivation of the mRNA translation repressor, the  
267 4E binding protein of eukaryotic initiation factor 4E-binding protein 1 (4E-BP1), and activation  
268 of ribosomal protein S6 kinases (S6K) (Hay and Sonenberg, 2004). Upon refeeding after fasting,  
269 a significant increase in phosphorylated S6K1 and S6 (downstream target of S6K1) was noted in  
270 rats (Cota et al., 2006). In layer chicks fed after a 24-h fast, the level of hypothalamic  
271 phosphorylated ribosomal protein S6 increased significantly (Saneyasu et al., 2018). However,  
272 refeeding after fasting did not alter hypothalamic S6 phosphorylation in broiler chickens  
273 (Saneyasu et al., 2019).



## 274 **5. Hormonal regulation of feed intake**

275 The hypothalamus integrates information from hormones such as insulin, leptin, and other  
276 peptide hormones secreted by the gastrointestinal tract, liver, and adipose tissue.

277 As a rule, the influence of signaling peptides synthesized in the intestines has a short-term  
278 effect on appetite, which in turn does not have a significant role in mediating long-term changes  
279 in energy balance and body weight. However, some hormones can contribute to long-term  
280 changes in energy balance by activating or inhibiting metabolic pathways (Tables 3 and 4).  
281 Ghrelin and leptin have been recognized as key hormones that significantly influence the long-  
282 term regulation of energy balance in chickens and mammals. Ghrelin is known as a "hunger  
283 hormone" in mammals, because it drives short-term food consumption and manages long-term  
284 body weight control (Higgins et al., 2007). Unlike mammals, ghrelin has the opposite effect on  
285 feeding behavior in chickens and leads to decreased feed intake (Murugesan et al., 2022).  
286 Approximately two decades have passed since the discovery of leptin as a satiety hormone in  
287 mammals (Friedman and Halaas, 1998). Later on, the leptin gene in chickens was finally  
288 identified and cloned (Seroussi et al., 2016). Leptin is believed to serve as a communication link  
289 between peripheral fat reserves and the CNS (Friedman, 2014). Nevertheless, recent findings  
290 suggest that this relationship does not hold true in chickens (Friedman-Einat and Seroussi, 2019).  
291 In chickens, insulin's function is somewhat conserved compared to mammals and, like leptin, is  
292 thought to act as an appetite suppressant peptide. Although significant differences exist in insulin  
293 sensitivity and glucose homeostasis, chickens are naturally more glucose intolerant and insulin  
294 resistant (Seki et al., 2003). However, it is likely that, depending on the age and breed of chickens  
295 with high and low growth rates, different effects are found in the influence of these hormones on

296 feed intake in chickens.

## 297 ***5.1. Insulin***

298 In mammals, the pancreatic hormone insulin is defined as an adiposity signal that regulates  
299 blood glucose levels (Woods and Seeley, 2001). However, there is evidence that most likely  
300 insulin does not function as an adiposity signal in birds. Since components of the insulin signaling  
301 pathway in chicken adipose tissue were found to be insulin insensitive (Dupont et al., 2012),  
302 plasma insulin levels and the abdominal fat mass were unrelated (Honda et al., 2015).

303 According to numerous studies ICV insulin injection suppressed feed consumption in slow-  
304 growing chickens (Honda et al., 2007; Shiraishi et al., 2008, 2009, 2011b). The ICV insulin  
305 administration to Chunky broiler chickens did not affect their feed intake (Shiraishi et al., 2011b).  
306 However, in Ross 308 broilers central insulin injection decreased feed consumption in a dose-  
307 dependent manner (Yousefvand et al., 2018, 2020). This difference in insulin-mediated feed  
308 intake may be due to different breeds of broiler chickens. Peripheral insulin treatment also did not  
309 affect changes in the feed intake of broiler chicks (Liu et al., 2016).

### 310 ***5.1.1. Insulin-dependent signaling pathways that control eating behavior***

311 In chickens, insulin receptors were located in several structures of the hypothalamus, while  
312 in IN, the presence of insulin receptors was found both in anorexigenic POMC/CART neurons  
313 and in orexigenic AgRP/NPY neurons (Shiraishi et al., 2011a). The levels of InsR expression in  
314 the hypothalamus varied between broilers and layer chickens. Under conditions of free access to  
315 feed, the expression of InsR in broilers is considerably lower compared to layers, which was  
316 accompanied by increased insulin concentrations in broilers. Moreover, feed restriction  
317 substantially downregulated the InsR expression only in layer chicks, which together may indicate

318 insulin resistance in broiler chicks (Shiraishi et al., 2011b).

319 Insulin receptor structure is conserved between chickens and mammals. The  $\alpha$  subunit of  
320 InsR is the insulin-binding subunit, while the  $\beta$  subunit exhibits insulin-stimulated tyrosine-  
321 specific autophosphorylation (Simon and Leroith, 1986). In its inactive form, the insulin receptor  
322 exists as a dimer (Ottensmeyer et al., 2000).

323 Insulin binding to the receptor results in autophosphorylation of tyrosine residues among  $\beta$   
324 subunits, which allows binding to the insulin receptor substrate (IRS) protein family. It was  
325 determined that the insulin receptor substrate 1 (*IRS-1*) gene is expressed in the brain of chickens  
326 and phosphorylated at tyrosine residues in response to insulin, at least in the LMH cell line derived  
327 from a Leghorn chicken hepatocellular carcinoma that was previously shown to be insulin  
328 sensitive (Taouis et al., 2009).

329 The phosphorylation at tyrosine residues activates IRS proteins and enables PI3K recruitment  
330 to the cell membrane and subsequent activation. Phosphorylated IRS proteins interact with the  
331 PI3K regulatory subunit (p85), which contributes to activation of the PI3K catalytic subunit  
332 (p110), allowing it to phosphorylate membrane-bound phosphatidylinositol 4,5-bisphosphate  
333 (PIP<sub>2</sub>) to promote phosphatidylinositol (3,4,5)-triphosphate (PIP<sub>3</sub>) synthesis (Engelman et al.,  
334 2006). This mediates membrane translocation of serine/threonine kinases PDK-1 and Akt that are  
335 binding to membrane-bound lipid PIP<sub>3</sub>, which leads to activation of Akt by phosphorylation at  
336 Thr308 (Boucher et al., 2014). Akt activation in response to insulin promotes IRS-1  
337 phosphorylation on serine residues, which creates a positive feedback loop for insulin action  
338 (Gual et al., 2005).

339 Central injection of LY294002, a PI3K inhibitor, significantly facilitated feed intake in

340 starving layer chicks. In a separate study, injection of LY294002 significantly prevented insulin-  
341 induced elevation in hypothalamic phosphorylated Akt activity (Thr308), indicating that  
342 LY294002 inhibits PI3K in the hypothalamus of layer chickens (Saneyasu et al., 2018). The  
343 research mediated by the signaling pathway in White Leghorn layer hens and Ross 308 broilers  
344 showed that ICV insulin injection reduced feed intake and significantly increased Akt and S6  
345 phosphorylation in the chicken hypothalamus (Saneyasu et al., 2018, 2019).

346 In mammals, the hypothalamic mTOR/S6K signaling acts as a negative regulator of PI3K-  
347 related signaling. Because S6Ks phosphorylate IRS-1 at several serine residues to promote  
348 inhibition of insulin signaling at the IRS-1 level (Blouet et al., 2008). In broiler chickens, it was  
349 demonstrated that repeated feeding and central insulin administration led to increased IRS-1  
350 serine residue phosphorylation but did not affect the phosphorylation of tyrosine residues in  
351 skeletal muscles. This suggests the possibility of a negative feedback mechanism, which may  
352 reduce the activity of IRS-1 by increasing the phosphorylation of serine residues. (Duchêne et al.,  
353 2008).

354 In mammals, leptin binding to the receptor leads to the activation of the JAK2 (Janus tyrosine  
355 kinase 2) protein, which exists in complex with the receptor, which leads to the activation of IRS-  
356 1 and IRS-2, which in turn are phosphorylated by JAK2. Therefore, IRS-1 is a cross-component  
357 of the insulin and leptin signaling pathways, indicating that leptin and insulin regulatory effects  
358 on appetite may be achieved through the IRS-1/PI3K interaction (Barrios-Correa et al., 2018).

359 The FOXO1 (forkhead box protein O1) transcription factor is the downstream target of Akt.  
360 In mammals, hypothalamic FOXO1 activation promotes increased feed consumption and body  
361 mass, while FOXO1 inhibition has the opposite effect. FOXO1 acts as an activator of the

362 orexigenic neuropeptides NPY and AgRP transcription, and as an inhibitor of anorexigenic  
363 POMC transcription (Kim et al., 2006). This action is opposite to the effects of the leptin-  
364 stimulated activated transcription factor STAT3 (signal transducer and transcription 3), which  
365 inhibits AgRP and NPY expression and activates POMC (a detailed description is presented  
366 below). Additionally, an increase in the level of FOXO1 expression leads to the formation of a  
367 complex with activated phosphorylated STAT3 in the nucleus, blocking binding of STAT3 with  
368 the POMC promoter, which contributes to the inhibition of POMC expression activation mediated  
369 by leptin signaling (Yang et al., 2009).

370 Insulin suppresses feed intake by activating the PI3K/Akt signal, leading to inhibition of  
371 FOXO1 activity. Once fully activated, Akt becomes capable of phosphorylating its targets,  
372 including FoxOs (Manning and Cantle, 2007). Activated Akt induces FOXO1 phosphorylation,  
373 followed by exclusion from the nucleus and subsequent proteasomal degradation. Therefore,  
374 activation of the PI3K/Akt pathway leads to inhibition of FOXO1 activity, which contributes to a  
375 decrease in the expression of orexigenic neuropeptides while simultaneously activating STAT3-  
376 mediated transcription of POMC by decreasing the antagonistic effect of FOXO1 on STAT3  
377 (Kodani and Nakae, 2020).

378 The PI3K/Akt-mediated pathway study in broiler chickens indicated that central insulin  
379 administration in contrast to mice (Kim et al., 2006) had no impact on phosphorylated FOXO1.  
380 At the same time, insulin did not significantly affect the hypothalamic neuropeptide POMC gene  
381 expression (Saneyasu et al., 2019). These may indicate that expression of POMC induced by  
382 leptin signaling is not associated with the function of FOXO1 in the hypothalamus, which may  
383 be one of the reasons for excessive feed intake in broiler chickens. However, ICV insulin

384 administration in layer chicks increased the level of FOXO1 phosphorylation and hypothalamic  
385 POMC expression (Saneyasu et al., 2018). Indeed, the level of hypothalamic POMC and CART  
386 mRNA significantly increased after central insulin injection in layer chicks (Honda et al., 2007;  
387 Shiraishi et al., 2008). At the same time, insulin ICV injection could inhibit or not affect NPY  
388 gene expression (Shiraishi et al., 2008, Honda et al., 2007). Furthermore, the central injection of  
389 insulin did not change AgRP gene expression (Honda et al., 2007; Shiraishi et al., 2008). A  
390 summary of the insulin signaling pathway and observed differences between chickens and  
391 mammals has been summarized in Fig. 2.

## 392 **5.2. Leptin**

393 The adiposity hormone leptin performs a crucial function in the regulation of feeding  
394 behavior and energy balance in mammals. Mammalian leptin is predominantly secreted by  
395 adipose tissue and acts as a transmitter of body fat information (Friedman, 2014). However, leptin  
396 expression is not limited to adipose tissue, the stomach and duodenum also produce a significant  
397 amount of leptin (Cammisotto and Bendan, 2012).

398 In birds, including commercial breeds of chickens (broiler and layer chickens), unlike  
399 mammals, leptin is not expressed in adipose tissue, and the expression levels of this hormone do  
400 not correlate with obesity (Bornelöv et al., 2018; Farkašová et al., 2016; Huang et al., 2014;  
401 Resnyk et al., 2015). This suggests that leptin is not a key signal for fat stores (Friedman-Einat  
402 and Seroussi, 2019).

403 In most studies, leptin expression levels in birds, including chickens, were shown to be  
404 especially high in the brain, including the cerebellum, hypothalamus, and pituitary gland  
405 (Farkašová et al., 2016; Friedman-Einat et al., 2014; Huang et al., 2014; Seroussi et al., 2016). At

406 the same time, the leptin expression patterns in these tissues closely correlated with the expression  
407 level of LEPR, indicating a paracrine/autocrine mode of action of this hormone in birds  
408 (Friedman-Einat and Seroussi, 2019). The expression of chicken leptin and leptin receptor (LEPR)  
409 has also been found in the digestive system (duodenum, caecum, ileum, and pancreas). Leptin is  
410 observed in the duodenal mucosa, suggesting that it is involved in short-term appetite regulation  
411 (Seroussi et al., 2019).

412 Leptin regulates eating behavior by binding to leptin receptors in hypothalamic neurons, with  
413 the ARC nucleus being the main center sensitive to leptin. In mammals, leptin contributes to the  
414 activation of POMC/CART neurons and the suppression of the activity of AgRP/NPY neurons  
415 through the corresponding signaling transduction pathway (Van Swieten et al., 2014).

416 There are many studies that examine the effect of leptin injection on feed intake in chickens.  
417 However, the results are quite inconsistent, demonstrating both inhibition of feeding and no effect  
418 on appetite in birds. Central administration of recombinant human leptin promotes lower feed  
419 intake in broilers and layer chickens (Denbow et al., 2000). However, in slow-growing White  
420 Rock chickens selected for body weight, human recombinant leptin caused a reduction in feed  
421 intake only in chickens with low body weight (Kuo et al., 2005). ICT injection of the incomplete  
422 synthetic chicken leptin peptide did not affect feed intake in Hubbard x Cobb-500 broiler chicks  
423 (Sims et al., 2017). As found in another study, leptin contributed to a significant inhibition of feed  
424 intake in Ross 308 broiler chicks (Adeli et al., 2020). There was also a study that examined the  
425 effect of intraperitoneal injection (IP) of recombinant chicken leptin in broilers and layers of two  
426 age groups. In young and adult layers, IP leptin administration resulted in appetite inhibition,  
427 while young broilers had no significant effect on feed intake (Cassy et al., 2004). Although the

428 differences between the results of different studies remain incompletely identified, it is possible  
429 that the breed, age, or source of leptin (human or chicken recombinant leptin) are responsible for  
430 the observed distinction.

### 431 *5.2.1. Leptin-dependent signaling pathways that control eating behavior*

432 To date, the leptin signaling pathway involved in the control of feeding behavior in chickens  
433 is poorly understood. However, the experimental data demonstrate the conservative basics of  
434 similar signaling pathways in mammals (Fig. 3).

435 The leptin signaling pathway initiates through the binding of leptin to specific receptors,  
436 leptin receptors. This, in turn, promotes activation of several signaling pathways, including  
437 JAK2/STAT3 and PI3K/IRS/Akt, which mediate the regulation of feed intake and energy  
438 homeostasis. The leptin signaling pathway contributes to inhibition of hypothalamic AMPK  
439 through the PI3K/Akt pathway, inducing p70S6K-dependent direct phosphorylation of the AMPK  
440  $\alpha$ -subunit at Ser491 t (Dagon et al., 2012). However, ICV leptin administration in broiler chickens  
441 activated AMPK, significantly facilitating AMPK phosphorylation at Thr172 of the  $\alpha$ -subunit in  
442 the hypothalamus (Piekarski et al., 2018). A summary of the leptin signaling pathway and  
443 observed differences between chickens and mammals has been summarized in Fig. 3.

444 Several isoforms of the leptin receptor (chLEPR) exist in chickens. The long isoform of the  
445 leptin receptor (chLEPRb) contains JAK2 and signal transducer and activator of transcription 3  
446 (STAT3) binding motifs and three conserved mammalian tyrosine residues (Tyr-986, Tyr-1079,  
447 and Tyr-1141) associated with intracellular domain phosphorylation. The short isoform of the  
448 chLEPR lacks the STAT3 binding motif and contains only the JAK2 binding motif. Only  
449 chLEPRb is able to activate the JAK2/STAT3 pathway. It should be noted that in chickens, there



450 is a lack of expression of the short forms of the chLEPR in the brain, while the long isoform  
451 demonstrates a high level of expression, including in the hypothalamus (Liu et al., 2007). Central  
452 leptin injection promoted the expression of chLEPRb in the hypothalamus (Piekarski et al., 2018).

453 In mammals, binding of leptin to the long isoform of the leptin receptor (LEPRb) leads to  
454 dimerisation of the receptor subunits. As a result, JAK2 associated with the intracellular domains  
455 of receptors is activated through autophosphorylation due to their proximity to each other (Mengie  
456 Ayele et al., 2022). Activated JAK2 stimulates the phosphorylation of three tyrosine residues of  
457 the LEPRb intracellular domain (Tyr 985, Tyr1077, and Tyr1138) to create binding sites for  
458 proteins. It further enables STAT3 to bind to the receptor at phosphorylated Tyr1138. Then STAT3  
459 is phosphorylated by JAK2 (Liu et al., 2021). ChLEPR was revealed to activate the JAK2/STAT3  
460 signaling pathway in vitro. Stimulation with leptin resulted in STAT3 phosphorylation via  
461 chLEPR and JAK2 (Adachi et al., 2008). This proves that vertebrates share a similar leptin  
462 signaling pathway.

463 The phosphorylation of STAT3 promotes its dimerisation and translocation to the nucleus,  
464 where it acts as a transcriptional regulator of genes, including suppressor of cytokine signaling 3  
465 (SOCS3) and neuropeptides (POMC, AGRP, and NPY) (Banks et al., 2000; Kwon et al., 2016).  
466 In chickens, leptin induced STAT3 phosphorylation and its subsequent translocation to the  
467 nucleus in COS-7 cells expressing chLEPR (Adachi et al., 2012). SOCS3 acts as a feedback  
468 inhibitor of the JAK2/STAT3 signaling by interacting with LEPR or JAK2, thereby blocking  
469 STAT3 activation (Bjørnbæk et al., 2000). Like in mammals, SOCS3 in chickens was demonstrated  
470 to be a feedback inhibitor of leptin signaling. This mechanism, however, might be a little different  
471 from that found in mammals. Chicken SOCS3 inhibits leptin signaling by binding directly to

472 JAK2, then blocking phosphorylation and subsequent activation of STAT3. SOCS3 may not  
473 interact with phospho-Tyr986 in the intracellular domain of chLEPR for leptin signaling  
474 inhibition (Adachi et al., 2013).

475 The transcription factor STAT3 binds to the promoters of genes that encode anorexigenic  
476 neuropeptides (POMC) and anorexigenic neuropeptides (AgRP and NPY). STAT3 acts as an  
477 activator of POMC expression and promotes the down-regulation of AGRP and NPY expression,  
478 thus reducing feed intake and inducing energy expenditure in mammals (Liu et al., 2021).

479 However, the mechanism of neuropeptide-mediated action of leptin in chickens may differ  
480 from that established in mammals. ICT administration of recombinant chicken leptin decreased  
481 the hypothalamic expression of the orexigenic neuropeptide NPY in broilers. However, no  
482 changes in AGRP and POMC expression were observed (Dridi et al., 2005). This may suggest  
483 that, at least in broiler chickens, leptin preferentially acts through orexigenic neuropeptides (NPY,  
484 but not AgRP) as opposed to anorexigenic pathways (POMC). In particular, after immunization  
485 against chLEPR, the hypothalamic expression of AGRP and NPY was upregulated, whereas the  
486 expression of POMC was significantly downregulated (Lei et al., 2015).

### 487 **5.3. Ghrelin**

488 In mammals one of the crucial peptides involved in controlling appetite and energy  
489 homeostasis is ghrelin. Ghrelin also has a stimulating effect on growth hormone (GH) secretion  
490 (Kojima et al., 1999). In young chicks, the chicken ghrelin injection also transiently increased  
491 plasma GH concentrations (Kaiya et al., 2002).

492 In mammals, ghrelin is an orexigenic hormone released predominantly by the gastric mucosa,  
493 although it is widely expressed in many different tissues, including the central nervous system,

494 the gastrointestinal tract, and the pituitary gland (Devesa, 2021). In the case of layers, chicks had  
495 ghrelin mRNA at the highest levels in the proventriculus, which was comparable to the gastric  
496 fundus, but not in the gizzard, whose function is to mechanically process food (Kaiya et al., 2002).  
497 This was also shown in another study in which the highest expression was in the proventriculus  
498 and then in the pancreas, brain, and intestines in broiler chickens (Richards et al., 2006). These  
499 results indicate that the major site of ghrelin synthesis in laying chickens and broiler chickens is  
500 the same, regardless of their lineage. Ghrelin immunopositive cells were found in the mucosal  
501 layer of the proventriculus, gastrointestinal tract, and chicken hypothalamus (Ahmed and Harvey,  
502 2002; Neglia et al., 2004; Wada et al., 2003).

503 The role of ghrelin in relation to feeding behavior and energy balance in chickens differs  
504 from that in mammals. In mammals, ghrelin acts as an appetite stimulating hormone both after  
505 central and peripheral ghrelin injection, but in chickens, central ghrelin administration, in contrast,  
506 suppresses feed intake (Furuse et al., 2001; Saito et al., 2002a, 2005; Taati et al., 2010). In  
507 mammals, ghrelin modulates feeding behavior through the growth hormone secretagogue  
508 receptor (GHS-R) in hypothalamic neurons, including the ARC nucleus, a main center for  
509 maintaining energy homeostasis. Ghrelin stimulates orexigenic AgRP/NPY-associated neurons  
510 and inhibits anorexic POMC neurons in the hypothalamus, increasing feed intake and body mass  
511 (Kageyama et al., 2010).

512 Several studies revealed that central ghrelin injection suppressed feed consumption in both  
513 broilers and layer chickens (Furuse et al., 2001; Saito et al., 2002a, 2005; Taati et al., 2010).  
514 Surprisingly, the effect of peripheral ghrelin injections on feed intake shows conflicting results  
515 between chicken strains. Intravenous injections of chicken ghrelin did not influence feed intake

516 among layer chickens (Kaiya et al., 2007). In contrast, peripheral injections of ghrelin into newly  
517 hatched and young broiler chickens suppressed feed intake (Buyse et al., 2009; Geelissen et al.,  
518 2006, Ocloń and Pietras, 2011).

519 Further evidence points to a fundamental difference between the peripheral action of ghrelin  
520 in chickens and mammals. Peripheral injection of ghrelin into broiler chickens resulted in  
521 increased expression of the key lipogenic enzyme fatty acid synthase (FAS) and its associated  
522 transcription factors, sterol regulatory element binding protein-1 (SREBP-1) and peroxisome  
523 proliferator-activated receptor- $\gamma$  (PPAR $\gamma$ ) in the diencephalon. These findings imply that the  
524 anorectic action of ghrelin is mediated by central fatty acid metabolism. On the other hand, the  
525 decreased expression levels of FAS and both transcription factors were significantly observed in  
526 the liver. This result suggests that ghrelin has a peripheral antilipogenic effect in chickens (Buyse  
527 et al., 2009). Intravenous ghrelin injection was found to be accompanied by a reduction in  
528 respiratory quotient in broiler chicks, while heat production was not changed, suggesting a  
529 decrease in de novo lipogenic activity (Geelissen et al., 2006). The impact of ghrelin in animals,  
530 which encourages an increase in respiratory quotient and the deposition of fat, is contrary to this  
531 antilipogenic function (Kaiya et al., 2013).

### 532 *5.3.1. Ghrelin-dependent signaling pathways that control eating behavior*

533 Ghrelin mediates its actions primarily through growth hormone secretagogue receptor-1a  
534 (GHS-R1a), stimulating the secretion of growth hormone. A chicken ghrelin receptor was  
535 discovered in different peripheral tissues, such as the pancreas, proventriculus, and also the brain,  
536 possibly suggesting autocrine/paracrine effects (Richards et al., 2006; Tanaka et al., 2003).  
537 Ghrelin receptor mRNA was detected in the hypothalamus (Chen et al., 2007; Sirotkin et al., 2013;

538 Song et al., 2018). However, ghrelin immunoreactivity was present in the chicken hypothalamus,  
539 its presence was not found in the IN nucleus (Ahmed and Harvey, 2002).

540 Food restriction was found to be able to increase ghrelin and GHS-R1a expression in the  
541 hypothalamus of layer hens, but the administration of ghrelin only resulted in a significant  
542 increase in GHS-R1a mRNA levels (Sirotkin et al., 2013). However, there was no significant  
543 effect of feeding restriction and refeeding on the hypothalamic expression of ghrelin and GHS-  
544 R1a in e broiler chickens (Chen et al., 2007).

545 Ghrelin transmits signals by binding to GHS-R1a and raising intracellular calcium levels.  
546 Chicken ghrelin was identified to elevate the intracellular calcium ion concentration in chicken  
547 cells (Tachibana et al., 2011). Ghrelin regulates feeding behavior in mammals through the AMPK  
548 signaling pathway. The interaction between ghrelin and AMPK was exerted through an increase  
549 in intracellular calcium levels and subsequent activation of CaMKK $\beta$  which in turn  
550 phosphorylated and activated AMPK (Andrews, 2011). In the case of chickens, central injection  
551 of ghrelin significantly inhibited AMPK subunits gene expression and phosphorylation of  
552 catalytic AMPK subunits in the hypothalamus. An inhibitory effect of ghrelin on the expression  
553 of CaMKK $\beta$  in chickens with low body weight but not high body weight chicks was also observed  
554 (Xu et al., 2011). Therefore, it has been proposed that AMPK signaling in the hypothalamus is  
555 responsible for the anorexigenic actions of ghrelin.

556 In mammals, ghrelin was shown to cause higher calcium levels via AMPK-mediated  
557 signaling that led to activation of ARC NPY neurons (Kohno et al., 2008). However, ghrelin  
558 administration did not affect hypothalamic NPY mRNA in neonatal layers. In addition, co-  
559 injection of ghrelin with NPY prevented the rise in feed intake that NPY causes (Saito et al., 2005).

560 Since ghrelin does not activate NPY neurons in the hypothalamus, it can be assumed that there is  
561 no orexigenic effect in chickens. Instead, it has been suggested that the inhibitory effect of ghrelin  
562 is mediated by the corticotropin-releasing hormone system, rather than through AgRP/NPY  
563 neurons. Ghrelin ICV administration activates the hypothalamic-pituitary-adrenal axis, resulting  
564 in higher plasma corticosterone levels (Saito et al., 2005). Furthermore, in support of this  
565 hypothesis, it was observed that vocalization, which is characteristic of hyperactivity behavior in  
566 chickens, significantly increased after ICV ghrelin injection. Herewith, similar behavior was also  
567 observed after injection of CRH, which in turn plays an important role in behavioral responses to  
568 stressors and in activation of the HPA axis (Saito et al., 2002b).

## 569 **6. Conclusions and perspectives**

570 Comparative analysis of the molecular mechanisms regulating feed intake has demonstrated  
571 that the majority of components and their interactions that orchestrate such complex biological  
572 processes in chickens are quite similar to their counterparts in mammals. In general, it can be  
573 suggested that the regulation of eating behavior is based on the integration of hormonal signals  
574 and nutritional status by the hypothalamus, which forms the state of satiety or hunger. The  
575 AMPK/mTOR signaling pathway, which is crucial to maintaining mammalian energy balance, is  
576 involved in the regulation of feeding behavior in chickens as well. However, there are conflicting  
577 effects of hormones on the regulation of feed intake in fast- and slow-growing chicken breeds.  
578 This is also confirmed by the heterogeneous results in the data on the expression of hypothalamic  
579 orexigenic and anorexigenic neuropeptides after hormone injection or feeding restriction. It seems  
580 that these differences are related to age, breed, period of food restriction, or source of the hormone  
581 used for the injection. However, further systems studies of the signaling pathways involved in

582 feed intake are required, with a focus on the role of hypothalamic neuropeptides in the formation  
583 of eating behavior. Moreover, the complex interrelationships between AMPK/mTOR and  
584 hormone-mediated signaling pathways with downstream regulation of neuropeptide expression  
585 cause the unintuitive dynamic behavior of the biological system. Therefore, an application of the  
586 mathematical modeling approach, including the development of detailed mechanistic and  
587 modular, spatially distributed models is pivotal for further investigation of the molecular  
588 mechanisms and their impact on feed intake and energy balance in chickens.

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### 592 **Availability of data and materials**

593 All conceptual diagrams in Systems Biology Graphical Notation (SBGN) standard reflecting  
594 signaling pathways and molecular mechanisms in Fig. 1 to 3 are available as a GitLab project at  
595 [https://gitlab.sirius-web.org/collaboration/Chicken/Feed\\_intake](https://gitlab.sirius-web.org/collaboration/Chicken/Feed_intake). These diagrams can be  
596 considered as a growth point for further model development of a certain biological system  
597 regulating feed intake in chickens.

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1022 **Tables**

1023 Table 1. Neuropeptide central injections demonstrating effects on feeding behavior in chickens

Neuropeptide category	Neuropeptide	Type of chicken breed	Breed and age of chicken	Change in feed intake and references
Orexigenic neuropeptide	NPY	Broiler	2- and 3-d-old Cobb	Increased (Ando et al., 2001)
			2-, 4- and 8-d-old chunky	Increased (Saneyasu et al., 2011b)
		Layer	6-d-old	Increased (Tachibana et al., 2006)
			2-, 4- and 8-d-old White Leghorn	Increased (Saneyasu et al., 2011b)
	AgRP	Broiler	3-d-old Cobb	No change (Tachibana et al., 2001)
		Layer	4-d-old Boris Brown	Increased (Tachibana et al., 2001)
Anorexigenic neuropeptide	POMC ( $\alpha$ -MSH)	Broiler	5-d-old Cobb 500	Decreased (Cline and Smith, 2007)
			8-d-old chunky	Decreased (Honda et al., 2012)
			2-d-old Cobb	Decreased (Kawakami et al., 2000)
		Layer	1-d-old chunky	Decreased (Saneyasu et al., 2011a)
			8-d-old White Leghorn	Decreased (Honda et al., 2007, 2012)
			6-d-old	Decreased (Tachibana et al., 2007)

1024 NPY = neuropeptide Y; AgRP = agouti-related peptide; POMC = proopiomelanocortin;  $\alpha$ -MSH =  $\alpha$ -melanocyte-stimulating hormone.

1025 Table 2. Changes in expression of neuropeptides in the hypothalamus of feed-restricted chickens

Neuropeptide category	Neuropeptide	Type of chicken breed	Breed and age of chicken	Fasting period	Change in neuropeptide expression and references	
Orexigenic neuropeptide	NPY	Broiler	14-d-old yellow-feathered	48 and 24 h	Increased (Fang et al., 2014)	
			7-d-old Arbor Acres	48 h	Increased (Song et al., 2012)	
			1-d-old Ross × Cobb	48 h	Increased (Higgins et al., 2010)	
			7-d-old Arbor Acres	24 h	No change (Liu and Zhu, 2012)	
			21-d-old Ross 308	12 h	Increased (Kewan et al., 2021)	
			6-wk-old Ross 308	Chronic feed restriction for 6 wk	No change (Dunn et al., 2013)	
	AgRP	Broiler	Layer	21-d-old White Leghorn	12 h	Increased (Kewan et al., 2021)
				10-d-old White Leghorn	4 d	Increased (Kameda et al., 2001)
				14-d-old yellow-feathered	48 and 24 h	Increased (Fang et al., 2014)
				7-d-old Arbor Acres	48 h	Increased (Liu and Zhu, 2012)



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	7-d-old Arbor Acres	48 h	Increased (Song et al., 2012)
	1-d-old Ross × Cobb	48 h	Increased (Higgins et al., 2010)
	21-d-old Ross 308	12 h	Increased (Kewan et al., 2021)
	6-wk-old Ross 308	Chronic feed restriction for 6 wk	Increased (Dunn et al., 2013)
Layer	21-d-old White Leghorn	12 h	No change (Kewan et al., 2021)

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NPY = neuropeptide Y; AgRP = agouti-related peptide.

Table 3. Effects of hormone injection on feeding behavior

Hormone	Type of chicken breed	Breed and age of chicken	Change in feed intake and references
Insulin	Broiler	20-d-old Ross 308	Decreased (Yousefvand et al., 2018)
		4-d-old Chunky	No change (Shiraishi et al., 2011b)
		5-d-old	Decreased (Yousefvand et al., 2020)
	Layer	8-d-old White Leghorn	Decreased (Honda et al., 2007)
		3- or 4-d-old Single Comb White Leghorn	Decreased (Shiraishi et al., 2008, 2009, 2011b)
Leptin	Broiler	4-d-old Hubbard × Cobb-500	No change (Sims et al., 2017)
		7-wk-old	Decreased (Denbow et al., 2000)
	Layer	4-wk-old Single Comb White Leghorn	Decreased (Denbow et al., 2000)
		12-wk-old White Rock high body weight line	No change (Kuo et al., 2005)
		12-wk-old White Rock low body weight line	Decreased (Kuo et al., 2005)

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Table 4. Effects of hormone injection on the expression of hypothalamic neuropeptides

Hormone	Type of chicken breed	Neuropeptide	Breed and age of chicken	Change in neuropeptide expression and references
Insulin	Broiler	NPY	-	-
		AgRP	-	-
		POMC	7-d-old Ross 308	No change (Saneyasu et al., 2019)
	Layer	NPY	3- or 4-d-old Single Comb White Leghorn	Decreased (Shiraishi et al., 2008)
			8-d-old White Leghorn	No change (Honda et al., 2007)
		AgRP	3- or 4-d-old Single Comb White Leghorn	No change (Shiraishi et al., 2008)
			8-d-old White Leghorn	No change (Honda et al., 2007)
		POMC	3- or 4-d-old Single Comb White Leghorn	Increased (Shiraishi et al., 2008)
			8-d-old White Leghorn	Increased (Honda et al., 2007)
Leptin	Broiler	NPY	3-wk-old Ross	Decreased (Dridi et al., 2005)
		AgRP	3-wk-old Ross	No change (Dridi et al., 2005)

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	POMC	3-wk-old Ross	No change (Dridi et al., 2005)
Layer	NPY	-	-
	AgRP	-	-
	POMC	-	-

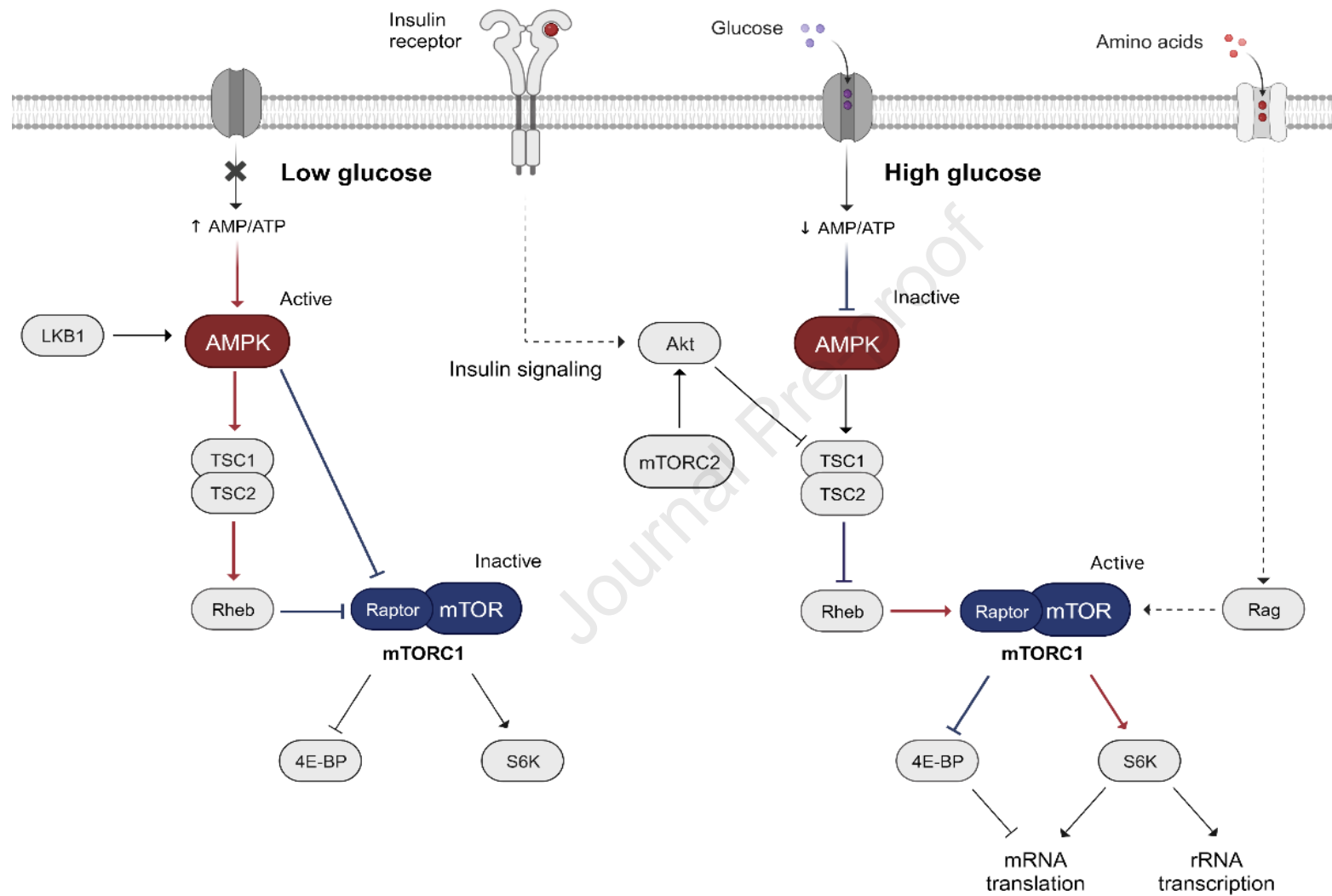
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1032 NPY = neuropeptide Y; AgRP = agouti-related peptide; POMC = proopiomelanocortin

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## Figures



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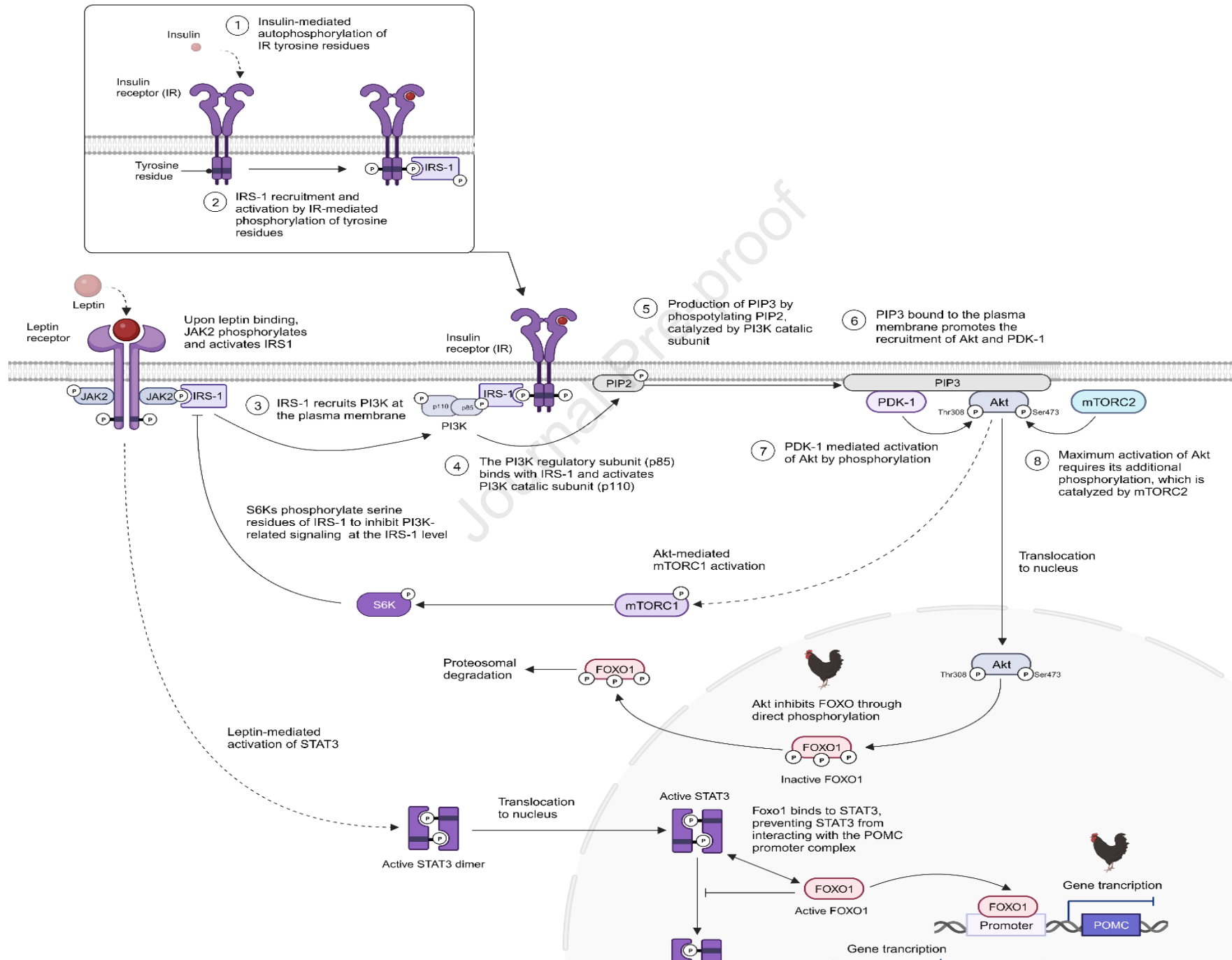
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Fig. 1 AMPK/mTOR signaling pathway involved in regulation of feed intake in chickens (created with BioRender.com). AMP = adenosine monophosphate; ATP = adenosine triphosphate; LKB1 = liver kinase B1; AMPK = adenosine-monophosphate activated protein kinase;

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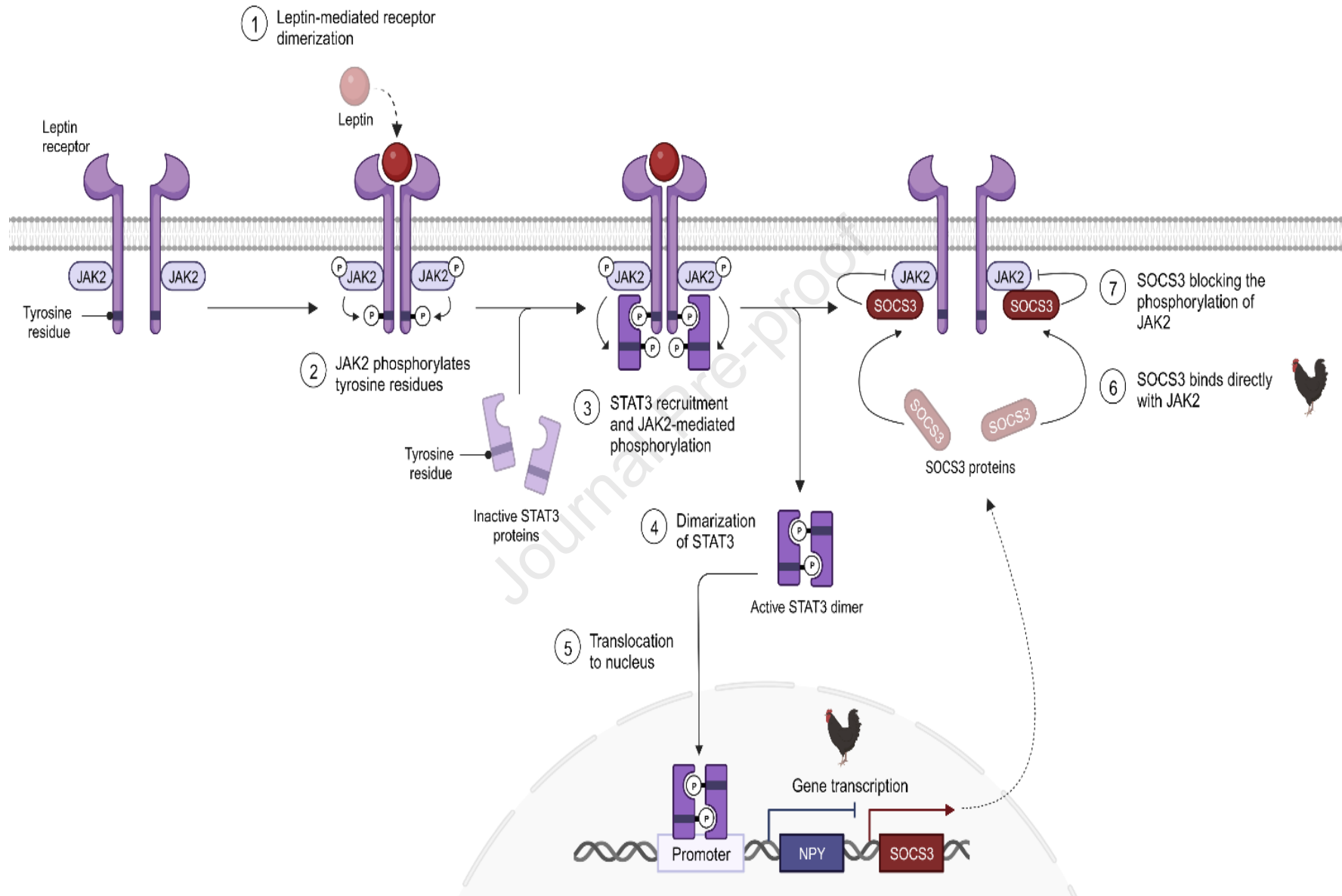
1037 TSC1/TSC2 = tuberous sclerosis complex; Rheb = Ras homologue enriched in brain; mTOR = mammalian target of rapamycin; Raptor =  
1038 regulatory-associated protein of mTOR; 4E-BP = 4E-binding protein 1; S6K = S6 kinase; Akt = protein kinase B; mTORC1 = mTOR complex  
1039 1; mTORC2 = mTOR complex 2; Rag = recombination-activating gene protein.

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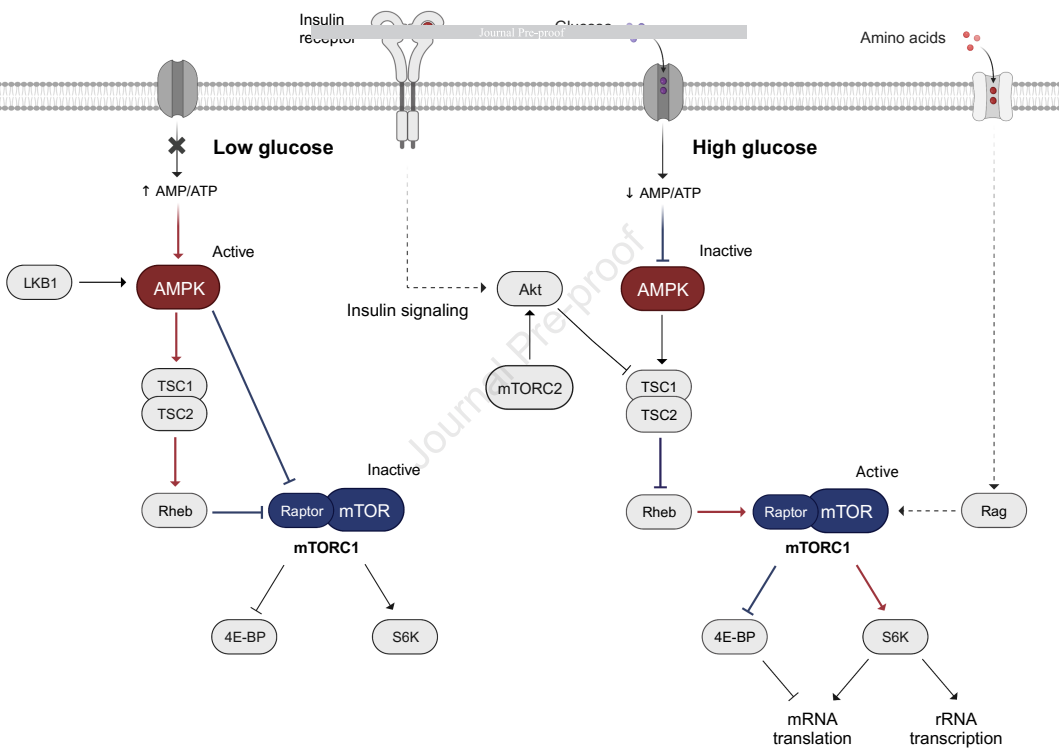
1041 Fig. 2 Overview of leptin and insulin signaling pathways in the hypothalamus of chickens regulating neuropeptide genes (created with  
1042 BioRender.com). The mechanism of insulin action in chickens may differ from what is known in mammals. FOXO1 signaling is significantly  
1043 different between broilers and laying hens. In broilers, there is a slight phosphorylation of FOXO1 and no significant change in the expression  
1044 of the anorexigenic neuropeptide POMC. While the opposite pattern is shown for laying hens, which is similar to the characteristic of  
1045 mammals. Note: Pattern of a chicken indicates differences in signaling pathway compared to mammals. IR = insulin receptor; IRS-1 = insulin  
1046 receptor substrate 1; JAK2 = Janus tyrosine kinase 2; PI3K = phosphoinositide 3-kinase; PIP2 = phosphatidylinositol 4,5-bisphosphate; PIP3  
1047 = phosphatidylinositol (3,4,5)-triphosphate; PDK-1 = phosphoinositide-dependent protein kinase 1; Akt = protein kinase B; mTORC1 =  
1048 mammalian target of rapamycin complex 1; mTORC2 = target of rapamycin complex 2; S6K = S6 kinase; FOXO1 = forkhead box protein  
1049 O1; STAT3 = signal transducer and transcription 3; POMC = proopiomelanocortin; SOCS3 = suppressor of cytokine signaling 3; NPY =  
1050 neuropeptide Y.

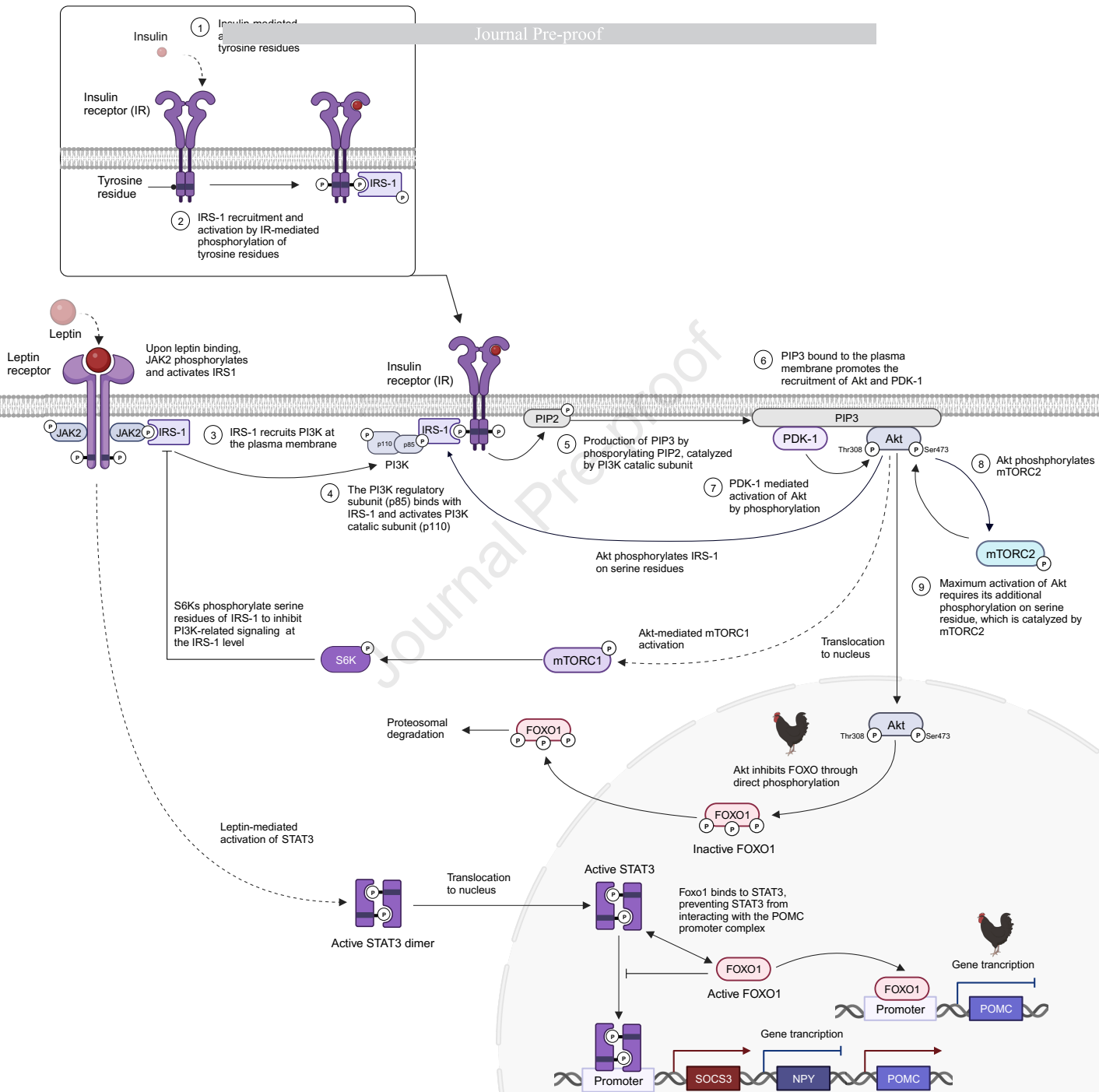




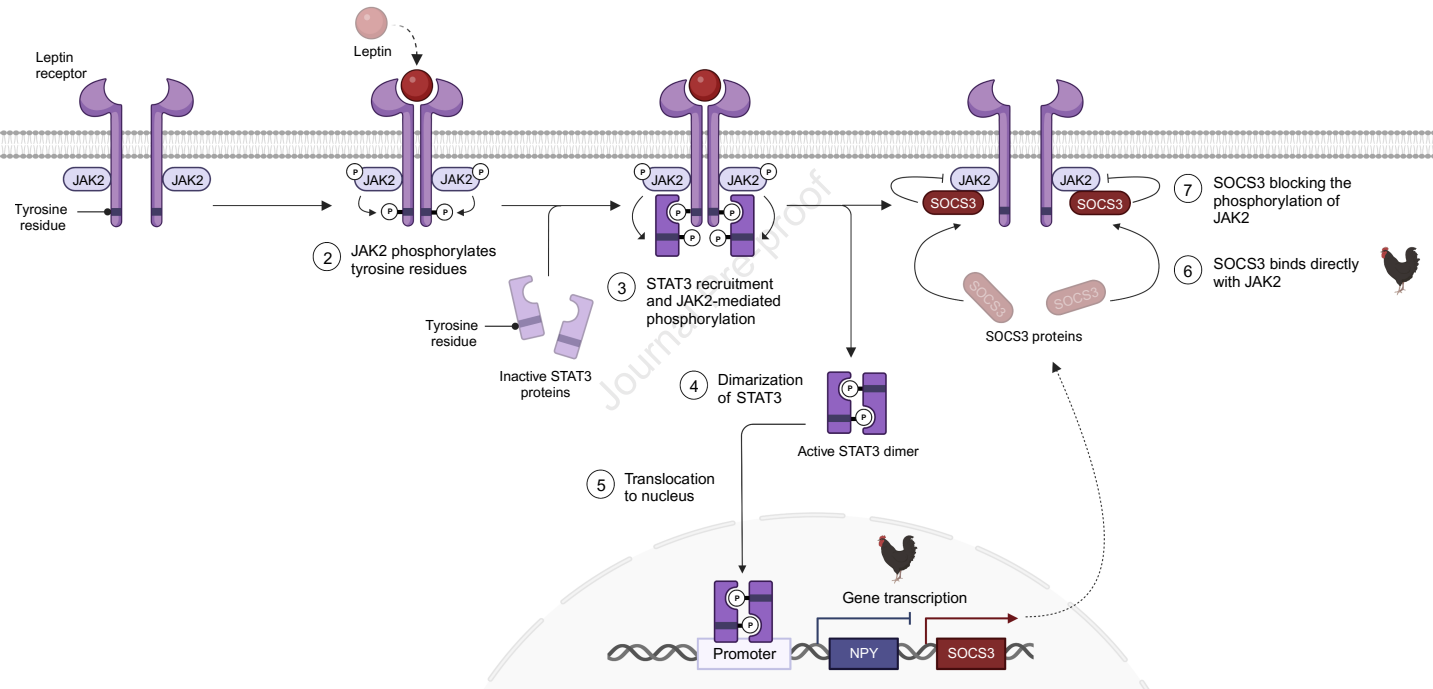
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1052 Fig. 3 Detailed leptin signaling pathway in the hypothalamus of chickens (adapted from “Cytokine Signaling through the JAK-STAT Pathway”,  
1053 by BioRender.com (2023). Retrieved from <https://app.biorender.com/biorender-templates>). The mechanism of leptin action in chickens may  
1054 differ from what is known in mammals. In SOCS3-mediated inhibition of leptin signaling, chicken SOCS3 probably does not interact with p-  
1055 Tyr986 in the intracellular domain of chicken LEPR, but directly binds to JAK2. In contrast to mammals, leptin is more likely to affect feeding  
1056 behavior of chickens through the expression of the orexigenic neuropeptide NPY (but not AgRP), without affecting the expression of  
1057 anorexigenic POMC. Note: The pattern of a chicken indicates differences in signaling pathway compared to mammals. LEPR = leptin receptor;  
1058 JAK2 = Janus tyrosine kinase 2; STAT3 = signal transducer and transcription 3; SOCS3 = suppressor of cytokine signaling 3; NPY =  
1059 neuropeptide Y.  
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1 Leptin-mediated receptor dimerization



**Declaration of conflict of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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